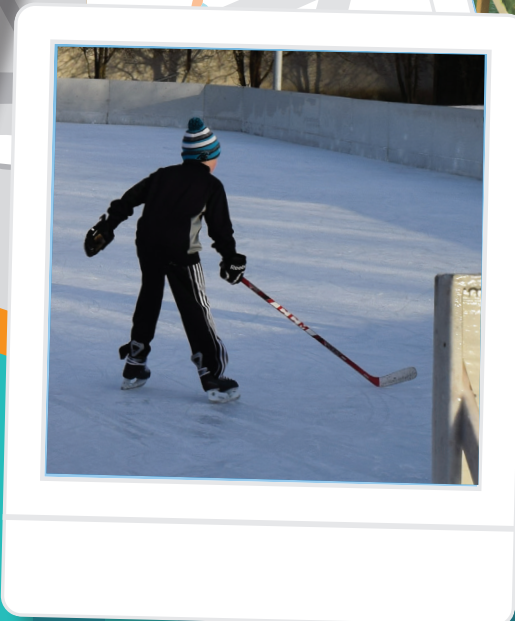


Mount Prospect
& Prospect Heights



Let the
ADVENTURE
Begin

2017
WINTER & SPRING



Time to
sign up for
**Summer
Camp**



www.rtpd.org



JOIN OUR TEAM



We are looking for the community builders of tomorrow to get started in some great job opportunities for summer 2017! Join a team that strives to provide our community with fun, exciting and meaningful experiences with classes, programs and camps that enhance each individual's life!

Go to our website at www.rtpd.org and complete an application online.

Summer Job Fair

Wednesday, January 11 • 6–8 pm • Weiss Community Center

We invite you to attend our open house! Stop in to meet the RTPD TEAM! Rec Supervisors will be there to answer any questions and lead you to the right job opportunity. We have positions available for brand new applicants as well as seasoned individuals who are seeking to broaden their work experience. Applicants can schedule a time for an interview with staff. We hope to see you there.

2017 Summer Pool Passes On Sale March 1



SAINT JAMES SCHOOL
ARLINGTON HEIGHTS

Please join us for our
Open House
January 29, 2017 • 12:30pm-2:00pm

St. James School offers PK 3-8th grade
Visit us at stjameschoolah.org  

820 N. Arlington Heights Road, Arlington Heights, IL 60004

Faith. Excellence. Leadership. Service. You'll find them in all we do.

Table of Contents

Marvin Weiss Community Center

Registration Office Hours until April 24

847.255.1200 www.rtpd.org

Monday8:30 am – 8:30 pm

Tuesday thru Thursday8:30 am – 9 pm

Friday8:30 am – 8:30 pm

Saturday9:00 am – 4:30 pm

Sundays1:30 – 4:30 pm

MISSION

The mission of the River Trails Park District is to enrich the lives of our diverse community by providing quality parks, facilities and programs for recreation, education and wellness.

VISION

To become the Recreation Choice through excellence in everything we do

VALUES

TEAM WORK: We strive to develop lifelong partnerships through collaboration with team members, community stakeholders and organizations

SUSTAINABILITY: Dedicating ourselves to the stewardship of the district's material, financial and personnel resources as well as the conservation of our natural environment

ETHICAL: Ensuring a high level of trust and respect within in the community and our team by exhibiting integrity, reliability, honesty, accountability and compassion at all times

INNOVATION: Progressing towards new ideas through creative and critical thinking while endorsing fun

CONTINUED LEARNING: Recognizing the importance for the agency's team to have opportunities for professional growth, continued learning, mentoring and internal empowerment in order to offer quality services

SERVICE ORIENTED: Providing the highest level of service in our parks, facilities, and programs through timely communication, accessibility and safety

Registration Dates

River Trails Residents Only

Monday, November 28 through Sunday, December 11

Open Registration

Monday, December 12 at 8:30 am

A Message from the Executive Director	2
Birthday Parties	3
Swim Team	4
Trail Blazers Preschool & Early Childhood	5-10
Youth Programs	11-12
Dance	13-14
Athletics	15-27
Special Events	28-29
Athletics, Adult Leagues & Tournaments	30
Parkour	31-33
Fitness Classes	34-37
Summer Camps	38-41
Active Adults	42
Trips	43
Golf	44-47
Rentals	48-49
Facilities & Parks	50-51
General Information	52-53
Registration	54
Foundation, & Board of Commissioners	56
Woodland Wonderland.....	Inside Back Cover



Celebrate

MOUNT PROSPECT'S 100TH ANNIVERSARY

Check Out

- Centennial events
- Contests
- History & Interesting Facts!

Fired Up!

- Fire Hydrant Public Art Project
- Decorate for the Centennial Celebration!

Register: mountprospect100.com

mountprospect100.com | facebook.com/MPCentennial

A Message from the Executive Director

So, how do you like us now!

This past year there have been over 40 new programs, 8 new special events, 2 new playgrounds/parks and 1 renovated facility. On top of that we launched a new website, changed our look and revamped our brochure series. This is just the start as we continue to expand our brand and services within the community.

We here at the River Trails Park District enjoy being a part of this close-knit neighborhood of 16,500 residents that combine both the Village of Mount Prospect and the City of Prospect Heights. It is great to see familiar faces in our parks, at our events and in our programs. We are always striving to improve the quality of life for our residents and build upon the relationships we create within our community.

It all begins with the staff and volunteers that keep our buildings clean, parks pristine and creating opportunities to make new friends, learn a new skill all while providing a safe environment. We are here to help build the citizens of tomorrow in our community and create platforms for the best recreational and leisure services around.

I realize that when you are reading this, there is a chance that there may be significant amounts of snow and/or it may be pretty darn cold outside. Don't let the weather win, get outside as winter brings on new opportunities in our parks especially at Woodland Trails. Our outdoor ice rink will open when we have a few consecutive days of freezing temperatures and don't forget about sledding! The sled hill is located off Wolf and Euclid Road. For more information on the ice rink and sled hill check out our website and the back of the brochure.

The New Year is kicked off with the completion of the Comprehensive Master Plan. Thank you to all the residents and community members for all the various input we received through meetings, surveys and interactions with staff.

The River Trails Park and Recreation Foundation is looking for additional board members and volunteers. The Foundation was developed to create opportunities for children and residents to participate in a program at RTPD who may not have the financial means. Our recent "Send a Kid to Camp" campaign has been very successful over the last two years due to raised awareness and the commitment of our board. We believe every child should be able to go to a safe place, meet new friends, enjoy numerous outdoor activities and swim at our pool all summer long. If you are interested in being a part of our foundation and making a difference in the community please contact me at bfahnstrom@rtpd.org.

As I always say, the benefits of recreation are endless. Come check us out!

Bret Fahnstrom

Bret Fahnstrom
Executive Director



BIRTHDAY PARTIES

We offer a variety of parties for your child's birthday!

The packages that are \$149, include:

- Parties are two hours long, (one hour of party activities and one hour of party room for food, gifts and cleanup) and include up to 15 guests. More guests are welcome for an additional fee.
- Party Staff will set up before and clean up after the party and provide fun filled activities.
- Food and beverage options available. For availability and prices, call 847.255.1200 or stop in at the Weiss Community Center to book your party.

Parties offered (excludes Parkour):

- Saturdays: 11 am – 1 pm and 2 – 4 pm
- Sundays: 12 – 2 pm, 2:30 – 4:30 pm

Extras! For all Parties...

- Marco's XL, 1 Topping Pizza \$15 each
- Unlimited Lemonade \$10
- Plain paper goods included



Archery

6 yrs and up – \$149

Looking for a unique party that not many get the opportunity to try! Our party team will teach you and your friends the safe, proper way to shoot a bow and arrow. Join us for this party your friends won't stop talking about.

Create Your Unique Party!

6 yrs and up – \$149

Want a party, but your child has special interests or wants a special theme? Give us a call and we'll help create a unique party with activities that appeal to your birthday child. Let our creative staff work with you to provide a special day for your child and friends. Some activities could include Boxing, Dancing, etc.

Glamour Girls

4 yrs and up – \$149

Girls will be pampered with a make-over and have their nails done. They'll make a craft while they wait for their special time.

Ultimate Sports

4 yrs and up – \$149

Does your child love sports? This party is all about sports and games. Choose from basketball, dodgeball, parachute, relay races, soccer, games and kickball. Party will be held at the Weiss Community Center or at the Turf Field at The Zone. Your choice.

Wacky Science

6 yrs and up – \$149

Enjoy a range of fun science experiments for kids that feature awesome hands-on projects and activities that help bring the exciting world of science to life. Your child will love to make slime. Activities may vary.

Mini-Golf

6 yrs and up – \$149

Challenge your family and friends for 18 holes of fun! See who can shoot the best score. We can add a pitch/putt contest also. If inclement weather occurs, date can be changed depending on availability.

Parkour Party at the Zone

7 yrs and up – \$295

Similar to American Ninja Warrior kids will be able to swing into the foam pit, try running up warped walls, climbings wall and don't forget about the obstacles. Party guests will get an hour and a half of time in the gym and 30 minutes to cool off in the party room. \$10 additional fee per child after 25.

Call for availability.



Gators Swim Team



**Resident
Registration
April 17**

.....

**Open Registration
May 8**

t's Gator Time...RTPD Gators' Swim Team offers a wonderful recreation based competition experience for your children! Sign up according to gender and age as of June 5, 2017. Gators are members of the Northern IL Swim Conference and compete against other park districts. Meets are Wednesdays; practices Monday through Friday. Some age groups fill quickly! A parent info meeting will be held the first night after practice, June 12 at the pool. Conference meet will be in July.



Required Skills for Gators

5 to 8 year olds

- Must be able to swim 50 yards freestyle
- Must be able to swim one other competitive stroke

9 to 10 year olds

- Must be able to swim 50 yards in 2 competitive strokes
- Must have competency of a third competitive stroke

11 to 12 year olds

- Must be able to swim 100 yards freestyle
- Must be able to swim 50 yards in 2 other competitive strokes
- Must have competency of a fourth competitive stroke

13 to 18 year olds

- Must be able to swim 100 yards freestyle
- Must be able to swim 100 yds. in 2 other competitive strokes
- Must have competency of a fourth competitive stroke

SEASON

June 12 – July 28

Monday – Friday

5:15 – 6:15pm

\$119R/\$139N

Age: 5yrs – 8yrs

#24595 Boys

#24596 Girls

Age: 9yrs – 10yrs

#24597 Boys

#24598 Girls

Age: 11yrs – 12yrs

#24599 Boys

#24600 Girls

Age: 13yrs – 14yrs

#24602 Boys

#24601 Girls

Age: 15yrs – 18yrs

#24603 Boys

#24604 Girls



Trail Blazers Preschool Philosophy

Our Trail Blazers program is a developmentally appropriate program designed to help children grow and learn in a stimulating and nurturing environment. We look at the 'whole child' including intellectual, social, emotional, physical and creative growth. Children develop differently in each area so the curriculum is carefully planned to include activities that help each child learn and grow in all areas. Children will be introduced to the basic academic and social skills of preschool and will be encouraged to develop problem solving skills, self-confidence and creativity. Activities will include math, science, language skills, art, motor movement, music and dramatic play. All areas of each child's growth are important and we provide opportunities for intellectual, social, physical and creative growth. Activities are presented in individual, group, structured and unstructured settings and Jolly Phonics curriculum is used for Kindergarten readiness. Our goal is for each child to develop a love of learning, tools to continue to learn and a positive image of himself or herself.

1500 E. Euclid Ave, Mt Prospect, IL 60056 • 847.255.1200 • rtpd.org

Fall 2017-2018 School Year Registration Dates

Resident Registration begins March 1
Open Registration begins March 8

A separate registration form is needed for Trail Blazers classes. Forms are available at the Weiss Center or at www.rtpd.org. A registration fee of \$25 is due at time of registration. Monthly payments begin in September.

Registration is currently open for 2016-2017 school year.

Please call David at 847.255.1200 or dnydenoff@rtpd.org to observe a class or for additional information.

Open House
Wednesday, February 8, 6:30 – 7:30pm
Weiss Community Center
Priority registration available
at Open House
All are welcome!



Tiny Tyke Trail Blazers

A perfect class for those that missed the 3 year old deadline of Sept 1 but are ready for a longer class and to stay alone in a preschool setting. We'll help your child get off to a great start. Activities include stories, free play, large motor, crafts and games. Structured and unstructured time will help your child develop independence, social and motor skills. Parents will be asked to provide a snack several times during the year. Child must be 3 years old by February 11 and able to be in class alone after the first week. Diapers/pull ups okay. This is a school year-long program.

Age: 3 yrs and up by February 1, 2018

Location: Burning Bush Community Center

Instructor: Tina Kozil

#24300 Sep 6-May 23 M and W 9:30 – 11 am

\$84R/\$87N per month

\$676R/\$696N school year

Junior & Senior Trail Blazers 2017-18

Classes held in our large preschool room. Children must be toilet trained and able to use washroom independently. Junior Trails Blazers, pull-ups OK until Dec. 1. A copy of a birth or hospital certificate is required at registration as proof of age.

Junior Trail Blazers

Age: 3yrs and up by September 1, 2017

Location: Weiss Community Center

Instructors: Tina Kozil & Claudia Heidorn

#24296 Sep 5-May 24 Tu, Th 9 – 11 am

\$111R/\$113N per month

\$888R/\$908N school year

Senior Trail Blazers

Age: 4yrs and up by September 1, 2017

Location: Weiss Community Center Preschool Room

Instructor: Claudia Heidorn & Monika Janikowski

#24297 Sep 6-May 25 M, W, F 9 – 11:30 am

\$194R/\$196N per month

\$1553R/\$1573N school year

Junior and Senior Trail Blazers Combo

Customized curriculum to allow for all students to grow appropriately in all areas.

Age: 3yrs or 4yrs by September 1, 2017

Location: Weiss Community Center

Instructor: Tina Kozil & Monika Janikowski

#24295 Sep 6-May 24 M, W, Th 12:30 – 3 pm

\$194R/\$196N per month

\$1553R/\$1573N school year

Special Interest Classes

Preschool Classes Age Requirements

1. Children must meet age listed for the program by the first day of the class.
2. Unless program states "with adult", the program is for the child only.

Parent-Child Classes

Please remember that these classes are designed for you to be an active participant with your child registered in the class. We do not allow siblings to attend class with you.

All By Myself

Just like preschool; we'll sing songs, play with friends, play games and do art projects. A great intro to preschool. Children must be able to stay alone after the 1st class. Parents may stay the 1st class if necessary. No class Mar 29. Min. 5 /Max. 8

Age: 30M – 3yrs

Location: Burning Bush Community Center

Instructor: Tina Kozil

W 11:15 am – 12 pm

#24528 Jan 18-Feb 22 \$34R/\$41N 6 classes

#24529 Mar 8-Apr 12 \$28R/\$34N 5 classes

#24530 Apr 19-May 24 \$34R/\$41N 6 classes

Amazing Animals

Kids love animals! They're amazed by them. We'll do art projects, sing songs and read stories about a different animal each week. No class Mar 28. Min. 5 /Max. 8

Age: 2yrs – 3yrs

Location: Burning Bush Community Center

Instructor: Sally Duray

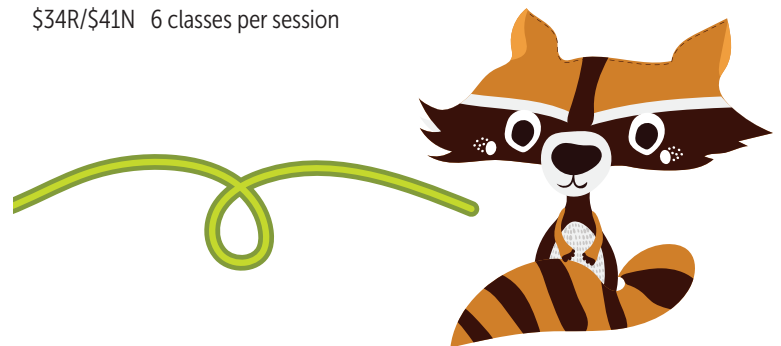
Tu 10:10 – 10:55 am

#24512 Jan 17-Feb 21

#24513 Feb 28-Apr 11

#24514 Apr 18-May 23

\$34R/\$41N 6 classes per session





Books and Buddies

Let's read and make a friend or two! For children entering Kindergarten next fall, each class begins with an alphabet and phonics review followed by a book and craft. Books are themed around essential skills needed to prepare for Kindergarten such as friendships, listening and following directions. No class Jan 16, Feb 20, Mar 27. Min. 5 /Max. 10

Age: 4yrs – 5yrs

Location: Weiss Community Center

Instructor: Angie Kaczowski

M	11:45 am – 12:30 pm		
#24426	Jan 23-Feb 13	\$42R/\$50N	4 classes
#24427	Feb 27-Apr 10	\$63R/\$76N	6 classes
#24428	Apr 17-May 22	\$63R/\$76N	6 classes

Dinosaur, Dinosaur

Come explore the wonderful world of dinosaurs with us! Our dinosaur adventures will include stories, crafts, games and more! Min. 5 /Max. 8

Age: 3yrs – 4yrs

Location: Weiss Community Center

Instructor: Tina Kozil

Th	11:15 am – 12 pm		
#24531	Jan 19-Feb 23		
		\$45R/\$54N	6 classes

Explore Our Senses

We discover the wonderful world around us through our senses! In this class, we'll learn about all five senses using fun and creative activities related to sound, sight, touch, smell and taste. No class Mar 28.

Min. 5 /Max. 12

Age: 3yrs – 5yrs

Location: Weiss Community Center

Instructor: Tina Kozil

Tu	12:30 – 1:15 pm		
#24525	Jan 17-Feb 21	\$38R/\$46N	6 classes

Games Galore

Card games, hide 'n seek, guessing games, relay races, board games, puzzles, musical games and sports...just to name a few! It's going to be game-a-thon both indoors and out. We'll even create some of our very own games! Min. 5 /Max. 10

Age: 3yrs – 5yrs

Location: Weiss Community Center

Instructor: Monika Janikowski

M	11:45 am – 12:30 pm		
#24559	Jan 23-Feb 13	\$24R/\$29N	4 classes

Kid Rock

Sing songs, dance to the beat, and play with musical instruments like maracas and tambourines! Kid Rock is a structured program with a large thematic educational component. Combining imaginative play with sensory activities and motor skills, Kid Rock provides a creative and energetic environment for children to socialize and learn. Min. 4 /Max. 12

Age: 2yrs – 3yrs with Adult

Location: Weiss Community Center

F	10:15 – 10:55 am		
#24465	Jan 20-Feb 10	\$37R/\$44N	4 classes
#24466	Feb 24-Mar 17	\$37R/\$44N	4 classes
#24467	Apr 21-May 26	\$56R/\$67N	6 classes

Tot Rock

Sing, dance and play; make it a musical day! Your tot will move to the beat while using rhythm instruments like hand bells, tambourines and maracas. Coordination and motor skills will improve with movement props such as scarves, ribbons and parachute play. Tot Rock is a structured program with educational, sensory and socialization components. Min. 4 /Max. 12

Age: 12M – 24M with Adult

Location: Weiss Community Center

F	9:30 – 10:10 am		
#24468	Jan 20-Feb 10	\$37R/\$44N	5 classes
#24469	Feb 24-Mar 17	\$38R/\$44N	4 classes
#24470	Apr 21-May 26	\$56R/\$67N	8 classes

Kids Can Cook!

Help Miss Tina measure, pour and stir as you make a delicious snack to eat! Perfect for children who like to help in the kitchen to learn how to be safe and follow a recipe. Related songs and activities may also be included. Recipes change each session.

Min. 5 /Max. 8

Age: 3yrs – 5yrs

Location: Weiss Community Center

Instructor: Tina Kozil

Tu	12:15 – 1:15 pm		
#24527	Apr 18-May 23	\$40R/\$48N	6 classes



Early Childhood



Kitchen Koncoctions

Have you ever played with Kool-Aid playdough or made art with bubbles? Now's the time! Make unique art materials and then use them to create! New projects each session!

Min. 5 /Max. 10

Age: 3yrs – 5yrs

Location: Weiss Community Center

Instructor: Monika Janikowski

F 11:45 am – 12:30 pm

#24556 Apr 21-May 19 \$30R/\$36N 5 classes

Let's Do Lunch

Be just like the big kids and eat lunch at school! Eat with friends, play games, read stories and play outside (weather permitting). Perfect for children in Trails Blazers Preschool who want an extended program or for parents who would like additional time. No class Mar 1 and 27. Min. 5 /Max. 10.

Age: 2yrs – 3yrs

Location: Burning Bush Community Center

Instructor: Tina Kozil

M 11 am – 12 pm

#24478 Jan 23-Feb 13 \$30R/\$36N 4 classes

#24479 Feb 27-Apr 10 \$45R/\$54N 6 classes

#24511 Apr 17-May 22 \$45R/\$54N 6 classes

Age: 3yrs – 4yrs

Location: Weiss Community Center

Instructor: Tina Kozil

Tu 11 am – 12 pm

#24481 Jan 17-Feb 21

#24480 Feb 28-Apr 11

#24504 Apr 18-May 23

\$45R/\$54N 6 classes

Age: 4yrs – 5yrs

Location: Weiss Community Center

Instructor: Claudia Heidorn

W 11:30 am – 12:30 pm

#24476 Jan 18-Feb 22 \$45R/\$54N 6 classes

#24477 Mar 8-Apr 12 \$38R/\$46N 5 classes

#24510 Apr 19-May 24 \$45R/\$54N 6 classes



Me and My Peeps!

Have a blast with your kids doing crafts, (sometimes messy!), listening to stories and playing on large motor equipment. Please bring a paint shirt for the messy fun! No class Mar 28. Min. 5 /Max. 8

Age: 18M – 4yrs

Location: Burning Bush Community Center

Instructor: Sally Duray

Tu 9:15 – 10 am

#24518 Jan 17-Feb 21

#24519 Feb 28-Apr 11

#24520 Apr 18-May 23

\$34R/\$41N 6 classes per session

Model and Design

For all of the future engineers out there, join Ms. Tina as we build and design unique creations using a variety of different materials.

Min. 5 /Max. 8

Age: 3yrs – 5yrs

Location: Weiss Community Center

Instructor: Tina Kozil

Th 11:15 am – 12 pm

#24533 Apr 20-May 18 \$38R/\$46N 5 classes



Nature Explorers

Come explore the wonders of nature as we learn about the world around us through mammals, insects and reptiles! We'll do a variety of nature projects including leaf print shirts, animal tracks and many more! No class Mar 27. Min. 5 /Max. 10

Age: 4yrs – 6yrs

Location: Weiss Community Center

Instructor: Monika Janikowski

M **11:45 am – 12:30 pm**
#24560 Feb 27-Apr 10 \$45R/\$54N 6 classes

On the Map

Calling all explorers! Join us as we explore a different country each week with a related activity and craft. A fun filled class for both the new and experienced preschool traveler. No class Mar 28. Min. 5 /Max. 8

Age: 3yrs – 5yrs

Location: Weiss Community Center

Instructor: Tina Kozil

Tu **12:15 – 1 pm**
#24526 Feb 28-Apr 11 \$38R/\$46N 6 classes

Science Geeks

Little ones will be amazed while learning the wonders of nature! We'll do hands on experiments learning about mixing colors, floating an egg, making your own lava lamp and making a paper clip float...just to name a few. Come out and discover! Dress in play clothes. New experiments each session! No class Mar 31. Min. 5 /Max. 10

Age: 3yrs – 5yrs

Location: Weiss Community Center

Instructor: Monika Janikowski

F **11:45 am – 12:30 pm**
#24557 Mar 10-Apr 7 \$26R/\$31N 4 classes

Sticky Fingers

Enjoy creative and social time with painting, drawing, gluing and cutting. Playdough and shaving cream serve as coloring tools. Songs and finger plays will end our class. Please wear play clothes...we get messy at times! Smocks provided. No class Mar 27. Min. 5 /Max. 10

Age: 3yrs – 5yrs

Location: Weiss Community Center

Instructor: Sally Duray

M **12:45 – 1:45 pm**
#24522 Jan 23-Feb 13 \$30R/\$36N 4 classes
#24523 Feb 27-Apr 10 \$45R/\$54N 6 classes
#24524 Apr 17-May 22 \$45R/\$54N 6 classes

Super Spring Storytime

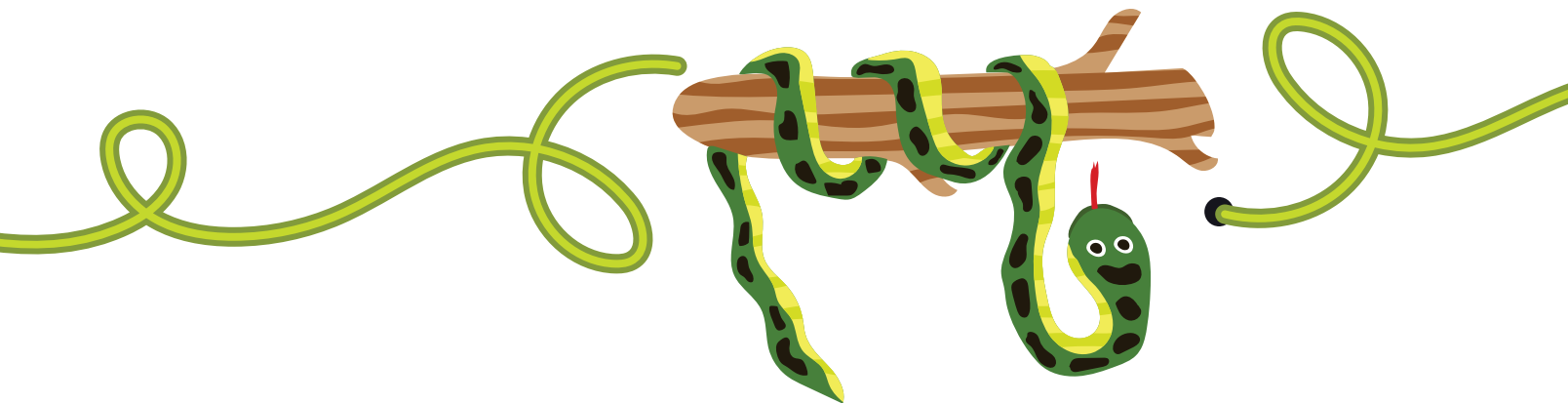
Preschoolers are welcome to attend a special outdoor storytime during the warm and sunny spring season! Bring your favorite blanket and be ready to explore! Every class includes small craft projects and outdoor activities. Min. 5 /Max. 10

Age: 3yrs – 5yrs

Location: Weiss Community Center

Instructor: Monika Janikowski

M **11:45 am – 12:30 pm**
#24561 Apr 17-May 22 \$45R/\$54N 6 classes





Trail Blazers Spring Break Camp

Holiday Camp participants will enjoy a sampling of our Trail Blazers preschool program with crafts projects, games, and more! Perfect for those preschoolers that want to stay active over the holiday break.

Min. 5 /Max. 15

Age: 3yrs – 5yrs

Location: Weiss Community Center

Instructor: Tina Kozil

M-W 9 – 11:30 am

#24536 Mar 27-29 \$60R/\$72N 3 classes

Wintertime Wonders

Come explore the winter season through sensory play, themed arts and crafts, and seasonal games that will have your preschooler singing "Let It Snow, Let It Snow, Let It Snow!"

Min. 5 /Max. 10

Age: 3yrs – 5yrs

Location: Weiss Community Center

F 11:45 am – 12:30 pm

Instructor: Monika Janikowski

#24558 Jan 20-Feb 24 \$36R/\$43N 6 classes



Transportation Station

Hop on board the Transportation Station! All are welcome to come out and explore the fascinating world of cars and trains. We'll get hands on with games, crafts and more!

No class Mar 30. Min. 5 /Max. 8

Age: 3yrs – 4yrs

Location: Weiss Community Center

Instructor: Tina Kozil

Th 11:15 am – 12 pm

#24532 Mar 9-Apr 13 \$38R/\$46N 5 classes





Kid Squad

Before and After School Care

Kid Squad is a cooperative program between River Trails Park District and School District 26. This program is available for parents who need before and/or after school care for their children in Kindergarten through 5th grades. Program meets at Euclid and Indian Grove schools. Parent manual available at the Weiss Center.

\$25 family fee is due at time of registration.

Indian Grove School

Before Care	#23610	7 – 8:20 am
After Care	#23608	3:30 – 6 pm
Thursday Before Care	#23609	7 – 9:15 am

Euclid School

Before Care	#23605	7 – 8:20 am
After Care	#23606	3:30 – 6 pm
Thursday Before Care	#23607	7 – 9:15 am

Early Release Day

Join us after school for games, arts and crafts and tons of fun! You don't need to be registered for Kid Squad to take advantage of this program. Please bring a snack and drink. Min. 8 /Max. 40

Location: Indian Grove School

Grade: Kindergarten-5

Fridays	1:30 – 6 pm	\$25 per day
#24281	Jan 13	F
#24283	Feb 17	F
#24285	Mar 24	F
#24287	Apr 28	F
#24827	May 26	F

Location: Euclid School

Grade: Kindergarten-5

Fridays	1:30-6 pm	\$25 per day
#24282	Jan 13	F
#24284	Feb 17	F
#24286	Mar 24	F
#24288	Apr 28	F
#24827	May 26	F

Hit the Trails! School's Out!

Enjoy a day off school with friends and the River Trails Park District! Great field trips are planned along with games and activities. Trips listed below are between 9:30 am – 3 pm (approx. times). Be sure to bring a lunch and drink. T-shirts available for \$5; be sure to wear one or we'll provide one to borrow. Min. 8 /Max. 60

Grade: Kindergarten-6

Location: Weiss Community Center

7 am – 6 pm \$37 per day

Monday	Jan 16	#24632	Safari land
Monday	Feb 20	#24633	Pump It Up
Friday	Apr 14	#24634	TBA

Camp Spring

March 27-31

Spring is in the air! Get out of the house and join our special spring break camp for games, sports, arts and crafts, field trips and more! Min. 10 /Max. 50

Camp

Grade: Kindergarten – 8

Location: Weiss Community Center

M-F	8:30 am – 3 pm	#24273	\$139R/\$159N
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Before Camp

M-F	7 – 8:30 am	#24274	\$27R/\$32N
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After Camp

M-F	3 – 6 pm	#24275	\$55R/\$66N
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Spring Break Sports Camp

March 27 – March 31

Come join us at the Zone for our Spring Break Sports Camp! Staff will lead participants in a variety of sports and activities on our turf fields, including soccer, wiffleball, dodgeball, flag football and others.

Grades: 1 – 6

Location: The Zone – Turf fields

M-F	9am – 12pm	#24829	\$75R/\$90N
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Special Interest Classes

Gear, Gears, Gears!

Explore gears using LEGOS, as we work in teams of two, to make a clock, spin a top and learn how to make a paper crimper and more.
Min. 6 /Max. 12

Age: 4yrs – 6yrs The Zone

M 6 – 7 pm

#24823 Jan 23-Feb 13

\$58R/\$70N 4 classes

Crime Scene Investigation

Get ready to become part of the biggest crime scene of the century! Did you commit the crime or the friend sitting next to you? It's up to you to solve the crime using CSI techniques used by the experts. Think Digital Microscopes to examine fingerprints, hair and powder samples left at the crime scene and so much more. The last class will end with a class participating crime scene activity. Which one of your classmates is the suspect in the case? Possibly, maybe...even you! Min. 6 /Max. 10

Age: 7yrs – 9yrs The Zone

M 6 – 7 pm

#24685 Apr 10-May 1

\$58R/\$70N 4 classes



Rockin' Guitars

Learn to rock on the guitar! We cover the basics: chords, scales, rhythm and songs. Have your own guitar? Bring it! If not, we'll supply one. Chad Berardi, currently rocking Chicago with his own band, has been playing for 25 years and teaching for 14. No class March 28. Min. 4 /Max. 8

Age: 7yrs – 14yrs

Location: Weiss Community Center

Tu 4:30 – 5 pm

#24289 Jan 17-Feb 21

#24290 Feb 28-Apr 11

#24291 Apr 18-May 30

\$75R/\$90N 6 classes per session

Secret Agents Spybotics

Are you ready for the challenge? Students will enter the world of secret agents, high tech robots and are headed on a journey around the globe to complete daring missions. Teams of secret agents will be challenged to build and program their LEGOS Spybot's to complete these missions. There is no time to waste. Let's go agents. The countdown has begun.

Age: 8yrs – 12yrs

Location: Prospect Heights Park District

M 6 – 7:30 pm

#24767 Feb. 27-Mar13

\$65R/\$78 3 classes



Expressions Dance Studio

The River Trails Park District's Expressions Dance Studio is founded with the principles of providing participants with a safe and fun environment where child development is nurtured through both an expressive and structured based curriculum with outcomes focused on skill development, self – confidence and an understanding of dance terminology.

Pre Ballet/Tap

Basic ballet vocabulary and movement including loco motor, elementary positions and musical rhythm along with creative expression, imagination and props! Includes basic tap skills, rhythm with right and left directions. Min. 6 /Max. 10

Age: 3yrs – 4yrs

Location: Burning Bush Community Center

Instructor: Rachel Ratto

Tu **4 – 4:45 pm**
 #24535 Apr 18-May 23 \$41R/\$49N 6 classes

Ballet/Tap Beginner and Advanced Beginner

Learn the basics of ballet positions, barre work, feet and arm placement including proper body alignment, flexibility and strength. Basic tap steps will continue to be introduced working on clear sounds and combinations. Min. 6 /Max. 12

Age: 5yrs – 7yrs

Location: Burning Bush Community Center

Instructor: Rachel Ratto

Tu **4:45 – 5:30 pm**
 #24537 Apr 18-May 23 \$41R/\$49N 6 classes

Intermediate Ballet

Begin to build on established fundamental skills. More complex combinations, added terminology, stretching, strength and performance skills are worked on. Must have completed one year of beginner – intermediate ballet or new students may audition. Min. 6 /Max. 12

Age: 10yrs – 14yrs Weiss Community Center

Instructor: Rachel Ratto

F **4:45 – 5:45 pm**
 #24547 Apr 21-May 26 \$55R/\$66N 6 classes

Hip-Hop

Wear your sneakers and join this high energy, upbeat hip hop class! Learn new, fun and exciting moves to music you hear on the radio. We'll do strength work, stretching, isolations and foot work to inspire dancers to leave it all out on the dance floor! Learn exciting, age appropriate choreography and create your own moves. No experience necessary. Min. 6 /Max. 12

Age: 8yrs – 12yrs

Location: Burning Bush Community Center

Instructor: Rachel Ratto

Tu **5:30 – 6:15 pm**
 #24539 Apr 18-May 23 \$41R/\$49N 6 classes

Age: 6yrs – 8yrs

Location: Weiss Community Center

Instructor: Rachel Ratto

F **4 – 4:45 pm**
 #24546 Apr 21-May 26 \$41R/\$49N 6 classes





Jazz!

Explore the world of jazz, appealing with its energy and variety of movements. Learn fundamentals through warm-ups, patterns across the floor and finish with a center combination of leaps and turns. Technique and style added to more advanced classes. Students may wish to include a Ballet class to improve balance and flexibility. Min. 6 /Max. 12

Age: 8yrs – 12yrs

Location: Burning Bush Community Center

Instructor: Rachel Ratto

Tu **6:15 – 7 pm**
#24543 Apr 18-May 23 \$41R/\$49N 6 classes

Leaps, Turns, and Technique

Dancers will have a chance to work on technical dance skills such as alignment, positions, leaps, turns, and jumps. Great for dancers looking to branch into competitive or school teams. Min. 6 /Max. 12

Age: 10yrs – 14yrs Weiss Community Center

Instructor: Rachel Ratto

F **5:45 – 6:30 pm**
#24549 Apr 21-May 26 \$41R/\$49N 6 classes

Contemporary Sections

Experience the free flowing movement and express yourself creatively through the art of contemporary dance. This is your opportunity to learn unique turns, leaps and combinations to today's most popular music. Min. 6 /Max. 12

Age: 9yrs – 14yrs

Location: Burning Bush Community Center

Tu **7 – 7:45 pm**
#24544 Apr 18-May 23 \$41R/\$49N 6 classes

Expressions Dance Recital:

Saturday, March 11th, 2017, 11:00am at River Trails Middle School

Children registered for September session of Expressions Dance will be in the annual dance recital in March. No late registration accepted after Friday, October 28th.

Private Dance Lessons

Available by request. Perfect for audition preparation and professional one on one instruction. Please visit the Weiss Center or contact Dave at 847.255.1200 for more information.

Early Childhood Classes

Parent-Child Classes

Please remember that these classes are designed for you to be an active participant with your child registered in the class. We do not allow siblings to attend class with you.

Preschool Class Age Requirements

1. Children must meet age listed for the program by the first day of the class.
2. Unless program states "with adult", the program is for the child only.

Adult-Tot Sports

Parents are integral parts of helping their tots develop basic sports movement and motor skills. Activities focus on hand/eye and hand/foot coordination. Equipment and instruction provided to help guide your child through an introduction to organized sports. No class Mar 30, Apr 1. Min. 4 /Max. 14

Age: 2yrs – 3yrs

Location: Weiss Community Center

Instructor: Hot Shots Sports

Th 10:15 – 11 am

#24607 Jan 19-Feb 23

#24608 Mar 2-Apr 13

#24610 Apr 20-May 25

\$54R/\$65N 6 classes per session

Age: 2yrs – 3yrs

Location: The Zone-Turf Fields

Instructor: Hot Shots Sports

Sa 9 – 9:45 am

#24605 Jan 21-Feb 25 \$54R/\$65N 6 classes

#24606 Mar 4-Apr 8 \$45R/\$54N 5 classes

#24609 Apr 22-May 20 \$45R/\$54N 5 classes

Double Play

If one sport is not enough, then this class is perfect for your child! Children alternate between playing basketball and soccer. This program will develop a love for each of these sports along with the basic fundamentals for all the future pros out there!

No class Mar 28. Min. 5 /Max. 14

Age: 3yrs – 5yrs

Location: Weiss Community Center

Instructor: Hot Shots Sports

Tu 12:15 – 1 pm

#24565 Jan 17-Feb 21

#24566 Feb 28-Apr 11

#24567 Apr 18-May 23

\$54R/\$65N 6 classes per session

Lil' Dribblers

Lil' Dribblers teaches basic basketball fundamentals to all the future pros out there! Children develop a love of the game while learning the skills and rules. No class Mar 31.

Min. 4 /Max. 14

Age: 3yrs – 6yrs

Location: Weiss Community Center

Instructor: Hot Shots Sports

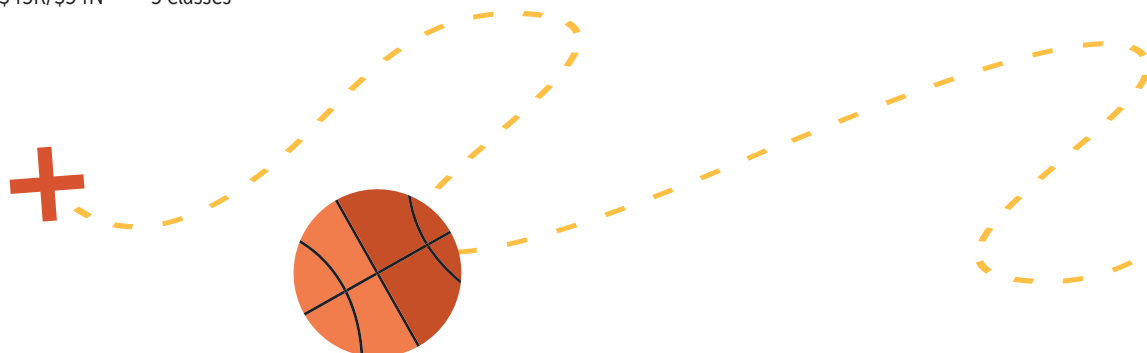
F 12:45 – 1:30pm

#24611 Jan 20-Feb 24

#24612 Mar 3-Apr 14

#24613 Apr 21-May 26

\$54R/\$65N 6 classes per session





Lunch and Play

Children have a blast playing a variety of sports including soccer, t-ball, basketball, football, kickball plus others as well as group games. Every child has the chance to develop motor skills and nurture his/her growth socially through teamwork and good sportsmanship. Please bring lunch and water. No class Mar 29-31. Min. 4 /Max. 14

Age: 3yrs – 5yrs

Location: Weiss Community Center

Instructor: Hot Shots Sports

\$84R/\$101N 6 classes per session

Wednesdays 11:15 am – 12:30 pm

#24577 Jan 18-Feb 22

#24578 Mar 1-Apr 12

#24583 Apr 19-May 24

Thursdays 11:15 am – 12:30 pm

#24575 Jan 19-Feb 23

#24576 Mar 2-Apr 13

#24582 Apr 20-May 25

Fridays 11:30 am – 12:45 pm

#24573 Jan 20-Feb 24

#24574 Mar 3-Apr 14

#24579 Apr 21-May 26

Sports and More

Children are introduced to the fundamentals of soccer, t-ball, football, basketball, floor hockey and group games. We provide an opportunity for each child to develop motor skills and nurture his/her growth socially and emotionally through teamwork and good sportsmanship. No class Mar 30, Apr 1. Min. 4 /Max. 14

Age: 3yrs – 5yrs

Location: Weiss Community Center

Instructor: Hot Shots Sports

Th 11:15 am – 12 pm

#24589 Jan 19-Feb 23

#24590 Mar 2-Apr 13

#24593 Apr 20-May 25

\$54R/\$65N 6 classes per session

Age: 4yrs – 6yrs

Location: The Zone-Turf Fields

Instructor: Hot Shots Sports

Sa 9:45 – 10:30 am

#24591 Jan 21-Feb 25 \$54R/\$65N 6 classes

#24592 Mar 4-Apr 8 \$45R/\$54N 5 classes

#24594 Apr 22-May 20 \$45R/\$54N 5 classes

Sports School

Take learning to the next level in this interactive program consisting of physical activity, story time geared around sports stories, a snack break, basic gymnastics and lessons about the body and nutrition. Players also learn proper fundamentals in the most popular sports including baseball, football, hockey, basketball and soccer. This program is tailored for kids to socialize in an athletic setting focused on teamwork and fun. Come ready to play and learn in this one of a kind class!

No class: March 27. Min. 6 /Max. 14

Age: 3yrs – 5yrs

Location: Weiss Community Center

Instructor: Hot Shots Sports

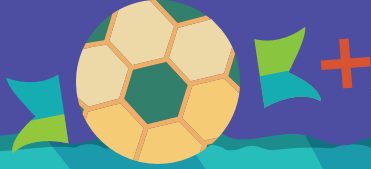
M 9:30 am – 12:30 pm

#24562 Jan 23-Feb 20 \$135R/\$155N 5 classes

#24563 Feb 27-Apr 10 \$162R/\$182N 6 classes

#24564 Apr 17-May 22 \$162R/\$182N 6 classes





Triple Play

Three sports: Soccer, T-ball and Basketball. Develop early skills associated with each sport and have opportunities to use these skills in game situations. Emphasis placed on skill development, teamwork and sportsmanship.

Children having lunch with preschool will be taken to class. No class March 29. Min. 5/Max. 14

Age: 3yrs – 5yrs

Location: Weiss Community Center

Instructor: Hot Shots Sports

W 12:30 – 1:15pm

#24584 Jan 18-Feb 22

#24585 Mar 1-Apr 12

#24586 Apr 19-May 24

\$54R/\$65N 6 classes per session

Games and More

Children are introduced to a wide range of running and interactive games that utilize equipment such as balls, hula-hoops, jump ropes, beanbags and more. Focuses on developing basic motor skills, spatial awareness while working on self-confidence, teamwork and good sportsmanship. No class Mar 29. Min. 4 /Max. 14

Age: 30M – 4yrs

Location: Burning Bush Community

Instructor: Hot Shots Sports

W 11:15 am – 12 pm

#24570 Jan 18-Feb 22

#24571 Mar 1-Apr 12

#24572 Apr 19-May 24

\$54R/\$65N 6 classes per session





Youth Athletics

Parent Association for Youth Sports

Both parents/guardians of participants enrolled in any youth sports league must complete the PAYS program. Children whose parents/guardians have not completed PAYS will not be allowed to participate in any youth sport programs requiring PAYS certification. The clinic consists of viewing a video from National Alliance of Youth Sports and going through the handbook. This process only needs be once and if you are new to the youth athletic programs. Upon completion, individuals will sign a Parents Code of Ethics and receive the PAYS membership card and handbook.

Easy as 1, 2, 3...

To register for PAYS please visit <http://www.nays.org/paysonline/>. When taking the PAYS training, make sure to either type in code #1319 or click River Trails Park District in the drop box. You must associate yourself with our chapter to receive the \$5 per family fee.

Youth Volunteer Coaches

Teach sport skills as well as the values of teamwork, fair play and how to win as well as lose with grace. Volunteers are instrumental to the success of these programs by acting as a team coach or coach's assistant. If interested, please contact Brad at 847.255.1200. You will be trained according to River Trails and the National Youth Sports Coaches Association. A 50% discount in registration fees will be given to coach's child. (1 head coach and 1 asst. coach per team)

National Youth Sports Coaches Association and Certification

National Youth Sports Coaches Association (NYSKA) is a clinical training that certifies you according to NYSCA standards. NYSCA training is required of all River Trails head coaches to assure their dedication and responsibility to youth sports. Coaches are asked to take training online. Fee is \$20 + \$5 per each additional sport. The park district will reimburse for the initial \$20 and the initial \$5.

Friendship Request Policy (for 4 year old – 2nd grade levels)

The River Trails Park District allows only one friendship request per person. This request can be put on the child's registration form and must be matching. Siblings will automatically be placed on the same team unless otherwise requested. Requests made after the registration deadline may not be honored. River Trails Park District can only accept friendship request for 4 years old through 2nd grade levels of any athletic league. For 3rd grade and above, teams will be balanced by skill level, school, a nd gender or a draft will be held.

River Trails Park District Jersey

Jersey – \$16 Shorts-\$10 Socks-\$5

Open Gym at the Weiss Community Center

Please bring photo ID to check out equipment.

\$2 per person (H.S. and up) until 3 pm

\$3 per person (H.S. and up) after 3 pm and weekends

\$1 Fitness Club Members

After school is for Junior High and younger, but if space allows half of the gym will be allowed for High School and older. Decision will be made day to day.

Youth Classes

Training Camp

Whether your child is registered for our upcoming league, just looking to sharpen their skills or trying a sport for the first time, our training camp will teach your child the fundamentals of the sport. Our instructor will lead participants through drills and games to enhance the participant's skill level. Instructor will pick up students from their classroom at the end of the school day and lead them to the gym for class. Parents, please pick up child outside the front entrance at 4:30 pm. Min. 6 /Max. 12

Euclid School Grade: 1 – 2

F 3:30 – 4:30 pm

#24311	Jan 20-Feb 3	\$17R/\$21N	3 classes	Floor Hockey
#24313	Mar 3-Apr 21	\$29R/\$35N	5 classes	Flag Football

No class: Jan. 13, March 24 & 31, & April 14

Indian Grove School Grade: 1 – 2

F 3:30 – 4:30 pm

#24312	Jan 27-Feb 10	\$17R/\$21N	3 classes	Floor Hockey
#24314	Feb 24-Mar 17	\$17R/\$21N	3 classes	Flag Football
#24315	Apr 7-May 19	\$29R/\$35N	5 classes	T-Ball

No class: March 10, April 14 & 28



School of Sports

It's Friday, come join us for sports class at The Zone. RTPD staff will pick your child up at Euclid and Indian Grove schools at 3:30 pm to transport them to the The Zone. Each week our instructors will lead participants in various games and sports on the turf fields including soccer, flag football, wiffleball, archery, variations of dodgeball, and many more! At the end of class, each participant will get a slice of pizza. Parents should pick up their child from the Zone at 5 pm. No class: Feb. 17, March 24 & 31, & April 28.

Grade: 3 – 5

Location: The Zone

F	3:30 – 5 pm		
#24355	Jan 20-Feb 24	\$40R/\$48N	5 classes
#24356	Mar 3-Apr 7	\$32R/\$38N	4 classes
#24357	Apr 21-May 19	\$32R/\$38N	4 classes

Archery

Learn the correct way to handle and shoot a bow and arrow. Students learn to work with the recurve bow. Instructors emphasize safety and fun while teaching the proper techniques. For safety, tight-fitting clothing or short-sleeved shirts recommended. Classes may be combined if necessary. No Class March 29. Min. 6 /Max. 12

Age: 7yrs – 10yrs

Location: The Zone

W	6 – 7 pm	
#24358	Jan 18-Feb 22	
#24361	Mar 1-Apr 12	
#24364	Apr 19-May 24	
		\$60R/\$72N 6 classes

Age: 11yrs – 14yrs

Location: The Zone

W	7 – 8 pm	
#24359	Jan 18-Feb 22	
#24362	Mar 1-Apr 12	
#24365	Apr 19-May 24	
		\$60R/\$72N 6 classes



Athletic Performance and Conditioning Camp

Is your athlete looking for a way to stay conditioned over the off season? Come try our new Athletic Conditioning and Performance camp! We'll cover the core abilities needed for all sports including flexibility, footwork, strength and hand eye coordination. Designed for all athletes looking to improve their skills and techniques. Class taught by Back 2 Business instructors. No class: March 29. Min. 4 /Max. 20

Grade: 3 – 8

Location: The Zone-Turf Fields

W	5 – 6 pm
#24515	Jan 18-Feb 22
#24516	Mar 1-Apr 12
#24517	Apr 19-May 24
\$48R/\$58N 6 classes	





Volleyball Skills Clinic

This clinic will include instruction on all major volleyball skills; serving, passing, setting and attacking. Players will receive a solid foundation of these fundamental skills through fun and active drills, building up to team play. This class is for the volleyball beginner looking to understand the game and learn new skills. Kneepads are recommended. Class taught by Hot Shot Sports coaches. No class: March 27. Min. 6 /Max. 20

Age: 7yrs – 10yrs

Location: Weiss Community Center

M	5:30 – 6:30pm		
#24392	Jan 23-Feb 13	\$40R/\$48N	4 classes
#24393	Feb 27-Apr 10	\$60R/\$72N	6 classes
#24394	Apr 17-May 22	\$60R/\$72N	6 classes

GameTime Volleyball

Players experience daily scrimmages with active instruction and tips from the coaching staff of Hot Shots Sports. Coaches will referee while emphasizing the fundamentals and game strategies of volleyball. Players will use skills such as serving, passing, setting and attacking in a 'game time' environment. Class taught by Hot Shots Sports coaches. No class: March 27. Min. 6 /Max. 20

Age: 11yrs – 14yrs

Location: Weiss Community Center

M	4:30 – 5:30 pm		
#24389	Jan 23-Feb 13	\$40R/\$48N	4 classes
#24390	Feb 27-Apr 10	\$60R/\$72N	6 classes
#24391	Apr 17-May 22	\$60R/\$72N	6 classes

Heritage Tennis Club Tennis Lesson

The Arlington Hts. Park District instruction is offered indoors at the Heritage Tennis Club in Arlington Hts. You don't have to be a resident of Arlington Hts. or a member of the Club to participate. Non – member fees exist but you can try the program before deciding to join and receive the benefits of the membership. For more about programs and rates, call 847.398.7780 or go to www.ahpd.org/htc

Tournaments

3 v 3 Holiday Youth Basketball Tournament

Boys and girls get your team of three or four and join us for our 3 v 3 holiday youth basketball tournament on your day off from school. Teams are guaranteed two games minimum, depending on amount of teams.

Games played up to 21 points or a 20 minute time limit, win by two points. Divisions separated by gender but may be combined. Teams must have matching colored t-shirts or jerseys with numbers on the back. 1st/2nd place teams will receive a prize. Register as a team or individually, minimum 3 individual registrations. Individual registrations will be placed on a team by supervisor. Min. 4 /Max. 16

Grade: 6 – 8

Location: Weiss Community Center Gym

Registration deadline January 12

M	11 am – 4 pm	Martin Luther King Day, January 16
#24343	Boys Team	\$48R/\$58N per team
#24344	Girls Team	\$48R/\$58N per team
#24347	Individual Boys	\$16R/\$19N
#24348	Individual Girls	\$16R/\$19N

Grade: 6 – 8

Location: Weiss Community Center Gym

Registration deadline February 16

M	11 am – 4 pm	President's Day, February 20
#24345	Boys Team	\$48R/\$58N per team
#24346	Girls Team	\$48R/\$58N per team
#24349	Individual Boys	\$16R/\$19N
#24350	Individual Girls	\$16R/\$19N

MLB Pitch Hit and Run Competition!

The official youth skills competition of Major League Baseball! For boys and girls ages 7-14. We'll test 3 skillsets: Pitching, Hitting and Running. Groups separated by age and gender. Compete and advance through 4 competition levels: Local, Sectional and Team Championships at MLB ballparks; National Finals at the 2015 Major League Baseball All-Star Game! Register in advance and provide proof of age. Participants and parents must sign MLB registration/wavier before competing.

Location: Burning Bush Trails Park

Saturday, May 13 from 11 am – 12:30 pm

Age: 7yrs-8yrs	#24317
Age: 9yrs-10yrs:	#24318
Age: 11yrs-12yrs:	#24319
Age: 13yrs-14 yrs:	#24320

FREE



Sports Camps

Preseason Soccer Camp

Professional soccer coaches organize and run all sessions and ensure campers receive plenty of one on one attention and instruction. Work on dribbling, passing, shooting and small-sided tactical game situations. Players separated by age and ability ensuring the best learning and competitive environment. Great for beginners and players looking to improve skills and learn more. Bring a ball and wear gym shoes, shin guards, long socks (must cover shin guards) and bring plenty of water. Camp run by Elite Soccer Academy.

Location: The Zone-Turf Fields

M, W, F Mar 20, 22, 24 5:30 – 7 pm \$65R/\$78N

Grade Kindergarten-1: #24385

Grade 2 – 3: #24386

Grade 4 – 5: #24387

Grade 6 – 8: #24388



Youth Leagues

Youth Indoor Soccer League*

Registration deadline January 2

Stay fresh for Spring Soccer! Practice the 1st day and the rest we'll play games in a fun, recreational atmosphere. Similar to our Little Kickers and Youth Outdoor Soccer Leagues. Each child gets equal playing time. Games played in 3v3 to 5v5 formats. Teams formed according to age/grade. Age/grade levels may be combined if needed. RTPD jersey required. Volunteer coaches needed. No class: February 5.

Location: The Zone – Turf Fields

Sundays 1 – 7 pm Jan 15-Mar 12 \$79R/\$95N 8 weeks

Grade PreK 4yrs – 5yrs: #24301

Grade Kindergarten: #24302

Grade 1: #24303

Grade 2: #24304

Grade 3: #24305

Grade 4: #24306

Grade 5: #24307

Grade 6: #24308

Grade 7: #24309

Grade 8: #24310

Youth Volleyball League*

Registration deadline February 17

Bump, Set and Spike your way through our NEW Youth Volleyball League. Age levels may be combined if needed. Teams will practice once a week for one hour, exact days depend on coach's availability and start two weeks prior to games. Practices and games will be held at a RTPD, PHPD or WPD facility. Games will be played in a 4v4 format with modified rules. Volunteer coaches needed. RTPD Reversible jersey needed.

Location: Prospect Hts./Wheeling/River Trails Park District

Sundays Feb 26 – Apr 9 12 – 6 pm

Grade 1: #24325

Grade 2: #24326

Grade 3: #24327

Grade 4: #24328

Grade 5-6: #24329

Grade 7-8: #24330

*Coop: Prospect Hts., Wheeling, and/or Mt. Prospect Park Districts



Youth Floor Hockey League*

Registration deadline February 24

Learn the basics of hockey including stick handling, passing, shooting and defense and have equal playing time. Teams are separated by skill level, grade, school and gender. All teams will practice during the first week of the season. K-3rd will meet on Tuesdays and Saturdays. 4th-8th will meet on Thursdays and Saturdays. Games for the fall session are played at Indian Grove School and games in spring session at Gary Morava (PHPD). Volunteers needed to help organize teams on game day. Official RTPD Jersey needed and team/player requests NOT guaranteed.

Location: Gary Morava Recreation Center, Prospect Heights

Spring League: Mar 7-Apr 8

Tuesday and Thursday: 5 – 8 pm

Saturday: 8 am – 3 pm

\$67R/\$80N

Grade Kindergarten – 1: #24339 Tu & Sa

Grade 2 – 3: #24340 Tu & Sa

Grade 4 – 5: #24341 Th & Sa

Grade 6 – 8: #24342 Th & Sa

Little Kickers Youth Soccer*

Registration deadline March 17

Come out for Saturday soccer! Learn the fundamentals while having fun and learning skills in a non-competitive environment. Games are played in 4v4 to 7v7 formats with goalies and played on a smaller field. Age groups may be combined if needed. One hour games at RTPD fields and each team will practice 1 day a week for 1 hour. Practices start 2 weeks prior to 1st game. Exact game times may vary depending on number of teams. Fee does not include uniform. RTPD reversible jersey required along with black shorts, black socks and each player brings their own size 3 or 4 soccer ball for practice. Uniform can be purchased at the Weiss Community Center.

Location: Indian Grove School Soccer Fields

Saturdays 9 am – 2 pm Apr 15-Jun 3

\$30R/\$36N Early Bird Rate until January 31

\$40R/\$48N Regular Season Rate starts February 1

Age: PreK 4-5yrs #24367

Grade Kindergarten: #24368

Grade 1: #24369

Grade 2: #24370

Grade 3: #24372

Grade 4: #24373

*Coop: Prospect Hts., Wheeling, and/or Mt. Prospect Park Districts

Youth Outdoor Soccer League

Registration deadline March 17

A volunteer coached program introduces the fundamentals of passing, shooting, offense, defense, sportsmanship and fun! Team/Coach/Player requests NOT GUARANTEED! Please register at the Weiss Center. Registration: Both parents/guardians required to be PAYS certified. Practices: Vary with coach's availability. Typically, Monday – Friday, between 5 – 7 pm, at local parks/schools. Begin two weeks prior to first game. Games: Hourly games on Sunday afternoons at local parks/schools. Actual times depend on number of teams in the league. **First game Sunday, April 9.** Uniforms: Fee does not include uniform. All participants provide their own practice ball, black shorts, black soccer socks, shin guards and shoes without metal cleats. An Official RTPD Youth Athletic reversible jersey is required for games. This is a coop league with Mt. Prospect District.

Location: Woodland Trails Park & Mt. Prospect Park District

Sundays: Games between 12 – 9 pm, Apr 9-Jun 11

\$62R/\$74N

Grade 5: #24375

Grade 6: #24376

Grade 7: #24378

Grade 8: #24377





Youth Flag Football League*

Registration deadline March 24

Set, Hut, Hike! A safe, non-tackle 5v5 league. Learn basic offense and defense strategies as we encourage teamwork and good sportsmanship. PRACTICES: 2 practices a week at a RTPD, WPD or PHPD location. Times selected by coach. GAMES: 6-game schedule played at RTPD Park or WPD turf fields. Times depend on the number of teams. Age levels may be combined if needed. Fee includes jersey. No games April 16 and May 14. This is a coop league with Prospect Hts. and Wheeling Pk. Dist.

Location: Wheeling Park District

Sundays Game Times between 11 am – 5 pm

Apr 16-May 21

\$65R/\$78N 7 weeks

- Grade 1:** #24331
- Grade 2:** #24332
- Grade 3:** #24333
- Grade 4:** #24334
- Grade 5:** #24335
- Grade 6:** #24336
- Grade 7:** #24337
- Grade 8:** #24338

Micro Baseball

Registration deadline May 26

This league introduces the fundamentals of throwing, catching, batting, base running, sportsmanship, teamwork and fun. Teams will practice during the first week of play. Team/coach/player requests are NOT guaranteed! Number of teams will determine actual playing times. All participants need a RTPD jersey and a baseball glove. Participants will receive a River Trails Park District baseball cap. Both levels use 'soft-core' baseballs and tees, with coach pitch for the Rookie level. Volunteer coaches needed. Fridays may be used for rain make-ups.

T-ball

Age: 4yrs – 6yrs

Location: Burning Bush

M, W Jun 12-Jul 19 6 – 7 pm \$92R/\$110N #24323

Rookie

Grade: 1 – 2

Location: Burning Bush

M, W Jun 12-Jul 19 7 – 8 pm \$92R/\$110N #24324

*Coop: Prospect Hts., Wheeling, and/or Mt. Prospect Park Districts



Karate

This program offers a good mix of strength training, with cardiovascular and flexibility exercises. Students increase their coordination, agility and poise, as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to the class rules.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met.
- Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.

WINTER

Saturday Pre – Karate | 12 weeks | Sat Jan 7 – Sat Mar 25 | RTMS

Time	Code	Level		Age	Fee
9:05 – 9:50am	24449	Beginner	no prior exp	4 – 7	\$120/\$140
9:55 – 10:40am	24450	Continuer	1 – 2+ prior sess	4 – 7	\$120/\$140
10:45 – 11:30am	24451	Inter/Adv	3 sess & up	4 – 7	\$120/\$140

*classes on 3/11 at Euclid

Saturday Karate | 12 weeks | Sat Jan 7 – Sat Mar 25 | RTMS

Time	Code	Level		Age	Fee
9:15 – 10:15am	24471	Beginner	white	7 – 14	\$120 / \$140
9:05 – 10:20am	24472	Continuer	red – blue	7 – 14	\$141 / \$161
10:20 – 11:35am	24473	Novice	green – purple	7+	\$141 / \$161
10:20 – 11:35am	24474	Intermediate	brown	7+	\$141 / \$161
11:40am – 1:10pm	24475	Advanced	black only	7+	\$162 / \$182

*classes on 3/11 at Euclid

Tuesday Karate | 11 weeks | Tues Jan 3 – Tues Mar 14

Tarkington School, 310 S. Scott Street, Wheeling

Time	Code	Level		Age	Fee
6:30 – 7:30pm	24459	Beginner	no prior exp	8 – 14	\$110/\$130
6:30 – 7:30pm	24460	Continuer	1+ prior sess	8 – 14	\$110/\$130
6:30 – 8pm	24461	Inter/Adv	yellow & up	8 – 14	\$149/\$169
8:05 – 9:05pm	24462	Beginner	white	14 +	\$110/\$130
8:05 – 9:05pm	24463	Continuer	red – blue	14 +	\$110/\$130
8:05 – 9:35pm	24464	Inter/Adv	green – black	14 +	\$149/\$169

Wednesday Karate | 12 weeks | Wed Jan 4 – Wed Mar 22 | Mt. Prospect Park District

Time	Code	Level		Age	Fee
4:00 – 4:45pm	24452	Beginner/Continuer		4 -7	\$120/\$140
4:45 – 5:30pm	24453	Inter/Adv	instructor perm	4 -7	\$120/\$140
5:30 – 6:30pm	24454	Beg/Cont	white & red	8 – 14	\$120/\$140
6:30 – 7:30pm	24455	Novice	orange – yellow	8 – 14	\$120/\$140
6:30 – 8pm	24456	Inter/Adv	blue – black	8 – 14	\$162/\$182
8 – 9pm	24557	Beg/Cont	white – purple	14 +	\$120/\$140
8 – 9:30pm	24458	Inter/Adv	brown – black	14 +	\$162/\$182

SPRING

Saturday • Pre – Karate | 9 weeks | Sat Apr 8 – Sat June 10 | RTMS

Time	Code	Level	Age	Fee
9:05 – 9:50am	24483	Beginner (no prior exp)	4 – 7	\$90/\$108
9:55 – 10:40am	24484	Continuer (1 - 2+ prior sessions)	4 – 7	\$90/\$108
10:45 – 11:30am	24485	Inter/Adv (3 sessions & up)	4 – 7	\$90/\$108

*no class on 5/27, 6/10 Location: TBD

Saturday • Karate | 9 weeks | Sat Apr 8 – Sat June 10 | RTMS

Time	Code	Level		Age	Fee
9:15 – 10:15am	24506	Beginner	white	7 – 14	\$90/\$108
9:05 – 10:20am	24505	Continuer	red – blue	7 – 14	\$106/\$126
10:20 – 11:35am	24507	Novice	green – purple	7 +	\$106/\$126
10:20 – 11:35am	24508	Intermediate	brown	7 +	\$106/\$126
11:40a – 1:10pm	24509	Advanced	black only	7 +	\$122/\$142

*no class on 5/27, 6/10 Location: TBD

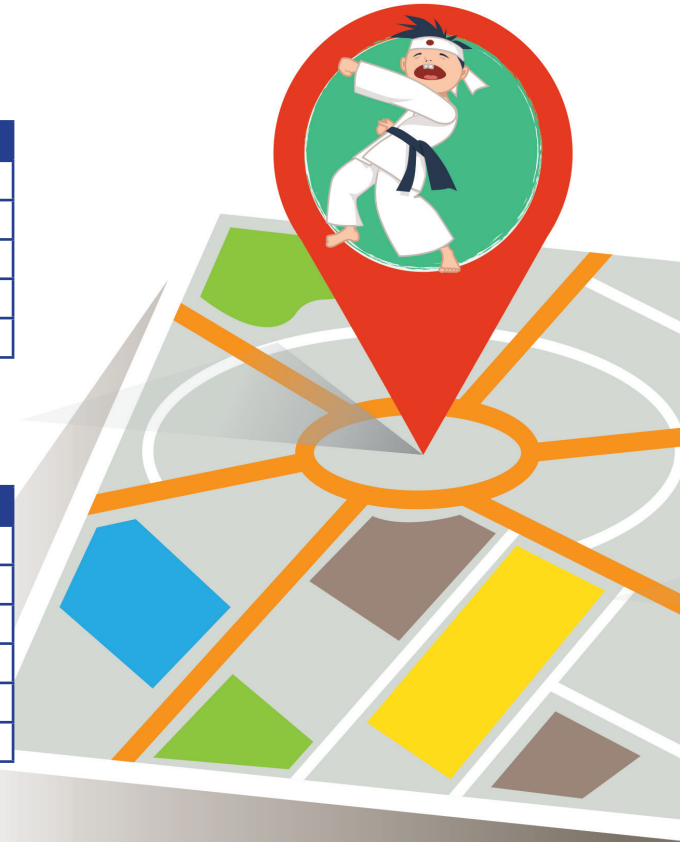
Tuesday Karate | 11 weeks | Tues Mar 28 – Tues June 6 | Wheeling Park District

Time	Code	Level		Age	Fee
6:30 – 7:30pm	24498	Beginner	no exp	8 – 14	\$110/\$130
6:30 – 7:30pm	24499	Continuer	1+ prior sess	8 – 14	\$110/\$130
6:30 – 8pm	24500	Inter/Adv	yellow & up	8 – 14	\$149/\$169
8:05 – 9:05pm	24501	Beginner	white	14 +	\$110/\$130
8:05 – 9:05pm	24502	Continuer	red – blue	14 +	\$110/\$130
8:05 – 9:35pm	24503	Inter/Adv	green – black	14 +	\$149/\$169

*no class on 5/27, 6/10 Location: TBD

Wednesday Karate | 10 weeks | Wed Apr 5 – Wed Jun 7 | Mt. Prospect Park District

Time	Code	Level		Age	Fee
4:00 – 4:45pm	24486	Beginner/ Continuer		4 -7	\$100/\$120
4:45 – 5:30pm	24487	Inter/Adv	instructor perm	4 -7	\$100/\$120
5:30 – 6:30pm	24493	Beg/Cont	white & red	8 – 14	\$100/\$120
6:30 – 7:30pm	24494	Novice	orange – yellow	8 – 14	\$100/\$120
6:30 – 8pm	24495	Inter/Adv	blue – black	8 – 14	\$135/\$155
8 – 9pm	24496	Beg/Cont	white – purple	14 +	\$100/\$120
8 – 9:30pm	24497	Inter/Adv	brown – black	14 +	\$135/\$155





Tae Kwon-Do

Beginning Students: You will be introduced to basic skills and techniques developing a sound foundation in your TaeKwon-Do / martial arts training for years to come! Training will be structured to your abilities and the instructors will help you fully understand the techniques, applications, and theory behind TaeKwon-Do!

Intermediate Students: You will be instructed on higher level techniques, advanced self-defense and sparring drills. You will be challenged to excel and develop a higher level of self-confidence and belief you can accomplish whatever you set out to do!

Advanced Students: Your training will help guide you to become role models, mentors, and leaders in your schools, workplace, and community. You will be rewarded through your dedication, perseverance, and hard work by seeing your self-confidence and belief in yourself grow beyond your expectations!

WINTER

Location: Burning Bush Community Center

Beginner-Intermediate (White Belt through Red Strip)

Age: 6yrs and up

M 7 – 8pm
#24621 Jan 2 – Mar 20 (12 classes)

W 7 – 8pm
#24620 Jan 4 – Mar 22 (12 classes)

Beginner-Intermediate (White Belt through Red Strip)

Age: 13yrs and up

M 8 – 9pm
#24622 Jan 2 – Mar 20 (12 classes)

W 8 – 9pm
#24623 Jan 4 – Mar 22 (12 classes)

Intermediate-Advance (Red Belt through Black Belt)

Age: 13yrs and up

M 8 – 9:30pm
#24624 Jan 2 – Mar 20 (12 classes)

W 8 – 9:30pm
#24625 Jan 4 – Mar 22 (12 classes)

\$108R/\$128N

\$162R/\$182N – 2 day discount



SPRING

Location: Burning Bush Community Center

Beginner-Intermediate (White Belt through Red Strip)

Age: 6yrs and up

M 7 – 8pm
#24626 Mar 27 – June 12 (11 classes, no class 5/29)

\$99R/\$119N

\$148R / \$168N – 2 day discount

W 7 – 8pm
#24627 Mar 29 – June 14 (12 classes)

\$108R/\$128N

\$162R/\$182N – 2 day discount

Beginner-Intermediate (White Belt through Red Strip)

Age: 13yrs and up

M 8 – 9pm
#24628 Mar 27 – June 12 (11 classes, no class 5/29)

\$99R/\$119N

\$148R / \$168N – 2 day discount

W 8 – 9pm
#24629 Mar 29 – June 14 (12 classes)

\$108R/\$128N

\$162R/\$182N – 2 day discount

Intermediate-Advance (Red Belt through Black Belt)

Age: 13yrs and up

M 8 – 9:30pm
#24630 Mar 27 – June 12 (11 classes, no class 5/29)

\$99R/\$119N

\$148R / \$168N – 2 day discount

W 8 – 9:30pm
#24631 Mar 29 – June 14 (12 classes)

\$108R/\$128N

\$162R / \$182N – 2 day discount



Adult Classes

Adult Archery

Learn the correct way to handle and shoot a bow and arrow. Students learn to work with the recurve bow. Instructors emphasize safety and fun while teaching the proper techniques. For safety, tight-fitting clothing or short-sleeved shirts recommended. Classes may be combined if necessary. No class: March 29. Min. 6 /Max. 12

Age: 15yrs and up **Location:** The Zone

W **8-9 pm**
 #24360 Jan 18-Feb 22
 #24363 Mar 1-Apr 12
 #24366 Apr 19-May 24

\$60R/\$72N 6 classes



Tournaments

Holiday Bags Tourney

Registration deadline: January 3

Holidays are over, it's time to relax! A one night tourney is a perfect time to hang out, practice or check things out for the upcoming league. Teams guaranteed 2 games to 21 pts. 10th Hole Bar and Grill will be open.

Age: 21yrs and up

Location: Rob Roy Golf Course Clubhouse Lounge

M **6 – 11 pm**
 #24260 Jan 9
 \$10R/\$12N per team



Special Events

Mommy and Me Valentine Tea

Saturday, February 11

Bring your mom, sister and grandma too! Put on your party clothes and come for a delicious afternoon of 'high tea'. Real tea will be served in real china! All the typical 'high tea' assortment of sandwiches and goodies to enjoy. Registration deadline Feb 3.

Age: 2yrs and up

Location: Rob Roy Golf Course Clubhouse Lounge

Sa 12:30- 1:30 pm

#24430 Feb 11

\$11R/\$13N 15 yrs and up

\$8R/\$10N 2-14 yrs



Lunch with the Bunny

Saturday, April 8

Here comes Peter Cottontail...to Rob Roy Golf Course! Bring your parents, siblings or grandparents for an afternoon of refreshments, treats and an egg hunt! You never know who'll show up, so don't forget your camera! Please bring a high chair/booster seat if needed; limited number available. Call with seating requests or stop by Weiss Center to complete a form. Registration deadline Mar 31 or until /Max. is reached.

Age: 1yrs and up

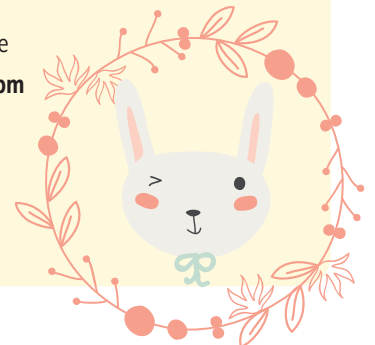
Location: Rob Roy Golf Course

Sa 11:30am – 12:30pm

#24429 Apr 8

\$16R/\$19N 15yrs and up

\$9R/\$11N 2-14 yrs



FREEZE FEST ZONE

Friday, February 24
5 – 8 pm at The Zone

Join us at The Zone for a fun-filled night of activities, games and entertainment. Free event and all ages welcome!

- Parkour Activities
- Bounce Houses
- Entertainment
- Turf Games
- Archery
- Arts and Crafts Zone
- Free Freeze Pops and Giveaways
- Concessions available for purchase

**FREE
EVENT**

Basket Deliveries

Saturday, April 1

The Easter Bunny will be making special deliveries for River Trails families this year! A basket full of treats will be personally delivered to your house. Surprise your family with this special moment! We'll try to accommodate your time request; however no guarantees can be made. Deliveries are restricted to River Trails Park District residents. Min. 5 /Max. 30

Age: 1yrs and up

Sa: 10 am – 1 pm

#24448: Apr 1

\$16 first child/\$10 additional child



Candlelight Yoga & Wine

Bring your yoga mat and meet us at Rob Roy Clubhouse. We will start with yoga by candlelight and end with wine and chocolate treats. Previous yoga experience recommended. Day of walk-ins \$25 per person. For more information contact Fitness Supervisor Robin at 847.255.1200.

Age: 21yrs and up

Location: Rob Roy Golf Course Clubhouse

Instructor: Janice Herbst

Th 6 – 8 pm

#24587 Feb 16 \$20R/\$25N per person

Yoga Wine Party

Yoga/pilates and wine is possibly the perfect combination. Engage all of your senses mind, body, spirit, sound, touch and taste as they come together to create a unique experience. Bring your yoga mat and meet us at Rob Roy clubhouse. We will start with yoga and end with wine and treats. day of walk-ins \$25 per person. Previous yoga experience recommended.

Ages: 21 years and older

Location: Rob Roy Golf Course

Instructor: Janice Herbst

Th 6 – 8 pm #23638 May 18 \$20R/\$25N

Community Garden-Organic Garden Plots of Sale

No room to garden? Join us at the Sycamore Trails Park Garden or Euclid School! You do the planting and maintaining and watch your crops grow. A water tank will be placed at both locations. Registration begins May 15.

River Trails Park District and School District 26

Location: RTPD Sycamore Trails Garden
1500 E. Kensington Ave. Mt. Prospect, IL 60056

Plots are 12ft x 10ft • Cost per plot is \$29 #24316 Residents Only

Register Weiss Community Center at 1500 E. Euclid Avenue.
847.255.1200 • www.rtpd.org

El Jardin De Los Suenos "Garden of Dreams"

Euclid School, 1211 N Wheeling Road

Plots are 10ft x 5ft • Cost per plot is \$20
Reduced registration rates are available if you qualify.

Register at River Trails School District office
900 E. Kensington Road and request a Garden Agreement.
847.297.4120 • www.rtsd26.org



Adult Leagues

Southside Beanbags

Registration deadline: January 10

Join the largest bags league around! A perfect game to play, socialize and relax after a long day. League is divided into four to five divisions based on skill level. Two person teams play three, 21 point games each night. 10th Hole Bar and Grill is open during play. Flat screens with latest games keep you posted on your favorite sport of the season! If number of teams allow, teams may also play one to two Thursday nights. Min. 4 /Max. 15

Age: 21yrs and up

Location: Rob Roy Golf Course Clubhouse Lounge

6:30 – 10:30pm

\$60R/\$72N per team

Tu	#24671	Begins Jan 17	Division I
Tu or W	#24672	Begins Jan 17	Division II
Tu or W	#24673	Begins Jan 18	Division III
Tu or W	#24674	Begins Jan 18	Division IV
Wed	#24675	Begins Jan 18	Division V

Adult Co-Rec Volleyball Leagues

Registration deadline Winter: January 9

Registration deadline Spring: March 27

Bump, set and spike your way through the River Trails PD Coed League. The 6 v 6 league, three men and three women on court with a season ending tournament.

Age: 18yrs and up

Location: Weiss Community Center

M 6:30 – 10:30 pm

#23959	Jan 9-Apr 3	10 weeks	\$335R/\$395N
#23960	Apr 17-Jun 12	6 weeks	\$215R/\$260N

Summer Softball Leagues

Registration deadline March 31

It's time to get your friends together and compete in one of our fun leagues. Teams play about a 10 game regular season followed by an end of the season tournament. 16" divisions based on your team's skill, 12" and 14" league open to all levels. Registration deadlines: Returning teams March 24, new teams March 31. \$150 deposit is due at registration.

Age: 18yrs and up

Location: Woodland Trails Park

\$625R/\$725N per team

Begins

16" C	#24351	M, W	6:30 – 10:30 pm	May 15
16" B	#24352	Tu	6:30 – 10:30 pm	May 2
50yrs & up 12"	#24354	Th	6:30 – 10:30 pm	May 4
Co-Ed 14"	#24353	F	6:30 – 10:30 pm	May 5

Men's Summer Basketball League

Registration deadline May 15

Join our outdoor league featuring a 10-week season and single elimination tournament. Trophies for 1st and 2nd place regular season and tournament. First 2 weeks played at Weiss Center. All teams must have matching colored t-shirts with numbers on back. \$150 deposit to hold your spot.

Age: 18yrs and up

Location: Willow Trails Park

Begins Sundays May 21 8 am – 12 pm

#24321 Division I

#24322 Division II

\$675R/\$745N per team



Parkour Classes at The Zone

550 Business Center Drive
Mount Prospect, IL 60056

Superhero Parkour Program

6-18 years of age

Superhero's Academy is a combination of disciplines that are utilized to create this program: Parkour which involves running, leaping, jumping, catching, climbing, rolling, flipping, tumbling vaulting, stage and screen combat, martial arts, movie stunts, agility and strength training and performance and improv.

Parkour Program 3-18 years of age

Parkour is the training method of warriors, it is the art of intense repetitions and obstacle course training. Free running is a part of parkour, using your body's momentum, surroundings and mental interpretive skills to propel over, through and around any obstacle. Be courageous, strong, fast, flexible and in control with parkour.

Parkour Registration

Register online, at the Location: Weiss Community Center or The Zone. There is a separate registration waiver for Parkour classes.

Parkour Open Gym

There will be a supervisor available to oversee activities (no formal instruction) and answer questions. We require parents to stay in the facility with children who are 9yrs and younger. Open gym times subject to change. Call 847-255-1200 before visiting.

- Fridays • 6:30-8:30 pm \$10 per person
- Saturdays • 5-7 pm \$10 per person
- Sundays • 4-6 pm \$10 per person
- Afterschool Special
- Wednesdays • 3:30-5:15 pm \$5 per person

Additional class offerings online www.rtpd.org. No classes Spring Break — March 20 – 26

Pre-Kour

Bring your little ones in to explore a wide variety of movement concepts and skills. Each lesson is geared towards developing your child's self-esteem and confidence. Lessons build over the weeks as the children learn rolls, jumps, leaps, balancing, stretching, climbing, and other motor activities.

Age: 3yrs – 5yrs

Mon 11 am – 12 pm

Wed 6:15– 7:15 pm

Sat 9 – 10 am

\$70R/\$82N 6 classes per session

Day	Session I	Dates	Session II	Dates	Session III	Dates
Mon	24641	Jan 16 – Feb 20	24644	Feb 27 – Apr 10	24647	Apr 17 – May 22
Wed	24642	Jan 18 – Feb 22	24645	Mar 1 – Apr 12	24648	Apr 19 – May 24
Sat	24643	Jan 21 – Feb 25	24646	Mar 4 – Apr 15	24649	Apr 22 – May 27

Parkour Parent Tot

Enjoy time with your child during this class that will develop motor skills, coordination, and very basic Parkour skills in an exciting environment that appeals to their young curiosity.

Age: 2 yrs – 3 yrs 5:15– 6:15 pm

\$70R/\$82N 6 classes per session

Day	Session 1	Dates	Session II	Dates	Session III	Dates
Wed	24638	Jan 18 – Feb 22	24639	Mar 1 – Apr 12	24640	Apr 19 – May 24

Home School Parkour

Challenge your minds at home, and then challenge yourself physically with Parkour! Students using this class to substitute a regular P.E. class will get a full body workout consisting of all Parkour skills using obstacle courses. Students will gain strength, endurance, speed, agility, flexibility and confidence in themselves.

Age: 7yrs – 14yrs 12– 1pm

\$70R/\$82N 6 classes per session

Day	Session 1	Dates	Session II	Dates	Session III	Dates
Wed	24614	Jan 18 – Feb 22	24616	Mar 1 – Apr 12	24618	Apr 19 – May 24
Th	24615	Jan 19 – Feb 25	24617	Mar 2 – Apr 13	24619	Apr 20 – May 25

Instructors are certified by the World Free Runner Federation, along with USA Parkour



Parkour Junior

Your child will learn the basic techniques starting with running, jumping, climbing, swinging, rolling and vaulting so they can mimic the contestants on American Ninja Warrior.

Age: 6yrs – 8yrs 4:15– 5:15 pm
 \$70R/\$82N 6 classes per session

Day	Session 1	Dates	Session II	Dates	Session III	Dates
Tues	24650	Jan 17 – Feb 21	24652	Feb 28 – Apr 11	24654	Apr 18 – May 23
Thurs	24651	Jan 19 – Feb 23	24653	Mar 2 – Apr 13	24655	Apr 20 – May 25

Parkour

Level 1 – Students will be challenged mentally and physically in this introductory class. Focusing on skills and obstacles, students will gain a lot of Parkour and general fitness knowledge.

Level 2 – Class is a continuation of level 1 Parkour and fitness education while students will be expanding their Parkour skills. Students will also start learning about freerunning, begin flip training, tricking, and more advanced skills while testing their strength and will power on more challenging obstacles.

Ages: 9yrs – 18yrs

Mon..... 4:15-5:15 pmlevel 1
 Mon..... 6:15-7:15pmlevel 2
 Fri..... 4:30-5:30 pm.....level 1
 Sat..... 10-11 amlevel 1
 Sat..... 11 am-12 pmlevel 2
 \$70R/\$82N 6 classes per session

Day	Session 1	Dates	Session II	Dates	Session III	Dates	Level
Mon	24656	Jan 16 – Feb 20	24661	Feb 27 – Apr 10	24666	Apr 17 – May 22	1
Fri	24657	Jan 20 – Feb 24	24662	Mar 3 – Apr 14	24667	Apr 21 – May 26	1
Sat	24658	Jan 21 – Feb 25	24663	Mar 4 – Apr 15	24668	Apr 22 – May 27	1
Mon	24659	Jan 16 – Feb 20	24664	Feb 27 – Apr 10	24669	Apr 17 – May 22	2
Sat	24660	Jan 21 – Feb 25	24665	Mar 4 – Apr 15	24670	Apr 22 – May 27	2

Superhero Parkour

Level 1 – Begin developing your basic Parkour skills learning different ways to roll, how to fall, vault and leap. Basic martial arts skills will be taught to help balance, focus and discipline.

Level 2 – Students who have demonstrated a strong understanding and skill set of rolls, falls, vaults and leaps will be challenged to improve their skills, strength and speed. Hero’s will also add more to their martial arts repertoire

Ages: 9yrs – 18yrs

M, T, TH 5:15– 6:15pm
 F 5:30– 6:30pm
 \$70R/82N 6 classes per session

Day	Session 1	Dates	Session II	Dates	Session III	Dates	Level
Mon	24692	Jan 16 – Feb 20	24703	Feb 27 – Apr 10	24713	Apr 17 – May 22	1
Tues	24695	Jan 17 – Feb 21	24704	Feb 28 – Apr 11	24714	Apr 18 – May 23	1
Thurs	24693	Jan 19 – Feb 23	24705	Mar 2 – Apr 13	24715	Apr 20 – May 25	1
Fri	24702	Jan 20 – Feb 24	24712	Mar 3 – Apr 14	24716	Apr 21 – May 26	2



Parkour

Superhero Team

The Superhero Team is a non-competitive performance arts group. The students, who level up to the Superhero Team are the best listeners, have the most patience and excellent work ethic! Team members continue their Parkour training while incorporating Martial Arts skills, utilize props, and will learn stunt scene choreography. Superhero Teams in the past have performed their stunt scenes at various school and town functions. Instructor approval needed.

Ages: 9yrs – 18yrs
 T, Th..... 6:15 – 7:45pm
 Sat..... 10:30 am – 12:00pm
 \$100R/\$120N 6 classes per session

Day	Session 1	Dates	Session II	Dates	Session III	Dates
Tues	24724	Jan 17 – Feb 21	24727	Feb 28 – Apr 11	24730	Apr 18 – May 23
Thurs	24725	Jan 19 – Feb 23	24728	Mar 2 – Apr 13	24731	Apr 20 – May 25
Sat	24726	Jan 21 – Feb 25	24729	Mar 4 – Apr 15	24735	Apr 22 – May 27

Adult Parkour

Geared towards getting fit via Ninja warrior style, we will teach you the elements of Parkour and freerunning while challenging you mentally and physically on the obstacle courses and equipment. Use the warped walls, rock walls, cliff bars, ring swing, rope climb and more. Gain stamina, strength, speed and agility all while having fun.

Ages: 18yrs and up
 Wed..... 9– 10pm
 \$70R/\$82N 6 classes per session

Day	Session 1	Dates	Session II	Dates	Session III	Dates
Wed	24736	Jan 18 – Feb 22	24737	Mar 1 – Apr 12	24739	Apr 19 – May 24

THE ZONE
 550 Business Center Drive
 Mount Prospect, IL 60056

**Great for
 Birthday Parties
 & Ultimate
 Sports & Parkour
 Parties**
 (See page 3)

Rent out the Glass Room, Gallery Room, Turf or Parkour!

- Classes at The Zone
- Parkour Archery
- Adult Tot-Sports
- Athletic Conditioning and Performance Camp
- School of Sports
- Soccer
- Special Interest – Computer Classes

- Amenities**
- Artificial Turf-7,000 square feet
 - Foam Pit-6 ft. deep
 - Climbing Walls, 9 and 14 ft. tall
 - Warped Wall 9, 12 and 14 ft. tall
 - Jump Boxes
 - Climbing Rope
 - Slant Walking Beams
 - Benches and seating area
 - Office space and rooms





Trails Fitness Club

Fitness Center Hours until April 24

Monday – Thursday	5:30 am-9 pm
Friday	5:30 am-8:30 pm
Saturday	6:45 am-4:30 pm
Sundays	7:30 am-4:30 pm

Fitness Center Equipment

- AMT Machines
- Stationary Bikes
- Rower
- Elliptical Machines
- Dumbbells/Kettlebells
- Treadmills
- Televisions
- Stretch Trainer
- Dry Sauna
- Nu Step
- Locker Rooms
- TRX
- Paramount Weight Stations

Personal Training

Private and partner training available. Contact Yolanda at 847.255.1200 for more information, rates and to schedule appointments with our personal trainer

Fitness Center Memberships

Individual

6 month	\$89R/\$116N
Yearly	\$145R/\$189N

Couple

6 month	\$153R/\$199N
Yearly	\$249R/\$324N

High School and 62+ years

6 month	\$79R/\$103N
Yearly	\$135R/\$175N

High School and 62+ years Couple

6 month	\$136R/\$177N
Yearly	\$232R/\$300N

Family – High School and Older 3 members

6 month	\$211R/ \$55 each additional member
	\$275N /\$72 each additional member
Yearly	\$345R/\$90 each additional member
	\$449N/\$117 each additional member

School/City Employee

School District 26, Frost School in District 21, Mt Prospect Village and Prospect Hts. City employees. Cannot be applied with other specials.

Yearly	\$99
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Company Memberships

Yearly.....\$275 enrollment fee/\$75 per employee
Cannot be applied with other specials.

FITNESS SPECIALS

January: Ring in 2017! Receive \$17 off a 6 month or yearly membership. Start the New Year right and get in the Gym!

February Be My Valentine: Receive 20 % off a yearly couple memberships for the entire year.

March Get Lucky: Cash in your lucky charm on St Patrick's Day weekend and receive \$20 off any yearly membership.

Spring Break Special: College and High School students can purchase a 2 week fitness club membership for \$12

- **Fitness Club Members Open Gym** \$1 per visit.
- **Trial Membership** Try out our Fitness Club for three months for only \$49. If you like it, we'll apply your money towards a full-year membership.





Group Fitness Passes

Winter – 10 weeks • January 2 – March 11

Spring – 10 weeks • March 20 – May 27

Passes must be purchased each season

		Winter	Spring
Drop In	\$7R/\$9N		
Flex Pass	\$6R/\$7N per class/ min. 3 class	#24431	#24432
20 classes	\$94R/\$114N	#24433	#24436
30 classes	\$134R/\$154N	#24434	#24437
Unlimited classes	\$159R/\$179N	#24435	#24438

• No classes during spring break March 12 to March 19

Group Classes

Core Conditioning

(Inter.) Sculpt your midsection; improve your body's strength, balance and coordination. Weights and resist a ball will be used.

Cardio Plus

Cardio plus core and muscular conditioning using a variety of equipment such as weights, tubing and exercise balls.

Gentle Exercise

(Beg.) A non-cardio class to strengthen muscles and joints. Back to basic exercises are performed sitting and standing. Proper form and body alignment emphasized. Tailored to your physical ability.

Drum and Tone

Light drum cardio + back to basic exercises performed sitting and standing. Class promotes physical and mental health.

Work It!

(Inter./Adv.) – Want a challenge? Every day is different. We use a variety of weights, kettle bells, body bars, TRX, tubes and ball as well as step and hi-lo aerobics including jump rope. Do a few "jacks" or keep it low. Challenge yourself with an 18 lb. or 9 lb. body bar. Jump rope or walk..it's up to you. However, the instructor will urge you to work harder.

Forever Fit (Beg./Inter.)

Stay fit, be healthy, lose weight and feel great!

Buns and Guns Kettlebell

Rev up your heart rate while challenging multiple muscle groups. Burn calories and strengthen your muscles at the same time with this high intensity, fast paced workout.

Tai Chi

This quite, therapeutic exercise loosens and strengthens the body offering greater freedom and range of motion while improving balance, coordination, breathing, circulation and posture.

Booty Barre

A fun, energetic, workout that fuses techniques from dance, pilates and yoga. This class will tone, define and chisel the whole body. Booty Barre is the perfect combination of strength and flexibility with an added cardiovascular element utilizing the barre.

The Mix

A challenging class that works all major muscles with a variety of cardio, strength training, and core exercises. This class will utilize different formats each week. The class may include, depending on the instructor, step drums, weights, kettle bells, and resistance ball..

Pilates

(Inter.) Strengthen your core muscles and improve your flexibility, balance and posture through this safe and effective fitness program. Pilates mat work allows people of all ages, gender and fitness levels to tone and shape their bodies

Group Fitness Classes

Mondays		
Time	Class	Instructor
8-9 am	Forever Fit	Yolanda
9:15-10:15 am	Drums & Tone	Lida
7:05-8:05 pm	Cardio Plus	Lida
Tuesdays		
9-10 am	Gentle Exercise	Lida
5-6 pm	Pilates	Yolanda
6:30-7:30 pm	Work IT	Karen
Wednesdays		
8-9 am	Forever Fit	Yolanda Lida
7:05-8:05 pm	Drums Plus	Yolanda
Thursdays		
9-10 am	Gentle Exercise	Lida
5-5:50 pm	Tai Chi	Jim
6-7 pm	Kettle Bell Buns & Guns	Karen
Fridays		
8-9 am	Core Conditioning	Yolanda
9:15-10:15 am	Booty Barre/ Pilates	Sylvia
Saturdays		
8:00-9:00 am	Mix	Lida/Karen



Yoga Fitness Passes

Winter – 10 weeks • Jan 2 – March 11

Spring – 10 weeks • March 20 – May 27

Passes must be purchased each season

		Winter	Spring
Drop In	\$11R/\$13N		
Flex Pass	\$10R/\$12N per class/ min. 3 class	#24439	#24440
10 Classes	\$94R/\$114N	#24441	#24442
20 Classes	\$179R/\$199N	#24443	#24444
25 Classes	\$199R/219N	#24445	#24446

• No classes during spring break March 12 to March 19

Yoga Fitness

Benefits of Yoga

- Strength and Stamina
- Balance and Flexibility
- Mind and body connection
- Focused Breathing
- Stress Reduction
- Concentration

Yoga Flow

Flow based Hatha yoga uses movement and breath together to produce a "flow" of postures that lead from one to the next. Yogis can expect to develop strength, flexibility and mental clarity in a mixed-level environment. Please bring your yoga mat.

Yoga Strong

If you're ready to take your yoga to the next level, this class is designed for you. The teacher will guide you through more advanced poses allowing you to explore your edge and improve strength and flexibility. For best experience, we suggest participation in yoga flow class prior to this class.

Yoga Classes

Mondays	Class	Instructor
6-7 pm	Yoga Flow	Janice
Wednesdays	Class	Instructor
9:15-10:15 am	Yoga Flow	Robin
6-7 pm	Yoga Strong*	Janice
Thursdays	Class	Instructor
8-8:50 am	Yoga Express	Robin
Saturdays	Class	Instructor
9:30-10:30 am	Yoga Flow	Janice

* Experience needed

Foundations of Yoga

If you have wanted to begin a yoga practice to reap all the health benefits that yoga has to offer...now is the time. Join us at River Trails for a beginner classes that focus on teaching basic yoga postures. We will break things down and modify poses to help students gain a better understanding of yoga. This 90 minute workshop will be a combination of slow, nourishing poses, breath work and relaxation taught by certified teachers. Min. 5 /Max. 25

Age: 12yrs and up

Location: Weiss Community Center

Instructor: Robin/Janice

Sa 10:45 am – 12:30 pm

#24550 March 25

Early Bird Rate until Feb. 25 \$39R/\$47N per person

Regular Rate \$49R/\$59N per person

Candlelight Yoga and Wine

Bring your yoga mat and meet us at Rob Roy Clubhouse. We will start with yoga by candlelight and end with wine and chocolate treats. Previous yoga experience recommended. Day of walk-ins \$25 per person. For more information contact Fitness Supervisor Robin at 847.255.1200.

Age: 21yrs and up

Location: Rob Roy Golf Course Clubhouse

Instructor: Janice Herbst

Th 6 – 8 pm

#24587 Feb 16 \$20R/\$25N per person

Yoga Wine Party

Yoga/pilates and wine is possibly the perfect combination. Engage all of your senses mind, body, spirit, sound, touch and taste as they come together to create a unique experience. Bring your yoga mat and meet us at Rob Roy clubhouse. We will start with yoga and end with wine and treats. Day of walk-ins \$25 per person. Previous yoga experience recommended.

Ages: 21 years and older

Location: Rob Roy Golf Course

Instructor: Janice Herbst

Th 6 – 8 pm

#23638 May 18 \$20R/\$25N





Foam Roller and Stretch

Geared to the active adult, this low impact program includes standing and chair exercises, beginning yoga poses, foam roller, bands and tubes. This class blends yoga, stretch, balance and flexibility. We will be using a foam roller to help release tension by using trigger point pressure on your muscles to release knots and muscle soreness. Gentle yoga poses to help with flexibility and balance. No matter what area of your body aches-neck, shoulder, back, knees and feet this can help you improve your quality of life. Min. 5 /Max. 25

Age: 18yrs and up

Location: Weiss Community Center

Instructor: Robin Conrad

M	10:30 – 11:30 am
#24568	Jan 9-Feb 13
#24580	Feb 27-Apr 10
\$48R/\$68N	6 classes per session



Let's Meditate!

Have you always wanted to learn to meditate and didn't know how to start? Meditation can be easy when you are taught correctly. The Simple Easy, Every Day Meditation Method (SEED MEDITATION METHOD) is a collection of powerful time-tested meditation practices that can reduce your stress and enhance your life.

Join us for this class and discover the benefits. New meditations will be offered at each class. Learn the 5 essentials for a successful meditation and experience a 20 minute guided meditation followed by Q & A. Min. 6 /Max. 25

Age: 18yrs and up

Location: The Zone

Instructor: Mona Cecala

Tu	6:30 – 7:30pm	\$10R/\$12N per class
#24551	Jan 31	
#24552	Feb 28	
#24553	March 28	

Personalized Nutrition Coaching

Have your current diet analyzed and consult with our registered dietitian for suggestions on how to meet your nutritional goals. Initial visit is one hour with optional half hour follow up visits available.

Once registered, we will contact you to set up an appointment.

1 Hour Coaching	\$75	#24380
½ Hour Follow up	\$45	#24381
5-30 Minute Follow up	\$200	#24382
1 Hour Coach plus	\$115	#24383
½ hour follow up		

We Fit U Personal Training

Would you like to have more energy? Get stronger? Lose weight? Then this class is for you! Everyone could use a personal trainer but not everyone can afford one, until now. Group Personal Training offers:

- **Custom workout** – your pace, your ability level, you WILL be able to do this.
- **Camaraderie** – Enjoy the support of your co-athletes and coach to motivate you.
- **Nutritional Guidance** – Get a dietary analysis, custom meal plan and the accountability to stay with it.

Once registered, a trainer will contact you.

Ages: 18 & up	Time: 6 – 7 pm	Location: The Zone		
Day(s)	Jan 16 to Feb 22	Feb 27 to Apr 5	Apr 17 to May 24	Fee
Mon & Wed	#24681	#24744	#24754	\$180R/\$200N
Mon	#24682	#24745	#24755	\$90R/\$108N
Wed	#24743	#24753	#24756	\$90R/\$108N





Summer Camp Registration

- Resident Registration begins February 9, 2017
- Open Registration begins February 16, 2017
- Forms are available at the Weiss Community Center and online at www.rtpd.org starting February 1, 2017.
- A separate registration form is needed for Day Camps.
- For Summer Camp, register child for grade as of Fall' 2017
- Camp registration forms and payments must be dropped off at the Weiss Community Center



Camp Kiddie

What's summer without art, nature and new friends? We meet in our preschool room and playground area. Activities are based on a different theme each week. This fun and exciting program will assist your child in the transition to fall preschool. If child is turning 4 by Sept 1 you may register for older camp or multi age. Pull up okay for 3 yr. olds.

Age: 3yrs

Location: Weiss Community Center

Tu, Th 9:15-11:15 am

Jun 13-29	\$75R/\$90N	#24404	Session 1
Jul 6-20	\$63R/\$76N	#24405	Session 2
Jul 25-Aug 10	\$75R/\$90N	#24396	Session 3

Age: 4yrs

Location: Weiss Community Center

M, W, F 9:15-11:45am

Jun 12-30	\$139R/\$159N	#24398	Session 1
Jul 3-21	\$139R/\$159N	#24400	Session 2
Jul 24-Aug 11	\$139R/\$159N	#24402	Session 3

Age: 3yrs – 4yrs

Location: Weiss Community Center

M-Th 9:15 am – 1:15 pm

Jun 12-29	\$299R/\$319N	#24399	Session 1
Jul 3-20	\$274R/\$294N	#24401	Session 2
Jul 24-Aug 10	\$299R/\$319N	#24403	Session 3

M-Th 9:15 am – 11:45 am

Aug 14-17	\$62R/\$74N	#24406	Finale
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Camp Kiddie Tag Ons

Kiddie Lunch

Age: 3yrs

Tu, Th 11:15 am – 1:15 pm

Jun 13-29	\$75R/\$90N	#24407	Session 1
Jul 6-20	\$63R/\$76N	#24408	Session 2
Jul 25-Aug 10	\$75R/\$90N	#24409	Session 3

M, W 11:45 am – 1:15 pm

Aug 14-16	\$19R/\$23N	#24413	Finale
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Age: 4yrs

M, W 11:45 am – 1:15 pm

Jun 12-28	\$56R/\$67N	#24410	Session 1
Jul 3-19	\$56R/\$67N	#24411	Session 2
Jul 24-Aug 9	\$56R/\$67N	#24412	Session 3
Aug 14-16	\$19R/\$23N	#24413	Finale

Snack and Swim

Age: 3yrs

Tu, Th 11:15 am – 12 pm

Jun 13-29	\$45R/\$54N	#24414	Session 1
Jul 6-20	\$38R/\$46N	#24415	Session 2
Jul 25-Aug 10	\$45R/\$54N	#24416	Session 3

Age: 4yrs

M, W 11:45 am – 12:30 pm

Jun 12-28	\$45R/\$54N	#24417	Session 1
Jul 3-19	\$45R/\$54N	#24418	Session 2
Jul 24-Aug 9	\$45R/\$54N	#24419	Session 3



Camp Mini-Half Day Camp

Our Mini!! They'll have a Fun time playing games, sports, making arts and crafts and more. All activities outside weather permitting. One field trip each session. Includes 1 t-shirt for the summer. No camp July 4.

Grade: Kindergarten-5

Location: Burning Bush Community Center

M, W, F	9 am – 12 pm			
Jun 12-30	\$101R/\$121N	#24803	Session 1	
Jul 3-21	\$90R/\$108N	#24808	Session 2	
Jul 24-Aug 11	\$101R/\$121N	#24804	Session 3	

Grade: Kindergarten-5

Location: Burning Bush Community Center

M-F	9 am – 12 pm			
Jun 12-30	\$169R/\$189N	#24807	Session 1	
Jul 3-21	\$158R/\$178N	#24805	Session 2	
Jul 24-Aug 11	\$169R/\$189N	#24806	Session 3	

Camp Mini Tag Ons

Art Exploration

M, W	Jun 12-28	12:15 – 1:15pm	\$40R/\$48N	#24772	Session 1
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Outdoor Adventures

M, W	Jul 3-19	12:15 – 1:15pm	\$57R/\$68N	#24554	Session 2
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Wacky Science

M, W	Jul 24-Aug 9	12:15 – 1:15pm	\$48R/\$58N	#24555	Session 3
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Camp Pee-Wee

Camp Pee-Wee meeting the needs of the children entering K to 1st grade in the fall of 2017. Each group will stay together during the day, play games, Arts and Crafts and go on one field trip per session. Join us for fun in the sun! No camp July 4.

Grade: Kindergarten-1

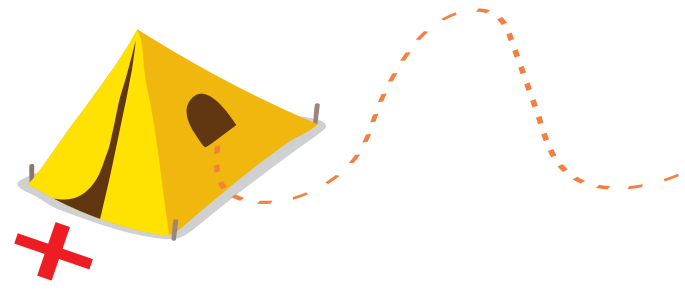
Location: Weiss Community Center

M, W, F	8:30 am – 3 pm			
Jun 12-30	\$219R/\$239N	#24809	Session 1	
Jul 3-21	\$219R/\$239N	#24814	Session 2	
Jul 24-Aug 11	\$219R/\$239N	#24812	Session 3	

Grade: Kindergarten-1

Location: Weiss Community Center

M-F	8:30 am – 3 pm			
Jun 12-30	\$366R/\$386N	#24810	Session 1	
Jul 3-21	\$341R/\$361N	#24811	Session 2	
Jul 24-Aug 11	\$366R/\$386N	#24813	Session 3	



Summer Camps



Camp Fun

That's right: this camp is all about Fun! Have a blast all summer with friends playing games, sports, mini-golf, making arts and crafts, swimming, enjoying cookouts, special events, theme days and field trips. Only the most qualified college-aged candidates are selected to lead children to a summer filled with excitement and memories to last a lifetime! Children are divided into groups by grade/age. Includes one T-shirt for the summer and one field trip per session. Bring a lunch and drink each day. Options include: 3 or 5 days a week, hot lunch and various tag-on classes. No camp July 4.

Grade: 2-8

Location: Woodland Trails Park

M, W, F 8:30 am – 3 pm

Jun 12-30	\$219R/\$239N	#24800	Session 1
Jul 3-21	\$195R/\$215N	#24802	Session 2
Jul 24-Aug 11	\$219R/\$239N	#24798	Session 3

M-F 8:30 am – 3 pm

Jun 12-30	\$366R/\$386N	#24797	Session 1
Jul 3-21	\$341R/\$361N	#24801	Session 2
Jul 24-Aug 11	\$366R/\$386N	#24799	Session 3

Camp Champs

For the sporty camper in the family! Campers play flag football, soccer, softball, basketball, volleyball and more while they learn teamwork, strategy and sports skills. We'll also swim, play games and enjoy a field trip each session. Our 'sporty' college-aged counselors will lead your champion to a summer of fun! Campers are divided into groups by grade/age. Bring a lunch and drink each day. Includes one camp t-shirt per summer.

Options include: 3 or 5 days a week, hot lunch and various tag-on classes. No camp July 4.

Grade: 4 – 9

Location: Woodland Trails Park

M, W, F 8:30 am – 3 pm

Jun 12-30	\$219R/\$239N	#24790	Session 1
Jul 3-21	\$195R/\$215N	#24795	Session 2
Jul 24-Aug 11	\$219R/\$239N	#24792	Session 3

M-F 8:30 am – 3 pm

Jun 12-30	\$366R/\$386N	#24791	Session 1
Jul 3-21	\$341R/\$361N	#24794	Session 2
Jul 24-Aug 11	\$366R/\$386N	#24793	Session 3

Camp Adventure

Campers are on the GO all summer! We travel on 3 trips each week to water parks, amusement parks, restaurants and museums. Campers also complete one service project each session. Bring a sack lunch, water bottle and backpack. Also enjoy open swims on days we're on-site. Includes one t-shirt per summer, transportation and most admissions. Options include hot lunch and various tag-on classes. No camp July 4.

Grade: 6 – 9

Location: Woodland Trails Park M-F

8:30 am – 3 pm

Jun 12-30	\$427R/\$447N	#24787	Session 1
Jul 3-21	\$399R/\$419N	#24789	Session 2
Jul 24-Aug 11	\$427R/\$447N	#24788	Session 3

Camp Willow

Have some fun at Willow Trails Park! There's tons of room to play! Campers will enjoy sports, crafts, games and trips. Camp Willow will not meet on rainy days. Onsite registration June 14, 12:30-2:30pm.

\$10 registration fee required. No camp July 4.

Age: 5yrs – 12yrs **Location:** Willow Trails Park

M, W, F Jun 19-Jul 21 12:30 – 3 pm \$10 per camper #24815

Camp Finale

Everyone loves a Finale! One last chance for your camper to enjoy the freedom of summer before it's time to hit the books. We'll go swimming, mini-golfing, have a cook-out...plus a lot more! Campers should bring lunch/drink daily.

Grade: Kindergarten-9 **Location:** Woodland Trails Park

M-F 8:30 am – 3 pm

Aug 14-18	\$122R/\$142N	#24796
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Before Camp

Available for those enrolled in camp Pee-Wee, Camp Fun, Camp Champs, Camp Adventure or Camp Finale.

Session 1 Jun 12-30 7-8:30 am

M, W, F \$51R/\$61N #24780

M-F \$84R/\$101N #24781

Session 2 Jul 3-21 7-8:30 am

M, W, F \$51R/\$61N #24782

M-F \$79R/\$95N #24783

Session 3 Jul 24-Aug 11 7-8:30 am

M, W, F \$51R/\$61N #24784

M-F \$84R/\$101N #24785

Finale Aug 14-18 7-8:30 am

M-F \$28R/\$34N #24786

After Camp

After camp is available for those enrolled in Camp Pee-Wee, Camp Fun, Camp Champs, Camp Adventure or Camp Finale.

Session 1	Jun 12-30	3 – 6 pm
M, W, F	\$101R/\$121N	#24773
M-F	\$169R/\$189N	#24774
Session 2	Jul 3-21	3 – 6 pm
M, W, F	\$101R/\$121N	#24775
M-F	\$158R/\$178N	#24776
Session 3	Jul 24-Aug 11	3 – 6 pm
M, W, F	\$101R/\$121N	#24777
M-F	\$169R/\$189N	#24778
Finale	Aug 14-18	3 – 6 pm
M-F	\$56R/\$67N	#24779

Camper Hot Lunch

No time to prepare lunches for your camper? Sign up for our "hot lunch" option. Lunches are prepared at the concession stand by our trained staff who deliver lunch to your camper at lunch time! Choose the lunch option any amount of days each week you wish. Order weekly or per session. Sample lunch: chicken nuggets, mini carrots, chocolate chip cookie and juice. Order form for hot lunches will be available at Weiss Center or on our website by May 2.

Camp "Tag Ons"

The perfect addition to specialize your day camper's experience! "Tag On" any of these great programs to enhance your camper's day.

Session 1 June 12-June 30

Swim Lessons	M-F	8-8:30 am	#24420	\$55R/\$66N
Diving Lessons	M-F	8-8:30 am	#24423	\$55R/\$66N
Golf Lessons	M, W	3-4 pm	#24816	\$84R/\$101N
Dodgeball	M, W	3-4 pm	#24677	\$48R/\$58N

Session 2 July 3-July 21

Swim Lessons	M-F	8-8:30 am	#24421	\$51R/\$61N
Diving Lessons	M-F	8-8:30 am	#24424	\$51R/\$61N
Golf Lessons	M, W	3-4 pm	#24817	\$84R/\$101N
Beach Volleyball 8-11yrs	Tu, Th	3-4 pm	#24741	\$35R/\$42N
Beach Volleyball 12-14yrs	Tu, Th	3-4 pm	#24742	\$35R/\$42N
Rockin' Guitars	Tu, Th	3-3:30 pm	#24820	\$75R/\$90N
Tennis	M, W	3-4 pm	#24678	\$48R/\$58N

Session 3 July 24-August 11

Swim Lessons	M-F	8-8:30 am	#24422	\$55R/\$66N
Diving Lessons	M-F	8-8:30 am	#24425	\$55R/\$66N
Golf Lessons	M, W	3-4 pm	#24818	\$84R/\$101N
Archery	M, W	3-4 pm	#24676	\$51R/\$61N
Ultimate Legos	Tu, Th	3-4 pm	#24821	\$42R/\$50N





Friendship Club

Become a part of the Friendship Club! A gathering place for adults 55 years or better to meet, play cards and socialize. Club meets every Wednesday. Join in on one of our card playing groups or bring your friends to start your own. We'll have themed luncheons and access to free events. Min. 12 /Max. 50

Age: 55yrs and up

Location: Burning Bush Community Center

W 10 am – 2:30 pm

#24078 \$20 per person a year

Oil Painting

Beginner through advanced students will learn how to paint landscapes, seascapes, flowers & more, you choose! Learn new techniques through our instructor's, Anthony Soskich skilled guidance. Min. 5 Max. /10

Age: 21yrs and up

Location: Weiss Community Center Anthony Soskich

M 10 am – 12 pm

#24292 Jan 16-Feb 20

#24293 Feb 27-Apr 3

#24294 Apr 17-May 22

\$110R/\$130N 6 classes per session

Creative Encounters

This class is designed for those who love crafting. Participants will be able to take their projects home at the end of the class.

Join us and get crafty! Min. 5 /Max. 15

Age: 21yrs and up

Location: Weiss Community Center

Tu 6 – 7:30 pm

#24276 Feb 7 Valetine Door Decor

#24277 Mar 7 St. Patty's Door Decor

#24278 Apr 4 Spring Centerpiece

\$18R/\$22N per class



Community Garden Organic Garden Plots of Sale

No room to garden? Join us at the Sycamore Trails Park Garden or Euclid School! You do the planting and maintaining and watch your crops grow. A water tank will be placed at both locations. Registration begins May 15.

River Trails Park District and School District 26

RTPD Sycamore Trails Garden

1500 E. Kensington Ave. Mt. Prospect, IL 60056

Plots are 12ft x 10ft

Cost per plot is \$29

#24316 Residents Only

Register at Location:

Weiss Community Center, 1500 E. Euclid Avenue
847.255.1200 • www.rtpd.org



El Jardin De Los Suenos "Garden of Dreams" Euclid School, 1211 N Wheeling Road

Plots are 10ft x 5ft

Cost per plot is \$20

Reduced registration rates are available if you qualify

Register at River Trails School District office

1900 E. Kensington Road and request a Garden Agreement.
847.297.4120 • www.rtsd26.org



Trips

Saturday Night Fever – Drury Lane

Grab your bell-bottoms and take a trip back in time with 'Saturday Night Fever.' Based on the 1977 hit film, Saturday Night Fever follows Brooklyn teen, Tony Manero, in his attempt to escape his tribulations by spending weekends at the local discotheque. Watch as Tony tries to win the admiration of the crowd with his electric moves. Featuring your favorite Bee Gees songs from the movie such as 'Stayin' Alive' and 'More Than a Woman,' Saturday Night Fever is a nostalgic classic that will bring you dancing in the aisle. Transportation and lunch included. Min. 6 /Max. 28

Age: 21yrs and up

Th 10:30 am – 5 pm #24765 Feb 16 \$69 per person

Rialto Theatre Tour and Concert

This one-of-a-kind trip begins with a marvelous tour of the historic Rialto Square Theatre. Learn the history of the Rialto while you walk through the grand Esplanade and see the Rotunda's beautiful architecture and craftsmanship. You will then go on stage and beyond to the 'green room' where you will see thousands of signatures from the artists who have performed at this magnificent landmark. Following the tour, return to the rotunda for a fabulous hot meal of stuffed chicken, parmesan mashed potatoes, green beans almondine, salad, light dessert, coffee and ice tea. The trip ends with a private organ mini-concert on the world renowned Barton Grande Theatre Pipe Organ in the breathtaking auditorium. Transportation, tour and lunch included. Min. 6 /Max. 28

Age: 21yrs and up

Tu 9 am – 2:30 pm #24764 Feb 28 \$55 per person

Mulligan Stew – Jacob Henry Mansion

ERIN GO BRAGH! We bring a bit of Ireland to the Mansion as you experience Aunt Annie's famous Award – Winning corned beef and cabbage – voted the best in Will County. Enjoy the tradition of Celtic music, as we sing along to traditional Irish songs from the band 'Mulligan Stew'. Close your eyes and enjoy as we take you back to the 'Emerald Isle!' Transportation, lunch, entertainment and a tour of the mansion included. Min. 6 /Max. 28

Age: 21yrs and up

Tu 9:30 am – 2:30 pm #24766 Mar 14 \$68 per person

Polish Polka Festival – White Eagle

Enjoy an authentic Polish feast including Polish sausage, beef and chicken, sauerkraut, kluski with giblets, cakes and kolachkis. The Ampolaires will entertain the crowd with live music which will be sure to get you up and dancing. Transportation, lunch and entertainment included. Min. 6 /Max. 28

Age: 21yrs and up

W 10:45 am – 3:30 pm #24768 Mar 29 \$59 per person

Chicago – Drury Lane

After 30 years, the hit musical Chicago returns to Chicagoland. Recipient of six Tony Awards®, two Olivier Awards, a Grammy® and thousands of standing ovations across the globe, this razzle-dazzle musical is the #1 longest running American musical in Broadway history. Filled with fame, fortune, and all that jazz, features one Fosse showstopper after another. If you liked the Academy Award®-winning film, you'll love this live production reimaged for the Drury Lane stage. Transportation and lunch included. Min. 6 /Max. 28

Age: 21yrs and up

W 10:30 am – 5 pm #24770 Apr 12 \$69 per person

Jesus Christ Superstar – Paramount Theatre

What began as a rock opera concept album (which dominated the U.S. charts upon its 1970 release) transformed into a global stage phenomenon that garnered 7 Tony Award nominations in the U.S. and endless awards overseas in its 40-plus years. This is the production the theater community around the country will be talking about next spring. Be part of the conversation. Transportation and lunch at the Ballydoyle included. Min. 6 /Max. 28

Age: 21yrs and up

W 10:45 am – 5 pm #24769 May 17 \$74 per person

Sanfilippo Mansion Tour – Barrington

Back by popular demand, the largest collection of restored automatic musical instruments in the world. The Sanfilippo 'Place de la Musique' is known worldwide for magnificent collections of beautifully restored antique music machines, phonographs, arcade and gambling machines displayed in a breathtaking French 2nd Empire setting. Transportation, admission and lunch at the Onion Pub included. Min. 6 /Max. 28

Age: 21yrs and up

Tu 8:30 am – 3:30 pm #24771 Apr 25 \$65 per person



Golf Lessons with Chicagoland Golf Academy

www.chicagolandgolfacademy.com

Our team of PGA and Teaching Professionals are ready to help you reach your goals. We offer individual and group lessons that can be taught traditionally on the range, practice area or on-course while playing. We provide you a more personal approach to improving your game.

All Ages, Abilities and Groups Juniors, Beginners, Intermediate and Avid Golfers Women Only Plus more!

Variety of Options

- Individual or group lessons and clinics
- On the range or practice green
- On-course playing lessons

Focus on Different Areas of the Game

- Full swing
- Pitching and sand
- Putting and chipping

Junior Golf Camps

For specific program dates and times, please visit www.chicagolandgolfacademy.com or contact Steve Barroso at 847.345.4718.

Age: 8Y – 16Y, \$60R/\$72N 5 classes

Step 1 When just learning to play golf, it's very important to learn the basics the right way. Proper swing, stance and grip go a long way to becoming a good golfer in the shortest possible time. Our instructor can give you that start. Please bring a 7 and 9 iron to the first class.

Step 2 If you already have the basics of golf down and want to improve your swing for more distance and accuracy, our instructor will guide you to the next level. Swing, short game and putting will be covered.

Step 3 Get rid of those trouble spots that are keeping you from reaching the next level in your game. Besides covering all aspects of your game, the instructor will help you with whatever part of the game you feel is giving you problems. We'll not only prepare you to play on a course, we'll hold 1 class with actual play on the Rob Roy Golf Course.

"It Pays to Practice"

Any golfer that has taken a lesson thru the Chicagoland Golf Academy can enjoy "All-You-Can-Play Golf" at a normal 9-hole rate! Special runs all season long. Not valid combined with other promotions, leagues, outings or Holiday rates. Students must present Chicagoland Golf Academy Card and may bring one guest eligible for same offer.



Get Golf Ready & Golf Fore Women

If you've ever thought about picking up a club, either again or for the first time, you can make golf your sport for a lifetime. Get Golf Ready and Golf Fore Women are designed to teach you in five 90-minute lessons everything you'll need to know to step onto a golf course and play with confidence. Lessons will include on-course activities taught by trained Golf Professionals who will make sure you have fun each step of the way.

Get Golf Ready I

- | | | |
|---|---------------------|-----------------|
| 1 | \$90(R)/\$108(N) 5 | 90 min. lessons |
| 2 | \$120(R)/\$140(N) 5 | 90 min. lessons |

Golf Fore Women I

- | | | |
|---|---------------------|-----------------|
| 1 | \$90(R)/\$108(N) 5 | 90 min. lessons |
| 2 | \$120(R)/\$140(N) 5 | 90 min. lessons |

Specialty Clinics

Do you want to focus on improving a specific area, or need a quick refresher? Specialty Clinics are also available, whether it's a focus on pitching, bunker shots or simply putting.

\$30(R)/\$36(N) per 1 hour clinic

Private Lessons

½ Hr – \$45

3 pack – \$109	5 pack – \$180	10 pack – \$350
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1 Hr – \$80

3 pack – \$199	5 pack – \$299	10 pack – \$499
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On Course Playing Lesson

Private: \$150

2, 3 or 4 persons: \$125 each

Contact us

Steve Barroso, PGTAA Master Teaching Professional
14 years Certified • 847.345.4718

Roger Poblacion, US Golf Teachers Federation
Certified • 847.909.5482



Woodland Trails Driving Range and Miniature Golf

1500 E. Euclid Ave. Mount Prospect, IL 60056
847.296.GOLF (4653) | www.robroygc.com

Woodland Trails Driving Range

6 am – 9 pm • Everyday

- Hours may be modified at beginning and end of season. Last bucket sold 30 minutes prior to closing time.
- During winter months, the ball dispenser will be available on nice days and exact amount is required.
- 52 Hitting Mats, Target Greens and Nets Putting Green
- Sand Trap Practice Area, Lights for Night Practice

- Small (30-35 balls)..... \$5
- Large (60-65 balls) \$7
- Jumbo (195-200 balls)..... \$17
- 10 Bucket Pass (Sm.) \$45
- 10 Bucket Pass (Lrg) \$63
- 15 Bucket Pass (Lrg)..... \$91

Woodland Trails Mini-Golf Course

9 am – 9 pm

- Hours may be modified at beginning and end of season. Last round of mini golf is 40 minutes prior to closing time.
- 18 Challenging Holes
- 12 Years and Under.....\$4
- 13 Years and Older.....\$5
- 5 Round Pass** (5 rounds for the price of 4!)
- 12 Years and Under.....\$16
- 13 Years and Older..... \$20

Fun for All Ages
Group rates available for groups of 15+
Call 847.296.4653 to schedule

ROB ROY PERKS PASS!
Free Rewards card
EARN One Point per Dollar Spent
100 Points = \$10 OFF Reward Coupon
SIGN UP BONUS! Provide Your Email Address and Receive \$5 OFF Your Next Visit Certain restrictions apply. Call 847.296.4653 for details

Rob Roy Golf Course

505 E. Camp McDonald Road, Prospect Heights, IL 60070 847.296.GOLF (4653) www.robroygc.com

Winding through 51 acres, the beautiful Rob Roy Golf Course, (9 Hole, Par 36), will challenge your golfing skills. Our 3,022 yards are narrow and tree lined requiring accuracy with water coming into play on 4 holes and sand traps throughout the course. Red, Yellow, White and Blue tees offer options for all skill levels. Rob Roy challenges the experienced golfer. Warm up on our lush putting green before your round and afterwards visit the 10th Hole Bar and Grill to enjoy a beverage, sandwich or snack.

Cart Rental

Pull cart \$3 / Gas cart 9 Holes \$9/person

Leagues

Interested in joining? For more information call 847.296.4653.

Group Outings

Call 847.296.4653 for reservations.

Club Rentals

The Rob Roy Golf Course has clubs available for rent in the Pro Shop.

Pro Shop

Stop in for all your golf necessities; golf balls, gloves, hats, tees, towels and Rob Roy Merchandise!

Gift Certificates

Available in any amount for golf, pro shop, lessons, driving range, mini-golf, bar and grill and banquets.

Rob Roy Memberships

Make Rob Roy your home course for the 2017 season!

10 round, 20 round, and Season passes are now available.

	Memberships Res	Partner Res	Non Res
10 Round Pass	10 round passes save you money!		
Weekday	\$135	\$149	\$162
Weekend	\$153		\$180
20 Round Pass	20 round passes save you more money!		
Weekday	\$270	\$295	\$324
Weekend	\$306		\$360
Season Pass	Valid 1 year from date of purchase		
Valid Mon – Thurs	\$495	\$545	\$595

Golf



ROB ROY HOUSE EVENTS

Register for House Events at www.robroygc.com or call 847.296.GOLF

Let us be the host! Check out the year's upcoming house events for golfers of all skill levels and ages. Golfers under 13 yrs. must be accompanied by an adult. For registration and details regarding our events, please call 847.296.4653 or visit our website at www.robroygc.com

Eskimo Open

Saturday, January 14, 10 am

Die-hard golfers wanted! Play in our first ever Eskimo Open. Dust off the clubs and join us for 9 holes in the snow! (Walking Only) Prizes will be awarded to the top finishers and a cup of chili will be provided to warm you up after your round.

Spring Fling 2-Person Scramble

Sunday, April 23, 11 am

Spring is in the air! Grab your best partner and join us for our first event of the golf season. Lunch will be provided at the end of the round as well as prizes for top finishers and on course games.

Easter Champagne Brunch

Sunday, April 16, 2017

\$24.95 plus tax Per Person

\$14.95 plus tax, Children aged 12 – 4 Kids 3 and under eat free

First Seating – 9 to 11 am

Second Seating – 12 to 2 pm

Don't miss our annual Easter Champagne Brunch, even the Easter Bunny is on the guest list! Our extensive menu is accompanied by champagne mimosas, a juice and coffee station and a highlighted dessert display. Let us know you are bring your kids so the Easter Bunny can deliver a special gift.

*Reservations required, please call: 847.296.4653 x6

Mother's Day Champagne Brunch

Sunday, May 14, 2017

\$24.95 plus tax Per Person

\$14.95 plus tax, Children aged 12 – 4 Kids 3 and under eat free

First Seating – 9 to 11 am

Second Seating – 12 to 2 pm

A time to celebrate Mom! Join us for our annual Mother's Day Champagne Brunch. Our extensive menu is accompanied by champagne mimosas, a juice and coffee station and a highlighted dessert display. Let us know how many Moms are being celebrated in your group, so we can provide a memorable gift.

*Reservations Required, please call: 847.296.4653 x6



505 E. Camp McDonald Road • Prospect Heights, IL 60070

847.296.GOLF (4653) • www.robroygc.com

Join us at the 10th Hole Bar and Grill overlooking the gorgeous Rob Roy Golf Course. Choose from a variety of great snacks, sandwiches, burgers and more! Open daily for lunch and dinner during the golf season. Catering is available year round. Please call 847.296.GOLF (4653).

Available for Private Events

Our Lounge area is also available for private events. Complete with a full service bar, fireplace and picturesque view of our golf course, the lounge is a perfectly intimate setting for showers and smaller functions.

All packages include:

- Four Hour Room Rental
- Choice of Black, White or Ivory Table Linens
- Unlimited Iced-tea and Lemonade
- Coffee and Hot Tea Service
- Professional and Friendly Staff Services

Friday All-You-Can Eat Fish Fry

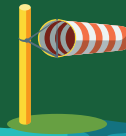
Seating's begin at 4:30pm

\$11.95 per person

Buffet Style (Lent Only) – March 3 – April 14

Made to Order – April 21 – October 27

Enjoy All-You-Can-Eat Corona-battered cod along with the house favorites of homemade chips and sides. Also available are weekly entrée and drink specials, New England clam chowder soup and tasty desserts! Classic menu items include Butterfly Shrimp and Pan Seared Tilapia.



Golf

Rob Roy Banquets

505 E. Camp McDonald Road
Prospect Heights, IL 60070
847.296.GOLF (4653)
www.robroygc.com



Perfect for...

- Weddings • Quinceañeras • Graduation Parties • Anniversary Parties • Family Reunions
- Showers • Holiday Parties • Bar/Bat Mitzvahs

Rob Roy Banquets offer guests a tranquil, delicious meal while providing exceptional style and class. Floor to ceiling windows overlook the lush fairways and a spacious deck offers beauty and functionality. Choose from a variety of room and food and beverage packages to meet your needs. Our highly experienced team is committed to excellence and will work with you to make your event a success! Full service bar available. Accommodates up to 160 guests for a banquet set up and 260 guests for a meeting set up.

Rental Packages:

Starting at just \$12.95 per person, All packages include:

- Four Hour Room Rental
- Choice of Black, White or Ivory Table Linens
- Unlimited Iced-tea and Lemonade
- Coffee and Hot Tea Service
- Professional and Friendly Staff Services

Business Meeting Special: Monday-Friday (until 4pm)

- | | |
|------------------|-------|
| Up to 50 guests | \$195 |
| - 51 – 99 guests | \$245 |
| - 100+ guests | \$295 |

Includes: Easels, overhead projector, screen, microphone, podium and WiFi



Room Rentals

Facilities may be rented for public or private gatherings. Please reserve at least 2 weeks prior to your rental date. No alcohol or smoking permitted. Kitchens are available at the Weiss Center Meeting Room, Burning Bush Center Large Room (A) and The Zone Glass Room. Use of kitchen included with rental. Tables and chairs available for use inside the building.

Weiss

Location	R	NR	Capacity
Meeting room	\$40	\$48	80
North Room	\$40	\$48	50
Dance Room	\$35	\$42	50
Full gym – 2hr min.	\$65	\$78	200
Half gym – 2hr min.	\$45	\$55	

Burning Bush Community Center

Location	R	NR	Capacity
Large (A) Room	\$40	\$48	90

The Zone

Location	R	NR	Capacity
Glass Room	\$40	\$48	50
NW Classroom	\$40	\$48	70
Turf (full field)	\$80	\$96	
Turf (half field)	\$45	\$54	
Turf (third field)	\$35	\$42	
Parkour (half) – 2hr. min.	\$55	\$66	
Parkour (full) – 2hr. min.	\$100	\$120	

For rentals 75+ patrons add \$10 per hour



Weiss Community Center

Marvin S. Weiss Community Center

Gymnasium – Perfect for any large sports event. Comfortably holds 100 up to 200. Contains 6 moveable basketball hoops or 2 volleyball courts.

Meeting Room – A great room for a family party, baby shower or team party. Kitchen attached.

North Room – Also perfect for a family party, baby shower or team party. No kitchen available.

Burning Bush Community Center

1313 Burning Bush Lane, Mount Prospect, IL 60056

The Large Room (A) – A cozy room ideal for a birthday party, meeting or bridal shower. Capacity 80-90 people depending on room set-up. Kitchen attached.

Parkour

Looking for some fun in a non-instructional setting? You may rent either or both the north or south side of the Parkour gym for your party. The south side includes warp, climbing and spider walls that are all 9 foot in height, obstacles and giant foam pit. The North side includes warp, climbing and spider walls of 12-14 feet in height and obstacles. General supervision of each area by staff is included in rental fee.

The Zone

550 Business Center Drive, Mount Prospect, IL 60056

Turf – Our turf field covers approximately 7000 square feet that can be used for youth soccer team practices, small sided games (3v3 – 6v6) for youth or adults, and other sport activities such as training, practice and or classes for lacrosse, baseball etc. The turf area can be split up differently based on activities.

- Full field (90 feet by 76 feet)
- Half Field (90 feet by 38 feet)
- 1/3 of a field (76 feet by 30 feet)

NW Classroom – This cozy room is ideal for parties, family gatherings or end of the season team parties and comfortably holds 70 people. This room is located near the turf and Parkour area and is a great option if you are looking to be physically active between food and drinks during your party while enjoying your family and friends.

The Glass Room – A unique glass block wall allows light and color making the Glass Room wonderful for a business luncheon, graduation party or family gathering. Comfortable for 50 people with ample space for food and/or present tables. Kitchen attached.

Facilities & Parks



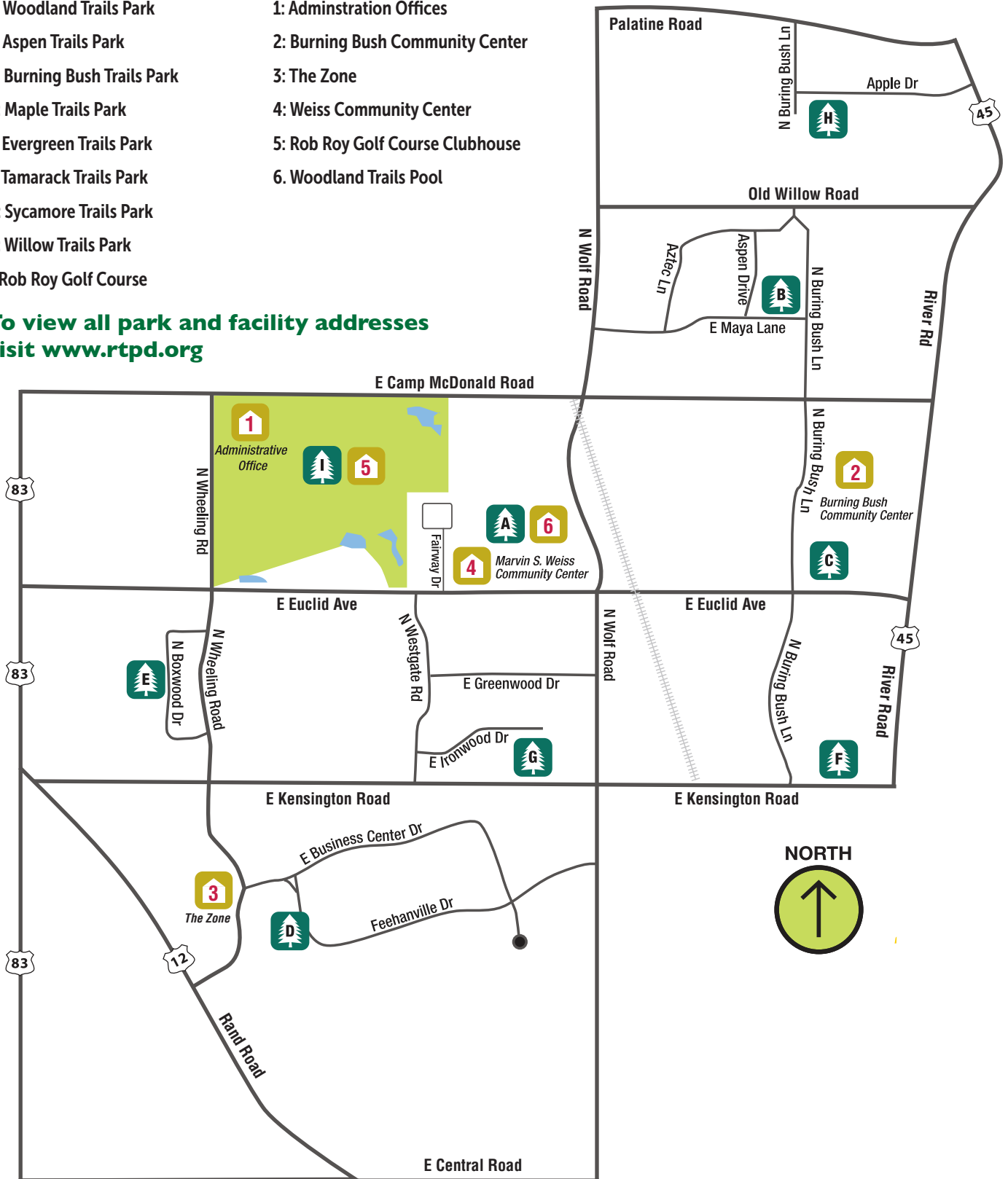
Parks

- A: Woodland Trails Park
- B: Aspen Trails Park
- C: Burning Bush Trails Park
- D: Maple Trails Park
- E: Evergreen Trails Park
- F: Tamarack Trails Park
- G: Sycamore Trails Park
- H: Willow Trails Park
- I: Rob Roy Golf Course

Facilities

- 1: Administration Offices
- 2: Burning Bush Community Center
- 3: The Zone
- 4: Weiss Community Center
- 5: Rob Roy Golf Course Clubhouse
- 6: Woodland Trails Pool

To view all park and facility addresses visit www.rtpd.org





Facilities & Parks

Marvin S. Weiss Community Center

1500 E. Euclid Ave.
Mount Prospect
847.255.1200

Office Hours (until April 24)

Monday.....8:30 am – 8:30 pm
Tuesday thru Thursday.....8:30 am – 9 pm
Friday.....8:30 am – 8:30 pm
Saturday.....9:00 am – 4:30 pm
Sunday.....1:30-4:30 pm

Administration Office
401 E. Camp McDonald Rd.
Prospect Heights
847.788.0551

Burning Bush Community Center
1313 Burning Bush Ln.
Mount Prospect
847.255.1200

The Zone
550 Business Center Drive
Mount Prospect
847.255.1200

Rob Roy Golf Course and 10th Hole Bar & Grill
505 E. Camp McDonald Rd.
Prospect Heights
847.296.GOLF

Woodland Trails Driving Range & Miniature Golf
1500 E. Euclid Ave.
Mount Prospect
847.296.GOLF

Woodland Trails Park Maintenance Garage
1500 E. Euclid Ave
Mount Prospect
847.394.0734

Woodland Trails Pool
1500 E. Euclid Ave
Mount Prospect
847.255.1200

PARKS	Woodland Trails	Aspen Trails	Burning Bush Trails	Maple Trails	Evergreen Trails	Tamarack Trails	Sycamore Trails	Willow Trails	Rob Roy Golf Course
Youth Playground	▲	▲	▲	▲	▲	▲	▲	▲	
Tot Playground	▲	▲	▲		▲	▲	▲	▲	
Tennis	Practice Walls	2	2			2	4 lighted	2	
Basketball	▲	▲	▲	▲		▲		▲	
Water Fountain	▲	▲	▲	▲	▲	▲	▲	▲	▲
Outdoor Volleyball	▲			▲			▲	▲	
Baseball/Softball	Lighted	▲	2			▲	▲	▲	
Shelter	▲		▲	▲			▲	▲	
BMX Bike Track								▲	
Walking/Cycling Paths	▲	▲	▲	▲			▲	▲	
Roller Hockey/Futsal			▲	▲				▲	
Outdoor Pool	▲								
Mini-Golf	▲								
Golf Driving Range	▲								
Soccer	▲	▲	▲			▲	▲	▲	
Community Center	▲		▲						Golf Clubhouse
Cheap Skates Park	▲								
Acres	46.7	5	10	2.3	.4	4.75	6.4	12	51
Hours	Dawn-10:30 p	Dawn-dusk	Dawn-10:30 p	Dawn-10:30 p	Dawn-dusk	Dawn-10:30 p	Dawn-10:30 p	Dawn-dusk	varies

General Information



Partner Resident Agreement

River Trails, Prospect Hts. and Mt. Prospect Park Districts have an agreement to bring more recreational services to our residents. Your property taxes will continue to support only the River Trails Park District, but you will be entitled to certain additional benefits at the "partner" park districts: Prospect Hts. and Mt. Prospect.

All programs and facilities, except for the golf courses, offered by our partner districts are available to you at resident rates. Residents will still be given first priority when registering for their favorite programs within their home park district.

To take advantage of this outstanding partnership, when registering for programs or purchasing a membership at our partner districts, present valid proof of your name and address with a valid driver's license or state ID.

To find out more about what our partner districts have to offer, please call, visit their website or stop by the Prospect Hts. Park District's Gary Morava Recreation Center or Mt. Prospect Park District's RecPlex or Central Community Center.

Volunteer Opportunities

The River Trails Park District utilizes volunteers in many areas and special events. Each season we post an updated listing of areas where volunteers needed to help in the success of programs. All prospective volunteers must complete and submit a volunteer application and waiver and release form. If you are selected to be a volunteer you will be required to complete a Criminal Background Check. For additional information on volunteering, please contact Patti Mitchell, Superintendent of Recreation, at 847.255.1200 or pmitchell@rtpd.org. We appreciate your help!

Northwest Special Recreation Association



Providing Recreation Services to Individuals with Special Needs NWSRA exists to provide outstanding opportunities through recreation for people with disabilities. The agency's team of full-time Therapeutic Recreation professionals and trained part-time staff offers safe, fun and quality year-round opportunities to individuals with disabilities of all ages and ability levels. Participants benefit through increased self-esteem, physical

and social skills development and improved fitness and health while experiencing challenges, making friends and having fun!

Inclusion assistance is provided by NWSRA to those individuals who wish to participate in their home park district programs. When registering, the parent of an individual with a disability should inform the park district (and NWSRA, if desired) of any accommodation needed in order for the individual to successfully participate in the program. The park district staff will then contact NWSRA for assistance with the accommodation.

For more information on NWSRA, brochures may be picked up at the Weiss Center or at the NWSRA office at Park Central, 3000 W. Central Road in Rolling Meadows. NWSRA may be contacted at 847.392.2848 (voice), 847.392.2855 (TTY) or 847.392.2870 (fax). Check out NWSRA at www.nwsra.org.

Our Commitment to Safety

River Trails Park District recognizes the importance of safety for our employees and participants. It is our goal to develop and carry out an ongoing program where the health and safety of everyone is the most important factor. All employees are directly involved in making safety a matter of continuing concern. With a cooperative spirit, we will be successful and benefit all members of our Park District Community. Adopted by the Board of Park Commissioners 2014

Americans with Disabilities Act

River Trails Park District supports and complies with the Americans with Disabilities Act. If you require assistance to participate in our programs, use our facilities or have any questions or concerns, please notify us upon registration to insure a smooth inclusion. We are an equal opportunity organization and shall continue to adhere to the doctrine of equality of opportunity and non-discrimination in all of our programs, services and employment.

Park & School Districts Work Together

To provide quality services, River Trails Park District and School District 26 have enjoyed a cooperative relationship for many years. We share facilities and/or programs in an effort to bring you the best. We'd like to express our appreciation for this continuing outstanding effort.

Equal Opportunity Employer

River Trails Park District is an equal opportunity employer. All qualified persons will be considered for employment without regard to race, creed, color, sex, national origin, sexual orientation or age.

An Illinois Distinguished Accredited Agency since 2000

The Illinois Assoc. of Park Districts and Illinois Park and Recreation Association Accreditation Program. The goal is to improve the delivery of recreation services through a voluntary comprehensive evaluation process. The desired result is to improve the quality of life for residents and to recognize the agencies which provide this quality service. This process makes sure we up to date with all legal and policy matters as well as increases operational efficiency and effectiveness.



Hearing Impaired Assistance

Please contact us through the Illinois Relay Center Voice: 1.800.526.0857. TTY: 1.800.526.0844

Photo Policy

Please be aware that staff may take photos of participants enrolled in Park District activities or people on Park District properties. These photos are for Park District use only and may be used for publications and/or the park district's website.

Financial Assistance – Scholarship Program

Our goal is to provide recreational opportunities for all district residents. We provide services to our residents facing financial hardship through reasonably priced and through the financial assistance/scholarship program. If you're a River Trails Park District resident facing financial hardship you can apply for assistance. Please fill out an application at the Weiss Community Center, 1500 E. Euclid Ave., Mt. Prospect. Scholarship assistance is made possible from funds raised through our RIVER TRAILS PARK and RECREATION FOUNDATION a 501(c)3 organization.

Code of Conduct

We rely on all participants to display appropriate behavior at all times.

Participants shall:

- Show respect to all participants, staff and spectators
- Refrain from using foul language
- Refrain from inflicting bodily harm upon other participants, staff and spectators
- Show respect for equipment, supplies and facilities

Additional guidelines may be developed as deemed necessary. River Trails Park District reserves the right to dismiss a participant or spectator for inappropriate conduct. Each situation will be evaluated on its own merit.

Staff Directory

847.255.1200

Administrative Staff

Bret Fahnstrom, CPRP Executive Director
 Steve Cummins Superintendent of Finance
 Michael Posch Information Technology Manager
 Christine Powles..... Communications and Marketing Manager
 Eileen Meyers..... Office Supervisor
 Moira Zale..... Administrative and Accounting Assistant

Recreation Staff

Patti Mitchell, CPRP..... Superintendent of Recreation
 Vance Violante, CPRP..... Recreation Manager
 Geralyn Konsewicz, CPRP..... Recreation Manager
 David Naydenoff, CPRP Recreation Supervisor
 Brad Wessel Recreation Supervisor
 Robin Conrad..... Recreation Supervisor
 Lizz Gutierrez Recreation Supervisor
 Mike Hoffman Recreation Supervisor

Park Staff

Tom Pope..... Superintendent of Parks
 Bob Nicioli Tradesman
 Tom Kearns..... Tradesman
 Erik Hosp Tradesman
 Mike Hanley..... Grounds Manager

Rob Roy Staff

Rich Zubek General Manager
 Steven Bychowski..... Superintendent of Golf
 Yessica Alonso Banquet Coordinator



Employee of the Season

Amanda Grossmayer has worked for the park district since 2011. She has been an integral part of the Aquatic team as shown in her achievements at the pool and her rapid progression into the Aquatic coordinator position this past summer. She received the 'Golden Guard' award in 2013, which is the highest award given to a lifeguard for excelling in all aspects of their lifeguarding responsibilities, including professionalism and technical skills. This award is only given to the top 1% worldwide, so Amanda is clearly one of the best lifeguards we have ever had. She was promoted to a pool manager and eventually to the aquatic coordinator. Her diligence in maintaining a fun and most importantly, a safe place to swim and visit. We are grateful to have Amanda be a part of the RTPD team!

Registration

Registration Dates

River Trails Residents Only

Monday, November 28 through Sunday, December 11

Open Registration

Monday, December 12 at 8:30 am



5 Ways to Register at RTPD



1. Online

ExpressReg is available at www.rtpd.org 24/7



2. Walk-In

Come to the Weiss Community Center, fill out a registration form and the front desk will help assist you with any questions.



3. Drop Box

If the front desk is closed, the drop box is located at the Weiss Community Center in front of the registration desk. Deposit the completed registration form and payment.



4. Fax

Fax your completed form and credit card payment to: **847.255.1285**



5. Mail-In

Mail your completed form and payment directly to:

**River Trails Park District
Weiss Community Center
1500 E. Euclid Ave.
Mount Prospect, IL 60056**

General Registration Information

1. Registration is processed at the Weiss Community Center
2. We accept cash, check, Visa, MasterCard or Discover Card. (\$20 minimum for credit cards)
3. WAIT LISTS are held for programs that fill. We will open additional classes IF POSSIBLE. If you pay by credit card and are placed on a waiting list, your account will not be charged for that program.
4. NON-RESIDENT FEE: There is a non-resident charge of approximately 20%, (not to exceed \$20), per class, per person. Partner residents receive resident rates. Please refer to the map to check your residency or call 847.255.1200.
5. We will contact you only if you have been placed on a waiting list.
6. River Trails Park District reserves the right to cancel any program for any reason.
7. Refunds: Please contact us BEFORE the start of a program if you need a refund. If the park district must cancel a program, a full refund will be made. Refunds will be issued within 2 – 4 weeks.

Nothing kills a class quicker than last minute registration!

By registering early, we can determine if there is enough interest to hold a class. If a class minimum is not met, the activity may be cancelled. We hate to cancel programs just as much as you hate to have a program cancelled! Please help us out by registering early.

Thank you!



River Trails Park District General Registration Form

1500 E. Euclid Ave., Mt. Prospect, IL 60056 • 847.255.1200 • fax: 847.255.1285 • www.rtpd.org

Date _____

Last Name _____ First Name _____

Address _____ City _____ Zip _____

Home Phone _____ Alternate Phone _____ E-mail _____

River Trails P.D. Res. Prospect Hts. P.D. Res. Mt. Prospect P.D. Res. Non-Resident

Program Name	Code #	Participant's Name	M/F	Birthdate	GRADE when Program Starts	Fee

I would like to make a donation to the River Trails Park & Recreation Foundation to help fund scholarships for those in need
 \$1 \$5 \$10 Other _____

CREDIT CARD PAYMENT Visa Mastercard Discover Card **PAYMENT** Check Cash **Total Enclosed \$** _____

Expiration Date _____ Charge Amount \$ _____ Card No. _____ - _____ - _____ - _____

Cardholder Name _____ Authorized Signature _____

We welcome individuals with disabilities. Please describe any accommodations needed for successful inclusion in the program (s).

WAIVER & RELEASE IMPORTANT INFORMATION The River Trails Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The River Trails Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for the listed programs/activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK Recreational activities/programs are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity/program. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activity, participants must understand that certain risks, dangers and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and all other circumstances inherent to indoor and outdoor recreational activities/programs exist. In this regard, it must be recognized that it is impossible for the River Trails Park District to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK Please read this form carefully and be aware that in signing up and participating in the listed programs/activities, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services/vehicle operation, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in the listed programs/activities, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the River Trails Park District, including its officials, agents, volunteers and employees (hereinafter collectively referred as "River Trails Park District").

I do hereby fully release and forever discharge the River Trails Park District from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with the listed programs/activities. I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering on-line or via fax, your on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.

All Participants Must Sign Waiver – If participant is under age 18, parent or guardian must sign for them. **Participation will be denied** if the signature of adult participant or parent/guardian & date are not on this waiver.

Signature _____	Print Name of Participant _____	Date _____
Signature _____	Print Name of Participant _____	Date _____
Signature _____	Print Name of Participant _____	Date _____

Park & Recreation Foundation, & Board of Commissioners



Parks Foundation Trustees

Teresa VanOpdorp, President
Patti Mitchell, Vice President
Jo Styler, Secretary
Bret Fahnstrom, Treasurer
Scott Breiler
Christine Powles

Our Mission

The Mission of the River Trails Park and Recreation Foundation is to secure and provide financial resources for recreational programs, parks and facilities that enhance the quality of life and promote a healthy well-being for residents of the River Trails Park District. A 501(c)3 not-for-profit.

Our Goal

The River Trails Park District strives to provide our participants with safe, fun and economical recreational opportunities. Through a variety of programs, events, facilities and open spaces, individuals and families can enhance their lives through our offerings.

The River Trails Park and Recreation Foundation was developed solely to assist the River Trails Park District through grants for scholarships for those facing financial hardship, specific projects, equipment, infrastructure, development and programming.

Leaders Wanted!

We are looking to expand our Foundation.

The River Trails Recreation and Park Foundation raises money to offset the cost of our scholarships we provide our residents. Volunteers and Board Trustees engage and participate in a few events and programs and fund raising opportunities.



Board of Commissioners

We invite you to learn more about your park district by attending the Board meetings at 7 p.m. on the first and third Thursday of each month. Meetings are held at the Administrative Office, 401 E. Camp McDonald Road, Prospect Heights. For more information, please call 847.788.0551.

Board of Commissioners (pictured at right)

Gail Dieterich

Edward W. Rechner, President

Lois B. Hauge

James L. Murphy, Vice President

Jack Cerniglia



Woodland Wonderland

Woodland Trails Outdoor Ice Rink

1500 E. Euclid Ave. Mount Prospect

Rink is free for all ages to enjoy ice skating and hockey. The Freeze Zone does have hockey boards placed around the entire rink. The ice rink requires three consecutive days of below 5 degrees to develop and additional three more days to establish fair skating conditions. The ice rink is located at Woodland Trails Park behind the Weiss Community Center.

Ice Rink Supervised Shelter and Hours

Monday– Friday: 4-8 pm

Saturday and Sunday: Noon to 9 pm

Holidays: Noon to 8 pm



Best
Sledding
in Town

Woodland Trails Sled Hill

North of Euclid Avenue on Wolf Road

Bring out the sleds and toboggans and get ready for a day filled with high speed adrenaline and enjoyable experience for all ages. The Woodland Trails Sled Hill is located on the east side of park. The Sled Hill is unsupervised and skis and snowboards are not permitted. Great place for a snowy day but parking lot off of Wolf Road maybe closed to due weather conditions. Additional parking is allowed at Grace Lutheran Church.

For Updates on our Ice Rink and Sled Hill please check our website at www.rtpd.org or our Activities Hotline at 847.255.2229. Updates are made after 3:30 pm on weekdays and 11 am on weekends/holidays. Children are to be accompanied by an adult and caution is encouraged for all patrons. For your safety on days of extreme cold, generally below 5 degrees, the rink will be closed.



River Trails Park District

Weiss Community Center
1500 E. Euclid Avenue
Mount Prospect, IL 60056
847.255.1200

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*** FREE EVENT ***

FREEZE FEST ZONE

**Friday, February 24
5 – 8 pm at The Zone**

Parkour Activities

Bounce Houses

Entertainment

Archery

Arts & Crafts Zone

Free Freeze Pops

Turf Games

Giveaways

Join us

at The Zone for a fun-filled
night of activities, games
and entertainment.

All ages welcome!

Concessions available for purchase