



RIVER TRAILS
PARK DISTRICT

Mount Prospect & Prospect Heights

SUMMER **2022**

Get out and play!

Visit rtpd.org for the most updated information.



RTPD.ORG

Closest to the Pin

FUNDRAISING EVENT

SEND A KID TO CAMP THIS SUMMER!

Friday, June 3 (rain date June 10)

5:30-7:30 pm

Woodland Trails Driving Range
1500 E Euclid Ave, Mount Prospect

Early Bird Rate: 5 balls for \$15, March 1-April 30

Regular Rate: 5 balls for \$20 or \$5 a ball

Beer & snacks available for purchase.

We will also have a Longest
Putt for \$2 a ball (pay at the
putting green).



Help Make Our Vision A Reality

River Trails Park & Recreation Foundation is currently seeking new members! If you have a passion for your community and our parks, want to help put together fun events to help people in your backyard continue to have great programs and scholarship programs, we would love to have you a part of our volunteer team. Contact Kate Erickson at kerickson@rtpd.org or 847-255-1200.



Parks Foundation Trustees

Mike Hertz, President

Patti Mitchell, Vice President

Tina Kozil, Secretary

Bret Fahnstrom, Treasurer

Scott Breiler

Kate Erickson

Bruce Barry

Our Mission

The mission of the River Trails Park and Recreation Foundation is to secure and provide financial resources for recreational programs, parks and facilities that enhance the quality of life and promote a healthy well-being for residents of the River Trails Park District, a 501(c)3 not-for-profit.

Our Goal

The River Trails Park District strives to provide our participants with safe, fun and economical recreational opportunities. Through a variety of programs, events, facilities and open spaces, individuals and families can enhance their lives through our offerings.

The River Trails Park and Recreation Foundation was developed solely to assist the River Trails Park District through grants for scholarships for those facing financial hardship, specific projects, equipment, infrastructure, development and programming.



Marvin Weiss Community Center

Office Hours - Beginning May 1

May 1 to September 1

Day	Open	Close
Monday	8:30 am	8 pm
Tuesday	8:30 am	8 pm
Wednesday	8:30 am	8 pm
Thursday	8:30 am	8 pm
Friday	9 am	8 pm
Saturday	9 am	2 pm
Sunday	Closed	

Closed: Memorial Day, July 4, Labor Day

Registration Dates

Resident: April 26

Open Registration: May 10

Starting at 8:30 am online at RTPD.org

For info on how to register, see page 68.

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Get out and play!



MISSION, VISION & VALUES

The Mission of the River Trails Park District is to enrich the lives of our diverse community.

Our Vision is to become the Recreational Choice in everything you do.

Values

SUSTAINABILITY: We dedicate ourselves to the stewardship of the district's physical, financial, personnel resources and the conservation of our environment.

SOCIAL EQUITY: We are committed to social justice, equity and creating a community of belonging.

ETHICAL: We ensure a high level of trust and respect within the community through integrity, reliability, honesty, accountability, and compassion.

INNOVATION: We develop new ideas for community health and wellness through fun, creative and critical thinking.

SERVICE ORIENTED: We provide a high level of service and safety in our parks, facilities, and programs

TEAMWORK: We strive to develop positive relationships and partnerships through collaboration with community stakeholders and organizations.

CONTINUED LEARNING: We recognize the importance for professional growth, continued learning, mentoring and empowerment for the agency's team.

River Trails Park District Board of Commissioners

We invite you to learn more about your park district by attending the Board meetings. Meetings are temporarily held at Rob Roy Golf Course, 505 E. Camp McDonald Rd. The community can attend virtually via Zoom link upon request. For more information, please call 847-255-1200.

President	Jennifer Rezek
Commissioner	Edward W. Richner
Commissioner	Nancy Parra
Commissioner	Leah Lussem
Commissioner	Robert Hoban, III

We are Ready to Serve Up a Great Summer!

As 2022 is underway and beautiful weather is just around the corner, the RTPD Team is looking forward to another outstanding summer with your family. Our amazing group has put together a vast program inventory for you and your family to check out. With updates to our summer camps, golf, pool and parks, there is something for everyone!

Our Woodland Trails Pool is set to open June 3rd after receiving a much needed new liner and gutter system. The Aquatics management team is in place and also hiring for additional summer lifeguards. If you are interested, please apply via the www.rtpd.org website.

For our golf community, we are thrilled to announce The Rob Roy Golf Course is once again under the management of our District! The course has undergone several repairs to bunkers on holes #1 and #2. Our team is excited to have you play a round of golf and check out our new fleet of golf carts!. In addition, we recently hired Open Kitchens to run the 10th Hole Grill and all food & beverage needs for our banquets and events. Open Kitchens has an excellent reputation working alongside Northbrook, Palatine, and Mount Prospect golf courses. 2022 is going to be a great golf year at Rob Roy. If you have not yet been to our Clubhouse, I encourage you to check out the 10th Hole Grill which is open daily for lunch.

The Zone and Parkour programs continue to rock all year around. This indoor sports facility offers classes and open gym as well as rental options and birthday party packages! We are currently making repairs to this facility to include a new roof and updates to the windows and façade, and we will continue to remain open during this time.

The updated Aspen Trails Park playground, tennis and basketball courts are now available for use and the official Ribbon Cutting Ceremony will be held in August or September of this year when the construction fence around the field is removed. We hope you enjoy the updated park and have also had a chance to check out the 2020 major redevelopment of the Burning Bush Trails Park.

The RTPD continues to work tirelessly to make our parks a beautiful resource for our communities. The District is patiently awaiting word from the Illinois Department of Natural Resources (IDNR) on the OSLAD Grant submittal for improvements to Willow Trails Park and in the meantime, we are working on developing a park master plan for renovations and improvements to the Tamarack Trails Park.

The River Trails Park District serves both the Prospect Heights and Mount Prospect communities. These are exciting times for all of us! Be sure to stay up to date on all our offerings and future fun events by following us on Instagram, TikTok and 'like us' on Facebook.



Bret Fahnstrom, CPRE, Executive Director

Birthday Parties

We offer a variety of parties for your child's birthday!

- Birthday parties are two hours long. An hour and a half of party activities and a half hour of party room usage.
- Party staff will set up before and clean up after the party.
- Party includes 15 guests. Each additional child over 15 is \$5 per person. Max 20 guests.
- All parties must be booked at least two weeks in advance.
- Stop by the Weiss Community Center to book your party. For availability call 847.255.1200.

* If inclement weather occurs during outdoor parties, date can be changed depending on availability or sport party format will be held.



Ultimate Sports Party

at Weiss Community Center

4 yrs & up - \$189

Make your child's birthday amazing with active fun in the gym with hula hoops, relay races, parachutes, and games! This party is semi-structured, with some organized games and activities mixed in with free play (amount of play depends on guests).

Turf Sports at The Zone

4 yrs & up - \$189

This party is all about sports and games on TURF! Choose from flag football, soccer, kickball, dodgeball, relay races, field hockey or wiffleball.

Parkour Party at The Zone

7 years and up - \$295

Up to 20 Guests / 30 Maximum

Similar to America Ninja Warrior, your child will swing into our giant foam pit, run up our warp wall, climb the rock wall —and don't forget about the obstacles to conquer!

Archery

at Woodland Trails Park*

9 yrs and up - \$189

Looking for a unique party that not many get the opportunity to try? Our party team will teach you and your friends the safe, proper way to shoot a bow and arrow. Your friends won't stop talking about this party! Party takes place outside at Weiss Community Center; if there is inclement weather party will be rescheduled.

ArrowTag at The Zone

9 yrs and up - \$205

Come to the turf fields at The Zone to play our new sport, ArrowTag! Similar to laser tag, ArrowTag uses bows and our foam-tipped arrows to play games like free-for-all, dodgeball, and capture the flag. Getting hit with an ArrowTag arrow feels similar to getting hit with a dodgeball. Masks, bows, and arrows will be provided.

Mini Golf

6 yrs & up - \$159

Challenge your family and friends for 18 holes of fun! See who can shoot the best score. Try shooting with the opposite swing or shoot the ball like you're playing pool! We will mix it up to make it more exciting. Inclement weather? Dates can be changed depending on availability or a sports party format can be held.

Splash Bash Birthday Party

4-6 yrs old

\$189R/\$209NR

Sundays: 10:30 am - 12:30 pm

Splash Bash pool parties are private parties in the splash pad and wading pool area held on Sundays from 10:30 am - 12:30 pm.



2022 Summer Camp *New* Registration Guideline

- **Session 1 start date is June 6**
- **Registration:**
 - Camp Registration has begun.
 - Please register your child by their grade as of Fall 2022.
- **There are two payment options to register for Camps, Before and After Camps (once you choose an option, it CAN NOT be changed).**
 1. **Pay in Full at the time of initial registration.**
 - You will pay the summer camp tuition in full upon registration
 2. **Enroll in AUTOMATIC BILLING:**
 - You must ENTER and SAVE a CREDIT CARD into the PAYMENT METHODS area of your online account. Automatic Billing is found under MY ACCOUNT\ PAYMENT METHODS.
 - You will be charged a 25% deposit at the initial registration.
 - Approximately 7-10 days prior to each camp session start date, your card will be charged automatically for the balance of the upcoming session.
- **Tag On payment is due at the time of registration.**
 - To register for Tag Ons, log in to your account and select the "Browse" button, then click on the "RTPD Brochure Programs" box. On the left side under "Program Groups", select "Camps" and then choose Tag Ons. The course(s) should appear on your right.
- **Late Registration is not guaranteed.** Late Registration is defined as two weeks before each session starts (for Session 1, it is Friday, May 20). After the deadline, we will notify you within two business days if we can place your child. Sorry, no friendship requests will be granted with late Registration.
- **Withdrawals** must be made two business days before the Camp Session starting date.
- **Transfers must be made by mid-week.** Request can only be accepted if there is room in the session you are requesting. The child must complete the full week of camp before transferring into the requested program.
- **Refunds.** Once a program starts, refunds will be prorated, and credits will be applied to your account. For questions, please call 847-255-1200.

Summer Camp
Registration is
Happening NOW!

Swim Lesson Academy

Children will be tested the first day and put into the appropriate skill level. Campers in swim lessons must wear their swim suit under their camp clothes. Please bring undergarments to change into after the lesson. Campers that are in Before Camp will be brought over to Woodland Trails Pool by RTPD Staff. Campers that are starting their camp day at swim lessons should be dropped off at the pool. Campers will be walked over to their camp group.

Available for those enrolled in Camp Pee Wee, Camp Fun, Camp Champs, Camp Adventure, Specialty Camps & Counselors-in-Training.

Session 1 | June 6-24

Swim Lessons	M-F	8-8:45 am	\$96R/\$116N
Swim Lessons	M, W, F	8-8:45 am	\$58R/\$70N

Session 2 | June 27-July 15 No class July 4

Swim Lessons	M-F	8-8:45 am	\$90R/\$108N
Swim Lessons	M, W, F	8-8:45 am	\$52R/\$63N

Session 3 | July 18-Aug 5

Swim Lessons	M-F	8-8:45 am	\$96R/\$116N
Swim Lessons	M, W, F	8-8:45 am	\$58R/\$70N



CAMPER HOT LUNCH

Camper Hot Lunch: Camper Hot Lunch- No time to prepare lunches for your camper? Sign up for our "hot lunch" option. Lunches are prepared at the concession stand by our trained staff who deliver lunch to your camper at lunchtime! Choose the lunch option any amount of days each week you wish. Order weekly or per session. Sample lunch: chicken nuggets, mini carrots, chocolate chip cooker, and juice. Order forms for hot lunches will be available at Weiss Center or on our website by May 1.



Before Camp Care

Available for those enrolled in Camp Pee Wee, Camp Fun, Camp Champs, Camp Adventure, Camp Finale, Counselor-in-Training, or Specialty Camps.

Grade: K-8

Location: Weiss Community Center (1500 E Euclid Ave, Mt Prospect, IL)

Session 1

Before Camp-3 day	M, W, F	7-8:30 am	June 6-June 24	\$62R/\$74N
Before Camp-5 day	M-F	7-8:30 am	June 6-June 24	\$104R/\$124N

Session 2 No class July 4

Before Camp-3 day	M, W, F	7-8:30 am	June 27-July 15	\$55R/\$66N
Before Camp-5 day	M-F	7-8:30 am	June 27-July 15	\$97R/\$116N

Session 3

Before Camp-3 day	M, W, F	7-8:30 am	July 18-Aug 5	\$62R/\$74N
Before Camp-5 day	M-F	7-8:30 am	July 18-Aug 5	\$104R/\$124N

Finale

Before Camp-5 day	M-F	7-8:30 am	Aug 8-Aug 12	\$35R/\$42N
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Camp Kiddie

What's summer without art, nature and new friends? Activities are based on a different theme each week. This fun and exciting program will assist your child in transitioning to fall preschool. Pull-ups are okay for 3 yr. olds.

Location: Preschool Room, Weiss Community Center (1500 E Euclid Ave, Mt Prospect, IL)

Camp Kiddie 3-4 Yrs - Tu, Th- 9:15-11:15 am

Session 1	June 7-June 23	\$88R/\$106N
Session 2	June 28-July 14	\$88R/\$106N
Session 3	July 19-Aug 4	\$88R/\$106N

Camp Kiddie 3-4 Yrs - M, W, F - 9:15-11:45 am

Session 1	June 6-June 24	\$166R/\$186N
Session 2	June 27-July 15	\$148R/\$168N No class July 4
Session 3	July 18-Aug 5	\$166R/\$186N

Finale 3-4 Yrs	M-Th	9:15-11:45 am
Aug 8-Aug 11	\$74R/\$89N	

See page 9 for Tag Ons

Camp Mini

Campers will have a fun time playing games, sports, making arts and crafts, and more. All activities will be outside weather permitting. One field trip each session. Includes one t-shirt for the summer. Camp Mini drop-off, pick up and Tag Ons all take place at Indian Grove School.

Grade: K-5

Location: Indian Grove School (1340 N Burning Bush Lane, Mt Prospect, IL)

Camp MINI

M, W, F 9 am-12 pm

Session 1	June 6-June 24	\$126R/\$146N
Session 2	June 27-July 15	\$112R/\$132N
Session 3	July 18-Aug 5	\$126R/\$146N

Camp MINI

M-F 9 am-12 pm

Session 1	June 6-June 24	\$210R/\$230N
Session 2	June 27-July 15	\$187R/\$207N
Session 3	July 18-Aug 5	\$210R/\$230N

See page 9 for Tag Ons

Full Day Camps

Camp Pee Wee

Camp Pee Wee is for children entering Kindergarten to 1st grade in the Fall 2022. Each group stays together during the day to play games, arts and crafts, and go on one field trip per session. Join us for fun in the sun!

Grade: Kindergarten-1st

Location: Grace Lutheran Church (1624 E Euclid Ave, Mt. Prospect, IL, 60056)

M, W, F 8:45 am-3:15 pm

Session 1	June 6-24	\$265R/\$285N	
Session 2	June 27-July 15	\$235R/\$255N	No camp July 4
Session 3	July 18-Aug 5	\$265R/\$285N	

M-F 8:45 am-3:15 pm

Session 1	June 6-24	\$440R/460N	
Session 2	June 27-July 15	\$410R/430N	No camp July 4
Session 3	July 18-Aug 5	\$440R/460N	

Camp Fun

Yep, this camp is all about FUN! Have a blast all summer with friends, playing games, sports, mini-golf, making arts and crafts, swimming, enjoying cookouts, special events, theme days and field trips. Children are divided into groups by grade/age. Includes one t-shirt for the summer, and one field trip per session. Bring a lunch and drink each day. Options include hot lunch, and Tag On classes for an extra fee.

Grade: 2-8

Location: Weiss Community Center (1500 E Euclid Ave, Mt. Prospect, IL)

Camp FUN

M, W, F 8:30 am-3 pm

Session 1	June 6-June 24	\$265R/\$285N	
Session 2	June 27-July 15	\$235R/\$255N	No camp July 4
Session 3	July 18-Aug 5	\$265R/\$285N	

Camp FUN

M-F 8:30 am-3 pm

Session 1	June 6-June 24	\$440R/\$460N	
Session 2	June 27-July 15	\$410R/\$430N	No camp July 4
Session 3	July 18-Aug 5	\$440R/\$460N	

Before Camp, After Camp, & Swim Lessons for Full Day campers will be walked over by RTPD staff to and from the Weiss Community Center and pool.

Camp Champ Sports

Camp Champs is a slam dunk choice for any young athlete who enjoys various sports and recreational games. Campers are taught fundamental sports skills and allowed to compete in various sports, such as soccer, basketball, wiffleball, volleyball, and more, while also enjoying other camp favorites like dodgeball, capture the flag, and kickball. Each session will conclude with a tournament challenge! Our counselors will teach teamwork and strategies, emphasizing sportsmanship and playing with character. We'll also swim, play miniature golf, games, have cookouts, and enjoy a field trip each session. Bring a lunch and a drink each day. Camp fee includes one camp t-shirt per summer. Options include hot lunch and various Tag On classes for an extra fee.

Grade: 4-8

Location: Weiss Community Center (1500 E Euclid Ave, Mt. Prospect, IL)

Camp Champ Sports

M, W, F 8:30 am-3 pm

Session 1	June 6-June 24	\$265R/\$285N	
Session 2	June 27-July 15	\$235R/\$255N	No camp July 4
Session 3	July 18-Aug 5	\$265R/\$285N	

Camp Champ Sports

M-F 8:30 am-3 pm

Session 1	June 6-June 24	\$440R/\$460N	
Session 2	June 27-July 15	\$410R/\$430N	No camp July 4
Session 3	July 18-Aug 5	\$440R/\$460N	



Counselors-In-Training (CIT)

Think your child got what it takes to be a Camp Counselor? Check out our Counselor-In-Training program. On Monday, your child will spend most of the day learning the ins and outs of becoming a counselor and the responsibility it takes to lead a group of children. They will be assigned a group on Wednesday and Friday within one of our camps. They will be responsible for helping the lead counselor organize the group, lead activities, and guide the campers as necessary. The Counselor-In-Training Supervisor will evaluate the CIT at the end of every session and even prepare them for a mock interview. **Add Camp Adventure to your summer fun to make it a complete summer!**

Ages: 6–8 grade

M, 8:30 am–3 pm **Location:** Burning Bush Community Center

W, F 8:30 am–3 pm **Location:** Woodland Trails Park

Session 1	June 6–June 24	\$167R/\$187N	
Session 2	June 27–July 15	\$149R/\$169N	No camp July 4
Session 3	July 18–Aug 5	\$167R/\$187N	

NEW! Pathfinder Camp

Do you have a future trailblazer on your hands? Join us in our Pathfinder Camp as we hike, track, and explore the outdoors! We will take trips to local forest preserves, nature trails, botanic gardens, and more. And learn foundational wilderness skills, such as nature awareness, wilderness and hazard safety, tracking basics, plant identification, and even wilderness survival fundamentals. Prepare to have fun, learn, and explore the natural world around us!

Campers can also participate in Before & After Camps, Swim Lessons and Tag Ons for an additional fee. [See page 4, 8, 9.](#)

Grade: 3–6

Location: Weiss Community Center (1500 E Euclid Ave, Mt Prospect, IL)

M, W, F 8:30 am–3 pm

Session 2	June 27–July 15	\$293R/\$313N	No camp July 4
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Camp Adventure

Campers are on the go all summer! We take a trip each day to water parks, amusement parks, restaurants and much more. Bring a sack lunch, water bottle, swimsuit, and backpack. Includes one t-shirt per summer, transportation and admissions. Add The Counselor-In-Training program on Monday, Wednesday, and Friday to make your summer complete!

Grade: 6–8

Location: Weiss Community Center (1500 E Euclid Ave, Mt Prospect, IL)

Camp Adventure

Tu, Th	8:30 am–3 pm	
Session 1	June 7–June 23	\$223R/\$243N
Session 2	June 28–July 14	\$223R/\$243N
Session 3	July 19–Aug 4	\$223R/\$243N

NEW! Thrive Girls Camp

Go, girls! Thrive Girls Camp brings young ladies together to discover new passions and learn valuable life skills in a supportive and encouraging environment. Girls are challenged to take healthy risks, respect one another, celebrate differences and form authentic friendships with peers! Whether taking field trips, playing games, swimming, or hearing from special guests, girls will learn and grow together to become healthy and confident individuals!

Campers can also participate in Before & After Camps, Swim Camp and Tag Ons for an additional fee.

[See page 4, 8, 9.](#)

Grade: 3–6

Location: Weiss Community Center
(1500 E Euclid Ave, Mt Prospect, IL)

M, W, F 8:30 am–3 pm

Session 3	July 18–Aug 5	\$293R/\$313N
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Camp Finale

Everyone loves a Finale! One last chance for your camper to enjoy the freedom of summer before it's time to hit the books. We'll go swimming, miniature golfing, have a cook-out plus a lot more! Campers should bring lunch and drink daily.

Grade: K–8

Location: Weiss Community Center
(1500 E Euclid Ave, Mt Prospect, IL)

M–F 8:30 am–3 pm

Finale	Aug 8–Aug 12	\$150R/\$170N
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Get out and play!

Camp Tag Ons

For campers of Camp Pee Wee, Camp Fun, Camp Champs, Specialty Camps & Camp Adventure!

The perfect addition to specialize your day camper's experience! "Tag On" any of these great programs to enhance your camper's day. Lessons will be separated into skill level.

Transportation will be provided to and from our Tag On programs for all participants enrolled in After Camp. For campers not enrolled in our After Camp, transportation will be provided to the Tag On location, but campers must be picked up at the Tag On location after class.

JOIN US!

You do not have to be in camp to participate in camp tag ons.

CAMP	DAYS	TIME	DATES	FEE
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Session 1: June 6 - June 24

Swimming Lessons	M-F	8-8:45 am	June 6-June 24	\$96R/\$116N
Swimming Lessons	M, W, F	8-8:45 am	June 6-June 24	\$58R/\$70N
Golf Lessons	M, W	3-4 pm	June 6-June 22	\$84R/\$100N
Young Chefs	M, W	3-4 pm	June 6-June 22	\$57R/\$68N
Basketball	Tu, Th	3-4:30 pm	June 7-June 23	\$60R/\$72N
After Camp Sports	Tu, Th	3-4:30 pm	June 7-June 23	\$60R/\$72N
Parkour	F	3-4:30 pm	June 10-June 24	\$65R/\$78N

Session 2: June 27 - July 8 - No class July 4

Swim Lessons	M-F	8-8:45 am	June 27-July 15	\$90R/\$108N
Swim Lessons	M, W, F	8-8:45 am	June 27-July 15	\$52R/\$63N
Golf Lessons	M, W	3-4 pm	June 27-July 13	\$70R/\$84N
Viral Dance	M, W	3-4 pm	June 27-July 13	\$55R/\$66N
Slime Time!	M, W	3-4 pm	June 27-July 13	\$48R/\$58N
Flag Football:	M, W	3-4:30 pm	June 27-July 13	\$60R/\$72N
After Camp Sports	Tu, Th	3-4:30 pm	June 28-July 14	\$60R/\$72N
Archery	W	3-4:30 pm	June 29-July 13	\$45R/\$54N
Parkour	F	3-4:30 pm	July 1-July 15	\$65R/\$78N

Session 3: July 11 - July 29

Swim Lessons	M-F	8-8:45 am	July 18-Aug 5	\$96R/\$116N
Swim Lessons	M, W, F	8-8:45 am	July 18-Aug 5	\$58R/\$70N
Golf Lessons	M, W	3-4 pm	July 18-Aug 3	\$84R/\$100N
Hip Hop Dance	M, W	3-4 pm	July 18-Aug 3	\$66R/\$79N
STEAM Team	M, W	3-4 pm	July 18-Aug 3	\$57R/\$68N
Net Sports	Tu, Th	3-4:30 pm	July 19-Aug 4	\$60R/\$72N
After Camp Sports	Tu, Th	3-4:30 pm	July 19-Aug 4	\$60R/\$72N
Parkour	F	3-4:30 pm	July 22-Aug 5	\$65R/\$78N



Rob Roy Junior Golf League

A fun and friendly recreational league where we stress learning and developing golf skills while playing with friends in a relaxed and fun atmosphere. The league's goal is to help in the development of golf skills that will last a lifetime. Pick who you would like to play with or let us pair you. Lunch and greens fees included. Transportation to and from Rob Golf Course for campers.

Location: Rob Roy Golf Course (505 E Camp McDonald Rd, Prospect Heights, IL)

Ages: 9yrs-16yrs

M 10 am-1 pm June 13-Aug 1 \$100R/\$120N **No camp July 4**

Camp Kiddie Tag Ons

Not ready to go home just yet? Spend a little more time with friends in our fun Camp Kiddie Tag Ons.

Kiddie Lunch

Does your camper love Camp Kiddie? This class will allow your little camper additional time to eat lunch and play with all of their new friends! Please pack your child with a lunch each day of class.

Location: Weiss Community Center (1500 E Euclid Ave, Mt Prospect, IL)

Age: 3-4yrs

Tu, Th	11:15 am-1:15 pm	
Session 1	June 7-June 23	\$88R/\$106N
Session 2	June 28-July 14	\$88R/\$106N
Session 3	July 19-Aug 4	\$88R/\$106N
Finale	Aug 9-Aug 11	\$30R/\$36N

Age: 3-4yrs

M, W	11:45 am-1:15 pm	
Session 1	June 6-June 22	\$67R/\$81N
Session 2	June 28-July 14	\$56R/\$68N No camp July 4
Session 3	July 18-Aug 3	\$67R/\$81N
Finale	Aug 8-Aug 10	\$23R/\$28N

Snack and Swim

Extend your camper's day with a swim lessons at Woodland Trails Pool! Snack will be provided prior to the lesson. Please send your camper to Camp Kiddie dressed in their swim attire underneath their camp clothes. Teacher will walk camper to pool. Parents pick-up is at pool.

Location: Weiss Community Center Pool

Age: 3-4yrs

Tu, Th	11:15 am-12 pm	
Session 1	June 7-June 23	\$55R/\$66N
Session 2	June 28-July 14	\$55R/\$66N
Session 3	July 19-Aug 4	\$55R/\$66N

Age: 3-4yrs

M, W	11:45 am-12:30 pm	
Session 1	June 6-June 22	\$55R/\$66N
Session 2	June 28-July 14	\$46R/\$56N No camp July 4
Session 3	July 18-Aug 3	\$55R/\$66N

Camp Mini Tag Ons

Tag On any of these great programs to enhance your camper's day.

Grade: K-5

Location: Indian Grove School (1340 N Burning Bush Lane, Mt Prospect, IL)

SESSION 1: Small Fries Cooking Class

This Tag On is the perfect for campers wanting to sharpen their culinary skills. Budding chefs will learn fundamental kitchen skills, working safely in the kitchen, and exploring new foods, while following recipes geared for their age group.

M, W 12:15-1:15 pm June 6-June 22 \$57R/\$68N

SESSION 2: Slime Time!

Yep... it's time for slime. Come make a mess with us as we explore the gooey science of slime!

M, W 12:15-1:15 pm June 28-July 15 \$48R/\$57N **No camp July 4**

SESSION 3: Steam Team

Calling all Mad Scientists! Come have some fun in this Tag On as we experiment and get our hands dirty in the weird, wacky world of science!

M, W 12:15-1:15 pm July 18-Aug 3 \$57R/\$68N

Aftercare

After camp available for those enrolled in Camp Pee Wee, Camp Fun, Camp Champs, Camp Adventure, Camp Finale and Counselor-in-Training.

Location: Weiss Community Center (1500 E Euclid Ave, Mt Prospect, IL)

Grade: K-8

M, W, F	3-6 pm	
Session 1	June 6-June 24	\$125R/\$145N
Session 2	June 28-July 14	\$110R/\$130N No camp July 4
Session 3	July 18-Aug 5	\$125R/\$145N

M-F	3-6 pm	
Session 1	June 6-June 24	\$208R/\$228N
Session 2	June 28-July 14	\$185R/\$205N No camp July 4
Session 3	July 18-Aug 5	\$208R/\$228N

Finale

M-F	3-6 pm	
Aug 8-Aug 12		\$69R/\$83N



AQUATICS

Woodland Trails Pool ■ 1500 E. Euclid Ave. | Mount Prospect | Pool Hotline: 847.824.1851

Pool Season

Pool Opens Friday June 3 at Noon

Regular Season: June 3 – Aug 10

Post-season: Aug 11 – Sept 4 (weekends only)

Last Day of Pool: Labor Day, Sept 5

Amenities

- Drop slide
- Two splash pad areas
- Zero-depth tot pool
- 50 Meter Leisure pool
- Two lap swim lanes
- Shaded deck area
- Family locker room
- Concession stand
- Stroller Parking

NEW! Open Swim Hours

Monday–Friday Noon–5pm & 6:30–9pm*

Saturday & Sunday 11am–7pm

*Friday nights subject to change based on pool theme nights and private rentals.

Open Swim Daily Rates

Monday–Friday, Afternoon \$7

Monday–Friday, Evening \$5

Saturday & Sunday \$8

Parent Child Open Swim

Children 3 yrs. & Under FREE

Monday, Wednesday, Friday 10 am–12 pm

Zero-depth tot pool only \$4 per person
or pool pass

Lap Swim

Dates: June 4 – August 10

Monday–Friday 7–8 am \$3 or pool pass

Saturday & Sunday 8–9 am \$3 or pool pass

Interested in renting out the pool for your group outing? Check out our rental options on page 16.

Get out and play!

Summer Pool Passes

- All pool passes holders must have a RTPD account set up. If you already had a pool pass, you may automatically renew it online
- You may use your previously printed pool pass or if you need your card reprinted come into the Weiss Center to receive a new one.
- To create a new account please follow instructions on page 64. A NEW pool pass photo must be taken at the Weiss Center
- IF YOU ARE A RESIDENT YOU MUST HAVE YOUR ACCOUNT VERIFIED AT WEISS COMMUNITY CENTER PRIOR TO PURCHASING YOUR POOL PASSES TO RECEIVE RESIDENTS RATES.

Early Bird Season Rate (Tuesday, April 5 – Monday, May 16)

Resident/Partner Residents\$51 per person
Non-Resident.....\$62 per person
Children 3 years and under.....Free

Regular Season Rate Starting May 17

Resident/Partner Residents\$56 per person
Non-Resident.....\$67 per person
Children 3 years and under.....Free

• Children 4 years and older as of June 11 must purchase a pool pass

• Regular Season Rate Pool passes need to be updated from June 11 to June 3.

Pool Punch Card

For 2022, we offer a 10 Pool Punch Card for \$65. Pool punches can be purchased by anybody. A punch is per person per visit, (example a family of four=4 punches; your best friend and you=2 punches). Punch cards are non-refundable and non-replaceable. Punch cards can only be used in the season that they are purchased. RTPD is not responsible for lost or stolen Pool Passes or **Punch Cards**.

Early Closings

The pool will close early for home swim meets and some rentals. These hours will be posted at the pool throughout the season. The pool will close when the temperature is 68 degrees or lower and/or less than 20 people in attendance.

Aquatics Special Events

Friday Theme Nights

June 10- '80s Night

June 17- Disney

6:30-9 pm

Free for pool pass holders

\$5 non-pass holders

Enjoy a themed evening at Woodland Trails Pool with special music, activities, and surprises!



Pool Party with the Police

Friday, July 29,

6:30-9 pm

Free Event

Join the Mount Prospect Police Department and River Trails Park District for a night of music, pool games, food giveaways, and much more!

All ages welcome!



Christmas in July

Friday, July 8,

6:30-9 pm

Free for pool pass holders

\$5 non-pass holders.

Santa will be visiting the Woodland Trails Pool this July! Join us for decorations, reindeer games, holiday treats, and more!

All ages welcome!



Underwater Treasure Hunt

Friday, August 5,

6:30-9 pm

\$8 per person

THE HUNT IS ON! Grab your goggles and get ready to drive and hunt. Neat treasures and tokens will be placed at the bottom of the pool to be claimed. Return your tokens for prizes and enjoy a night swim at Woodland Trails Pool. **Pre-registration is required.** Ages 7-12 to welcome.

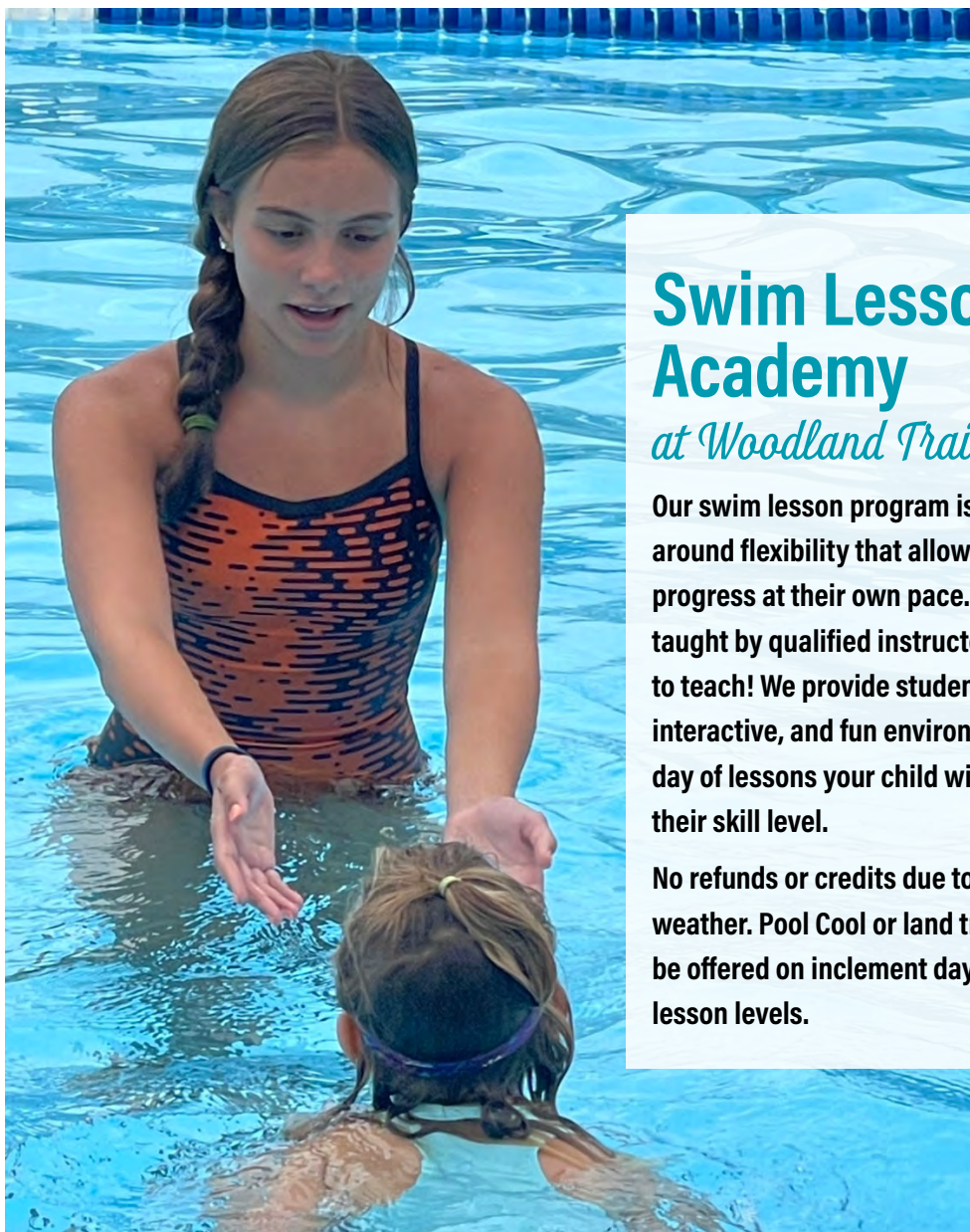


Pool Pass Appreciation

Sunday, August 7 - 10-11 am

As a big thank you to all of our pool pass holders, this morning's early entry is just for you! From 10-11 am, the pool will only be open for pass holders. To show our appreciation, we'll bring out an inflatable and have a blast!





Swim Lesson Academy

at Woodland Trails Pool

Our swim lesson program is designed around flexibility that allows each child to progress at their own pace. Lessons are taught by qualified instructors who love to teach! We provide students with a safe, interactive, and fun environment. The first day of lessons your child will be tested on their skill level.

No refunds or credits due to inclement weather. Pool Cool or land training will be offered on inclement days for all swim lesson levels.

Parent Tot Swim Lessons

Ages: 6 Months-3yrs

- Explore pool and water
- Basic swimming skills
- Water safety
- Become comfortable in water
- Adult companion does not need to know how to swim

Tuesday & Thursday Classes

9:45-10:15 am	June 7-23	\$37R/\$45N
	June 28-July 14	\$37R/\$45N
	July 19-Aug 4	\$37R/\$45N
10:45-11:15 am	June 7-23	\$37R/\$45N
	June 28-July 14	\$36R/\$44N
	July 19-Aug 4	\$37R/\$45N

Saturday Classes

10-10:30 am	June 11-July 2	\$25R/\$30N
	July 9-July 30	\$25R/\$30N

Preschool

Ages: 3-5yrs

- Water adjustment
- Blowing bubbles
- Bobbing
- Front/back float
- Explore leg movements

Monday-Friday Classes

9:15-10am	June 6-24	\$135R/\$155N
No class July 4	June 27-July 15	\$126R/\$146N
	July 18-Aug 5	\$135R/\$155N
10:15-11am	June 6-24	\$135R/\$155N
No class July 4	June 27-July 15	\$126R/\$146N
	July 18-Aug 5	\$135R/\$155N

Saturday Classes

9:10-9:55 am	June 11- July 2	\$36R/\$44N
	July 9-July 30	\$36R/\$44N
10:05-10:50 am	June 11-July 2	\$36R/\$44N
	July 9-July 30	\$36R/\$44N

Swim Lesson Academy - Levels 1 - 6

Not sure which level to select? Don't worry, we will test each child the first day for proper skill level.

Level 1

- Submerge mouth, nose, & ears
- Front & back floats
- Front & back glides
- Arm motions for front/back crawl
- Kicking

Level 2

- Holding breath underwater
- Open eyes under water to retrieve objects
- Treading
- Sculling/finning
- Roll over front to back and reverse

Level 3

- Front crawl
- Elementary backstroke
- Jump into water
- Introductory dives
- Maintain position by treading/ floating

Level 4

- Sidestroke
- Breaststroke
- Butterfly
- Open turns
- Feet first entry

Level 5

- Shallow diving to deep water
- Stroke refinement
- Tuck/Pike surface dive
- Flip turns

Level 6

- Increase endurance of all skills
- Retrieve object from bottom of diving well
- Refine dives, turns, and flip turns
- Swim within lane lines

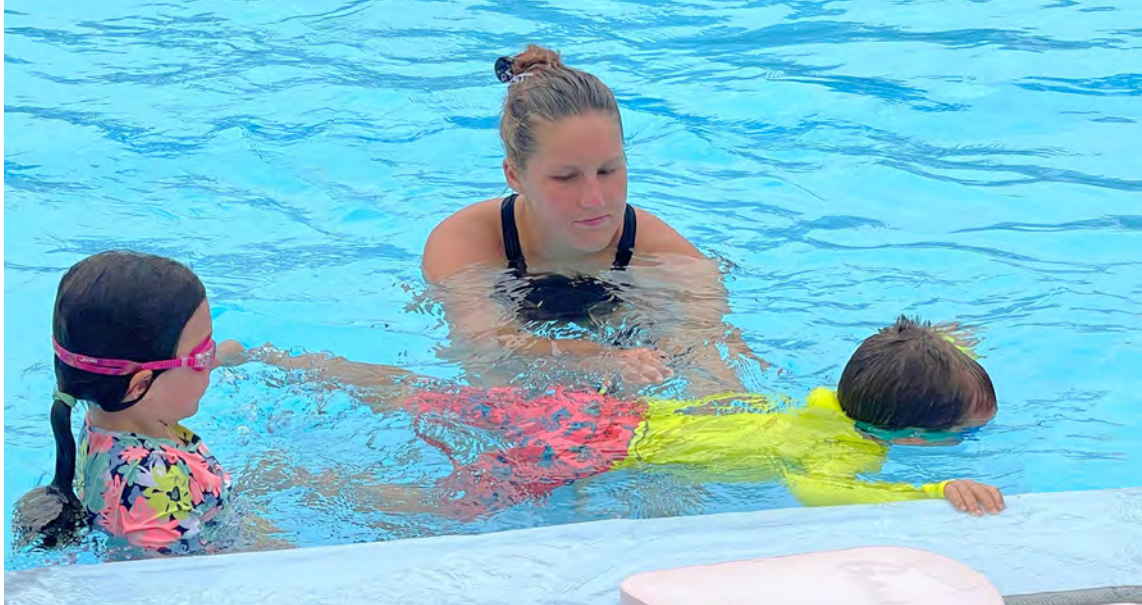
Ages: 5 yrs & older

Monday-Friday Classes

9-9:45 am	June 6-24	\$96R/\$116N
No class July 4	Jun 27-July 15	\$90R/\$108N
	July 18-Aug 5	\$96R/\$116N
10-10:45 am	June 6-24	\$96R/\$116N
No class July 4	June 27-July 15	\$90R/\$108N
	July 18-Aug 5	\$96R/\$116N
5:15-6 pm	Aug 1-Aug 10	\$52R/\$63N

Saturday Classes

9-9:45 am	June 11-July 2	\$27R/\$33N
	July 9-July 30	\$27R/\$33N
9:55-10:40 am	June 11-July 2	\$27R/\$33N
	July 9-July 30	\$27R/\$33N



Private Swim Lessons

Have a hectic schedule but still want your child to learn everything from basic survival skills to proper stroke development and improvement? Arrange their 30 minute lessons around your schedule & have one-on-one instruction. You'll be contacted to schedule lessons. Please fill out the scheduling form available at the Weiss Center office. "5-Pack" includes five 30 minute, private lessons tailored to your schedule.

No class July 4.

Single Lesson: \$30R/\$36N

5-Pack: \$125R/\$145N

Age: All Ages

Location: Woodland Trails Pool

Private Swim Lessons - Weekly

Learn everything from basic survival skills to proper stroke development and improvement. Your swimmer will have one-on-one instruction. This registration includes five 30 minute, private swim lessons during the designated weekly session you have registered for. No class July 4.

Ages: All Ages

Location: Woodland Trails Pool

Weekly Lessons

M-F	7:15-7:45am or 11:00-11:30am
June 13-June 17	\$125R/\$145N
June 20-June 24	\$125R/\$145N
June 27-July 1	\$125R/\$145N
July 5-July 8	\$100R/\$120N
July 11-July 15	\$125R/\$145N
July 18-July 22	\$125R/\$145N
July 25-July 29	\$125R/\$145N

Semi-Private Swim Lessons

Looking for a smaller group lesson? These lessons have a 1:3 ratio and are tailored to meet your personal needs. Students are split up according to skill level on the 1st day of class. Friend requests are honored as long as friends have comparable abilities.

Age: 3-12

Location: Woodland Trails Pool

M-F	11:00-11:30 am
June 6-June 10	\$60R/\$72N
June 13-June 17	\$60R/\$72N
June 20-June 24	\$60R/\$72N
June 27-July 1	\$60R/\$72N
July 5-July 8	\$48R/\$58N
July 11-July 15	\$60R/\$72N
July 18-July 22	\$60R/\$72N
July 25-July 29	\$60R/\$72N



Jr. Swim Lesson Instructor Program

Learn how to teach swim lessons now and be an excellent instructor. Learn age specific teaching skills and work with our instructors during lessons. Times may vary depending on the number of students enrolled. **Monday-Friday you could be scheduled between the hours of 8-11:15am and on Saturdays 9-10:30am.** You will be required to attend 2 training sessions, dates TBA. A season pool pass will be given once training is completed.

Age: 11-13

Location: Woodland Trails Pool

June 6-Aug 5 \$40R/\$48N



Gator Swim Team

It's Gator Time...RTPD Gator's Swim Team offers a wonderful recreation-based experience for your children. Sign up accordingly to gender and age as of June 8, 2022. Practices are Monday through Friday 5:15-6:15 pm.

A parent info meeting will be held the 1st night after practice on June 6 at the pool.

The conference meet is July 27.

Season: June 6-July 29

Registration Open

\$140R/\$160N

Boys & Girls Age Groups

Age: 5-8yrs

Age: 9-10yrs

Age: 11-12yrs

Age: 13-14yrs

Age: 15-17yrs

See website
for required skills for
each age group at
www.rtpd.org

Pool Rentals

Make your next gathering a splash at the Woodland Trails Pool! Great for birthdays, schools, family parties, special occasions, corporate team building and customer outings. Water basketball and volleyball included per request. Make your occasion extra special by adding the water inflatable or concession stand for an additional cost.

- Additional fees apply for groups over 100 guests.
- Friday, Saturday & Sundays: 7:15-9:30pm
- Friday Rental Dates include June 24, July 1, July 15, July 22
- \$275R/\$295NR

Fill out a rental application or call The Weiss Community Center for availability 847-255-1200.

Group Outings

During general pool hours, groups with 20 or more can receive a discount. Book your rental or group outing at the Weiss Community Center. Call 847-255-1200 for availability.



Splash Bash Birthday Party

Splash Bash pool parties are private parties in the splash pad and wading pool area held on Sundays from 10:30am-12:30pm for children 4-6 years old.

Ages: 4-6 yrs

Sundays: 10:30 am-12:30 pm

\$189R/\$209NR

Woodland Trails Pool Aqua Fitness Schedule - June 6–August 14 - 10 Weeks

Mon	Tues.	Wed	Thurs	Fri	Sat	Sun
6-7am Deep Water Karen		6-7am Deep Water Karen	9:15-10:05am Aqua Yoga Penny	6-7am Deep Water Karen	8:30-9:30am Deep Water Karen	8:30-9:30am Deep Water Karen
10:45-11:45am Aqua Motion Joyce	10:45-11:45am Aqua Cardio Combo Karen	10:45-11:45am Aqua Motion Joyce	10:45-11:45am Aqua Cardio Combo Karen	10:45-11:45am Deep/ Shallow Joyce/Karen	9:45-10:45am Aqua Cardio Combo Karen	9:45-10:45am Deep Water Karen

Aqua Punch Cards

Punch Card Type	Drop In	5 Punches	15 Punches	30 Punches	Unlimited
Aqua	\$8R/\$10N	\$33R/\$39N	\$83R/\$99N	\$165R/\$185N	\$205R/\$225N

Aqua Motion

A shallow water exercise class includes a mix of stretching, balance, cardio moves, and much more. Participants do not need to know how to swim.

Aqua Cardio Combo

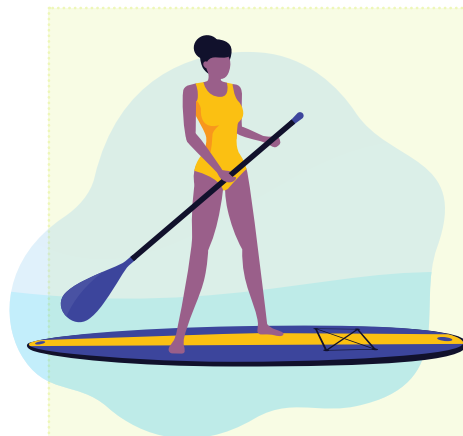
Aqua Cardio Combo is a challenging low-impact class held in the shallow portion of the pool. The class consists of a warmup and moves on to intervals designed to elevate the heart rate and recover from cardiovascular conditioning. The class concludes by using water weights and pool noodles for muscle toning, strength, and flexibility. Equipment is provided.

Deep Water

Deep Water classes are no impact classes held in the dive well of the pool. (Note for participants uncomfortable in the well, shallow lanes can be used for the Friday deep/shallow 10:45 am classes.) Flotation devices are recommended, the choice of a water horse or a fat noodle is provided. Pool noodles and water weights are also utilized for muscle toning, strength, and flexibility. Improving core strength and balance are stressed as well as cardiovascular conditioning.

Aqua Yoga

Aqua Yoga is a gentle, low-impact class that utilizes modified movements and principles of yoga to accommodate people of all fitness levels. This class will focus on balance and strength using traditional yoga poses in the water. Depending on your comfort level, you can do it with or without equipment.



Paddle Board Yoga SUP

Join us as we flow on our boards and learn what it means to “salute the sun” at Woodland Trails Pool. This class takes place in the water using paddle boards for yoga. Take your practice to a different level as we learn more about our bodies, mind, and spirit by connecting more deeply to your practice. You’ll feel your body change and your practice improve as we significantly play with our balance on the boards. While a bit of yoga experience would be helpful, everyone is welcome! (Equipment included). Please make sure to wear your bathing suits.

Ages: 14 years and older

Location: Woodland Trails Pool

Times/ Dates: TBD more information to come

\$35/\$40 per class



EARLY CHILDHOOD



Trail Blazers

Preschool Philosophy

Our Trail Blazers program is a developmentally appropriate program designed to help **children grow** and **learn** in a stimulating and **nurturing environment**. We look at the 'whole child' including intellectual, social, emotional, physical and **creative growth**. Children develop differently in each space so the curriculum is carefully planned to include activities that help each child learn and grow in all areas. Children will be introduced to the basic **academic** and **social skills** of preschool and will be encouraged to **develop problem-solving skills**, self-confidence and **creativity**. Activities will include math, science, language skills, art, motor movement, music and dramatic play. All areas of each child's growth are important and we provide opportunities for intellectual, social, physical and creative growth. Activities are presented in individual, group, structured and unstructured settings and **Jolly Phonics** curriculum is used for kindergarten readiness. Our goal is for each child to develop a **love of learning**, tools to continue to learn and a **positive image** of himself or herself.

Trail Blazers Preschool 2022-2023 School Year

Registration is ongoing please call for availability.

Forms are available online and at the Weiss Community Center. A registration fee of \$25 is due at the time of registration. Monthly payments are available. Please call Katie Halverson at 847-255-1200 or email khalverson@rtpd.org for additional information.

Trail Blazers Preschool 2022/2023 School Year

Registration is Open!

Tiny Tykes

Age: 3 yrs and up by Feb, 1 2023

Location: Burning Bush Community Center

Instructor: Sally Duray

M & F 9:30-11am

Sep 9-May 22

\$98R/\$101N per month

\$784R/\$800N school year

Junior Trail Blazers Preschool

Age: 3 yrs

Instructor: Tina Kozil

Tu & Th 9-11am

Sep 6-May 23

\$129R/\$132N per month

\$1032R/\$1048N school year

Senior Trail Blazers Preschool

Age: 4 yrs

Instructor: Tina Kozil

M, W, F 9-11:30am

Sep 7-May 26

\$223R/\$226N per month

\$1784R/\$1800N year

Junior & Senior Trail Blazers Combination

Age: 3 - 4 yrs

Instructor: Tina Kozil

M, W, Th 12:30-3pm

Sep 7-May 25

\$223R/\$226N per month

\$1784R/\$1800N school year



All are Welcome!

Trail Blazers Preschool Open House

Tuesday, August 9 | 6-7pm

Location: Weiss Community Center



Parent / Tot Classes

Science is Fun

Little ones will be amazed while learning the wonders of nature! We'll do hands-on experiments learning about mixing colors, floating an egg, making your own lava lamp and making a paper clip float...just to name a few. Come out & discover! Dress in play clothes.

Age: 3-5

Location: Weiss Community Center

Th 6-6:45 pm

June 9-June 30 \$30R/\$36N

Little Yogis-Parent & Tot Yoga

This class is for the younger yogis and allows children to explore yoga through mindful breathing, playful poses, music, games, and short relaxation. Our Little Yogi classes encourage kids to be confident, caring, and compassionate individuals.

Location: Weiss Community Center Dance Room

Ages: 2.5-4.5yrs with adult

W 11:25 am-12:10 pm

June 9-July 7 \$69/\$83
(One fee for both parent & child)

Check out

Camp Kiddie..... 5

Dance for Preschool Ages ...29

Swim Lessons 14

Early Childhood Athletics 31-36



YOUTH

Kid Squad

Before & After School Care 2022-2023

Registration begins August 2

Kid Squad is a cooperative program between the River Trails Park District, School District #26, and Robert Frost Elementary. This program is available for parents who need Before and/or After School Care for their children in Kindergarten through 5th grades. This program meets at Euclid, Indian Grove, and Frost Elementary Schools. Online registration and parent manual are available at the Weiss Center or online at www.rtpd.org. \$30 family fee is due at the time of initial registration.

Never registered online?

Please see page 68 on setting up an online account. After logging into online registration, click on "Browse Activities", then select the "Kid Squad" button. Continue to follow the onscreen prompts to finalize and confirm registration.

New Registrations Guidelines!

- Registration will be open on Monday, August 2
- Registration is taken on a weekly basis during the school year online.
- Please sign up for the upcoming week by Sunday at 10:30 pm.
- To request late registration, you must email our Kid Squad Email at kslatereg@rtpd.org. There is a mandatory 48-hour wait time for approval while we ensure space, staffing, and resources. Late registration will incur a \$10 late fee per child.
- 48 hour notice will be required to have your child registered for that week, along with a \$10 processing fee.
- Registration requires a one-time registration fee of \$30 per family.

Indian Grove/Euclid/Prairie Trails (District 26)

Before School Care.....7-8:30 am
After School Care.....3:40-6 pm
Thursday Before School Care.....7-9:20 am

Frost Elementary (District 21)

Before School Care.....7-8:40 am
After School Care.....3:30-6 pm

Special Interest Programs

Young Magicians

Join us for a fun night of magic and mystery! Magic tricks will be taught that include cards, coins, ropes, and much more! You will discover that the tricks are quick to learn and easy to perform. All materials are provided on-site. Each child will receive a magic kit to take home at the end of class. Participants are grouped by age and learn age-appropriate tricks. New tricks are taught at each session, so sign up again and again.

Contracted by the Magic of Gary Kantor

Location: Arlington Heights Park District

Tu 5-5:55 pm

July 12 \$25R/\$30N

Smart Start Art

Explore your artistic side with the Smart Art Program from Afterschool Enrichment Solutions. Discover your creativity and imagination as an artist, develop fine-motor skills, style, and vision as we explore different art techniques through various inspiring projects and play fun, exciting games. Sketch and draw, shade and color, cut, glue, fold...Create! No experience is necessary.

Grade: K-4

Location: The Zone

M-Th 3:30-5 pm

June 27-June 30 \$112R/\$132N

Music Start

Learn to read music and play tunes! This fun program teaches young students the beginnings of music! Using specialized, proprietary MusicStart keyboards, students learn to play familiar tunes in a group setting by color, letter, and note matching while using problem-solving strategies—without sacrificing any important musical knowledge—we are not taking shortcuts to play and reading music. Prepare your student to take any instrument by giving them a solid musical foundation with this exciting program!

Grade: K-4

Location: The Zone

M 3:30-4:30 pm

July 18-Aug 8 \$95R/\$113N

Children's Theatre

Grade: K-6

Location: Burning Bush Community Center

M-F 3:30-5 pm

July 18-Jul 22 \$28R/\$34N per day

Monday, July 18

Improve Olympics: We will compete in a series of improv games that are sure to keep the campers on their toes! Everyone will work on an original skit that will be performed at the end of the day. Costumes will help to bring the skit and the campers imagination to life!

Tuesday, July 19

The Voice: Do you want to be a contender? Each camper will have the chance to be a contestant. They will choose from songs to perform, learn choreography, and create skits. The rest of the group will be judges. Watch out for top competition – all just for fun!

Wednesday, July 20

Starstruck: The camp group will get to choose a theme for the day (rockstar, princess, superhero, etc...). Create an original mini musical and explore the world of play by cultivating curiosity through theatre. Of course props and costumes will help make the show extra special!

Thursday, July 21

Hip Hop Party: Come learn new dance moves in a fun, high-energy setting taged appropriate music. There will be a chance to work on improv skills as the group creates and learns new moves. See you on the dance floor!

Friday, July 22

Lights, Camera, Action: The campers will learn audition techniques, character creation, and write their very own commercial. The commercial will be filmed to learn the different kinds of camera shots used for commercials. Come build your on-camera confidence!

STEM & Computer Explorer Classes

Minecraft Madness

Explore the world of Minecraft, one of the most popular video games in history. Let your imagination transform your Minecraft experience into a unique world YOU create! Students will discover how to expand their world possibilities using popular game-enhancing mods. Build traps, arrow launchers, faster rail systems, and participate in building challenges! Learn fundamentals of computer networking through this unique Minecraft experience that allows you and your friends to work in multiplayer mode as you mine, craft, and build together.

Age: 7-12

Location: Non-District Facilities

M-Th 10-11:30 am

June 13-June 16 \$112R/\$132N

Game Exploration Week

Step into a week for STEM (Science, Technology, Engineering, Math) fun! Enjoy video game-based learning with game-making tools. Using a visual programming language, kids will learn about creativity, problem-solving, and strategies to make your own games. Stretch your imagination to design and build fun-filled, challenging games.

Age: 8-12

Location: The Zone

M-Th 3-4:30 pm

July 18-July 21 \$112R/\$132N

Yoga Classes

Youth Yoga Vibe

Youth Yoga Vibe offers a unique possibility for every child to experience a joyful blossoming of their natural potential. This program is an introduction to yoga, led through an exploration of fun, love, and joy, allowing each student to develop and live in optimal health and inner peace. The program is designed to enhance concentration and memory, and improve mind-body coordination.

Location: Weiss Community Center

Ages: 8-14 yrs

W 4:30-5:30pm

June 8-July 6 \$65/\$72

W 4:30-5:30pm

July 13-August 10 \$65/\$72

Girl Power - Mother Daughter Yoga

This Mother-Daughter yoga class brings special practices that integrate connection, joyful movement, and relaxation. Mothers have an opportunity to connect to their daughters in ways that feel natural and genuine outside of their busy daily routines. Girls feel empowered as they develop their inner and outer strength, confidence, and compassion. They gain important lifelong tools to find emotional balance, manage stress, and establish healthy relationships.

Location: Weiss Community Center

Ages: 7-15 yrs with adult

Su 10:15-11:15 am

July 17-August 14 \$44/\$53 per person

SafeSitter Courses

Do you feel ready to stay home alone, watch your brothers and sisters while your parents are gone, or babysit for younger children? Safe Sitter® is for kids and young teens in grades 4-8 ready to learn the skills needed to care for themselves and younger children. Safe Sitter® also teaches young teens life and business skills to be prepared, responsible, and considerate whether they are babysitting or doing odd jobs for family, friends, or neighbors. You'll have fun and learn a lot. At the end of the day, you can proudly say, "I am a Safe Sitter®!"

Safe@Home

Grade: 4-6

Location: Burning Bush Community Center

Sa 10-11:30am

June 25 \$35R/\$42N

Intro to Safe Babysitting

Grade: 6-8

Location: Burning Bush Community Center

Sa 10-11:30am

July 9 \$35R/\$42N



DANCE

DANCE

Expressions Dance Studio

Mission Statement

The River Trails Park District's Expressions Dance Studio is founded with the principles of providing participants with a safe and fun environment where your child's development is nurtured through both an expressive and structured-based curriculum with outcomes focused on skill development, self-confidence and an understanding of dance terminology.

Expression Dance Company Information

Dancers will compete at two dance competitions in the spring, as well as perform at our Expressions Dance Recital in March. Company Auditions will be hosted on Saturday, August 20 at the Burning Bush Community Center. There is no fee to attend the audition. Please register for an audition timeslot at www.rtpd.org. Registration for Company Dance Classes is by instructor approval after completing the audition process. Fees and class timeslots will be processed once the company roster has been finalized.

**See Camp
Dance Tag Ons
on page 8.**
You do not need to be enrolled
in camp to participate in
Camp Tag Ons.



Dance Class Descriptions

Ballet: Ballet is the foundation of all dance styles. Barre exercises will be introduced and start each Ballet class. Each level will work on refining fundamental techniques, terminology, stretching & strength continuing to build through the levels. Basics of jumps, leaps & turns are introduced and continued being learned by the center and across the floor exercises. Ballet etiquette will be enforced, and students are expected to be engaged and focused in class. Ballet shoes are required.

Tap: Tap your toes to our favorite tunes as you learn tap steps. Emphasis is placed on developing skills such as clarity of sounds and shading, rhythm, timing, and of course, fun! Tap shoes are required.

Jazz: Explore the world of jazz, appealing with its energy and variety of movements. Learn fundamentals through warm-ups, patterns across the floor, and finish with a center combination of leaps and turns. Technique and style added to more advanced classes. Jazz shoes are required.

Hip Hop: Wear your sneakers & join this high-energy, upbeat hip-hop class! Learn new, fun & exciting moves to music you hear on the radio. We'll do strength work, stretching, isolations, and footwork to inspire dancers to leave it all out on the dance floor! Learn exciting age-appropriate choreography & create your own moves. Clean sneakers must be worn.

Poms: Poms is a class designed to introduce dancers to the basics of proper jazz dance techniques while including the sharp synchronized movements and visual effects of working with pom poms!

Competition Technique: Dancers looking to branch into competitive or school teams will greatly benefit from this class. Time will be spent on technical skills from multiple styles of dance. Skills such as alignment, positions, and dance form will be covered.

Private Dance Lessons

Available by request. Perfect for audition preparation and professional one on one instruction. Please visit the Weiss Center or contact Katie Halverson at 847.255.1200 for more information.



Dance Class Schedule

All classes held at Burning Bush Community Center

No Classes July 4

Class	Age	Day	Time	Dates	Fee	Instructor
Pre-Ballet/Tap	3-5	M	4:30-5:15 pm	6/27-8/1	\$42R/\$51N	Ms. Dani
Beginning Poms	5-7	M	5:15-6 pm	6/27-8/1	\$42R/\$51N	Ms. Dani
Hip Hop I	7-10	M	6:00-6:45 pm	6/27-8/1	\$42R/\$51N	Ms. Dani
Ballet/Tap I	7-10	M	6:45-7:30 pm	6/27-8/1	\$42R/\$51N	Ms. Dani
Ballet/Jazz II	10-14	M	7:30-8:30 pm	6/27-8/1	\$55R/\$66N	Ms. Dani
Pre-Hip Hop/Poms	3-5	W	4:30-5:15 pm	6/29-8/3	\$50R/\$60N	Ms. Dani
Beginning Ballet/Tap	5-7	W	5:15-6 pm	6/29-8/3	\$50R/\$60N	Ms. Dani
Beginning Hip Hop	5-7	W	6:00-6:45 pm	6/29-8/3	\$50R/\$60N	Ms. Dani
Poms 1	7-10	W	6:45-7:30 pm	6/29-8/3	\$50R/\$60N	Ms. Dani
Competition Technique	10-14	W	7:30-8:30 pm	6/29-8/3	\$66R/\$80N	Ms. Dani



ATHLETICS

Preseason Soccer Camp

Work on dribbling, passing, shooting & small-sided tactical game situations. Players separated by age & ability ensure the best learning & competitive environment. Great for beginners & players looking to improve skills & learn more. Bring a ball & wear soccer cleats, shin guards, long socks (must cover shin guards) & bring plenty of water. Instructed by River Trails staff.

Ages: 4yrs–6yrs

Location: Woodland Trails Parks

M, W, F 5:00–5:50 pm

Aug 8–Aug 12 \$30R/\$36N

Grade: 1–4

Location: Woodland Trails Parks

M, W, F 6:00–7:00 pm

Aug 8–Aug 12 \$35R/\$42N

Volleyball Skills Clinic 1

This clinic includes instruction on all major volleyball skills; serving, passing, setting and attacking. Players receive a solid foundation of these fundamental skills through fun and active drills, building up to team play. This class is for the volleyball beginner looking to understand the game and learn new skills. Kneepads are recommended.

Age: 7yrs–10yrs

Location: Weiss Community Center

M, W 5:00–6:00 pm

June 13–June 29 \$50R/\$60N

Age: 10yrs–14yrs

Location: Weiss Community Center

M, W 6:05–7:35 pm

June 13–June 29 \$70R/\$84N

Grip It & Rip It Archery

Learn about the sport by a certified Archery Instructor with bows and arrows provided. For safety, tight-fitting clothing or short-sleeved shirts are recommended and participants must wear closed-toed shoes. Classes may be combined if necessary.

Level 1: Have fun learning terms, equipment, and techniques while letting arrows rip in a safe setting.

Level 1 Continuer: For archers who have completed a level 1 class.

Age: 7yrs–14yrs

Location: Weiss Center/Wood Land Trails Park

Session 1

W 5:00–6:00 pm Level 1

June 8–July 6 \$50R/\$60N

W 6:15–7:30 pm Level 1 Continuer

June 8–July 6 \$50R/\$60N

Session 2

W 5:00–6:00 pm Level 1

July 13–August 10 \$50R/\$60N

W 6:15–7:30 pm Level 1 Continuer

July 13–August 10 \$50R/\$60N

Camp Tag Ons

You do not need to be in Camp to register for Tag Ons. See page 8.

See Basketball Golf, Net Sports, and Archery in the sports programs starting on page 32.

Youth Athletics

Parent Association for Youth Sports (PAYS)

Both parents/guardians of participants enrolled in any youth sports league must complete the PAYS program. Children whose parents/guardians have not completed PAYS will not be allowed to participate in any youth sports programs requiring PAYS certification. The clinic consists of viewing a video from the National Alliance of Youth Sports and going through the handbook. This process only needs to be done once and if you are new to the youth athletic programs. Upon completion, individuals will sign a Parents Code of Ethics and receive the PAYS membership card and handbook.

Easy as 1, 2, 3...

To register for PAYS please visit <http://www.nays.org/paysonline/>. When taking the PAYS training, make sure to either type in code #1319 or click River Trails Park District in the Dropbox. You must associate yourself with our chapter to receive the \$5 per family fee.

Youth Volunteer Coaches

Teach sport skills as well as the values of teamwork, fair play, and how to win as well as lose with grace. Volunteers are instrumental to the success of these programs by acting as a team coach or coach's assistant. If interested, please contact Justin at 847.255.1200. You will be trained according to River Trails and the National Youth Sports Coaches Association. A 50% discount on registration fees will be given to the coach's child. (one head coach and one asst. coach per team)

National Youth Sports Coaches Association & Certification

National Youth Sports Coaches Association (NYSCA) is a clinical training that certifies you according to NYSCA standards. NYSCA training is required of all River Trails head coaches to assure their dedication & responsibility to youth sports. Coaches are asked to take the training online. Fee is \$20 + \$5 per each additional sport. The park district will reimburse for the initial \$20 & the initial \$5.

Friendship Request Policy (for 4-year-old-2nd grade levels)

The River Trails Park District allows only one friendship request per person. This request can be put on the child's registration form and must be requested by both families. Siblings will automatically be placed on the same team unless otherwise requested. Requests made after the registration deadline may not be honored. River Trails Park District can only accept friendship requests for 4 years old through 2nd-grade levels of any athletic league. For 3rd grade and above, teams will be balanced by skill level, school, and gender or a draft will be held.

River Trails Park District Jersey - \$16



Youth Leagues

Micro Baseball

(registration deadline May 30)

Be introduced to the fundamentals of throwing, catching, batting, base running, sportsmanship, teamwork & fun. Must register for the age/grade level child will be entering in fall. All participants need a baseball glove. Participants will receive a River Trails Park District baseball cap. Both levels use 'soft-core' baseballs and tees, with coach-pitch for the Rookie-level. Tuesdays or Thursdays may be used for rain make-ups. Register for age/grade level child will be in for fall 2022 school year.

Little Kickers Soccer

(registration deadline Aug 20)

Come out for Saturday soccer! Learn the fundamentals while having fun & learning skills in a non-competitive environment. Age groups may be combined if needed. Exact game times may vary depending on the number of teams. Each player brings their own appropriate size soccer ball for practice.

Youth Outdoor Soccer

(registration deadline Aug 20)

A volunteer coached program emphasizes the fundamentals of passing, shooting, offense, defense, sportsmanship & fun! Actual game times depend on the number of teams in the league. Games may be played on weekday nights if needed. Each player brings their own appropriate size soccer ball for practice.



Heritage Tennis Club Lessons *Registration Deadline for classes is one week prior to the start date.*

QuickStart Tennis is designed for children who are new to the game or who need additional instruction to rally using groundstrokes, volleys, and serve. QuickStart Tennis takes a new approach to introduce kids to the game by using fun-sized courts, nets, racquets, and balls. The lighter low compression balls bounce lower which helps develop proper techniques. All students are advised to purchase a 21-25 inch tennis racquet (typically 4-6 = 21", 7-8=23", 9-10=25").

Junior Tennis is designed for players 10 and older who want to learn and improve their tennis game. These classes will focus on improving all basic strokes including forehand, backhand, volleys, serve, lobs, and overheads. Matchplay will also be introduced including positioning and strategy.

- Burning Bush, 1313 Burning Bush Lane, Mt Prospect • Rainout Line 847-574-2233, EXT. 20
- Classes will be cancelled due to inclement weather (rain or excessive heat).
- All classes have one rain day built in. If it rains a second time that class will have a makeup.
- No other make ups will be granted.
- Justin Slade, Supervisor of Athletics, RTPD 847.463.3715

# Classes	Day	Time	Level	Ages	Location	Dates	Fee
SESSION 1							
No Class 7/4							
9	M/W	5:30-6:30 pm	QuickStart	4-6	Burning Bush	6/6-7/6	\$108R/\$120N
9	M/W	6:30-7:30 pm	QuickStart	7-10	Burning Bush	6/6-7/6	\$108R/\$120N
9	M/W	7:30-8:30 pm	Jr. Tennis	10+	Burning Bush	6/6-7/6	\$108R/\$120N
9	Sa	9-10 am	QuickStart	4-6	Burning Bush	6/11-8/6	\$108R/\$120N
9	Sa	10-11 am	QuickStart	7-10	Burning Bush	6/11-8/6	\$108R/\$120N
9	Sa	11 am-12 pm	Jr. Tennis	10+	Burning Bush	6/11-8/6	\$108R/\$120N
SESSION 2							
10	M/W	5:30-6:30 pm	QuickStart	4-6	Burning Bush	7/11-8/10	\$120R/\$132N
10	M/W	6:30-7:30 pm	QuickStart	7-10	Burning Bush	7/11-8/10	\$120R/\$132N
10	M/W	7:30-8:30 pm	Jr. Tennis	10+	Burning Bush	7/11-8/10	\$120R/\$132N

Youth Athletics Leagues

- All leagues need volunteer coaches.
- Team/player/coach requests not guaranteed.
- Both parents/guardians are required to be PAYS certified, see page 32 for info.
- River Trails District Uniform can be used for multiple leagues.

Jersey-\$16 | Shorts-\$10 | Socks-\$5 available at Weiss Center

League	Ages	Format	Practice Days & Times	Game Days & Times	Dates	Fee	Reg. Deadline	RTPD Uniform Needed	Location	Co-op
Lil Kickers Youth Soccer	4yrs-4th grade	4v4 to 8v8	1 weeknight, *Stats 8/31	Sa, 8 am-2 pm	Sep 10-Oct 29	\$120R/\$140N	Aug 20	Yes	Indian Grove Soccer Fields	PHPD
Youth Outdoor Soccer	5th-8th grade	9v9 to 11v11	1 weeknight, *Starts 8/31	Su, 12-9 pm	Sep 11-Oct 30	\$140R/\$160N	Aug 20	Yes	Woodland Trails Park & Co-op Facilities	MPPD, DPPD, WPD
Micro Baseball	4 yrs-2nd grade	7v7 to 8v8	1st 3 Meetings	M, W 5:45-8 pm"	Jun 6-Jul 13	\$100R/\$120N	May 30	Yes	Burning Bush Fields	X



NEW! Figure Skating

River Trails Park District has joined with Mount Prospect Figure Skating Academy to offer our community figure skating lessons! Mount Prospect Figure Skating Academy's purpose is to teach individuals the fundamentals of ice skating in a safe, fun, and energetic manner while providing a curriculum that will advance skills in each and every lesson. The ratio is 6:1 student to coach.

Please arrive at the rink 10 min early so we can help with skates. Dress warm!

Location: Mount Prospect Ice Arena,
1501 Feehanville Dr, Mt. Prospect

Snowplow Sam

Snowplow Sam This class offers our younger skaters a chance to get out on the ice and learn in an age-appropriate manner. No previous experience is needed.

Ages: 3–6 yrs

Tuesday	
	5:25–5:55 pm (free practice after class, 5:55–6:10pm)
June 7–July 5	\$150R/\$170N
July 12–August 9	\$150R/\$170N

The Basics

The Basics A fun and fast-paced class to encourage skaters to grow and learn. This class is designed for children and adolescents that want to learn the fundamentals of ice skating. No previous experience is needed.

Ages: 6 yrs. old and older

Tuesday	
	8:15–8:45am (free practice after class, 8:45–9am)
June 7–July 5	\$170R/\$190N
July 12–August 9	\$170R/\$190N

Martial Arts - Karate

LOCATIONS: River Trails Park District, 1000 Wolfe Road, Mt. Prospect

Wheeling Park District, Community Recreation Center, 100 Community Blvd., Wheeling
Mt. Prospect Park District, Central Community Center, 1000 W. Central Rd., Mt. Prospect

2022 Summer Karate

Tuesday Karate (11 weeks) | June 14– August 23

Wheeling Park District - Community Recreation Center

TIME	AGE	CLASS	RES	NR
6:30–7:30 pm	8–14	Beginner (No Experience)	\$138	\$158
7:30–8:30 pm	8–14	Continuer (1 or more prior sessions)	\$138	\$158
7:30–8:45 pm	8–14	Intermediate/Advanced (Yellow belt & Up)	\$157	\$177
6:30–7:30 pm	14+	Beginner (White Belts)	\$138	\$158
7:30–8:30 pm	14+	Continuer (Red–Blue Belts)	\$138	\$158
7:30–8:45 pm	14+	Intermediate/Advanced (Green–Black Belt)	\$157	\$177

Wednesday Pre-Karate & Karate (12 weeks) | June 15–August 31

Mt. Prospect Park District - Central Community Center

TIME	AGE	CLASS	RES	NR
4:00–4:45 pm	4–7	Beginner/Continuer	\$150	\$170
4:45–5:30 pm	4–7	Intermediate/Advanced (Instructor Permission)	\$150	\$170
5:30–6:30 pm	8–14	Beginner/Continuer (White & Red Belts)	\$150	\$170
6:30–7:30 pm	8–14	Intermediate (Orange–Green Belts)	\$150	\$170
7:30–9:00 pm	8–14	Advanced (Purple–Black Belts)	\$192	\$212
5:30–6:30 pm	14+	Beginner/Continuer (White & Red Belts)	\$150	\$170
6:30–7:30 pm	14+	Intermediate (Orange–Green Belts)	\$150	\$170
7:30–9:00 pm	14+	Advanced (Purple–Black Belts)	\$192	\$212

Saturday Pre-Karate (11 weeks) | June 11–August 20

River Trails Park District - Weiss Community Center

TIME	AGE	CLASS	RES	NR
9:00–9:45 am	4–6	Beginner/Continuer (0–1 prior sessions)	\$138	\$158
9:55–10:40 am	4–6	Novice (2 sessions–White w/stripes)	\$138	\$158
10:50–11:50 am	4–6	Inter./Adv. (Red belt & Up)	\$157	\$177

Saturday Karate (11 weeks) | June 11–August 20

Wheeling Park District - Community Recreation Center

TIME	AGE	CLASS	RES	NR
9:15–10:15 am	7+	Beginner	\$138	\$158
9:15–10:15 am	7+	Continuer (Red–Blue Belts)	\$138	\$158
10:20–11:35 am	7+	Novice (Green–Purple Belts)	\$157	\$177
10:20–11:35 am	7+	Intermediate (Brown Belts)	\$157	\$177
11:40–1:10 pm	7+	Advanced (Black Belt Only)	\$176	\$196

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion, US National Coach, and President of the US National Karate Federation.

Our Adult classes release tension, develop total body fitness and build stamina and overall productivity! In addition to self-defense skills, karate increases flexibility, cardiovascular endurance, and muscle tone, while improving core strength.

Parent/Child classes are a great way to spend quality time with your child, while conditioning muscles, developing coordination, and improving cardiovascular fitness.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child, and Adult classes may train together.
- Beginner students will not be permitted to register for the current session after the second class has met.
- Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.

Please visit WWW.ISKC.COM for more information or call us at 847-359-0666. (Co-op Wheeling and Mt. Prospect Park District).

Adult Athletics

- Registration is taken on a team basis ONLY!
- All registration can be taken online or in person at the Weiss Center.
- \$150 deposit due at time of registration (except bags, pickleball and volleyball)
- All participants must be 18 years old and up
- Cash awards or trophies (depending upon the league) will be given out to 1st & 2nd place league and tournament champions.
- For more information on any of the adult leagues or individual participation, please contact Dan Des Jardins at 847-463-3736.

League	Format /Level	Day(s)	Dates	Time	RES Fee	NR Fee	Reg. Deadline
16" Softball – Summer	Men's C Division	M	Begins May 16	6:30-10:30pm	\$675	\$775	April 11
16" Softball – Summer	Men's C Division	W	Begins May 18	6:30-10:30pm	\$675	\$775	April 11
14" Softball – Summer	Coed	F	Begins May 13	6:30-10:30pm	\$675	\$775	April 11
Men's Outdoor Basketball – Summer	A Division	Su	Begins May 15	8am-2pm	\$700	\$770	May 1
Men's Outdoor Basketball – Summer	B Division	Su	Begins May 15	8am-2pm	\$700	\$770	May 1
Adult Sand Volleyball – Summer	4v4 Coed	Tu	Begins May 24	6:30-10:30pm	\$150	\$170	May 17
Adult Kickball–Summer	Coed	Th	Begins May 26	6:30-10:30pm	\$325	\$375	May 19
16" Softball – Fall	Men's-open	M or W	Begins Aug 22	6:30-10:30pm	\$525	\$625	Aug 8
14" Softball – Fall	Coed	F	Begins Aug 19	6:30-10:30pm	\$525	\$625	Aug 8
Adult Flag Football–Fall	Men's 6v6	Th	Begins Sep 1	6:30-10:30pm	\$625	\$700	Aug 18
Adult Volleyball–Fall	Coed 6v6	M	Begins Sep 12	6:30-10:30pm	\$335	\$395	Aug 29

Adult Athletics– Tournaments

16" Softball Tournament

16" tournaments are a minimum of two game guarantee and the exact format and payouts will depend on the number of teams. Players must be 18+ years old and carry ID to prove age. The Summer Slam tournament is an open tournament and its rain date is Sunday, July 17.

Registration Deadline July 9

Sa 9 am

July 16 \$200

Adult Pickleball Tournament

This will be a doubles tournament, the exact format and payouts will depend on the number of teams registered. All players must be 18+ years old and carry ID to prove age. This is an open tournament and the rain date will be June 19.

Registration Deadline June 6

Sa 9 am

June 18 \$50





SPECIAL EVENTS



Closest to the Pin FUNDRAISING EVENT

SEND A KID TO CAMP THIS SUMMER!

Friday, June 3 (rain date June 10)
5:30-7:30 pm

Woodland Trails Driving Range
1500 E Euclid Ave, Mount Prospect

Your chance to win cash and other prizes
as well as giving back to your community

Early Bird Rate:

5 balls for \$15, March 1-April 30

Regular Rate:

5 balls for \$20 or \$5 a ball

Beer & snacks available for purchase

We will also have a Longest Putt
for \$2 a ball (pay at the putting green)



Underwater Treasure Hunt

Friday, August 5 • 6:30-9 pm • \$8 per person

THE HUNT IS ON! Grab your goggles and get ready to drive and hunt. Neat treasures and tokens will be placed at the bottom of the pool to be claimed. Return your tokens for prizes and enjoy a night swim at Woodland Trails Pool. Pre-registration is required. Ages 7-12 to welcome.



Movie in the Park

**Woodland Trails Park,
Wednesday August 3,
movie will begin at dusk.**

River Trails Park District is excited to present a free movie in the park. The outdoor movie will be showing at Woodland Trails Park on a portable screen. Admission is free; blankets and lawn chairs are encouraged. *In the event of inclement weather, the movie will be canceled.*

A day of family fun!

OLD FASHIONED FAMILY PICNIC

in the Park

**Woodland Trails Park
Monday, September 5
10 am–3 pm**

Join us for our end of the summer hoopla!

**Don't miss Trusty the Turtle Race
at 11:30 am and our Kid's Coin Splash.**



Trusty's Turtle Race

Sponsored by the River Trails Park and Recreation Foundation.

This long-standing tradition takes place during the Annual Old Fashioned Family Picnic in the Park. Sponsor a turtle (or turtles!) and cheer them on as they race across the pool. Top prize is \$300 along with other prizes for top racers!

Glow in the Hole

Friday, August 12

This tournament is all about having a great time and supporting a worthy cause. There are two different levels for all types of players, cash prizes for first place and a full-service bar. Proceeds help fund program scholarships, summer camp, and special projects. Teams can only consist of two people over the age of 21.

Registration deadline: Friday, August 6

Age: 21yrs and up

- Event includes two well or domestic beer tickets!
- Guaranteed two games and cash prizes for top finishers.
- Level 1 Corn hole • Level 2 Corny
- \$40 per team-2 people per team



SAVE THE DATE!

SATURDAY, OCTOBER 1, 2022

Annual Trails Challenge Youth 2K Obstacle Course Race

The OCR is a 1.25 Mile (2K) Race. There will be between 10-14 natural and man-made obstacles throughout the course challenging your determination and physical prowess. The races are held completely within the Woodland Trails Park footprint so there are no street crossings. All participants will receive a t-shirt, medal, goodie bag and bragging rights they conquered the trail.



RIVER TRAILS PARK DISTRICT • 1500 E. Euclid Ave, Mt Prospect, IL 60056 • 847.255.1200 • rtpd.org



PARKOUR

Parkour Registration

Have you set up your family account by visiting our website at www.rtpd.org? If so, log on and pick your classes. If you have not, please set up your account and go to the Weiss Community Center with your family's verification information. (Driver's License for 18+ years old and birth certificates for 17 years old and younger). Once verified, let your family enjoy what River Trails Park District has to offer at The Zone!

Instructors are certified by the World Parkour Free Runner Federation, along with USA Parkour.

Parkour is closed on:

- June 19
- July 3,4
- Aug 22-Sept 5

Parkour Open Gym

Pre-registration is recommended and ends two hours before scheduled open gym time

There will be a supervisor available to oversee activities (no formal instruction) and answer questions. We require parents to stay in the facility with children who are 9 yrs and younger. The following will be required:

- Hand washing when you enter the building
- Only parents of 6yr old and younger can assist children in the parkour gym area of the facility.

Call 847-255-1200 with any questions.

June-August

Pre-registration is recommended.

Tu	June 7 – August 16	7:30-9pm	All Ages	\$10
W	June 8 – August 17	6-8pm	All Ages	\$12
Th	June 9,23, July 7,21, Aug 4	1-230pm	9 & under	\$10
		230-4pm	All Ages	\$10

Check Out
Our Open Gym
Schedule!





Pre-Kour

Age: 3–4 yrs

Bring your little ones in to explore a wide variety of movement concepts and skills. Each lesson is geared towards developing your child's self-esteem and confidence. Lessons build over the weeks as the children learn rolls, jumps, leaps, balancing, stretching, and other motor activities.

Session 1 | No Class July 4

Day	Dates	Time	Fee
M	6/6–6/27	4:45–5:45pm	\$53/\$63
M	6/6–6/27	5:50–6:50pm	\$53/\$63
F	6/10–7/7	12:45–1:45pm	\$64/\$77
Sa	6/11–7/9	8:55–9:55am	\$64/\$77
Sa	6/11–7/9	10:00–11:00am	\$64/\$77

Session 2

Day	Dates	Time	Fee
M	7/11–8/8	4:45–5:45pm	\$64/\$77
M	7/11–8/8	5:50–6:50pm	\$64/\$77
F	7/15–8/12	12:45–1:45pm	\$64/\$77
Sa	7/16–8/13	8:55–9:55am	\$64/\$77
Sa	6/16–8/13	10:00–11:00am	\$64/\$77

Kinder-Kour

Age: 5–6 yrs

This class is designed for those students who are too advanced for the Pre-Kour class but not quite ready for the Parkour Junior class.

Session 1 | No Class July 4

Day	Dates	Time	Fee
M	6/6–6/27	4:45–5:45pm	\$53/\$63
M	6/6–6/27	5:50–6:50pm	\$53/\$63
Tu	6/7–7/5	5:00–6:00pm	\$64/\$77
F	6/10–7/8	12:45–1:45pm	\$64/\$77
Sa	6/11–7/9	8:55–9:55am	\$64/\$77
Sa	6/11–7/9	11:05am–12:05pm	\$64/\$77

Session 2

Day	Dates	Time	Fee
M	7/11–8/8	4:45–5:45pm	\$64/\$77
M	7/11–8/8	5:50–6:50pm	\$64/\$77
Tu	7/12–8/9	5:00–6:00pm	\$64/\$77
F	7/15–8/12	12:45–1:45pm	\$64/\$77
Sa	7/16–8/13	8:55–9:55am	\$64/\$77
Sa	7/16–8/13	11:05–12:05pm	\$64/\$77




Parkour Junior

Age: 7-8 yrs

Your child will learn the basic techniques starting with running, jumping, climbing, swinging, rolling, and vaulting so they can mimic the contestants on American Ninja Warrior. Parkour Junior Level 2 Class is for the top parkour Junior students. Requires instructor permission.

Level 1 - Your child will learn the basic techniques starting with running, jumping, swinging, rolling and vaulting so they can mimic the contestants on America Ninja Warrior

NEW! Level 2 -  Indicates Level 2 Class which is for the most skilled parkour junior students. This class requires instructor permission.

Session 1 | No Class July 4

Day	Dates	Time	Fee
M	6/6-6/27	4:45-5:45pm	\$53/\$63
M	6/6-6/27	5:50-6:50pm	\$53/\$63
M 	6/6-6/27	5:50-6:50pm	\$53/\$63
Tu	6/7-7/5	5:00-6:00pm	\$64/\$77
Tu	6/7-7/5	6:05-7:05pm	\$64/\$77
F	6/10-7/8	1:50-2:50am	\$64/\$77
Sa	6/11-7/9	10:00-11:00am	\$64/\$77
Sa	6/11-7/9	11:05am-12:05pm	\$64/\$77

Session 2

Day	Dates	Time	Fee
M	7/11-8/8	4:45-5:45pm	\$64/\$77
M	7/11-8/8	5:50-6:50pm	\$64/\$77
M 	7/11-8/8	5:50-6:50pm	\$64/\$77
Tu	7/12-8/9	5:00-6:00pm	\$64/\$77
Tu	7/12-8/9	6:05-7:05pm	\$64/\$77
F	7/15-8/12	1:50-2:50pm	\$64/\$77
Sa	7/16-8/13	10:00-11:00am	\$64/\$77
Sa	7/16-8/13	11:05am-12:05pm	\$64/\$77

Parkour

Age: 9–14 yrs

Level 1 – Students will be challenged mentally and physically in this introductory class. Focusing on skills and obstacles, students will gain a lot of parkour and general fitness knowledge.

Level 2 – Class is a continuation of level 1 parkour and fitness education while students expand their Parkour skills. Students will also start learning about free running, begin flip training, tumbling, and more advanced skills while testing their strength and willpower on more challenging obstacles.

Level 3 – Students of Level 3 show greater understanding of Parkour safety and technique while looking to continue growing their parkour skills. Students must have completed level 2 and have a teacher recommendation.

Level 4 – Students will learn the most advanced parkour and tricking skills. Everything from backflips to front flips to side flips and more. Class will focus on body control, strength, and stamina. Instructor approval is needed to register for this class.

Session 1 | No Class July 4

Day	Dates	Time	Fee	Level
M	6/6–6/27	7:10–8:10pm	\$53/\$63	1
Tu	6/7–7/5	6:05–7:20pm	\$77/\$92	2
Tu	6/7–7/5	6:05–7:20pm	\$77/\$92	3
Th	6/9–7/7	4:30–5:30pm	\$64/\$77	1
Th	6/9–7/7	4:15–5:30pm	\$77/\$92	2
Th	6/9–7/7	5:35–6:50pm	\$77/\$92	3
Th	6/9–7/7	5:35–6:50pm	\$77/\$92	4
F	6/10–7/8	1:50–2:50pm	\$64/\$77	1
Sa	6/11–7/9	8:55–9:55am	\$64/\$77	1
Sa	6/11–7/9	11:05am–12:20pm	\$77/\$92	2

Session 2

Day	Dates	Time	Fee	Level
M	7/11–8/8	7:10–8:10pm	\$64/\$77	1
Tu	7/12–8/9	6:05–7:20pm	\$77/\$92	2
Tu	7/12–8/9	6:05–7:20pm	\$77/\$92	3
Th	7/14–8/11	4:30–5:30pm	\$64/\$77	1
Th	7/14–8/11	4:15–5:30pm	\$77/\$92	2
Th	7/14–8/11	5:35–6:50pm	\$77/\$92	3
Th	7/14–8/11	5:35–6:50pm	\$77/\$92	4
F	7/15–8/12	1:50–2:50pm	\$64/\$77	1
Sa	7/16–8/13	8:55–9:55am	\$64/\$77	1
Sa	7/16–8/13	11:05am–12:20pm	\$77/\$92	2





Stunt Crew

The Stunt Crew is a non-competitive performance art group. The students who level up to the Stunt Crew are the best listeners, have patience and have an excellent work ethic! Crew members continue their parkour training while incorporating martial art skills, utilize props and will learn stunt scene choreography. Instructor approval is needed to join the Stunt Crew.

Parkour Camp

Age: 6-14yrs

Join us for an exciting afternoon at the parkour gym. Parkour Camp is a mix of high endurance workouts, games, and strengthening along with the FUN of camp. Camps are designed to cater to children of all skill levels. Please bring a drink and snack.

Session 1 | No Class July 4

Dates	Time	Fee
6/27-6/30	1:00-4:00	\$139/\$169
7/11-7/14	1:00-4:00pm	\$139/\$169
7/25-7/28	1:00-4:00pm	\$139/\$169
8/8-8/11	1:00-4:00pm	\$139/\$169
8/15-8/18	1:00-4:00pm	\$139/\$169

Parkour Party at The Zone

5 yrs and up
\$295

Similar to American Ninja Warrior, kids will be able to swing into the foam pit, try running the warped wall, climb a rock wall and don't forget about the obstacles.



FITNESS

Trails Fitness Club

Fitness Center Hours

NOV - APRIL		
Day	Open	Close
Monday	5:30am	8pm
Tuesday	5:30am	8pm
Wednesday	5:30am	8pm
Thursday	5:30am	8pm
Friday	5:30am	8pm
Saturday	7am	2pm
Sunday	Closed	

Fitness Center Equipment

- AMT Machines
- Dry Sauna
- Treadmills
- Rower
- Locker Rooms
- Stretch Trainer
- Dumbbells/ Kettlebells
- True Weight Stations
- Nu Step
- Televisions
- Stationary Bikes
- TRX
- Elliptical Machines

NEW!

Personal Training

Provided by PureEliteFitness Trainers

We recommend training twice a week for any package.
FREE One-hour trial session.

- 8 sessions (one month, \$60 per session) – \$480 total
- 16 sessions (two months, \$50 per session) – \$800 total
- 32 sessions (four months, \$45 per session) – \$1440 total

Trails Fitness Club Memberships

We are proud to offer some of the lowest rates in town without any initiation or hidden fees!

Membership (Individual):

- 1 month: \$20R/\$24N
- 3 months: \$49R/\$59N

1 Year Membership: \$132R/\$152N

Daily Admission: \$6

Fitness Club Members Open Gym: \$1 per visit

NEW! Continuous Member: \$11R/13N per month/credit card. This program has all the convenience you are looking for! Same great deal of the year in full membership with more ease! Simply sign up and the work is done. Instead of paying all upfront you enjoy small monthly payments and have a membership that never expires! No more remembering to renew! You may cancel at any time after the first year of the membership.

Membership Age Requirements: High school and older. Ages 13-14 must be accompanied by an adult 18 years or older at all times.

Be Active - Be Healthy - Be Happy

Join SilverSneakers or Renew Active

Both programs now available for adults 65+.

SilverSneakers
by Tivity Health

Renew Active
by UnitedHealthcare

Join the fitness center for FREE if your Medicare health plan, Medicare supplement carrier or group retiree plan includes Silver Sneakers OR Renew Active as part of your benefit package. You may qualify for a FREE fitness membership. Check with your provider today, then sign up and start exercising with us tomorrow!

Group Fitness Punch Card and Yoga Punch Card

The Group Fitness and Yoga Punch Cards offer you the flexibility of participating in any of the classes offered during the session. Group classes include aerobics, toning, flexibility, barre, and Pilates. yoga classes include flow, dynamic aging, buti, fusion, and vinyasa.

Age: 16 & up



Exercise Punch Cards • June 6–August 27 • 12 Weeks • Weiss Community Center (unless noted)

Punch Card Type	Drop In	6 Punches	12 Punches	24 Punches	Unlimited
Group	\$8R/\$10N	\$39R/\$46N	\$72R/\$86N	\$132R/\$152N	\$171R/\$191N
Yoga	\$11R/\$13N	\$60R/\$72N	\$108R/\$128N	\$192R/\$212N	\$270R/\$290N

Introducing New Aqua Punch Cards!

See Aqua Fitness Programs on page 17.

Aqua Punch Cards • June 6–August 14 • 10 weeks • Woodland Trails Pool

Punch Card Type	Drop In	5 Punches	15 Punches	30 Punches	Unlimited
Aqua	\$8R/\$10N	\$33R/\$39N	\$83R/\$99N	\$165R/\$185N	\$205R/\$225N

WeFitU

We Fit U is unlike any other fitness class because it is much more than a class! It is a lifestyle coaching team! Each workout of our class is custom-tailored to each participant.

Workouts consist of:

- 50% functional exercise training using our exclusive superset circuit system.
- 20% core, arm and ab conditioning.
- 30% relaxation mindfulness and stretching

We do not seek perfection; our goal is to empower you to reach your ambitions. You are joining an adult lifestyle community that supports eating health

WeFitU Punch Cards • June 6–August 27 • 12 Weeks • Weiss Community Center

Punch Card Type	Drop In	3 Classes	12 Classes	24 Classes
WeFitU	\$30R/\$42N Expires 1 Year	\$75R/\$87N Expires 30 Days	\$240R/\$260N Expires 90 Days	\$420R/\$460N Expires 180 Days

Exercise, Yoga, Aqua and WeFitU Punch Card Classes & Schedule

Visit www.rtpd.org for class descriptions. See page 17 for Aquatic class descriptions.

Time	Mon	Tues.	Wed	Thurs	Fri	Sat	Sun
6 am	6-7am Deep Water Karen	6-7am WeFitU	6-7am Deep Water Karen	6-7am WeFitU	6-7am Deep Water Karen		
7 am						7:15-8:15am WeFitU	
8 am	8-9am Pilates Darleen	8-9am Barre Fusion Sylvia	8-9am Forever Fit Sylvia	8-8:50am Yoga Express Ellen	8-9am Core Conditioning Yolanda	8:15-9:15am Step Interval Lida 8:30-9:30am Deep Water Karen	8:30-9:30am Deep Water Karen
9 am	9:15-10:15am Drums & Tones Lida <i>LIVE IN PERSON ONLY</i>	9:10-10:10am Gentle X Lida	9:15-10:15am Hi/Lo Interval Karen/Lida	9:10-10:10am Gentle X Lida 9:15-10:05am Aqua Yoga Penny	9:15-10:15am Pilates Sylvia	9:30-10:30am Yoga Flow Janice 9:45-10:45am Aqua Cardio Combo	9:45-10:45am Deep Water Karen
10 am	10:45-11:45am Aqua Motion Joyce	10:30-11:30am WefitU 10:45-11:45am Aqua Cardio Combo	10:45-11:45am Active Living Yoga Penny 10:45-11:45am Aqua Motion Joyce	10:30-11:30am WefitU 10:45-11:45am Aqua Cardio Combo	10:45-11:45am Deep/Shallow Joyce/Karen	10:45-11:45am WeFitU	
5 pm	5-7pm Cardio Plus Lida						
6 pm	6-7pm Back to Nature Yoga Janice <i>Burning Bush</i> 6-7pm WeFitU The Zone	6-7pm Work IT Karen/Lida	6-7pm Back to Nature Yoga Janice <i>Burning Bush</i> 6-7pm WeFitU The Zone	6-7pm Kettle Bell Cardio & Strength Karen			

Youth Yoga Vibe

Youth Yoga Vibe offers a unique possibility for every child to experience a joyful blossoming of their natural potential. This program is an introduction to yoga, led through an exploration of fun, love, and joy, allowing each student to develop and live in optimal health and inner peace. The program is designed to enhance concentration and memory, and improve mind-body coordination.

Location: Weiss Community Center

Ages: 8-14 yrs

W 4:30-5:30pm

June 8-July 6 \$65/\$72

W 4:30-5:30pm

July 13-August 10 \$65/\$72

Primal Flow by Buti Yoga Series

Buti Yoga is a powerful blend of tribal dance, plyometrics, HIIT, and Vinyasa-style yoga. Discover your power and full potential by growing with us through this series as we start with the basics. If you're looking for a new challenge, Primal Flow Series is for you, it can be difficult at times, but you are strongly encouraged to do what feels right for you within your ability watching that fine line between moderate and a good challenge.

Location: Weiss Community Center

Ages: 16+

Th 7:10-8:10 pm

Intro to Buti Yoga

June 9-June 30 \$48R/58NR

Buti Yoga

July 7-July 28 \$75R/\$90NR

Primal Flow

August 4-August 25 \$75R/\$90NR

Little Yogis-Parent & Tot Yoga

This class is for the younger yogis and allows children to explore yoga through mindful breathing, playful poses, music, games, and short relaxation. Our Little Yogi classes encourage kids to be confident, caring, and compassionate individuals.

Location: Weiss Community Center Dance Room

Ages: 2.5-4.5yrs with adult

W 11:25 am-12:10 pm

June 9-July 7 \$69/83

(One fee for both parent & child)

Girl Power - Mother Daughter Yoga

This Mother-Daughter yoga class brings special practices that integrate connection, joyful movement, and relaxation. Mothers have an opportunity to connect to their daughters in ways that feel natural and genuine outside of their busy daily routines. Girls feel empowered as they develop their inner and outer strength, confidence, and compassion. They gain important lifelong tools to find emotional balance, manage stress, and establish healthy relationships.

Location: Weiss Community Center

Ages: 7-15 yrs with adult

Su 10:15-11:15 am

July 17-August 14 \$44/\$53 per person

Belly Dancing

Are you looking to have fun and build strength, confidence and build body positivity? Belly Dancing is for you. We will start with a yoga style warm-up and learn belly dancing basics to get in touch with your inner goddess. Shimmy and shake in this fun new class.

Location: Weiss Community Center

Ages: 16+

Su 9-10 am

July 17-August 14 \$65/\$72

Paddle Board Yoga SUP

Join us as we flow on our boards and learn what it means to "salute the sun" at Woodland Trails Pool. This class takes place in the water using paddle boards for yoga. Take your practice to a different level as we learn more about our bodies, mind, and spirit by connecting more deeply to your practice. You'll feel your body change and your practice improve as we significantly play with our balance on the boards. While a bit of yoga experience would be helpful, everyone is welcome! (Equipment included). Please make sure to wear your bathing suits.

Ages: 14 years and older

Location: Woodland Trails Pool

Times/ Dates: TBD more information to come

\$35R/\$40N per class



Virtual Classes

Virtual Yoga Flow

Practice Yoga from the comfort of your own home. Flow based Hatha yoga uses movement and breath together to produce a “flow” of postures that lead from one to the next. Yogis can expect to develop strength, flexibility, and mental clarity in a mixed-level environment.

Tu 6-7 am

June 7–August 23 \$132R/\$152N

Virtual Candlelight Yoga

Enjoy your regular yoga practice at home to drain your tension away with this soothing, restorative yoga program. Movements are gentle and music is soft. Melt anxiety into tranquility with yoga postures specifically chosen to release tension, increase strength, improve balance and enhance flexibility.

Th 7-8 pm

June 9–Aug 23 \$132R/\$152N

Yoga Events

Yoga in the Park Summer Series

Be in harmony with nature at these outdoor yoga events with live music live acoustic music by Tom Herbst! Each class is taught by a different certified instructor and making their special appearance to the River Trails Park District! These events are dedicated to bring health, fitness, and balance.

Location: Burning Bush Park

Tu 6-7 pm

June 21 \$12R/\$14N

July 19 \$12R/\$14N

Aug 16 \$12R/\$14N

Summer Yoga Social

Don't miss out on this one day social yoga event to conclude the summer session. One-hour Yoga Flow class taught by Janice Herbst to start the morning, followed by light breakfast items and mimosas to socialize with your fellow yoga peers and teaches. Cheers & Namaste!

Location: Rob Roy Golf Course-Banquet Hall

Sa Aug 27 9:45 am–Noon

Early Bird: \$22R/\$27N

After August 8: \$30R/\$36N

ACTIVE ADULT



Adult Enrichment

Painting

Beginner through advanced students will learn how to paint landscapes, seascapes, flowers & more, you choose! Learn new techniques through our professional instructor, Anthony Soskich's skilled guidance.

Location: The Zone

M 10 am-1 pm
June 13-July 11 \$80R/\$96N

M 10 am-1 pm
July 18-Aug 15 \$100R/\$120N



Community Garden

May 10-Oct 22

Garden scheduled to open in May (Weather Depending)

Organic Garden Plots at Woodland Trails Park

RTPD Residents Only. .

Plots are 10ft x 15ft

No room to garden? Join us at Woodland Trails Park. You do the planting & maintaining & watch your crops grow. Park District plots will be tilled and ready to plant in early spring. A water source is available for the Weiss Community garden.

Age: 21 and up | **Fee:** \$29R per plot



Trips Transportation and lunch included.

Amount of Walking Legend

	1 footstep: Light Walking
	2 footsteps: Moderate Walking
	3 footsteps: Heavy Walking

Steel Magnolias

Drury Lane

In a beauty parlor in northwestern Louisiana, life is anything but boring. Steel Magnolia's follows six women over the course of three years as they face life's challenges together and find comfort in one another. Embracing both laughter and tears, this story celebrated the power of female friendship.

W June 15
10 am – 5 pm \$79 per person

Fun Home

Copley Theatre

Welcome to a funeral home unlike any other you've seen. Memories linger in the air like snowflakes and the truth is always opaque. It's where finding yourself means looking to the past and seeing yourself reflected in your father, who is exactly the same and still so different than you. It's a place filled with humor, secrets, anger, unexpected joy, self-revelation and the most confounding thing of all: family. Welcome to the fun home—a musical like no other.

W Aug 3
10 am–5 pm \$98 per person

Dream Girls

Paramount Theatre

It's the 1960's where the sound of Motown is on the rise. Meet the Dreamettes, Effie, Deena and Lorrell—three women trying to break their way into the music scene. When car salesman, Curtis Taylor Jr signs the three singers to a record label, he sets in motion a series of events that will forever change their lives – for better and for worse.

W September 7
10 am–5 pm \$94 per person

The 4 C Notes

Jacob Henry Mansion

The Four C Notes was created by John Michael Coppola, best known for his appearance in Chicago's long-running production of the Broadway smash hit, Jersey Boys. The Four C Notes are the Midwest's ONLY tribute dedicated to recreating the music of Frankie Alli and The Four Seasons!

W September 14
9 am–5 pm \$79

Murder on the Orient Express

Drury Lane

Just after midnight, a snowdrift stops the Orient Express in its tracks. The next morning, an American tycoon lies dead in his compartment, stabbed a dozen times, his door locked from the inside. Isolated and with a killer in their midst, the passengers rely on the famed detective, Hercule Poirot, to identify the murderer before they strike again.

W October 5
10 am - 5 pm \$89

Denny Diamond

White Fence Farm

Emerging from the elite Chicago music scene in Illinois, Award-winning Neil Diamond tribute artist, Denny Svehla, began hitting the ground running in the music realm in 1999, and since that time has manifested into one of the most versatile and multifaceted tribute acts to hit the stage.

Th September 22
10 am–5 pm \$74 per person

Nifty 50's and 60's

Chandler's Chop House , Schaumburg Golf Course

Join us for some fun with Jukebox gems of the '50s and '60s!

Th October 20
10:30 am–5 pm \$74 per person



Lunch Bunch

Picnic Basket with Shopping

Downtown Libertyville

The Picnic Basket Restaurant, conveniently located in the heart of downtown Libertyville, serves a wide variety of gourmet sandwiches, soups, salads, and desserts. All made fresh, daily!

Th June 2

10:30 am–4 pm \$15 per person, transportation only, lunch, and shopping is on your own

Waterfront Warehouse

Kenosha, WI

Bar and grill, serving casual American fare in a warehouse-style space with brick and wood accents.

W July 20

10 am–3 pm \$15 person, transportation only, lunch is on your

Elgin Public House

Elgin

Upscale brick-walled pub serving hand-cut steaks, seafood, pasta, and burgers in a relaxed setting.

W August 3

10:30 am–3 pm \$15 per person, transportation only, lunch is on your own

Fitzgerald's Genoa Junction

Genoa City, WI – with shopping in Richmond, IL

Fitzgerald's Genoa City Junction serves all-you-can-eat North Atlantic Cod boiled in traditional outdoor kettles year-round for that one-of-a-kind, mouthwatering flair.

W September 7

1–8 pm \$15 per person, transportation only, lunch is on your own

We will be having dinner around 5 pm

Franco's Feshcheria

Lake Zurich

Franco's Pescheria is a premium seafood market, restaurant and raw bar.

W October 12

10:30 am–3 pm \$15 per person, transportation only, lunch is on your own

Managed by
River Trails
Park District

GOLF



Rob Roy Golf Course

Managed by River Trails Park District

505 E. Camp McDonald Road | Prospect Heights, IL 60070
847.296.GOLF (4653) | www.robroygc.com

Winding through 51 acres, the beautiful Rob Roy Golf Course, (9 Hole, Par 36), will challenge your golfing skills. Our 3,022 yards are narrow and tree-lined requiring accuracy with water coming into play on 4 holes and sand traps throughout the course. Red, Yellow, White and Blue tees offer options for all skill levels. Rob Roy challenges the experienced golfer. Warm up on our lush putting green before your round and afterwards visit the 10th Hole Bar and Grill to enjoy a beverage, sandwich or snack. Prices subject to change.

Tee times available 6 am - 6 pm (May 9 - Sept 16).
Please call for off-peak season times.

9 Holes	Residents	Partner Residents	Non Residents
Monday-Friday	\$17	\$18.50	\$20
Saturday & Sunday	\$19	N/A	\$22
Holidays	\$19	N/A	\$22

CART RENTAL Pull cart \$3 / Gas cart 9 Holes
\$12/person

NEW GOLF CART RENTAL \$12 per cart

Leagues Interested in joining? For more information call 847.296.4653.

Group Outings Call 847.296.4653 for reservations.

Club Rentals The Rob Roy Golf Course has clubs available for rent in the Pro Shop.

Pro Shop Stop in for all your golf necessities: golf balls, gloves, hats, tees, towels and Rob Roy Merchandise!

Gift Certificates Available in any amount for golf, pro shop, lessons, driving range, mini-golf, bar and grill and banquets.



Join us at the 10th Hole Bar and Grill overlooking the gorgeous Rob Roy Golf Course. Choose from a variety of great snacks, sandwiches, burgers and more! Open daily for lunch and dinner during the golf season. Catering is available year round.

505 E. Camp McDonald Road - Prospect Heights, IL 60070
847.296.GOLF (4653) - www.robroygc.com

Now Open – Weather Pending

Woodland Trails Driving Range

1500 E. Euclid Ave. Mount Prospect, IL 60056
847.253.GOLF | www.robroygc.com

Hours: 6 am to sunset (except on Monday the range opens at 10 am)

- 35 Hitting Mats
- Sand Trap Practice Area
- Target Greens
- Putting Green

Specials

Small (32).....\$5

Medium (64 balls)\$7

Large (96)\$10

Hours may be modified at beginning and end of season.

Last bucket sold 30 minutes prior to closing time.

Open Weekends – April 30 until June

Woodland Trails Mini-Golf Course

1500 E. Euclid Ave. Mount Prospect IL 60056

For hours call 847.255.1200 or visit our website at www.rtpd.org.

18 Challenging Holes

12 Years and Under\$4

13 Years and Older\$5

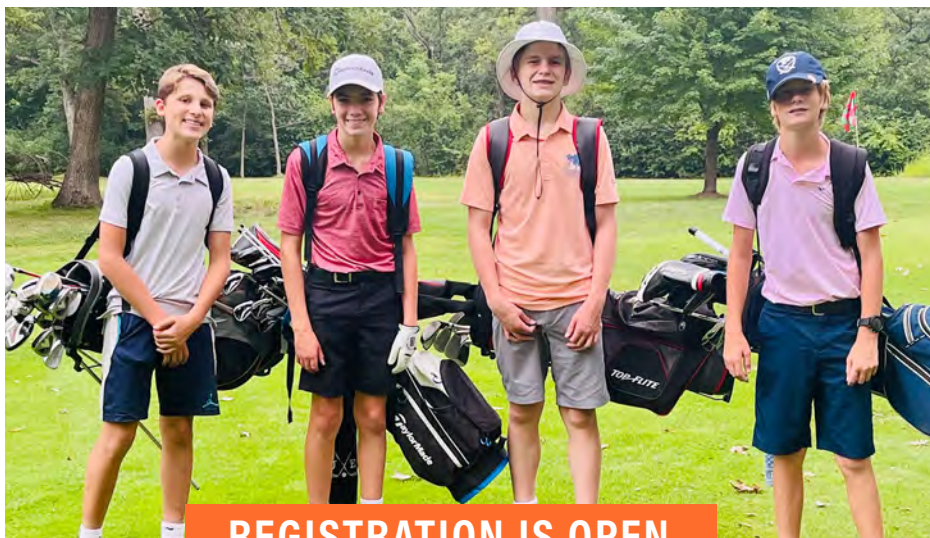
Hours may be modified at beginning and end of season.

Last round of mini golf is 30 minutes prior to closing time.

Fun for All Ages

Group rates available for groups of 15+

Call 847.255.1200 to schedule



REGISTRATION IS OPEN

Kids Beginner Golf Lessons

Location: Meets at Woodland Trails Driving Range

Session 1	June 6 – June 24		
Golf Lessons	M, W	3–4 pm	\$84R/\$100N
Session 2	June 27 – July 8		
Golf Lessons	Tu–Th	3–4 pm	\$70R/\$84N
Session 3	July 11 – July 29		
Golf Lessons	M, W	3–4 pm	\$84R/\$100N

Rob Roy Junior Golf League

A fun and friendly recreational league where we stress learning and developing golf skills while playing with friends in a fun and relaxed atmosphere. The league's goal is to help in the development of golf skills that will last a lifetime. Pick who you would like to play with or let us pair you up. Lunch and green fees included.

Ages: 9yrs–16yrs

Location: Rob Roy Golf Course

Tu 10 am–1 pm

June 13 – August 1 \$100R/\$120N

ROB ROY BANQUETS

GOLF



Perfect for all occasions!

*Newly
Renovated*

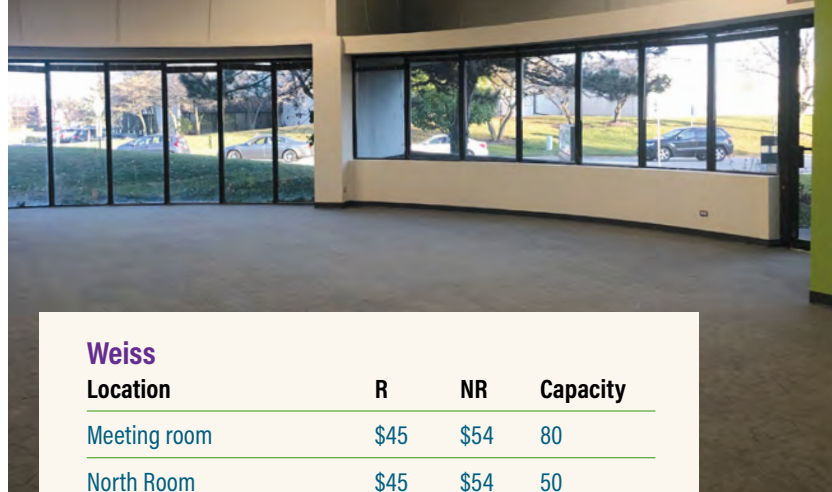
Rob Roy Banquets offer guests a tranquil, delicious meal while providing exceptional style and class. Floor to ceiling windows overlook the lush fairways and a spacious deck offers beauty and functionality. Choose from a variety of room and food and beverage packages to meet your needs. Our highly experienced team is committed to excellence and will work with you to make your event a success! Full service bar available. Accommodates up to 160 guests for a banquet set up and 260 guests for a meeting set up. For inquiries and pricing, email robroyevents@rtpd.org.

505 E. Camp McDonald Road
Prospect Heights, IL 60070
847.296.GOLF (4653) • www.robroygc.com

RIVER TRAILS PARK DISTRICT • 1500 E. Euclid Ave, Mt Prospect, IL 60056 • 847.255.1200 • rtpd.org ■

Room Rentals

Facilities may be rented for public or private gatherings. Please reserve at least 2 weeks prior to your rental date. No alcohol or smoking permitted. Kitchens are available at the Weiss Center Meeting Room, Burning Bush Center Large Room (A) and The Zone Glass Room. Use of kitchen included with rental. Tables and chairs available for use inside the building. **All room rentals are a two hour minimum unless approved.**



Weiss

Location	R	NR	Capacity
Meeting room	\$45	\$54	80
North Room	\$45	\$54	50
Dance Room	\$40	\$48	50
Full gym-2hr min.	\$70	\$84	200
Half gym-2hr min.	\$45	\$55	

Burning Bush Community Center

Location	R	NR	Capacity
Large (A) Room	\$45	\$54	90

The Zone

Location	R	NR	Capacity
Glass Room	\$45	\$54	50
Ivy Room	\$40	\$48	50
Blue Room	\$40	\$48	40
Turf (full field)	\$85	\$102	
Turf (half field)	\$50	\$60	
Parkour (full)	\$105	\$126	

For rentals 75+ patrons add \$10 per hour



Turf at The Zone



Glass Room at The Zone

Weiss Community Center

1500 E. Euclid Avenue
Mount Prospect, IL 60056

Gymnasium—Perfect for any large sports event. Comfortably holds 100 up to 200. Contains six movable basketball hoops or two volleyball courts.

Meeting Room—A great room for a family party, baby shower or team party. Kitchen attached.

North Room—Also perfect for a family party, baby shower or team party. No kitchen available.

Burning Bush Community Center

1313 Burning Bush Lane
Mount Prospect, IL 60056

The Large Room (A)—A cozy room ideal for a birthday party, meeting or bridal shower. Capacity 80–90 people depending on room set-up. Kitchen attached.



The Zone

550 Business Center Drive
Mount Prospect, IL 60056

Turf—Our turf field covers approximately 7000 square feet that can be used for youth soccer team practices, small sided games (3v3–6v6) for youth or adults, and other sport activities such as training, practice and/or classes for lacrosse, baseball etc. The turf area can be split up differently based on activities.

- Full field (90 feet by 76 feet)
- Half Field (90 feet by 38 feet)
- Third of a field (76 feet by 30 feet)

Blue Room—This cozy room is ideal for parties, family gatherings or end of the season team parties and hold 40 people. This room is located near the turf and parkour area and is a great option if you are looking to be physically active between food and drinks during your party while enjoying family and friends. No kitchen access

The Glass Room—A unique glass block wall allows light and color making the Glass Room wonderful for a business luncheon, graduation party or family gathering. Comfortable for 50 people with ample space for food and/or present tables. Kitchen attached.

Ivy Room—Bountiful natural light is let in this room with large windows. Any type of family gathering up to 50 people will be a nice fit along with patrons who want a party room when renting out the parkour area. No kitchen access.

Parkour

Looking for some fun in a non-traditional but exciting setting? You may rent the parkour gym for your party, school outing, and/or a team bonding experience. The west section includes a climbing wall, a spider wall, warp walls that are 9–14 feet in height, obstacles, and a giant foam pit with ropes and rings. The east section includes a foam pit, rope challenges, climbing nets, sliding pole, crash pads, and fun obstacles. General supervision of each area by staff is included in the rental fee.

Parks

- A. Woodland Trails Park
- B. Aspen Trails Park
- C. Burning Bush Trails Park
- D. Maple Trails Park
- E. Evergreen Trails Park
- F. Tamarack Trails Park
- G. Sycamore Trails Park
- H. Willow Trails Park
- I. Rob Roy Golf Course

Facilities

- 1. Administration Offices
- 2. Burning Bush Community Center
- 3. The Zone
- 4. Weiss Community Center
- 5. Rob Roy Golf Course Clubhouse
- 6. Woodland Trails Pool

To view all park and facility addresses visit www.rtpd.org



Marvin S. Weiss Community Center

1500 E. Euclid Ave.
Mount Prospect
847.255.1200 www.rtpd.org

Registration Office Hours Beginning May 1

May 1 to September 1

Day	Open	Close
Monday	8:30 am	8 pm
Tuesday	8:30 am	8 pm
Wednesday	8:30 am	8 pm
Thursday	8:30 am	8 pm
Friday	9 am	8 pm
Saturday	9 am	2 pm
Sunday	Closed	

Closed: Memorial Day, July 4th, Labor Day

Administration Offices

401 E. Camp McDonald Rd.
Prospect Heights
847.788.0551

Burning Bush Community Center

1313 Burning Bush Lane.
Mount Prospect
847.255.1200

The Zone

550 Business Center Drive
Mount Prospect
847.255.1200

Rob Roy Golf Course and 10th Hole Bar & Grill

505 E. Camp McDonald Rd.
Prospect Heights
847.296.GOLF

Woodland Trails Driving Range & Miniature Golf

1500 E. Euclid Ave.
Mount Prospect
847.296.GOLF

Woodland Trails Park Maintenance Garage

1500 E. Euclid Ave
Mount Prospect
847.394.0734

Woodland Trails Pool

1500 E. Euclid Ave
Mount Prospect
847.255.1200

PARKS	Woodland Trails	Aspen Trails	Burning Bush Trails	Maple Trails	Evergreen Trails	Tamarack Trails	Sycamore Trails	Willow Trails	Rob Roy Golf Course
Youth Playground	▲	▲	▲	▲	▲	▲	▲	▲	
Tot Playground	▲	▲	▲		▲	▲	▲	▲	
Tennis	Practice Walls	2	2			2	4 lighted	2	
Basketball	▲	▲	▲	▲		▲		▲	
Water Fountain	▲	▲	▲	▲	▲	▲	▲	▲	▲
Outdoor Volleyball	▲			▲			▲	▲	
Baseball/Softball	Lighted	▲	2			▲	▲	▲	
Shelter	▲		▲	▲			▲	▲	
BMX Bike Track								▲	
Walking/Cycling Paths	▲	▲	▲	▲			▲	▲	
Roller Hockey/Futsal			▲	▲				▲	
Outdoor Pool	▲								
Mini-Golf	▲								
Golf Driving Range	▲								
Soccer	▲	▲	▲			▲	▲	▲	
Community Center	▲		▲						Golf Clubhouse
Cheap Skates Park	▲								
Acres	46.7	5	10	2.3	.4	4.75	6.4	12	51
Hours	Dawn-10:30 p	Dawn-dusk	Dawn-10:30 p	Dawn-10:30 p	Dawn-dusk	Dawn-10:30 p	Dawn-10:30 p	Dawn-dusk	Varies

Partner Resident Agreement

River Trails, Prospect Hts. and Mt. Prospect Park Districts have an agreement to bring more recreational services to our residents. Your property taxes will continue to support only the River Trails Park District. Still, you are entitled to certain additional benefits at the "partner" park districts: Prospect Hts. and Mt. Prospect.

Except for our partner districts' golf courses, all programs and facilities are available to you at resident rates. Residents are given first priority when registering for their favorite programs within their home park district.

To take advantage of this outstanding partnership, when registering for programs or purchasing a membership at our partner districts, present valid proof of your name and address with a valid driver's license or state ID.

To find out more about what our partner districts have to offer, please call, visit their website or stop by the Prospect Hts. Park District's Gary Morava Recreation Center or Mt. Prospect Park District's RecPlex or Central Community Center.

Volunteer Opportunities

The River Trails Park District utilizes volunteers in many areas and special events. Each season, we post an updated listing of opportunities for volunteers to assist with or programs' success. All prospective volunteers must complete and submit a volunteer application, waiver, and release form. If you are selected to be a volunteer, you are required to complete a Criminal Background Check. For additional information on volunteering, please contact Patti Mitchell, Superintendent of Recreation, at 847.255.1200 or pmitchell@rtpd.org. We appreciate your help!

Our Commitment to Safety

River Trails Park District recognizes the importance of safety for our employees and participants. Our goal is to develop and carry out an ongoing program where everyone's health and safety are the most important factors. All employees are directly involved in making safety a matter of continuing concern. With a cooperative spirit, we will be successful and benefit all members of our Park District Community. Adopted by the Board of Park Commissioners 2014.

Americans with Disabilities Act

River Trails Park District supports and complies with the Americans with Disabilities Act. If you require assistance to participate in our programs, use our facilities, or have any questions or concerns, please notify us upon registration to ensure a smooth inclusion. We are an equal opportunity organization and shall continue to adhere to the doctrine of equality of opportunity and non-discrimination in all of our programs, services, and employment.

Park & School Districts Work Together

River Trails Park District and School District 26 have enjoyed a cooperative relationship for many years to provide quality services. We share facilities and programs to bring you the best. We'd like to express our appreciation for this continuing outstanding effort.

Northwest Special Recreation Association



Providing Recreation Services to Individuals with Special Needs NWSRA exists to provide outstanding opportunities through recreation for people with disabilities. The agency's team of full-time Therapeutic Recreation professionals and trained part-time staff offers safe, fun and quality year-round opportunities to individuals with disabilities of all ages and ability levels. Participants benefit through increased self-esteem, physical and social skills development and improved fitness and health while experiencing challenges, making friends and having fun!

Inclusion assistance is provided by NWSRA to those individuals who wish to participate in their home park district programs. When registering, the parent of an individual with a disability should inform the park district (and NWSRA, if desired) of any accommodation needed in order for the individual to successfully participate in the program. The park district staff will then contact NWSRA for assistance with the accommodation.

For more information on NWSRA, brochures may be picked up at the Weiss Center or at the NWSRA office at Park Central, 3000 W. Central Road in Rolling Meadows. NWSRA may be contacted at 847.392.2848 (voice), 847.392.2855 (TTY) or 847.392.2870 (fax). Check out NWSRA at www.nwsra.org.

Equal Opportunity Employer

River Trails Park District is an equal opportunity employer. All qualified persons will be considered for employment without regard to race, creed, color, sex, national origin, sexual orientation, or age.

Hearing Impaired Assistance

Please contact us through the Illinois Relay Center
Voice: 1.800.526.0857. TTY: 1.800.526.0844

Photo Policy

Please be aware that staff may take photos of participants enrolled in Park District activities or people on Park District properties. These photos are for Park District use only and may be used for publications and the park district's website.

Financial Assistance-Scholarship Program

Our goal is to provide recreational opportunities for all district residents. We provide services to our residents facing financial hardship through reasonably priced programs and financial assistance/scholarship programs. If you're a River Trails Park District resident facing financial hardship you can apply for assistance. Please fill out an application at the Weiss Community Center, 1500 E. Euclid Ave., Mt. Prospect. Scholarship assistance is made possible from funds raised through our RIVER TRAILS PARK and RECREATION FOUNDATION, a 501(c)3 organization.

An Illinois Distinguished Accredited Agency since 2000

The Illinois Assoc. of Park Districts and Illinois Park and Recreation Association Accreditation Program. The goal is to improve the delivery of recreation services through a voluntary comprehensive evaluation process. The desired result is to improve the quality of life for residents and to recognize the agencies which provide this quality service. This process makes sure we up to date with all legal and policy matters as well as increases operational efficiency and effectiveness.



Get out and play!

Staff Directory

847.255.1200

Administrative Staff

Bret Fahnstrom, CPRE.....Executive Director
Michael PoschInformation Technology Manager

Recreation Staff

Patti Mitchell, CPRPSuperintendent of Recreation
Kate EricksonCommunications and
Marketing Manager
Katelynn PutkonenRecreation Manager
Vance Violante, CPRPRecreation Manager
Eileen Meyers.....Customer Service Supervisor
Bruce BarryRecreation Supervisor
Dan DesJardins.....Recreation Supervisor
Katie Halverson, CPRPRecreation Supervisor
Josh Mulholland.....Recreation Supervisor
Justin SladeRecreation Supervisor

Park Staff

Mike Hanley.....Superintendent of Parks
Jeremy Hakala.....Grounds Manager
Erik Hosp.....Head Custodian
Tom Kearns.....Tradesman
Bob Nicioli.....Tradesman
Sean Waite.....Grounds Foreman

If you have an ADA Compliance concern, please contact:
Patti Mitchell, 847.463.3717, pmitchell@rtpd.org or
Mike Hanley, 847.394.0734, mhanley@rtpd.org.

Rob Roy Golf Course Staff

Louis EckenbrechtGeneral Manager
Jeremy Rolf.....Golf Superintendent

Code of Conduct

We rely on all participants to display appropriate behavior at all times.

Participants shall:

- Show respect to all participants, staff and spectators
- Refrain from using foul language
- Refrain from inflicting bodily harm upon other participants, staff and spectators
- Show respect for equipment, supplies and facilities

Additional guidelines may be developed as deemed necessary. River Trails Park District reserves the right to dismiss a participant or spectator for inappropriate conduct. Each situation will be evaluated on its own merit.

Registration Dates

Resident: April 26

Open Registration: May 10

Starting at 8:30 am online at RTPD.org

5 Ways to Register at RTPD

1. Online is the Best!

24/7 Registration at www.rtpd.org

2. Walk-In

Please call for hours, 847.225.1200.

3. Drop Box

If the front desk is closed, the drop box is located at the Weiss Community Center in front of the registration desk. Deposit the completed registration form and payment.

4. Mail-In

Mail your completed form and payment directly to: River Trails Park District
Weiss Community Center
1500 E. Euclid Ave.,
Mount Prospect, IL 60056

How to Register for a Program

1. Go to RTPD Website www.rtpd.org and click on "Registration Online" icon
2. Log in using your username and password
3. Click on the "Browse Activities" button
4. Verify your email then click "Continue"
5. Click on "Recreation Programs" button
6. Select the person that is registering for the program and click "Continue"
7. Select the program(s)
8. For programs with grades, register child for 2022 school year.
9. When finished with selection(s) click "Continue"
10. Complete payment information

HOW TO CREATE A FAMILY ACCOUNT

1. Go to <https://register.capturepoint.com/RiverTrailsParkDistrict>
2. From the River Trails Park District Community Pass login homepage click on the "Create a Family Account" tab.
3. On the next page complete the "Account Creation" fields and click on "Create" at the bottom of the page.
4. Your address must include North, South, East, West (if applicable) as well as Street, Lane, Court, Avenue etc., in order for the system to recognize it.
5. On the next page you will see the Community Pass Privacy Statement. After reading, click 'Accept.' Then click 'Finish.'
6. Please save your login and password for future use. When creating your account, add all family members now. Please note that only one account per family is permitted.

Residents:

7. Once you have entered in your household account online, you will need to stop by the Weiss Center, 1500 E. Euclid Ave., Mount Prospect, IL 60056 to verify your residency and family information. Please bring in:
 - a. For adults living in the home please bring in current Driver's license/State ID or utility bill.
 - b. For 17 years old and younger a birth certificate a current report card or an insurance card for each child in the home.
8. You will not be able to register until your address and child(ren)'s have been verified by the RTPD customer service staff.

General Registration Information

1. Registration is processed at the Weiss Community Center
2. We accept cash, check, Visa, MasterCard or Discover Card. (\$20 minimum for credit cards)
3. WAIT LISTS are held for programs that fill. We will open additional classes if possible. If you are placed on a wait-list you be notified by email. If there is an opening in the program you will be sent an email with link to pay for the class by credit card online.
4. NON-RESIDENT FEE: There is a non-resident charge of approximately 20%, (not to exceed \$20), per class, per person. Partner residents receive resident rates. Please refer to the map to check your residency or call 847.255.1200.
5. REFUNDS: Please contact us before the start of a program if you need a refund. If the park district must cancel a program, a full refund will be made and a credit will appear on your online account.
6. River Trails Park District reserves the right to cancel any program for any reason.



Gators Swim Team

RIVER TRAILS PARK DISTRICT

It's Gator Time

RTPD Gator's Swim Team offers a wonderful recreation based experience for your children. Sign up according to gender and age as of June 8, 2022.

Practices are Monday through Friday, 5:15-6:15pm.

A parent info meeting will be held during the 1st night after practice on June 6.

The Conference Meet is Wednesday, July 27.
See the website for requirements.



SEASON: June 6-29
Registration is ongoing.
\$140R/\$160N

Boys & Girls Age Groups
Age: 5-8yrs
Age: 9-10yrs
Age: 11-12yrs
Age: 13-14yrs
Age: 15-17yrs

Summer POOL PASSES



2022 Pool Pass Registration

Early Bird: Tuesday, April 5-Monday, May 16

Regular Rate: Starts Tuesday, May 17

Pool Opens: June 3

Math Classes Now Enrolling!





The Russian School of Mathematics is an award-winning, afterschool math enrichment program. We use the rigorous study of mathematics as a vehicle to develop our students' math fluency, intellect, and character, empowering them for life. Hybrid and in-person courses may be available; please inquire with our office for more information.

RSM is "among the top 10 schools in the world."

-Johns Hopkins Center for Talented Youth



5 Locations in Illinois!

 RussianSchool.com
 855.MATH.855



River Trails Park District

Weiss Community Center
1500 E. Euclid Avenue
Mount Prospect, IL 60056
847.255.1200



Send a Kid to Camp



Help Kids in Our Community Have a Great Experience this Summer!

Purchasing coupon books provides children ages 3-14 years old the opportunity to experience what summer is all about: learning new activities, meeting new friends, swimming, playing sports, crafts, field trips & more! You can make a difference for any child by offering them an experience that will forever change and enhance their life!

BUY 2022
**COUPON
BOOKS**

\$10
PER BOOK
A \$120 in Value!

Facts

The Park District subsidizes,
on average of \$17K in
scholarships per year

The River Trails Park
& Rec Foundation
will match dollar for dollar for the
'Send a Kid to Camp' Campaign

