



RIVER TRAILS
PARK DISTRICT

Mount Prospect & Prospect Heights

- September–December 2022 Programs
- Resident Registration starts Tuesday, August 9
- Open Registration starts Tuesday, August 23
- Holiday Events Page 31

FALL **2022**

Get out and play!

Visit rtpd.org for the most updated information.



[RTPD.ORG](https://rtpd.org)

WE'RE HIRING!

GET COMPETITIVE PAY WHILE WORKING FOR A GREAT TEAM

The River Trails Park District is looking for enthusiastic employees to get started in some great full-time and part-time job opportunities!

- Office, Rental, and Building Supervisors (weekdays, nights and weekends)
- Before and After School Care (7–8:40am and/or 3:30–6 pm)
- Athletic Staff
- Soccer Referees
- Winter Basketball Scorekeepers

Apply today at rtpd.org



Employee Perks:

- Fitness Center pass and free open gym.
- Free mini golf and driving range.
- Rob Roy Golf Course discounted pricing during non-peak hours (Monday-Thursday).
- Discount for renting the Weiss & Burning Bush Community Center, Woodland Trails Pool & The Zone. Ask for details. *Excludes Rob Roy Banquet facility.*
- 50% off the resident fee of any program, some contractual programs may not apply. Trips are 10% discount.

Note: Employee perks are for the employee only.



Parks Foundation Trustees

Mike Hertz, President
Patti Mitchell, Vice President
Tina Kozil, Secretary
Bret Fahnstrom, Treasurer
Scott Breiler
Kate Erickson
Bruce Barry

Our Mission

The mission of the River Trails Park and Recreation Foundation is to secure and provide financial resources for recreational programs, parks and facilities that enhance the quality of life and promote a healthy well-being for residents of the River Trails Park District, a 501(c)3 not-for-profit.

Our Goal

The River Trails Park District strives to provide our participants with safe, fun and economical recreational opportunities. Through a variety of programs, events, facilities and open spaces, individuals and families can enhance their lives through our offerings.

The River Trails Park and Recreation Foundation was developed solely to assist the River Trails Park District through grants for scholarships for those facing financial hardship, specific projects, equipment, infrastructure, development and programming.



Marvin Weiss Community Center

Office Hours

September & October			November & December	
Day	Open	Close	Open	Close
Monday	9 am	8:30 pm	9 am	8:30 pm
Tuesday	9 am	8 pm	9 am	9 pm
Wednesday	9 am	8pm	9 am	9 pm
Thursday	9 am	8 pm	9 am	9 pm
Friday	9 am	8 pm	9 am	8:30 pm
Saturday	9 am	2 pm	9 am	3 pm
Sunday	closed	closed	Noon	3 pm

Closed: Labor Day, Thanksgiving, Christmas, and New Years

Registration Dates

Resident: Tuesday, August 9

Open Registration: Tuesday, August 23

Starting at 8:30 am online at RTPD.org

For info on how to register, see page 56.

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Get out and play!



MISSION, VISION & VALUES

The Mission of the River Trails Park District is to enrich the lives of our diverse community.

Our Vision is to become the Recreational Choice in everything you do.

Values

SUSTAINABILITY: We dedicate ourselves to the stewardship of the district's physical, financial, personnel resources and the conservation of our environment.

SOCIAL EQUITY: We are committed to social justice, equity and creating a community of belonging.

ETHICAL: We ensure a high level of trust and respect within the community through integrity, reliability, honesty, accountability, and compassion.

INNOVATION: We develop new ideas for community health and wellness through fun, creative and critical thinking.

SERVICE ORIENTED: We provide a high level of service and safety in our parks, facilities, and programs

TEAMWORK: We strive to develop positive relationships and partnerships through collaboration with community stakeholders and organizations.

CONTINUED LEARNING: We recognize the importance for professional growth, continued learning, mentoring and empowerment for the agency's team.

River Trails Park District Board of Commissioners

We invite you to learn more about your park district by attending the Board meetings. Meetings are temporarily held at Rob Roy Golf Course, 505 E. Camp McDonald Rd. The community can attend virtually via Zoom link upon request. For more information, please call 847-255-1200.

President	Jennifer Rezek
Commissioner	Edward W. Richner
Commissioner	Nancy Parra
Commissioner	Leah Lussem
Commissioner	Robert Hoban, III

Exciting times at River Trails Park District with fun events and redevelopment plans!

As you are reading this, summer is winding down, and we are rolling into the next school year. We are looking at an exceptional fall! We have enjoyed having all the kids at Summer Camp and the families at the pool and summer events.

Don't forget! Come by Woodland Trails Park on Labor Day, September 5, for our Old Fashioned Picnic in the Park event and Trusty the Turtle Race. It's also the official last day the pool is open! We have moved our Foundation fundraiser, Closest to the Pin, to our Labor Day line-up, so that is one more activity to enjoy that day. We hope we see you there!

The improved Aspen Trails Park playground, tennis, and basketball courts are available for use! The official Ribbon Cutting Ceremony with the Village of Mount Prospect will be on August 31, 2022, at 11 am.

Upcoming Projects: River Trails Park District was awarded an Open Space Lands Acquisition and Development (OSLAD) grant administered by the Illinois Department of Natural Resources in the amount of \$400,000 for the redevelopment of Willow Trails Park. Governor JB Pritzker announced \$30.3 million in grants for 87 local park projects to help communities acquire open space and develop and improve recreational facilities throughout Illinois. We are excited to be a part of it and will continue to keep the community updated on development plans.

Staff is working on developing plans for improvements at Rob Roy Golf Course, The Zone as well as Weiss Community Center. We are also finishing up the design for Tamarack Trails Park Master Plan; It's a busy time for the district!

These are exciting times for all of us! The River Trails Park District serves both the Prospect Heights and Mount Prospect communities. **Stay up to date on all our offerings and future fun events by following us on Instagram, TikTok, and Facebook.**



Bret Fahnstrom, CPRE, Executive Director

Birthday Parties

We offer a variety of parties for your child's birthday!

- Birthday parties are two hours long. An hour and a half of party activities and a half hour of party room usage.
- Party staff will set up before and clean up after the party.
- Party includes 15 guests. Each additional child over 15 is \$5 per person. Max 20 guests.
- All parties must be booked at least two weeks in advance.
- Stop by the Weiss Community Center to book your party. For availability call 847.255.1200.

* If inclement weather occurs during outdoor parties, date can be changed depending on availability or sport party format will be held.



Ultimate Sports Party

at Weiss Community Center

4 yrs & up-\$210

Make your child's birthday amazing with active fun in the gym with hula hoops, relay races, parachutes, games, and basketball (special request)! This party is semi-structured, with some organized games and activities mixed in with free play (amount of play depends on guests).

Turf Sports at The Zone

4 yrs & up-\$210

This party is all about sports and games on TURF! Choose from flag football, soccer, kickball, dodgeball, relay races, field hockey or wiffleball.

Parkour Party at The Zone

7 years and up-\$350

Up to 20 Guests / 30 Maximum

Similar to America Ninja Warrior, your child will swing into our giant foam pit, run up our warp wall, climb the rock wall —and don't forget about the obstacles to conquer!

Archery (Seasonal)

at Woodland Trails Park*

9 yrs and up-\$210

Looking for a unique party that not many get the opportunity to try? Our party team will teach you and your friends the safe, proper way to shoot a bow and arrow. Your friends won't stop talking about this party! Party takes place outside at Weiss Community Center; if there is inclement weather party will be rescheduled.

ArrowTag at The Zone

9 yrs and up-\$250

Come to the turf fields at The Zone to play our new sport, ArrowTag! Similar to laser tag, ArrowTag uses bows and our foam-tipped arrows to play games like free-for-all, dodgeball, and capture the flag. Getting hit with an ArrowTag arrow feels similar to getting hit with a dodgeball. Masks, bows, and arrows will be provided.

Mini Golf (Seasonal)

6 yrs & up-\$190

Challenge your family and friends for 18 holes of fun! See who can shoot the best score. Try shooting with the opposite swing or shoot the ball like you're playing pool! We will mix it up to make it more exciting. Inclement weather? Dates can be changed depending on availability or a sports party format can be held.

Splash Bash Birthday Party (Seasonal)

4-6 yrs old
\$210

Sundays: 10:30 am-12:30 pm

Splash Bash pool parties are private parties in the splash pad and wading pool area held on Sundays from 10:30 am-12:30 pm.



Get out and play!



EARLY CHILDHOOD



Trail Blazers

Preschool Philosophy

Our Trail Blazers program is a developmentally appropriate program designed to help **children grow** and **learn** in a stimulating and **nurturing environment**. We look at the 'whole child' including intellectual, social, emotional, physical and **creative growth**. Children develop differently in each space so the curriculum is carefully planned to include activities that help each child learn and grow in all areas. Children will be introduced to the basic **academic** and **social skills** of preschool and will be encouraged to **develop problem-solving skills**, self-confidence and **creativity**. Activities will include math, science, language skills, art, motor movement, music and dramatic play. All areas of each child's growth are important and we provide opportunities for intellectual, social, physical and creative growth. Activities are presented in individual, group, structured and unstructured settings and **Jolly Phonics** curriculum is used for kindergarten readiness. Our goal is for each child to develop a **love of learning**, tools to continue to learn and a **positive image** of himself or herself.

Trail Blazers Preschool 2022-2023 School Year

Registration is ongoing please call for availability.

Forms are available online and at the Weiss Community Center. A registration fee of \$25 is due at the time of registration. Monthly payments are available. Please call Katie Halverson at 847-255-1200 or email khalverson@rtpd.org for additional information.

Trail Blazers Preschool 2022-2023 School Year

Registration is ongoing, please call for availability.

Tiny Tykes

Age: 3 yrs and up by Feb, 1 2023

Location: Burning Bush Community Center

Instructor: Sally Duray

M & F 9:30-11am

Sept 9-May 22

\$98R/\$101N per month

\$784R/\$800N school year

Junior Trail Blazers Preschool

Age: 3 yrs

Instructor: Tina Kozil

Tu & Th 9-11am

Sept 6-May 23

\$129R/\$132N per month

\$1032R/\$1048N school year

Senior Trail Blazers Preschool

Age: 4 yrs

Instructor: Tina Kozil

M, W, F 9-11:30am

Sept 7-May 26

\$223R/\$226N per month

\$1784R/\$1800N year

Junior & Senior Trail Blazers Combination

Age: 3-4 yrs

Instructor: Tina Kozil

M, W, Th 12:30-3pm

Sept 7-May 25

\$223R/\$226N per month

\$1784R/\$1800N school year

Preschool Classes Age Requirements

1. Children must meet age listed for the program by the first day of classes.
2. Unless program states "with adult" the program is for the child only
3. Parent/Child classes (Tot Rock and Kid Rock) are designed for you to be an active participant with your child. **We do not allow siblings to attend classes with you.**



All are Welcome!

Trail Blazers Preschool Open House

Tuesday, August 9 | 6-7pm

Location: Weiss Community Center



Parent / Tot Classes

Tot Rock

This interactive class has everyone on their feet! We all learn together while engaging in active, creative, music-based activities while using rhythm instruments and movement props. All class procedures are designed to keep staff and students safe. Activities are age-appropriate by class and include songs and rhymes, rhythm and coordination, fine and gross motor, imagination and sensory, listening and following directions skills. Sing, dance, play, learn and imagine with us! www.rockitkids.com

No class 11/25.

Age: 1-2 with adult

Location: Weiss Community Center

F 9:30-10:10 am

Sept 16-Oct 21 \$73R/\$88N

Nov 4-Dec 16 \$73R/\$88N

Kid Rock

This interactive class has everyone on their feet! We all learn together while engaging in active, creative, music-based activities while using rhythm instruments and movement props. All class procedures are designed to keep staff and students safe. Activities are age-appropriate by class and include songs and rhymes, rhythm and coordination, fine and gross motor, imagination and sensory, listening and following directions skills. Sing, dance, play, learn and imagine with us! www.rockitkids.com

No class 11/25.

Age: 2-3 with adults

Location: Weiss Community Center

F 10:15-10:55 am

Sept 16-Oct 21 \$73R/\$88N

Nov 4-Dec 16 \$73R/\$88N

Let's Do Lunch

Be just like the big kids & eat lunch at school! Eat with friends, play games, read stories & play outside (weather permitting). Perfect for children in Trails Blazers Preschool who want an extended program or for parents who would like additional time. Only non-perishable food is allowed in a sack lunch that can be disposed of after the meal. No class 11/22-11/25.

Age: 2-3

Location: Weiss Community Center

Th 11:45 am-12:30 pm

Sept 15-Oct 20 \$45R/\$54N

Oct 27-Dec 15 \$52R/\$63N

Age: 2-3

Location: Burning Bush Community Center

F 11-11:45 am

Sept 16-Oct 21 \$45R/\$54N

Oct 28-Dec 16 \$52R/\$63N

Age: 3-4

Location: Weiss Community Center

Tu 11 am-12 pm

Sept 13-Oct 18 \$59R/\$71N

Oct 25-Dec 13 \$69R/\$83N

Age: 3-5

Location: Weiss Community Center

W 11:30 am-12:20 pm

Sept 14-Oct 19 \$47R/\$57N

Oct 26-Dec 14 \$55R/\$66N

Age: 3-5

Location: Weiss Community Center

F 12:15-12:45 pm

Sept 16-Oct 21 \$30R/\$36N

Oct 28-Dec 16 \$35R/\$42N

Books & Buddies

Let's read & make a friend or two! For children entering Kindergarten next fall, each class begins with an alphabet & phonics review followed by a book & craft. Books are themed around essential skills needed to prepare for Kindergarten such as friendships, listening & following directions. No class 11/23.

Age: 4-5

Location: Weiss Community Center

W 11:35 am-12:20 pm

Sept 14-Oct 19 \$72R/\$87N

Oct 26-Dec 14 \$84R/\$101N

Dinosaur Dinosaur

Come explore the wonderful world of dinosaurs with us! Our dinosaur adventures will include stories, crafts, games & more!

Age: 3-5

Location: Weiss Community Center

M 11:30 am-12:20 pm

Sept 12-Oct 24 \$55R/\$66N

Fun with Playdoh

Explore the magical world of playdough!

Children get hands-on with the process of creating with playdough along with activities focused on strengthening fine motor skills & creative manipulation.

No class 11/25.

Age: 4-5

Location: Weiss Community Center

F 11:30 am-12:15 pm

Oct 28-Dec 16 \$52R/\$63N



Science is Fun

Little ones will be amazed while learning the wonders of nature! We'll do hands on experiments learning about mixing colors, floating an egg, making your own lava lamp & making a paper clip float—just to name a few. Come out & discover! Dress in play clothes.

Age: 4-5

Location: Weiss Community Center

F 11:30 am-12:15 pm

Sept 16-Oct 21 \$45R/\$54N

Transportation Station

Hop on board the Transportation Station! All are welcome to come out and explore the fascinating world of cars and trains. We'll get hands-on with games, crafts, and more!

Age: 3-5

Location: Weiss Community Center

Th 11-11:45 am

Sept 15-Oct 20 \$45R/\$54N

**Preschool
Athletics**
*please see
page 21*

Food Pyramid

Move up the food pyramid every week to learn about healthy eating through fun activities and projects!
No class 11/21.

Age: 3-5

Location: Weiss Community Center

M 11:30 am-12:20 pm

Oct 31-Dec 12 \$47R/\$57N

Messy Mondays

Create your own messy masterpiece each week! Paint, glue, shaving cream, and PlayDoh are just a few of the mediums we will use. Class may also include songs, games, and fingerplays. Please wear play clothes—we get messy at times! Smocks provided. No class 11/21.

Age: 2-3

Location: Burning Bush Community Center

M 11-11:45 am

Sept 12-Oct 24 \$52R/\$63N

Oct 31-Dec 12 \$52R/\$63N

All About Our Senses

See, hear, taste, smell, and touch! Learn about all five senses through creative activities and projects.
No class 11/24.

Age: 3-5

Location: Weiss Community Center

Th 11-11:45 am

Oct 27-Dec 15 \$52R/\$63N

Trail Blazers Holiday Camp

Holiday Camp participants will enjoy a sampling of our Trail Blazers preschool program with crafts projects, games, and more! Perfect for those preschoolers that want to stay active over the holiday break.

Age: 3-5

Location: Weiss Community Center

M,Tu,W 9:15-11:45 am

Dec 27-Dec 29 \$57R/\$69N



YOUTH



Kid Squad

Before & After School Care 2022-2023

Registration begins Tuesday, August 2

Kid Squad is a cooperative program between the River Trails Park District, School District #26, and Robert Frost Elementary. This program is available for parents who need Before and/or After School Care for their children in Kindergarten through 5th grades. Online registration and parent manual are available at the Weiss Center or online at www.rtpd.org.

Never registered online?

Please see page 56 on setting up an online account. After logging into online registration, click on "Browse Activities," then select the "Kid Squad" button. Continue to follow the onscreen prompts to finalize and confirm registration.

Location(s): Weiss Community Center
1500 E. Euclid Ave.

New Registrations Guidelines!

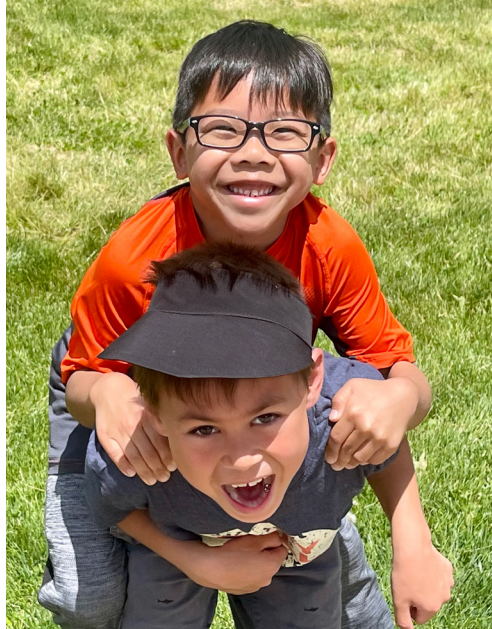
- Registration will be open on Tuesday, August 2
- Registration is taken on a weekly basis during the school year online.
- **Please sign up for the upcoming week by Wednesday at 10:30 pm.**
- To request late registration, you must email our Kid Squad Email at kslatereg@rtpd.org. There is a mandatory two business days wait time for approval while we ensure space, staffing, and resources. Late registration will incur a \$15 late fee per child.
- Registration less than 5 days prior to the start of the school week will be considered late registration.

Indian Grove/Euclid/Prairie Trails (District 26)

Before School Care.....7-8:30 am
After School Care.....3:40-6 pm
Thursday Before School Care.....7-9:20 am

Frost Elementary (District 21)

Before School Care.....7-8:40 am
After School Care.....3:30-6 pm



Hit The Trails: School's Out

Enjoy a day off with friends and the River Trails Park District! Games and activities will take place at the Weiss Community Center and lunch will be provided. Be sure to bring gym shoes, snacks, and a drink.

These daily programs are contingent upon the School District #26 and #21 calendars and are subject to cancellation. Visit rtpd.org to see what we have planned and stay up to date on the current Hit the Trails schedule!

Note: The registration deadline is 1 week prior to each event.

Grade: K-8

Meet Location: Weiss Community Center

Field Trips

Independence Grove

Sept 26 M 7 am-6 pm \$49

Cosley Zoo

Oct 5 W 7 am-6 pm \$49

Kohls Children's Museum

Nov 8 Tu 7 am-6 pm \$49

Schaumburg Water Works

Nov 22 Tu 7 am-6 pm \$49

The Zone

Nov 23 W 7 am-6 pm \$49

TBD

Jan 10 M 7 am-6 pm \$49

Camp Winter

Just in time for the holidays! We offer great facilities, exciting activities, field trips, and the chance to meet new friends. We'll play games, sports and create different art projects. Campers, please bring a lunch and a drink daily.

Camp Winter-Week 1

Grade: K-8

Location: Weiss Community Center

Tu, W, Th, F 8:30 am-3pm

Dec 27-Dec 30 \$138R/\$158N

After Camp

Grade: K-8

Location: Weiss Community Center

Tu, W, Th, F 3-6 pm

Dec 27-Dec 30 \$58R/\$70N

Before Camp

Grade: K-8

Location: Weiss Community Center

Tu, W, Th, F 7-8:30 am

Dec 27-Dec 30 \$30R/\$36N

Camp Winter-Week 2

Grade: K-8

Location: Weiss Community Center

Tu, W, Th, F 8:30 am-3 pm

Jan 3-Jan 6 \$138R/\$158N

After Camp

Grade: K-8

Location: Weiss Community Center

Tu, W, Th, F 3-6 pm

Jan 3-Jan 6 \$58R/\$70N

Before Camp

Grade: K-8

Location: Weiss Community Center

Tu, W, Th, F 7-8:30 am

Jan 3-Jan 6 \$30R/\$36N

Special Interest Programs

Young Magicians

Join us for a fun night of magic and mystery! Magic tricks will be taught that include cards, coins, ropes, and much more! You will discover that the tricks are quick to learn and easy to perform. All materials are provided on site. Each child will receive a magic kit to take home at the end of class. Participants are grouped by age and learn age-appropriate tricks. New tricks are taught at each session, so sign up again and again.

Contracted by the Magic of Gary Kantor.

Location: Arlington Heights Park District

M 6:30-7:25 pm

Sept 19 \$25R/\$30N

Th 5-5:55 pm

Nov 3 \$25R/\$30N

Chess Scholars

Develop your child's intellect through the royal game of chess! Current research has shown a strong link between chess and academic performance in a variety of areas, including mathematics and language arts. Chess has been proven to enhance children's motivation, concentration, focus, social skills, and creativity. Each class will consist of a fun, interactive teaching period and guided practice time. Both beginner and experienced players are welcome and will learn under the guidance of an experienced Chess Scholars coach. No class on 11/8 and 11/22.

Grade: K-5

Location: Indian Grove School

Tu 3:45-4:30 pm

Sept 6-Oct 18 \$140R/\$160N

Oct 25-Dec 13 \$120R/\$140N

Children's Theatre

A weekly musical theatre workshop culminates in a showcase featuring age-appropriate excerpts from smash-hit movie musicals! Students will learn the basics of vocal technique, choreography, and acting while working together to produce an in-class performance for family and friends. The showcase will take place during the last 30 minutes of our final class. Indian Grove students will be walked over to Burning Bush after school by RTPD staff. Instructor: Margo Proeh, Gabrielle Garza & Children's Theatre staff. No class on 10/5 and 11/23.

Grade: K-6

Location: Burning Bush Community Center

Annie

W 3:45-4:45 pm

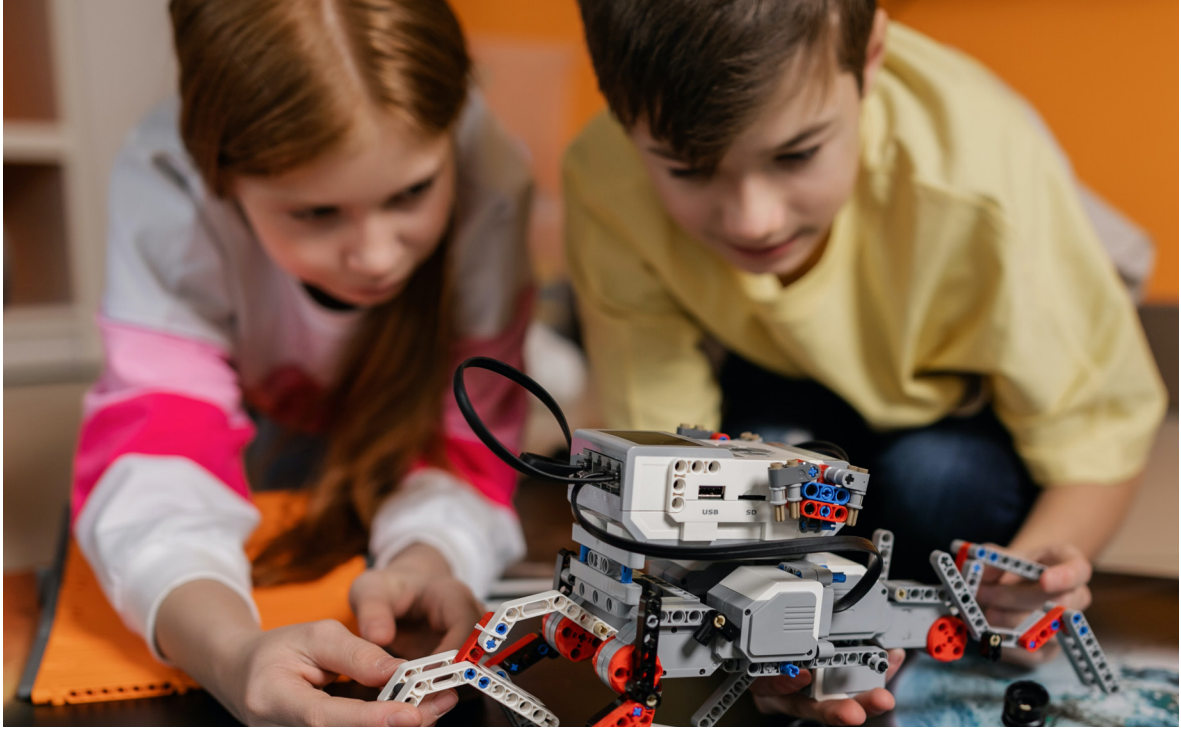
Sept 7-Oct 19 \$112R/\$132N

Willy Wonka

W 3:45-4:45 pm

Nov 2-Dec 14 \$112R/\$132N





STEM & Computer Explorer Classes

Minecraft Basic Training for Beginners

Are your friends all into Minecraft, but you haven't quite figured it out? This is for YOU! You and your partner will collaborate to learn essential crafting skills while searching for clues to unlock doors, complete scavenger hunts and more! You'll get an introduction to the basics of computer networking, multidimensional objects and video game graphics. After completing this boot camp, you'll have the basic tools to participate in more advanced Minecraft adventures! No class 10/31.

Age: 6-8

Location: Prospect Heights Park District

M 6-7:15 pm

Oct 17-Nov 14 \$93R/\$112N

Gears, Gears, Gears!

Explore gears using LEGO, as we work in teams of 2 and find out how gears make the world turn. We'll make projects that crank, mesh, pump, push, pull, tug, and grind—all of which turn out to be very useful simple machines! No class 10/31.

Age: 4-6

Location: Burning Bush Community Center

M 6-7 pm

Nov 28-Dec 12 \$56R/\$67N

Robotics Academy

Explore the world of robotics and coding in this hands-on environment, full of experiments, exploration, and collaboration as we meet different robots and learn the challenges of programming and problem-solving. No class 10/31.

Age: 8-12

Location: Mt. Prospect Park District

M 6-7:15 pm

Sept 19-Oct 3 \$93R/\$112N

STEAM

This exciting program from Afterschool Enrichment Solutions brings together elements of science, art, and math in a hands-on, action-packed environment! Students will conduct experiments, play educational games, and unlock their creativity through building challenges and projects. No experience necessary! No class 11/24.

Grade: K-5

Location: Euclid School

Th 3:45-4:30 pm

Sept 8-Oct 20 \$160R/\$180N

Oct 27-Dec 15 \$160R/\$180N



SafeSitter Courses

Do you feel ready to stay home alone, watch your brothers and sisters while your parents are gone, or babysit for younger children? Safe Sitter® is for kids and young teens in grades 4-8 ready to learn the skills needed to care for themselves and younger children. Safe Sitter® also teaches young teens life and business skills to be prepared, responsible, and considerate whether they are babysitting or doing odd jobs for family, friends, or neighbors. You'll have fun and learn a lot. At the end of the day, you can proudly say, "I am a Safe Sitter®!"

Safe@Home

Grade: 4-6

Location: Burning Bush Community Center

Sa 10-11:30 am

Sept 17 \$36R/\$44N

Intro to Safe Babysitting

Grade: 6-8

Location: Burning Bush Community Center

Sa 10-11:30 am

Oct 29 \$36R/\$44N



DANCE

PLEASE SUPPORT OUR ANNUAL DANCE RECITAL!

Recital

Saturday, March 11, 2023 | 11:00 am

Location: River Trails Middle School

Rehearsal

Friday, March 10, 2023 | 4:30 pm

Location: River Trails Middle School

Structure: Children registered for the September session of Expressions Dance will be in the annual dance recital in March. No late registration is accepted after Friday, October 14.



Expressions Dance Studio

Mission Statement

The River Trails Park District's Expressions Dance Studio is founded with the principles of providing participants with a safe and fun environment where your child's development is nurtured through both an expressive and structured-based curriculum with outcomes focused on skill development, self-confidence and an understanding of dance terminology.

Expression Dance Company Information



Dancers will compete at two dance competitions in the spring, as well as perform at our Expressions Dance Recital in March. Company Auditions will be hosted on **Saturday, August 20** at the **Burning Bush Community Center**. There is no fee to attend the audition. Please register for an audition timeslot at www.rtpd.org. Registration for Company Dance Classes is by instructor approval after completing the audition process. Fees and class timeslots will be processed once the company roster has been finalized.

Dance Class Descriptions

Ballet: Ballet is the foundation of all dance styles. Barre exercises will be introduced and start each Ballet class. Each level will work on refining fundamental techniques, terminology, stretching & strength continuing to build through the levels. Basics of jumps, leaps & turns are introduced and continued being learned by the center and across the floor exercises. Ballet etiquette will be enforced, and students are expected to be engaged and focused in class. Ballet shoes are required.

Ballet/Jazz: Basic ballet vocabulary & movement including locomotor, elementary positions & musical rhythm along with creative expression and imagination! After working hard on ballet, we will end the class with basic jazz skills. Ballet and Jazz shoes are required.

Ballet/Tap: Class will start with basic tap skills, sounds, and rhythm with right & left directions. Basic ballet vocabulary & movement including locomotor, elementary positions & musical rhythm along with creative expression and imagination! Ballet and Tap shoes are required.

Expressions Dance Company (Premiers & Headliners): By audition only. The specific class style will be assigned after completing the Expression Dance Company Audition process.

Hip Hop: Wear your sneakers & join this high-energy, upbeat hip hop class! Learn new, fun & exciting moves to music you hear on the radio. We'll do strength work, stretching, isolations, and footwork to inspire dancers to leave it all out on the dance floor! Learn exciting age-appropriate choreography & create your own moves. Clean sneakers must be worn.

Hip Hop/Poms: This class will introduce dancers to the sharp synchronized movement and visual effects of working with pon poms. We'll do strength work, stretching, isolations, and footwork to inspire dancers to leave it all out on the dance floor! Clean sneakers must be worn.

Poms: Poms is a class designed to introduce dancers to the basics of proper jazz dance techniques while including the sharp synchronized movements and visual effects of working with pon poms! Clean sneakers must be worn.

Private Dance Lessons

Available by request. Perfect for audition preparation and professional one-on-one instruction. Please visit the Weiss Center or contact Katie at 847.255.1200 for more information.



Dance Class Schedule

All classes held at Burning Bush Community Center

Class	Age	Day	Time	Dates	Fee	Instructor
Expressions Dance Company: Premiers	8+	M	4:00-6:00pm	9/12-3/6	\$505R/\$525N	Danielle
Expressions Dance Company: Headliners	8+	M	6:00-8:00pm	9/12-3/6	\$505R/\$525N	Danielle
Pre Ballet/Tap	3-5	Tu	4:15-5:00pm	9/6-3/7	\$198R/\$218N	Danielle
Beginning Ballet/Tap	5-7	Tu	5:00-5:45pm	9/6-3/7	\$198R/\$218N	Danielle
Beginning Hip Hop	5-7	Tu	5:45-6:30pm	9/6-3/7	\$198R/\$218N	Danielle
Ballet/Jazz I	8-10	Tu	6:30-7:30pm	9/6-3/7	\$264R/\$284N	Danielle
Pre-Hip Hop	3-5	W	4:15-5:00pm	9/7-3/8	\$198R/\$218N	Danielle
Beginning Poms	5-7	W	5:00-5:45pm	9/7-3/8	\$198R/\$218N	Danielle
Hip Hop/Poms I	8-10	W	5:45-6:45pm	9/7-3/8	\$264R/\$284N	Danielle
Hip Hop II	11-14	W	6:45-7:45pm	9/7-3/8	\$264R/\$284N	Danielle



ATHLETICS

Adult Tot Sports

Parents are integral in helping tots develop basic sports movement and motor skills. Activities focus on hand/eye and hand/food coordination. Equipment instruction will help you guide your child through an intro to organized sports. No class 11/22.

Age: 2-4

Location: Weiss Community Center

Tu 11:15 am-12 pm

Sept 6-Oct 18 \$88R/\$106N

Oct 25-Dec 13 \$88R/\$106N

Sports and More

Children are introduced to the fundamentals of such sports as soccer, t-ball, football, hockey plus others as well as group games.

We provide an opportunity for each child to develop motor skills & nurture his/her growth socially and emotionally through teamwork & good sportsmanship.

Those attending pre-school at Weiss Community Center will be picked up for class. No class 11/22, 11/25.

Age: 3 - 5

Location: Weiss Community Center

Tu 12-12:45 pm

Sept 6-Oct 18 \$88R/\$106N

Oct 25-Dec 13 \$88R/\$106N

F 12:45-1:30 pm

Sept 9-Oct 21 \$88R/\$106N

Oct 28 - Dec 16 \$88R/\$106N

Lil Dribblers: Rookies

The Rookie Dribblers program is designed to progress children through their early basketball experience.

Simple skills acquired in the Junior Dribblers are reinforced and other aspects of the game are introduced in a fun and supportive environment. No class 11/26.

Age: 3-5

Location: Weiss Community Center

F 1:30-2:15 pm

Sept 9-Oct 21 \$88R/\$106N

Age: 4 - 6

Location: Weiss Community Center

F 1:30-2:15 pm

Oct 28-Dec 16 \$88R/\$106N



Basketball Fundamentals Camp

Get ready for the Winter RTPD Basketball season by spending time improving ball-handling, shooting, passing, rebounding, and offensive and defensive moves. Time will be devoted to each class to rules for the upcoming basketball season. Participants will use their newly improved skills in-game action towards the end of camp.

Location: Weiss Community Center

Grade: Kindergarten

Sa 9-9:50 am

Nov 5-Dec 17 \$55R/\$66N

Grade: 1st & 2nd

Sa 9:55-10:55 am

Nov 5-Dec 17 \$60R/\$72N

Grade: 3rd-6th

Sa 11 am-12:15 pm

Nov 5-Dec 17 \$65R/\$78N

Volleyball Skills Clinic 1

This clinic includes instruction on all major volleyball skills; serving, passing, setting and attacking. Players receive a solid foundation of these fundamental skills through fun and active drills, building up to team play. This class is for the volleyball beginner looking to understand the game and learn new skills. Kneepads are recommended.

Age: 7yrs-10yrs

Location: Weiss Community Center

M 5:00-6:00 pm

Sept 12-Oct 17 \$60R/\$72N

Volleyball Skills Clinic 2

This clinic focuses on progressing all skills including, transitioning from the free ball, offense, defense, and developing specific positions. This is a great opportunity for players to advance their skill level and knowledge of the game. Kneepads are recommended.

Age: 10yrs-14yrs

Location: Weiss Community Center

M 6:05-7:35 pm

Sept 12-Oct 17 \$72R/\$86N



Figure Skating

Please check our website for updated times and dates at www.rtpd.org.

River Trails Park District has joined with Mount Prospect Figure Skating Academy to offer our community figure skating lessons! Mount Prospect Figure Skating Academy's purpose is to teach individuals the fundamentals of ice skating in a safe, fun, and energetic manner while providing a curriculum that will advance skills in each and every lesson. The ratio is 6:1 student to coach.

Please arrive at the rink 10 min early so we can help with skates. Dress warm!

Location: Mount Prospect Ice Arena,
1501 Feehanville Dr., Mt. Prospect

Youth Athletics

Parent Association for Youth Sports (PAYS)

Both parents/guardians of participants enrolled in any youth sports league must complete the PAYS program. Children whose parents/guardians have not completed PAYS will not be allowed to participate in any youth sports programs requiring PAYS certification. The clinic consists of viewing a video from the National Alliance of Youth Sports and going through the handbook. This process only needs to be done once and if you are new to the youth athletic programs. Upon completion, individuals will sign a Parents Code of Ethics and receive the PAYS membership card and handbook.

Easy as 1, 2, 3...

To register for PAYS please visit <http://www.nays.org/paysonline/>. When taking the PAYS training, make sure to either type in code #1319 or click River Trails Park District in the Dropbox. You must associate yourself with our chapter to receive the \$5 per family fee.

Youth Volunteer Coaches

Teach sports skills as well as the values of teamwork, fair play, and how to win as well as lose with grace. Volunteers are instrumental to the success of these programs by acting as team coaches or coach's assistants. If interested, please contact Justin at 847.255.1200. You will be trained according to River Trails and the National Youth Sports Coaches Association. A 50% discount on registration fees will be given to the coach's child. (1 head coach & 1 asst. coach per team).

National Youth Sports Coaches Association & Certification

National Youth Sports Coaches Association (NYSCA) is a clinical training that certifies you according to NYSCA standards. NYSCA training is required of all River Trails head coaches to assure their dedication & responsibility to youth sports. Coaches are asked to take the training online. Fee is \$20 + \$5 per each additional sport. The park district will reimburse for the initial \$20 & the initial \$5.

Friendship Request Policy (for 4-year-old-2nd grade levels)

The River Trails Park District allows only one friendship request per person. This request can be put on the child's registration form and must be matched. Siblings will automatically be placed on the same team unless otherwise requested. Requests made after the registration deadline may not be honored. River Trails Park District can only accept friendship requests for 4 years old through 2nd-grade levels of any athletic league. For 3rd grade and above, teams will be balanced by skill level, school, and gender or a draft will be held.

River Trails Park District Jersey-\$18.50

Youth Leagues

All leagues need volunteer coaches.

Team/player/coach requests are not guaranteed.

Both parents/guardians are required to be PAYS certified.

Little Kickers Youth Soccer

Come out for Saturday soccer! Learn the fundamentals while having fun & learning skills in a non-competitive environment. Age groups may be combined if needed. Exact game times may vary depending on the number of teams. Each player brings their own appropriate size soccer ball for practice.

Youth Outdoor Soccer League

A volunteer coached program that emphasizes the fundamentals of passing, shooting, offense, defense, sportsmanship & fun! Actual game times depend on the number of teams in the league. Games may be played on weekday nights if needed. Each player brings their own appropriate size soccer ball for practice. Games are to be made up during the week prior to these dates.

Youth Indoor Soccer League

Stay fresh for Spring Soccer! Practice the 1st day & the other days we'll play games in a fun, recreational atmosphere. Similar to our Little Kickers & Youth Outdoor Soccer Leagues. Each child gets equal playing time. Teams are formed according to age/grade. Age/grade levels may be combined if needed. No games on Super Bowl Sunday.

Player Evaluations & Coaches Meeting Dates for Winter Basketball League

Player Evaluations | Wednesday, December 14

- 3rd/4th: TBA
- 5th/6th: TBA
- 7th/8th: TBA

Coaches Meeting at The Zone | Thursday, December 15

- All Coaches: 6:00-7:30 pm

Youth Volleyball League

Bump, Set, and Spike your way through our Youth Volleyball League. Players are divided into three divisions based on grade and ability. Divisions

Green Division—For Grades 1st-3rd

For beginner players. The first three weeks are practice. Modified games are played in the second half of the season. Recommended for 3rd graders with no prior experience. Green division meets on Sundays only.

Blue Division—For Grades 3rd-5th

Players will practice for the first two weeks during which teams will be formed. Games are played with slightly modified rules. Team practice will be on Mondays and games on Sundays. Recommended for 3rd grade with some prior experience.

Red Division—For Grades 6th-8th

Players will practice for the first two weeks during which teams will be formed. Team practice will be on Mondays and games on Sundays.

CO-ED Kindergarten Winter Basketball League

An exciting intro to basketball basics run by experienced staff for kids of all sizes & abilities with tons of fun guaranteed! Teams will practice once a week for one hour. A safe, nurturing, active environment where children will discover what wonderful skills he/she can master!

Youth Winter Basketball League

A volunteer coached program introduces the fundamentals of basketball, focusing on passing, shooting, offense, defense, sportsmanship & fun. Park district assigns teams for balance.

NWPDBC-Jr High Basketball League

The Northwest Suburban Park District Basketball Conference (NWPDBC) is our winter basketball league formed by the Mt. Prospect, Prospect Heights, River Trails & Wheeling Park Districts for 7th and 8th-grade boys and girls. Teams will be formed through a clinic and draft process. Teams are guaranteed a 12-game regular season and 2 playoff games (a total of 14 games!) The NWPDBC will also host an All-Star Game for participants.

Youth Athletics Leagues

- All leagues need Volunteers Coaches.
See Volunteer Coach Benefits on page 23.
Contact Justin Slade at 847-463-3724 jslade@rtpd.org
- Team/player/coach requests not guaranteed.
- Both parents/guardians are required to be PAYS certified, see page 22 for info.
- River Trails District Uniform can be used for multiple leagues.

Jersey-\$18.50 | available at Weiss Center



League	Ages	Format	Practice Days & Times	Game Days & Times	Dates	Fee	Reg. Deadline	RTPD Uniform Needed	Location	Co-op
Lil Kickers Youth Soccer	4yrs-4th grade	4v4 to 8v8	1 weeknight, 1 hr, 4-7 pm	Sa, 8 am-2 pm	Sept 10- Oct 29	Fee covers Fall & Spring sessions \$120R/\$140N	Aug 20	Yes	Indian Grove Soccer Fields	PHPD
Youth Outdoor Soccer	5th-8th grade	7v7 to 11v11	1 weeknight, 1 hr, 4-7 pm	Su, 12-9 pm	Sept 11-Oct 30	\$140R/\$160N	Aug 20	Yes	Woodland Trails Park & Co-op Facilities	MPPD, DPPD, WPD"
Youth Intro Volleyball League	1st-3rd grade	4v4 to 6v6	Sundays	Su, 11:30 am-12:30 pm	Nov 6-Dec 18	\$60R/\$72N	Oct 25	No	Weiss & Gary Morava (Prospect Heights)	PHPD
Youth Volleyball League	3rd-8th grade	6v6	Monday Nights	Su, 12:30-3 pm	Nov 6-Dec 19	\$90R/\$108	Oct 25	Yes	Weiss & Gary Morava (Prospect Heights)	PHPD
Dodgeball	2nd-6th grade	Varies	1st Week Only	Fridays 5-8 pm	Nov 4-Dec 16	\$65R/\$78N	Nov 1	Yes	RTPD/PHPD Facilities	PHPD
Co-Ed Kindergarten Basketball	Kindergarten	5v5	1 weeknight, Begins Jan 9	Sa, 8 am-3 pm	Jan 21-Mar 18	\$100R/\$120N	Dec 15	X	Euclid	PHPD
Winter Youth Basketball	1st-2nd grade	5v5	1 weeknight, Begins Jan 9	Sa, 8 am-3 pm	Jan 21-Mar 18	\$115R/\$135N	Dec 15	X	Euclid	PHPD, WPD
Winter Youth Basketball	3rd-6th grade	5v5	1 weeknight, Begins Jan 9	Sa, 8 am 3 pm	Jan 21-Mar 18	\$125R/\$145N	Dec 15	X	3rd-4th grade: Indian Grove; 5th-6th grade: Gary Morava	PHPD
Winter Jr High Basketball League	7th-8th grade	5v5	1 weeknight, Begins Mid Dec	Sa/Su, 9 am-6 pm	Jan-Mar	\$145R/\$165N	Dec 15	X	Various	Multiple

Martial Arts - Karate

LOCATIONS: River Trails Middle School, 1000 Wolf Road, Mt. Prospect

Wheeling Park District, Community Recreation Center, 100 Community Blvd, Wheeling
Mt. Prospect Park District, Central Community Center, 1000 W. Central Rd, Mt. Prospect

2022 Fall Karate

Wednesday Pre-Karate (15 weeks) | September 7–December 14

Central Community Center, 1000 W. Central Road, Mt. Prospect

TIME	AGE	CLASS	RES	NR
4-4:45 pm	4-6	Beginner/Continuer	\$188	\$208
4:45-5:30 pm	4-6	Intermediate /Advanced (Instructor permission)	\$188	\$208

Saturday Pre-Karate (14 weeks) | September 10–December 17; No class Nov 26

River Trails Middle School, 1000 Wolf Road, Mt. Prospect

TIME	AGE	CLASS	RES	NR
9:00–9:45 am	4-6	Beginner/Continuer (0-1 prior sessions)	\$175	\$195
9:55–10:40 am	4-6	Novice (2 sessions–White w/stripes)	\$175	\$195
10:50–11:50 am	4-6	Inter./Adv. (Red Belt & Up)	\$200	\$220

Tuesday Karate (15 weeks) | September 6–December 13

Community Recreation Center, 100 Community Blvd, Wheeling

TIME	AGE	CLASS	RES	NR
6:30-7:30 pm	7-14 yrs	Beginner/Continuer (White Belt)	\$188	\$208
7:30-8:30 pm	7-14 yrs	Novice/Inter (Red-Green Belt)	\$188	\$208
7:30-8:45 pm	7-14 yrs	Advanced (Purple-Black Belt))	\$214	\$234
6:30-7:30 pm	14+ yrs	Beginner/Continuer (White Belt)	\$188	\$208
7:30-8:30 pm	14+ yrs	Novice/Inter (Red-Green Belt)	\$188	\$208
7:30 - 8:45 pm	14+ yrs	Advanced (Purple-Black Belt))	\$214	\$234

Wednesday Karate (15 weeks) | September 7–December 14

Central Community Center, 1000 W. Central Road, Mt. Prospect

TIME	AGE	CLASS	RES	NR
5:30-6:30 pm	7-14 yrs	Beginner/Continuer (White & Red Belts)	\$188	\$208
6:30-7:30 pm	7-14 yrs	Intermediate (Orange - Green Belts)	\$188	\$208
7:30-9 pm	7-14 yrs	Advanced (Purple - Black Belts)	\$240	\$260
5:30-6:30 pm	14+ yrs	Beginner/Continuer (White & Red Belts)	\$188	\$208
6:30-7:30 pm	14+ yrs	Intermediate (Orange - Green Belts)	\$188	\$208
7:30-9 pm	14+ yrs	Advanced (Purple - Black Belts)	\$240	\$260

Saturday Karate (14 weeks) | September 10–December 17; No class Nov 26

River Trails Middle School, 1000 Wolf Road, Mt. Prospect

TIME	AGE	CLASS	RES	NR
9:00-9:55 am	7+ yrs	Beginner/Continuer (White Belts)	\$175	\$195
10:00-10:55 am	7+ yrs	Continuer (Red - Blue Belts)	\$175	\$195
11:00-12:00 pm	7+ yrs	Novice (Green - Purple Belts)	\$175	\$195
11:00-12:30 am	7+ yrs	Inter/Adv (Brown-Black Belt)	\$224	\$244

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion, US National Coach and President of the American Shotokan Karate Association.

Our Adult classes release tension, develop total body fitness and build stamina and overall productivity! In addition to self-defense skills, karate increases flexibility, cardiovascular endurance, and muscle tone, while improving core strength.

Parent/Child classes are a great way to spend quality time with your child, while conditioning muscles, developing coordination, and improving cardiovascular fitness.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child, and Adult classes may train together.
- Beginner students will not be permitted to register for the current session after the second class has met.
- Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.

Please visit WWW.ISKC.COM for more information or call us at 847-359-0666. (Co-op Wheeling and Mt. Prospect Park District).

Adult Athletics

- Registration is taken on a team basis ONLY!
- All registration can be taken online or in person at the Weiss Center.
- \$150 deposit due at time of registration (except bags, pickleball and volleyball)
- All participants must be 18 years old and up
- Cash awards or trophies (depending upon the league) will be given out to 1st & 2nd place league and tournament champions.
- For more information on any of the adult leagues or individual participation, please contact Dan Des Jardins at 847-463-3736.

League	Format /Level	Day(s)	Dates	Time	RES Fee	NR Fee	Reg. Deadline
16" Softball-Fall	Open	Mon or Wed	Begins Aug 31/ Sept 5	6:30-10:30pm	\$525	\$625	Aug 22
14" Softball-Fall	Coed	Fri	Begins Aug 26	6:30-10:30pm	\$525	\$625	Aug 19
Flag Football-Fall	6v6 Open	Thurs	Begins Sept 1	6:30-10:30pm	\$625	\$700	Aug 18
Volleyball-Fall	6v6 Coed	Mon	Begins Sept 12	6:30-10:30pm	\$335	\$395	Sept 6
Volleyball-Winter/Spring	6v6 Coed	Mon	Begins Jan 9	6:30-10:30pm	\$395	\$455	Jan 2
Bags-Fall*	Mostly Tuesdays	Tue	Begins Sept 20/21	6:30-10:30pm	\$65	\$78	Sept 13
Bags-Fall*	Mostly Wednesdays	Wed	Begins Sept 20/21	6:30-10:30pm	\$65	\$78	Sept 13
Bags-Fall*	Tues & or Wed	Tue / Wed	Begins Sept 20/21	6:30-10:30pm	\$65	\$78	Sept 13

Adult Pickleball Drop-In

Stop by the Weiss Center for drop in pickle ball. All skill levels are welcome. Participants should bring their own paddle; however, we do have paddles available for use at the desk. Indoors begins Tuesday, October 18 with sessions offered every Tuesday and Thursday from 2-5 pm and Saturday from 3-5 pm through April. Punch cards are available.

Location: Weiss Community Center

Oct 17-Dec 17

Tu, Th 2-5pm

Sa 3-5pm

Fees per person:

Drop-in-\$5

Punch Cards-3 punch: \$12 | 6 punch: \$24 | 12 punch: \$48

Bags League*

Join the largest bags league around! League is divided into divisions based on each team's skill level and or day of the week. Two-person teams play three, 21-point games each night. 10th Hole Bar & Grill is open during play and flat screens with the latest games keep you posted on your favorite sport of the season. If the number of teams grows, teams may also play one or two Thursday nights.

Age: 21 and up

Location: Rob Roy Golf Course

• See chart above for schedule.



SPECIAL EVENTS

FREE

A day of family fun!

OLD FASHIONED FAMILY PICNIC

in the Park

**Woodland Trails Park
Monday, September 5
10 am–3 pm**

Join us for our end of the summer hoopla!

Don't miss Trusty the Turtle Race
at 11:30 am and our Kid's Coin Splash at 3 pm.

Closest to the Pin at 1 pm • Driving Range
Pool is FREE — Opens after Turtle Race

For more info on Closest to the Pin, please
visit our website for more details!



Annual Trusty the Turtle Race

Sponsored by the River Trails Park & Recreation Foundation

Takes place at the Annual Old Fashioned Family Picnic in the Park

Turtle Sales

Trusty One > \$5

Trusty's Cluster of Six > \$25

Trusty's Twenty > \$75

Buy Online & Pay Pal!
www.rtpd.org

Prizes

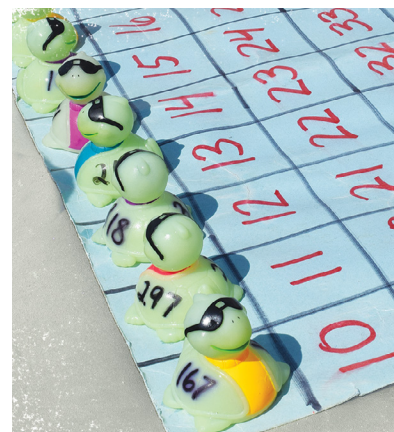
• 1st Place \$300

• 2nd Place \$125

• 3rd Place \$75

• Last Turtle also receives a special prize!

• Next 15 to cross the finish line receive gift cards



Get out and play!



8TH ANNUAL TRAILS YOUTH CHALLENGE

2K Obstacle Course Race

SATURDAY, OCTOBER 1



Voted 2017 'Best Event' in Illinois by the Illinois Park and Recreation Association, The RTPD Trails Challenge Youth OCR is a 1.25 Mile (2K) Obstacle Course Race. The course will take adventurous youth throughout the Woodland Trails Park. There will be 10-14 natural and man-made obstacles throughout the course challenging their determination and physical prowess. The races are held completely within the Woodland Trails Park footprint so there are no street crossings. All participants will receive a t-shirt, medal, goodie bag and bragging rights they conquered the trail.

Time Age

9:30 am12 - 14 yrs Co-Ed

10 am9 - 11 Boys

10:30 am9 - 11 Girls

11 am7 - 8 yrs Co-Ed

11:30 am6+ yrs Family Run #1

11:50 am6+ yrs Family Run #2

Youth must be accompanied by at least one adult over 18 years old in the Family Run

Registration

Early Bird Rate	\$20 per person (Now through September 5)
Regular Rate	\$25 per person (September 7 to September 29)
Day Before & Race Day	\$28 per person (September 30 & October 1)
Registration ends 45 minutes prior to each race	

Information for Registrants: if you are having any issues registering, simply email ocreg@rtpd.org OR call 847-463-3716.



Movie in the Park

**Woodland Trails Park,
Wednesday August 3,
movie will begin at dusk.**

River Trails Park District is excited to present a free movie in the park. The outdoor movie will be showing at Woodland Trails Park on a portable screen. Admission is free; blankets and lawn chairs are encouraged. *In the event of inclement weather, the movie will be canceled.*

MONSTER BASH



**Friday, October 21 • 4-7 pm
Woodland Trails Park**

*If inclement weather activities
will be moved inside the Weiss Center.*

Wear your best costume to our annual Halloween event to join in the fun as we decorate pumpkins, trick or treat through our homemade town and play carnival games. Jump in our photo booth to take some fun pictures with family and friends.

Halloween entertainment and more fun activities to enjoy!

Go with the Flow

HALLOWEEN YOGA

Tap into the spirit of Halloween with this spooky Halloween themed yoga flow class & social. Costumes encouraged. Wine & appetizers are to follow. Must be 21+ to participate.

6-9 pm ❁ Thursday, October 13 ❁ Preregistration by Oct 10
Rob Roy Golf Course Banquet Hall ❁ \$30/\$36



Stocking Deliveries

This year Santa is making a special trip from the North Pole to make a personal delivery to your home!

Imagine your child's delight or a friend's surprise when jolly old Saint Nick delivers a stocking full of goodies to the door!

We'll try to accommodate your time request; however, no guarantees can be made.

Deliveries are for River Trails Park District residents only.

Age: 1 and up

\$20 first child/\$11 for each additional child

Saturday, Dec 3 • 10 am-1 pm



Breakfast with Santa

Saturdays, December 10 and 17

🌲 10-11:30am 🌲 Rob Roy Golf Course

Age: Under 1 - Free ❄️ **Age:** 1 to 15 - \$18 ❄️ **Age:** 16 and up - \$27

Santa is joining us to celebrate the season with a breakfast buffet!

Please drop off a small, wrapped gift to the Weiss Center by **Dec 7 for Dec 10 seating** and by **Dec 14 for the Dec 17 seating** for Santa to give to your child. **Label gift with child's first & last name. The gift amount should not exceed \$10.**

Even though there is no charge for children 11 months old and younger, we do need you to register your infant to account for place settings and table space for your party.

There are limited high chairs and booster seats, please bring one for your child.

REGISTRATION

Complete the family seating request form (form is available online or at the Weiss Center) by Dec 7 for the first seating and by Dec 14 for the second seating. Please list all attendees on registration form.

POLAR EXPRESS

Join us for a ride on the Polar Express!

Meet at the Mount Prospect train station. We'll stop at the North Pole's train station for more winter fun! Each child will receive a little gift to remind them of the River Trails Excursion! A formal letter will arrive with your tickets.

Please don't be late! Arrival at North Pole: Polar Express will arrive at the North Pole at approximately 12:38 pm and will leave at 2:08 pm.

Return to **Mount Prospect Train Station** at approximately 2:37 pm.

Parking Fee: \$2

An adult must accompany all youths.

Age: 1 and up. **Age under one year old - Free.**



Polar Express Dates

M	12-4 pm
Dec 19	\$20 per person
Tu	12-4 pm
Dec 20	\$20 per person
W	12-4 pm
Dec 21	\$20 per person



Check Out
Our Open Gym
Schedule!

PARKOUR

Parkour Registration

Have you set up your family account by visiting our website at www.rtpd.org? If so, log on and pick your classes. If you have not, please set up your account and go to the Weiss Community Center with your family's verification information. (Driver's License for 18+ years old and birth certificates for 17 years old and younger). Once verified, let your family enjoy what River Trails Park District has to offer at The Zone!

Instructors are certified by the World Parkour Free Runner Federation, along with USA Parkour.

Parkour is closed on:

- Aug 22–Sept 5
- Nov 24
- Dec 24, 25, & 31
- Jan 1

Parkour Open Gym

There will be a supervisor available to oversee activities (no formal instruction) and answer questions. We require parents to stay in the facility with children who are 9yrs and younger. Open gym times are subject to change. Call 847-255-1200 before visiting.

September–December

Regular Dates & Hours

Day	Dates	Time	Fee
Fri	Sept 9–Dec 16 (Nov 25 see special times)	6:45–8:45pm	\$12
Sat	Sept 10–Dec 17	5:30–7 pm	\$10

Special Dates & Hours

Whether it is an early release day or schools is out, come to enjoy Parkour Open gym for some extra fun. Pre-registration is strongly recommended.

Dates	Time	Age	Fee
Sept 26			
	12:30-1:30pm	9 & under	\$7
	1:45-2:45pm	all ages	\$7
	3-4pm	all ages	\$7
Oct 5 & Nov 8			
	12:30-1:30p	9 & under	\$7
	1:45-2:45p	all ages	\$7
	3-4pm	all ages	\$7
Nov 22,23,25			
	12:30-1:30pm	6 & under	\$7
	1:45-2:45pm	9 & under	\$7
	3-4pm	all ages	\$7
	4:15-5:15pm	9 & up	\$7
Dec 23, 26-30; Jan 26			
	12:30-1:30pm	6 & under	\$7
	1:45-2:45pm	9 & under	\$7
	3-4pm	all ages	\$7
	4:15-5:15pm	9 & up	\$7

Stunt Crew

The Stunt Crew is a non-competitive performance art group. The students who level up to the Stunt Crew are the best listeners, have patience and have an excellent work ethic! Crew members continue their parkour training while incorporating martial art skills, utilize props and will learn stunt scene choreography. **Instructor approval is needed to join the Stunt Crew.**

Home School Parkour

Age: 7-14yrs

Challenge your minds at home, then challenge yourself physically with Parkour! Students using this class to substitute a regular P.E. class will get a full body work out consisting of Level 1 Parkour skills using obstacle courses. Students will gain strength, endurance, speed, agility, flexibility and confidence in themselves. Tuesday class is film production. Thursday class is parkour.

Pre-Kour

Age: 3-4 yrs

Bring your little ones in to explore a wide variety of movement concepts and skills. Each lesson is geared towards developing your child's self-esteem and confidence. Lessons build over the weeks as the children learn rolls, jumps, leaps, balancing, stretching, and other motor activities.

Session 1

Day	Dates	Time	Fee
M	Sept 12-Oct 24	4:55-5:55 pm	\$85R/\$100N
Tu	Sept 6-Oct 18	10:25-11:25 am	\$85R/\$100N
Tu	Sept 6-Oct 18	4:45-5:45 pm	\$85R/\$100N
W	Sept 7-Oct 19	4:45-5:45 pm	\$85R/\$100N
Th	Sept 8-Oct 20	10:25-11:25 am	\$85R/\$100N
Th	Sept 8-Oct 20	4:45-5:45 pm	\$85R/\$100N
Sa	Sept 10-Oct 22	8:50-9:50 am	\$85R/\$100N
Sa	Sept 10-Oct 22	9:55-10:55 am	\$85R/\$100N

Session 2 | No Class 11/22-11/26

Day	Dates	Time	Fee
M	Oct 31-Dec 12	4:55-5:55 pm	\$85R/\$100N
Tu	Oct 25-Dec 13	10:25-11:25 am	\$85R/\$100N
Tu	Oct 25-Dec 13	4:45-5:45 pm	\$85R/\$100N
W	Oct 26-Dec 14	4:45-5:45 pm	\$85R/\$100N
Th	Oct 27-Dec 15	10:25-11:25 am	\$85R/\$100N
Th	Oct 27-Dec 15	4:45-5:45 pm	\$85R/\$100N
Sa	Oct 29-Dec 17	8:50-9:50 am	\$85R/\$100N
Sa	Oct 29-Dec 17	9:55-10:55 am	\$85R/\$100N

Session 1

Day	Dates	Time	Fee
Th	Sept 8-Oct 20	11:30 am-12:45 pm	\$104R/\$124N

Session 2 | No Class 11/24

Day	Dates	Time	Fee
Th	Oct 27-Dec 15	11:30 am-12:45 pm	\$104R/\$124N

Kinder-Kour

Age: 5-6 yrs

This is the perfect class to enhance your child's parkour abilities to the next level! Bodily awareness as well as situational awareness are learned here. Kinder-Kour students work on increasing their strength and endurance in a safe environment where they are encouraged to reach new heights!

Session 1

Day	Dates	Time	Fee
M	Sept 12-Oct 24	4:55-5:55 pm	\$85R/\$100N
Tu	Sept 6-Oct 18	4:45-5:45 pm	\$85R/\$100N
Tu	Sept 6-Oct 18	5:50-6:50 pm	\$85R/\$100N
W	Sept 7-Oct 19	4:45-5:55 pm	\$85R/\$100N
W	Sept 7-Oct 19	5:50-6:50 pm	\$85R/\$100N
Th	Sept 8-Oct 20	4:45-5:45 pm	\$85R/\$100N
Th	Sept 8-Oct 20	5:50-6:50 pm	\$85R/\$100N
Sa	Sept 10-Oct 22	8:50-9:50 am	\$85R/\$100N
Sa	Sept 10-Oct 22	9:55-10:55 am	\$85R/\$100N
Sa	Sept 10-Oct 22	11:00-12:00 pm	\$85R/\$100N

Session 2

Day	Dates	Time	Fee
M	Oct 31-Dec 12	4:55-5:55 pm	\$85R/\$100N
Tu	Oct 25-Dec 13	4:45-5:45 pm	\$85R/\$100N
Tu	Oct 25-Dec 13	5:50-6:50 pm	\$85R/\$100N
W	Oct 26-Dec 14	4:45-5:45 pm	\$85R/\$100N
W	Oct 26-Dec 14	5:50-6:50 pm	\$85R/\$100N
Th	Oct 27-Dec 15	4:45-5:45 pm	\$85R/\$100N
Th	Oct 27-Dec 15	5:50-6:50 pm	\$85R/\$100N
Sa	Oct 29-Dec 17	8:50-9:50 am	\$85R/\$100N
Sa	Oct 29-Dec 17	9:55-10:55 am	\$85R/\$100N
Sa	Oct 29-Dec 17	11:00-12:00 pm	\$85R/\$100N

Parkour Junior

Age: 7-8 yrs

Your child will learn the basic techniques starting with running, jumping, climbing, swinging, rolling, and vaulting so they can mimic the contestants on American Ninja Warrior. Parkour Junior Level 2 Class is for the top parkour Junior students. Requires instructor permission.

Level 1- Your child will learn the basic techniques starting with running, jumping, swinging, rolling and vaulting so they can mimic the contestants on America Ninja Warrior

NEW! Level 2-🔥 Indicates Level 2 Class which is for the most skilled parkour junior students. This class requires instructor permission.

Session 1

Day	Dates	Time	Fee
M	Sept 12-Oct 24	6:00-7:00 pm	\$85R/\$100N
Tu	Sept 6-Oct 18	4:45-5:45 pm	\$85R/\$100N
Tu	Sept 6-Oct 18	5:50-6:50 pm	\$85R/\$100N
Tu🔥	Sept 6-Oct 18	5:50-6:50 pm	\$85R/\$100N
Tu	Sept 6-Oct 18	6:55-7:55 pm	\$85R/\$100N
W	Sept 7-Oct 19	6:55-7:55 pm	\$85R/\$100N
Th	Sept 8-Oct 20	4:45-5:45 pm	\$85R/\$100N
Th	Sept 8-Oct 20	5:50-6:50 pm	\$85R/\$100N
Th	Sept 8-Oct 20	6:55-7:55 pm	\$85R/\$100N
Sa	Sept 10-Oct 22	8:50-9:50 pm	\$85R/\$100N
Sa	Sept 10-Oct 22	11:00-12:00 pm	\$85R/\$100N

Session 2 | No Class 11/22-11/26

Day	Dates	Time	Fee
M	Oct 31-Dec 12	6:00-7:00 pm	\$85R/\$100N
Tu	Oct 25-Dec 13	4:50-5:50 pm	\$85R/\$100N
Tu	Oct 25-Dec 13	5:50-6:55 pm	\$85R/\$100N
Tu🔥	Oct 25-Dec 13	5:50-6:55 pm	\$85R/\$100N
Tu	Oct 25-Dec 13	6:55-7:55 pm	\$85R/\$100N
W	Oct 26-Dec 14	6:55-7:55 pm	\$85R/\$100N
Th	Oct 27-Dec 15	4:45-5:45 pm	\$85R/\$100N
Th	Oct 27-Dec 15	5:50-6:50 pm	\$85R/\$100N
Th	Oct 27-Dec 15	6:55-7:55 pm	\$85R/\$100N
Sa	Oct 29-Dec 17	8:50-9:50 pm	\$85R/\$100N
Sa	Oct 29-Dec 17	11:00-12:00 pm	\$85R/\$100N

Parkour

Age: 9-14 yrs

Level 1-Students will be challenged mentally and physically in this introductory class. Focusing on skills and obstacles, students will gain a lot of parkour and general fitness knowledge.

Level 2-Class is a continuation of level 1 parkour and fitness education while students expand their Parkour skills. Students will also start learning about free running, begin flip training, tumbling, and more advanced skills while testing their strength and willpower on more challenging obstacles.

Level 3-Students of Level 3 show greater understanding of Parkour safety and technique while looking to continue growing their parkour skills. Students must have completed level 2 and have a teacher recommendation.

Level 4-Students will learn the most advanced parkour and tricking skills. Everything from backflips to front flips to side flips and more. Class will focus on body control, strength, and stamina. Instructor approval is needed to register for this class.

Session 1

Day	Dates	Time	Fee	Level
M	Sept 12-Oct 24	6:00-7:00 pm	\$85R/\$100N	1
M	Sept 12-Oct 24	7:05-8:20 pm	\$104R/\$124N	2
M	Sept 12-Oct 24	7:05-8:20 pm	\$104R/\$124N	3
Tu	Sept 6-Oct 18	5:50-6:50 pm	\$85R/\$100N	1
Tu	Sept 6-Oct 18	6:55-7:55 pm	\$85R/\$100N	1
Tu	Sept 6-Oct 18	6:55-8:10 pm	\$104R/\$124N	2
W	Sept 7-Oct 19	5:50-6:50 pm	\$85R/\$100N	1
W	Sept 7-Oct 19	6:55-8:10 pm	\$104R/\$124N	2
Th	Sept 8-Oct 20	5:50-6:50 pm	\$85R/\$100N	1
Th	Sept 8-Oct 20	7:00-8:15 pm	\$104R/\$124N	2
Th	Sept 8-Oct 20	7:00-8:15 pm	\$104R/\$124N	3
Th	Sept 8-Oct 20	7:00-8:15 pm	\$104R/\$124N	4
Sa	Sept 10-Oct 22	9:30-10:45 am	\$104R/\$123N	2
Sa	Sept 10-Oct 22	11:00-12:00 am	\$85R/\$100N	1

Session 2 | No Class 11/22-11/26

Day	Dates	Time	Fee	Level
M	Oct 31-Dec 12	6:00-7:00 pm	\$85R/\$100N	1
M	Oct 31-Dec 12	7:05-8:20 pm	\$104R/\$124N	2
M	Oct 31-Dec 12	7:05-8:20 pm	\$104R/\$124N	3
Tu	Oct 25-Dec 13	5:50-6:50 pm	\$85R/\$100N	1
Tu	Oct 25-Dec 13	6:55-7:55 pm	\$85R/\$100N	1
Tu	Oct 25-Dec 14	6:55-8:10 pm	\$104R/\$124N	2
W	Oct 26-Dec 14	5:50-6:50 pm	\$85R/\$100N	1
W	Oct 26-Dec 14	6:55-8:10 pm	\$104R/\$124N	2
Th	Oct 27-Dec 15	5:50-6:50 pm	\$85R/\$100N	1
Th	Oct 27-Dec 15	7:00-8:15 pm	\$104R/\$124N	2
Th	Oct 27-Dec 15	7:00-8:15 pm	\$104R/\$124N	3
Th	Oct 27-Dec 15	7:00-8:15 pm	\$104R/\$124N	4
Sa	Oct 29-Dec 17	9:30-10:45 am	\$104R/\$123N	2
Sa	Oct 29-Dec 17	11:00-12:00 am	\$85R/\$100N	1



Parkour Party at The Zone

5 yrs and up
\$350

Similar to American Ninja Warrior, kids will be able to swing into the foam pit, try running the warped wall, climb a rock wall and don't forget about the obstacles.



FITNESS

Trails Fitness Club

Fitness Center Hours | Beginning Sept 6

	Sept & Oct		Nov & Dec	
Day	Open	Close	Open	Close
Monday	5:30am	8:30pm	5:30am	8:30pm
Tuesday	5:30am	8pm	5:30am	9pm
Wednesday	5:30am	8pm	5:30am	9pm
Thursday	5:30am	8pm	5:30am	9pm
Friday	5:30am	8pm	5:30am	8:30pm
Saturday	7am	2pm	7am	3pm
Sunday	8am	Noon	8am	3pm

Fitness Center Equipment

- AMT Machines
- Dry Sauna
- Treadmills
- Rower
- Locker Rooms
- Stretch Trainer
- Dumbbells/ Kettlebells
- True Weight Stations
- Nu Step
- Televisions
- Stationary Bikes
- TRX
- Elliptical Machines

NEW!

Personal Training

Provided by PureEliteFitness Trainers

We recommend training twice a week for any package.
FREE One-hour trial session.

- 8 sessions (one month, \$60 per session)–\$480 total
- 16 sessions (two months, \$50 per session)–\$800 total
- 32 sessions (four months, \$45 per session)–\$1440 total

Trails Fitness Club Memberships

We are proud to offer some of the lowest rates in town without any initiation or hidden fees!

Membership (Individual):

- 1 month: \$20R/\$24N
- 3 months: \$49R/\$59N

1 Year Membership: \$132R/\$152N

Daily Admission: \$6

Fitness Club Members Open Gym: \$1 per visit

NEW! Continuous Member: \$11R/13N per month/credit card. This program has all the convenience you are looking for! Same great deal of the year in full membership with more ease! Simply sign up and the work is done. Instead of paying all upfront you enjoy small monthly payments and have a membership that never expires! No more remembering to renew! You may cancel at any time after the first year of the membership.

Membership Age Requirements: High school and older. Ages 13–14 must be accompanied by an adult 18 years or older at all times.

Be Active • Be Healthy • Be Happy

Join SilverSneakers or Renew Active

Both programs now available for adults 65+.

Join the fitness center for FREE if your Medicare health plan, Medicare supplement carrier or group retiree plan includes Silver Sneakers OR Renew Active as part of your benefit package. You may qualify for a FREE fitness membership. Check with your provider today, then sign up and start exercising with us tomorrow!

SilverSneakers
by Tivity Health

Renew Active
by UnitedHealthcare

Group Fitness Punch Card and Yoga Punch Card

The Group Fitness and Yoga Punch Cards offer you the flexibility of participating in any of the classes offered during the session. Group classes include aerobics, toning, flexibility, barre, and Pilates. yoga classes include flow, dynamic aging, buti, fusion, and vinyasa.

Age: 16 & up



Exercise Punch Cards - September 6–December 17 • 14 Weeks • Weiss Community Center (unless noted)

Punch Card Type	Drop In	7 Punches	14 Punches	28 Punches	Unlimited
Group	\$8R/\$10N	\$45R/\$52N	\$84R/\$99N	\$154R/\$164N	\$189R/\$210N

Yoga Punch Cards - September 6–December 17 • 14 Weeks • Weiss Community Center (unless noted)

Punch Card Type	Drop-In	7 Classes	14 Classes	28 Classes	Unlimited
Yoga	\$11R/\$13N	\$70R/\$82N	\$133R/\$153N	\$250R/\$270N	\$336R/\$356N

The updated schedule can be found on our website at rtpd.org or picked up from the Weiss Center.

WeFitU

We Fit U is unlike any other fitness class because it is much more than a class! It is a lifestyle coaching team! Each workout of our class is custom-tailored to each participant.

Workouts consist of:

- 50% functional exercise training using our exclusive superset circuit system.
- 20% core, arm and ab conditioning.
- 30% relaxation mindfulness and stretching.

We do not seek perfection; our goal is to empower you to reach your ambitions. You are joining an adult lifestyle community that supports eating health.

WeFitU Punch Cards - September 6–December 17 • 14 Weeks • Weiss Community Center (unless noted)

Punch Card Type	Drop In	3 Classes	12 Classes	24 Classes
WeFitU	\$30R/\$42N Expires 1 Year	\$75R/\$87N Expires 30 Days	\$240R/\$260N Expires 90 Days	\$420R/\$460N Expires 180 Days

The updated schedule can be found on our website at rtpd.org or picked up from the Weiss Center.

Youth Yoga Vibe

Youth Yoga Vibe offers a unique possibility for every child to experience a joyful blossoming of their natural potential. This program is an introduction to yoga, led through an exploration of fun, love, and joy, allowing each student to develop and live in optimal health and inner peace. The program is designed to enhance concentration and memory, and improve mind-body coordination. No class November 23

Location: Weiss Community Center

Ages: 8-14 yrs

W 4:30-5:30pm

September 7-October 19 \$65R/\$72N

November 2-December 19 \$65R/\$72N

Little Yogis-Parent & Tot Yoga

This class is for the younger yogis and allows children to explore yoga through mindful breathing, playful poses, music, games, and short relaxation. Our Little Yogi classes encourage kids to be confident, caring, and compassionate individuals.

Location: Weiss Community Center Dance Room

Ages: 1-3yrs with adult

M 11:20 am-Noon

September 12-October 24 \$69R/83N*

November 7-December 19 \$69R/83N*

*One fee for both parent & child

Glow with the Flow Halloween Yoga

Tap into the spirit of Halloween with this spooky Halloween themed yoga flow class & social. Costumes encouraged. Wine & appetizers are to follow. Must be 21+ to participate. Registration deadline is Oct 10.

Ages: 14 years and older

Location: Rob Roy Golf Course Banquet Room

Th 6-9 pm

October 13 \$30R/\$36N per class

Girl Power-Mother Daughter Yoga

This Mother-Daughter yoga class brings special practices that integrate connection, joyful movement, and relaxation. Mothers have an opportunity to connect to their daughters in ways that feel natural and genuine outside of their busy daily routines. Girls feel empowered as they develop their inner and outer strength, confidence, and compassion. They gain important lifelong tools to find emotional balance, manage stress, and establish healthy relationships.

Location: Weiss Community Center

Ages: 7-14 yrs with adult

Su 10:15-11:15 am

September 11-October 23 \$44R/\$53N*

November 7-December 19 \$44R/\$53N*

*Per person both mom and daughter must register

Virtual Classes

Yoga Flow

Practice Yoga from the comfort of your own home. Flow based Hatha yoga uses movement and breath together to produce a "flow" of postures that lead from one to the next. Yogis can expect to develop strength, flexibility, and mental clarity in a mixed-level environment. No class on 11/22.

Tu 6-7 am

September 6-December 13 \$150R/\$170N

Yoga Events

Candlelight Yoga

Enjoy your regular yoga practice at home to drain your tension away with this soothing restorative yoga program. Movements are gentle and music soft. Melt anxiety into tranquility with yoga postures specifically chosen to release tension, increase strength, improve balance and enhance flexibility. No class 11/24.

Th 7-8 pm

September 9-December \$150R/\$170N



ACTIVE ADULT

Adult Enrichment

Painting

Beginner through advanced students will learn how to paint landscapes, seascapes, flowers & more, you choose! Learn new techniques through our professional instructor, Anthony Soskich's skilled guidance.

Location: Weiss Community Center

M 10 am-1 pm

Sept 12-Oct 24 \$140R/ \$160N

Oct 31-Dec 12 \$140R/ \$160N



Trips

Amount of Walking Legend

	1 footstep: Light Walking
	2 footsteps: Moderate Walking
	3 footsteps: Heavy Walking

Dreamgirls

Paramount Theatre

It's the 1960s where the sound of Motown is on the rise. Meet the Dreamettes, Effie, Deena and Lorrell, three women trying to break their way onto the music scene. When car salesman Curtis Taylor Jr. signs the three singers to a record label, he sets in motion a series of events that will forever change their lives, for better and for worse.

W Sept 7

10 am-5 pm \$94 per person Weiss Center

Transportation and lunch included.

The 4 C Notes

Jacob Henry Mansion

The Four C Notes was created by John Michael Coppola, best known for his appearance in Chicago's long running production of the Broadway, smash hit *Jersey Boys*. *The Four C Notes* are the Midwest's only tribute dedicated to recreating the music of Frankie Valli and The Four Seasons!

W Sept 14

10 am-5 pm \$79 per person Weiss Center

Transportation and lunch is included. **Murder on**



the Orient Express

Drury Lane

Just after midnight, a snowdrift stops the Orient Express in its tracks. The next morning, an American tycoon lies dead in his compartment, stabbed a dozen times, his door locked from the inside. Isolated and with a killer in their midst, the passengers rely on famed detective Hercule Poirot to identify the murderer before they strike again.

W Oct 5

10 am–5 pm \$99 per person Weiss Center
Transportation and lunch is included.

Denny Diamond

White Fence Farm - Romeoville

Emerging from the elite Chicago music scene in Illinois, Award-Winning Neil Diamond tribute artist Denny Svehla began hitting the ground running in the music realm in 1999, and since that time has manifested into one of the most versatile and multifaceted tribute acts to hit the stage.

Th Sept 22

10 am–5 pm \$74 per person Weiss Center
Transportation and lunch included.

Nifty 50s & 60s

Chandler's Chop House - Schaumburg Golf Course

Join us for some fun with Jukebox gems of the 50s & 60s!

Th Oct 20

10:30 am–5 pm \$74 per person Weiss Center
Transportation and lunch is included.

The Sound of Music

Paramount Theatre

When carefree nun-in-training Maria is sent by her convent to be the governess of seven children, she finds herself unexpectedly questioning her choices in life and falling in love with the children's stern father, all the while the events of World War II play out in the background. One of the most beloved musicals of all time and a holiday favorite, The Sound of Music.

W Nov 16

10 am–5 pm \$99 per person Weiss Center
Lunch and transportation included.

Lunch Bunch

Fitzgerald's Genoa Junction 🍴🍴🍴

Genoa City, WI-With Shopping In Richmond, Illinois

Fitzgerald's Genoa City Junction serves all-you-can-eat North Atlantic Cod boiled in traditional outdoor kettles year-round for that one of a kind mouthwatering flavor.

W Sept 7

1-8 pm \$25 per person Weiss Center

Transportation only, dinner and shopping is on your own We will be having dinner around 5 pm.

Franco's Pescheria 🍴

Lake Zurich

Franco's Pescheria is a premium seafood market, restaurant, and raw bar.

W Oct 12

10:30 am-3 pm \$15 per person Weiss Center

Transportation only, lunch is on your own.

Phat Phat 🍴

Schaumburg

Phat Phat, the brand-new eatery from the team behind Chicago's award-winning Imperial Lamian officially calls the heart of Schaumburg home. Phat Phat serves guests dishes inspired by the culinary scenes across Southeast Asia.

T Nov 10

10:30 am-3 pm \$15 per person Weiss Center

Transportation only, lunch is on your own.

Toluca's Restaurant 🍴

Waukegan

Traditional Mexican cooking and drinks served in a casual setting with wood booths and colorful art.

W Dec 21

10:30 am-3 pm \$15 per person Weiss Center

Transportation only, lunch is on your own.





Managed by
River Trails
Park District

GOLF



Rob Roy Golf Course

Managed by River Trails Park District

505 E. Camp McDonald Road | Prospect Heights, IL 60070
847.296.GOLF (4653) | www.robroygc.com

The course will close for the season on December 4 or the first snowfall/frost.

Winding through 51 acres, the beautiful Rob Roy Golf Course, (9 Hole, Par 36), will challenge your golfing skills. Our 3,022 yards are narrow and tree-lined requiring accuracy with water coming into play on 4 holes and sand traps throughout the course. Red, Yellow, White and Blue tees offer options for all skill levels. Rob Roy challenges the experienced golfer. Warm up on our lush putting green before your round and afterwards visit the 10th Hole Bar and Grill to enjoy a beverage, sandwich or snack. Prices subject to change.

Hours for the course will reduce according to sunrise and sunset times. The last tee time is always 2 hours prior to sunset. Check the website for the most accurate tee-time availability.

9 Holes	Residents	Partner Residents	Non Residents
Monday-Friday	\$17	\$18.50	\$20
Saturday & Sunday	\$19	N/A	\$22
Holidays	\$19	N/A	\$22



Join us at the 10th Hole Bar and Grill overlooking the gorgeous Rob Roy Golf Course. Choose from a variety of great snacks, sandwiches, burgers and more! Catering is available year round. Refer to the website for hours as the Golf Season winds down.

505 E. Camp McDonald Road • Prospect Heights, IL 60070
847.296.GOLF (4653) • www.robroygc.com

Cart Rental Pull cart \$3, Gas cart 9 Holes \$12/person

New Golf Cart Rental \$12 per cart

Leagues Interested in joining? E-mail leckenbrecht@rtpd.org.

Group Outings Email: leckenbrecht@rtpd.org or visit www.robroygc.com/outings.

Club Rentals The Rob Roy Golf Course has clubs available for rent for \$10 in the Pro Shop.

Pro Shop Stop in for all your golf necessities: golf balls, gloves, hats, tees, towels and Rob Roy Merchandise!

Gift Certificates Values: \$25, \$50, \$100.

Available online through ITSONME.
Visit <https://bit.ly/RRGC-Gift> or scan QR code.



One Last Swing

Friday, November 25

December 3 & 4

Weather dependent

\$10 green fees

\$6 cart fees.



Woodland Trails Driving Range

1500 E. Euclid Ave. Mount Prospect, IL 60056
847.253.GOLF | www.robroygc.com

Hours:

- Sunrise to sunset.
 - Ball Dispenser only after November 1.
 - Weather depending closure for snow, official close December 15.
 - Closing at dusk nightly.
- 35 Hitting Mats
 - Sand Trap Practice Area
 - Target Greens
 - Putting Green

Specials

Small (32)..... \$5

Medium (64 balls) \$7

Large (96) \$10

Range will close officially after the first snowfall or December 15

Woodland Trails Mini-Golf Course

1500 E. Euclid Ave. Mount Prospect IL 60056

For hours call 847.255.1200 or visit our website at www.robroygc.com

Last round of mini golf is 30 minutes prior to closing time.

18 Challenging Holes

12 Years and Under\$4

13 Years and Older\$5

Fun for All Ages

Group rates available for groups of 15+

Call 847.255.1200 to schedule

After August 18, Mini Golf will operate after school on Fridays from 3 pm to close, and on weekends from Noon to Close.

We will officially close for the season on October 30.

Rob Roy Junior Golf League

A fun and friendly recreational league where we stress learning and developing golf skills while playing with friends in a relaxed and fun atmosphere. The league's goal is to help in the development of golf skills that will last a lifetime. Pick who you would like to play with or let us pair you.

Ages: 9yrs-16yrs

Location: Rob Roy Golf Course

Tu 3:45-5:45 pm

Sept 6-Oct 18 \$100R/\$120N



ROB ROY BANQUETS

GOLF



Perfect for all occasions!

*Newly
Renovated*

Rob Roy Banquets offer guests a tranquil, delicious meal while providing exceptional style and class. Floor to ceiling windows overlook the lush fairways and a spacious deck offers beauty and functionality. Choose from a variety of room and food and beverage packages to meet your needs. Our highly experienced team is committed to excellence and will work with you to make your event a success! Full service bar available. Accommodates up to 160 guests for a banquet set up and 260 guests for a meeting set up. For inquiries and pricing, email robroyevents@rtpd.org.

505 E. Camp McDonald Road

Prospect Heights, IL 60070

847.296.4653, Ext. 2 • robroyevents@rtpd.org

www.robroygc.com

RIVER TRAILS PARK DISTRICT • 1500 E. Euclid Ave, Mt Prospect, IL 60056 • 847.255.1200 • rtpd.org ■

Room Rentals

Facilities may be rented for public or private gatherings. Please reserve at least 2 weeks prior to your rental date. No alcohol or smoking permitted. Kitchens are available at the Weiss Center Meeting Room, Burning Bush Center Large Room (A) and The Zone Glass Room. Use of kitchen included with rental. Tables and chairs available for use inside the building. **All room rentals are a two hour minimum unless approved.**



Weiss

Location	R	NR	Capacity
Meeting room	\$45	\$54	80
North Room	\$45	\$54	50
Dance Room	\$40	\$48	50
Full gym-2hr min.	\$70	\$84	200
Half gym-2hr min.	\$45	\$55	

Burning Bush Community Center

Location	R	NR	Capacity
Large (A) Room	\$45	\$54	90

The Zone

Location	R	NR	Capacity
Glass Room	\$45	\$54	50
Ivy Room	\$45	\$54	50
Blue Room	\$45	\$54	40
Turf (full field)	\$85	\$102	
Turf (half field)	\$50	\$60	
Parkour (full)	\$105	\$126	

For rentals 75+ patrons add \$10 per hour



Turf at The Zone



Glass Room at The Zone

Weiss Community Center

1500 E. Euclid Avenue
Mount Prospect, IL 60056

Gymnasium—Perfect for any large sports event. Comfortably holds 100 up to 200. Contains six movable basketball hoops or two volleyball courts.

Meeting Room—A great room for a family party, baby shower or team party. Kitchen attached.

North Room—Also perfect for a family party, baby shower or team party. No kitchen available.

Burning Bush Community Center

1313 Burning Bush Lane
Mount Prospect, IL 60056

The Large Room (A)—A cozy room ideal for a birthday party, meeting or bridal shower. Capacity 80–90 people depending on room set-up. Kitchen attached.



The Zone

550 Business Center Drive
Mount Prospect, IL 60056

Turf—Our turf field covers approximately 7000 square feet that can be used for youth soccer team practices, small sided games (3v3–6v6) for youth or adults, and other sport activities such as training, practice and/or classes for lacrosse, baseball etc. The turf area can be split up differently based on activities.

- Full field (90 feet by 76 feet)
- Half Field (90 feet by 38 feet)
- Third of a field (76 feet by 30 feet)

Blue Room—This cozy room is ideal for parties, family gatherings or end of the season team parties and hold 40 people. This room is located near the turf and parkour area and is a great option if you are looking to be physically active between food and drinks during your party while enjoying family and friends. No kitchen access

The Glass Room—A unique glass block wall allows light and color making the Glass Room wonderful for a business luncheon, graduation party or family gathering. Comfortable for 50 people with ample space for food and/or present tables. Kitchen attached.

Ivy Room—Bountiful natural light is let in this room with large windows. Any type of family gathering up to 50 people will be a nice fit along with patrons who want a party room when renting out the parkour area. No kitchen access.

Parkour

Looking for some fun in a non-traditional but exciting setting? You may rent the parkour gym for your party, school outing, and/or a team bonding experience. The west section includes a climbing wall, a spider wall, warp walls that are 9–14 feet in height, obstacles, and a giant foam pit with ropes and rings. The east section includes a foam pit, rope challenges, climbing nets, sliding pole, crash pads, and fun obstacles. General supervision of each area by staff is included in the rental fee.

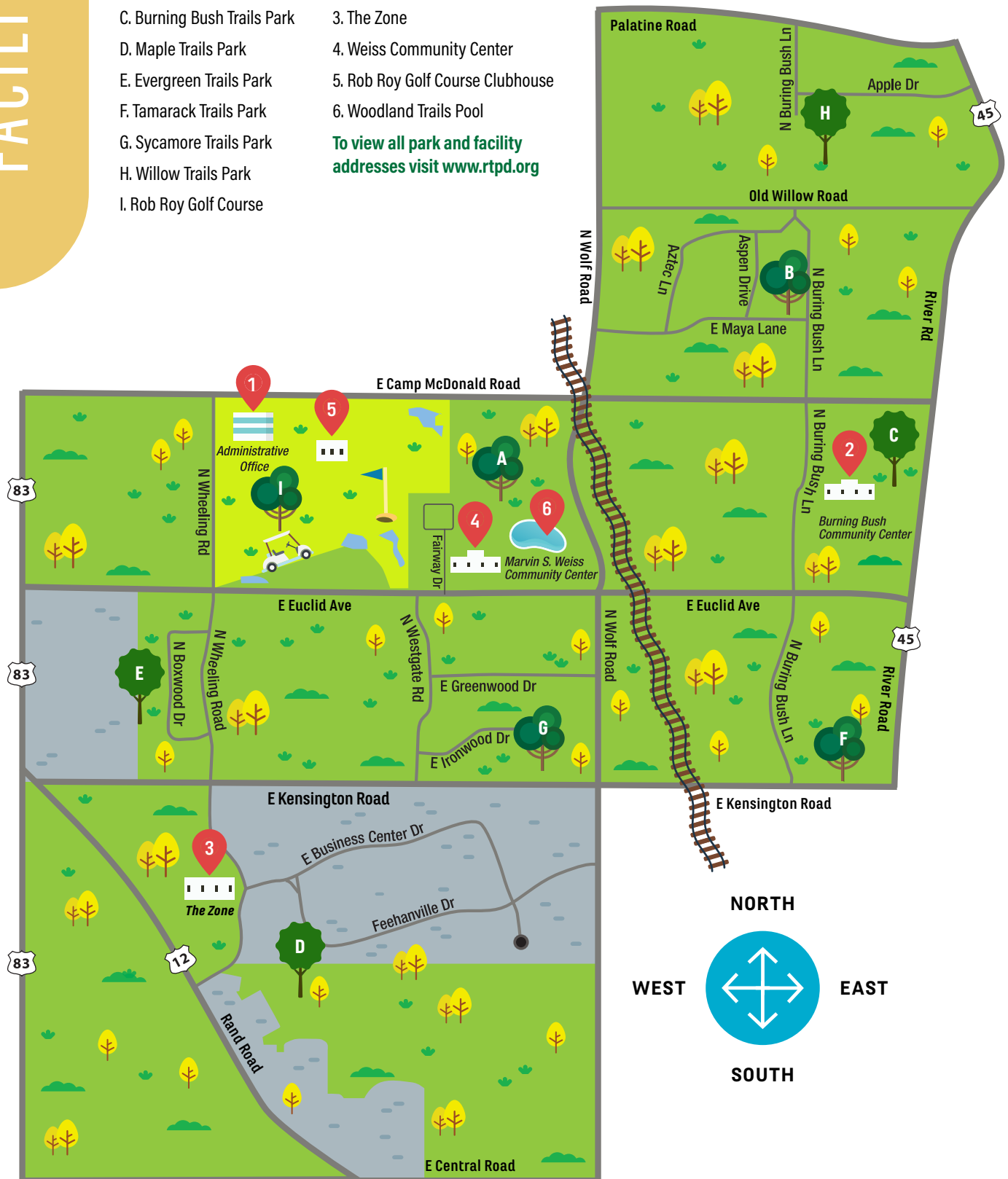
Parks

- A. Woodland Trails Park
- B. Aspen Trails Park
- C. Burning Bush Trails Park
- D. Maple Trails Park
- E. Evergreen Trails Park
- F. Tamarack Trails Park
- G. Sycamore Trails Park
- H. Willow Trails Park
- I. Rob Roy Golf Course

Facilities

- 1. Administration Offices
- 2. Burning Bush Community Center
- 3. The Zone
- 4. Weiss Community Center
- 5. Rob Roy Golf Course Clubhouse
- 6. Woodland Trails Pool

To view all park and facility addresses visit www.rtpd.org



Marvin S. Weiss Community Center

1500 E. Euclid Ave.
Mount Prospect
847.255.1200 www.rtpd.org

September & October			November & December	
Day	Open	Close	Open	Close
Monday	9 am	8:30 pm	9 am	8:30 pm
Tuesday	9 am	8 pm	9 am	9 pm
Wednesday	9 am	8pm	9 am	9 pm
Thursday	9 am	8 pm	9 am	9 pm
Friday	9 am	8 pm	9 am	8:30 pm
Saturday	9 am	2 pm	9 am	3 pm
Sunday	closed	closed	Noon	3 pm

Closed: Labor Day, Thanksgiving, Christmas, and New Years

Administration Offices

401 E. Camp McDonald Rd.
Prospect Heights
847.788.0551

Burning Bush

Community Center

1313 Burning Bush Lane.
Mount Prospect
847.255.1200

The Zone

550 Business Center Drive
Mount Prospect
847.255.1200

Rob Roy Golf Course and 10th Hole Bar & Grill

505 E. Camp McDonald Rd.
Prospect Heights
847.296.GOLF

Woodland Trails Driving Range & Miniature Golf

1500 E. Euclid Ave.
Mount Prospect
847.296.GOLF

Woodland Trails Park Maintenance Garage

1500 E. Euclid Ave
Mount Prospect
847.394.0734

Woodland Trails Pool

1500 E. Euclid Ave
Mount Prospect
847.255.1200

PARKS	Woodland Trails	Aspen Trails	Burning Bush Trails	Maple Trails	Evergreen Trails	Tamarack Trails	Sycamore Trails	Willow Trails	Rob Roy Golf Course
Youth Playground	▲	▲	▲	▲	▲	▲	▲	▲	
Tot Playground	▲	▲	▲		▲	▲	▲	▲	
Tennis	Practice Walls	2	2			2	4 lighted	2	
Basketball	▲	▲	▲	▲		▲		▲	
Water Fountain	▲	▲	▲	▲	▲	▲	▲	▲	▲
Outdoor Volleyball	▲			▲			▲	▲	
Baseball/Softball	Lighted	▲	2			▲	▲	▲	
Shelter	▲		▲	▲			▲	▲	
BMX Bike Track								▲	
Walking/Cycling Paths	▲	▲	▲	▲			▲	▲	
Roller Hockey/Futsal			▲	▲				▲	
Outdoor Pool	▲								
Mini-Golf	▲								
Golf Driving Range	▲								
Soccer	▲	▲	▲			▲	▲	▲	
Community Center	▲		▲						Golf Clubhouse
Cheap Skates Park	▲								
Acres	46.7	5	10	2.3	.4	4.75	6.4	12	51
Hours	Dawn-10:30 p	Dawn-dusk	Dawn-10:30 p	Dawn-10:30 p	Dawn-dusk	Dawn-10:30 p	Dawn-10:30 p	Dawn-dusk	Varies

Partner Resident Agreement

River Trails, Prospect Hts. and Mt. Prospect Park Districts have an agreement to bring more recreational services to our residents. Your property taxes will continue to support only the River Trails Park District. Still, you are entitled to certain additional benefits at the "partner" park districts: Prospect Hts. and Mt. Prospect.

Except for our partner districts' golf courses, all programs and facilities are available to you at resident rates. Residents are given first priority when registering for their favorite programs within their home park district.

To take advantage of this outstanding partnership, when registering for programs or purchasing a membership at our partner districts, present valid proof of your name and address with a valid driver's license or state ID.

To find out more about what our partner districts have to offer, please call, visit their website or stop by the Prospect Hts. Park District's Gary Morava Recreation Center or Mt. Prospect Park District's RecPlex or Central Community Center.

Volunteer Opportunities

The River Trails Park District utilizes volunteers in many areas and special events. Each season, we post an updated listing of opportunities for volunteers to assist with or programs' success. All prospective volunteers must complete and submit a volunteer application, waiver, and release form. If you are selected to be a volunteer, you are required to complete a Criminal Background Check. For additional information on volunteering, please contact Patti Mitchell, Superintendent of Recreation, at 847.255.1200 or pmitchell@rtpd.org. We appreciate your help!

Our Commitment to Safety

River Trails Park District recognizes the importance of safety for our employees and participants. Our goal is to develop and carry out an ongoing program where everyone's health and safety are the most important factors. All employees are directly involved in making safety a matter of continuing concern. With a cooperative spirit, we will be successful and benefit all members of our Park District Community. Adopted by the Board of Park Commissioners 2014.

Americans with Disabilities Act

River Trails Park District supports and complies with the Americans with Disabilities Act. If you require assistance to participate in our programs, use our facilities, or have any questions or concerns, please notify us upon registration to ensure a smooth inclusion. We are an equal opportunity organization and shall continue to adhere to the doctrine of equality of opportunity and non-discrimination in all of our programs, services, and employment.

Park & School Districts Work Together

River Trails Park District and School District 26 have enjoyed a cooperative relationship for many years to provide quality services. We share facilities and programs to bring you the best. We'd like to express our appreciation for this continuing outstanding effort.

Northwest Special Recreation Association



Providing Recreation Services to Individuals with Special Needs NWSRA exists to provide outstanding opportunities through recreation for people with disabilities. The agency's team of full-time Therapeutic Recreation professionals and trained part-time staff offers safe, fun and quality year-round opportunities to individuals with disabilities of all ages and ability levels. Participants benefit through increased self-esteem, physical and social skills development and improved fitness and health while experiencing challenges, making friends and having fun!

Inclusion assistance is provided by NWSRA to those individuals who wish to participate in their home park district programs. When registering, the parent of an individual with a disability should inform the park district (and NWSRA, if desired) of any accommodation needed in order for the individual to successfully participate in the program. The park district staff will then contact NWSRA for assistance with the accommodation.

For more information on NWSRA, brochures may be picked up at the Weiss Center or at the NWSRA office at Park Central, 3000 W. Central Road in Rolling Meadows. NWSRA may be contacted at 847.392.2848 (voice), 847.392.2855 (TTY) or 847.392.2870 (fax). Check out NWSRA at www.nwsra.org.

Equal Opportunity Employer

River Trails Park District is an equal opportunity employer. All qualified persons will be considered for employment without regard to race, creed, color, sex, national origin, sexual orientation, or age.

Hearing Impaired Assistance

Please contact us through the Illinois Relay Center
Voice: 1.800.526.0857. TTY: 1.800.526.0844

Photo Policy

Please be aware that staff may take photos of participants enrolled in Park District activities or people on Park District properties. These photos are for Park District use only and may be used for publications and the park district's website.

Financial Assistance-Scholarship Program

Our goal is to provide recreational opportunities for all district residents. We provide services to our residents facing financial hardship through reasonably priced programs and financial assistance/scholarship programs. If you're a River Trails Park District resident facing financial hardship you can apply for assistance. Please fill out an application at the Weiss Community Center, 1500 E. Euclid Ave., Mt. Prospect. Scholarship assistance is made possible from funds raised through our RIVER TRAILS PARK and RECREATION FOUNDATION, a 501(c)3 organization.

An Illinois Distinguished Accredited Agency since 2000

The Illinois Assoc. of Park Districts and Illinois Park and Recreation Association Accreditation Program. The goal is to improve the delivery of recreation services through a voluntary comprehensive evaluation process. The desired result is to improve the quality of life for residents and to recognize the agencies which provide this quality service. This process makes sure we up to date with all legal and policy matters as well as increases operational efficiency and effectiveness.



Get out and play!

Staff Directory

847.255.1200

Administrative Staff

Bret Fahnstrom, CPRE.....Executive Director
Michael PoschInformation Technology Manager

Recreation Staff

Patti Mitchell, CPRPSuperintendent of Recreation
Kate EricksonCommunications and
Marketing Manager
Katelynn PutkonenRecreation Manager
Vance Violante, CPRPRecreation Manager
Eileen Meyers.....Customer Service Supervisor
Bruce BarryRecreation Supervisor
Dan DesJardins.....Recreation Supervisor
Katie Halverson, CPRPRecreation Supervisor
Josh Mulholland.....Recreation Supervisor
Justin SladeRecreation Supervisor

Park Staff

Mike Hanley.....Superintendent of Parks
Jeremy Hakala.....Grounds Manager
Erik Hosp.....Head Custodian
Tom Kearns.....Tradesman
Bob Nicioli.....Tradesman
Sean Waite.....Grounds Foreman

If you have an ADA Compliance concern, please contact:
Patti Mitchell, 847.463.3717, pmitchell@rtpd.org or
Mike Hanley, 847.394.0734, mhanley@rtpd.org.

Rob Roy Golf Course Staff

Louis EckenbrechtGeneral Manager
Jeremy Rolf.....Golf Superintendent

Code of Conduct

We rely on all participants to display appropriate behavior at all times.

Participants shall:

- Show respect to all participants, staff and spectators
- Refrain from using foul language
- Refrain from inflicting bodily harm upon other participants, staff and spectators
- Show respect for equipment, supplies and facilities

Additional guidelines may be developed as deemed necessary. River Trails Park District reserves the right to dismiss a participant or spectator for inappropriate conduct. Each situation will be evaluated on its own merit.

Registration Dates

Resident: Tuesday, August 9

Open Registration: Tuesday, August 23

Starting at 8:30 am online at RTPD.org

5 Ways to Register at RTPD

1. Online is the Best!

24/7 Registration at www.rtpd.org

2. Walk-In

Please call for hours, 847.225.1200.

3. Drop Box

If the front desk is closed, the drop box is located at the Weiss Community Center in front of the registration desk. Deposit the completed registration form and payment.

4. Mail-In

Mail your completed form and payment directly to: River Trails Park District
Weiss Community Center
1500 E. Euclid Ave.,
Mount Prospect, IL 60056

How to Register for a Program

1. Go to RTPD Website www.rtpd.org and click on "Registration Online" icon
2. Log in using your username and password
3. Click on the "Browse Activities" button
4. Verify your email then click "Continue"
5. Click on "Recreation Programs" button
6. Select the person that is registering for the program and click "Continue"
7. Select the program(s)
8. For programs with grades, register child for 2022 school year.
9. When finished with selection(s) click "Continue"
10. Complete payment information

HOW TO CREATE A FAMILY ACCOUNT

1. Go to <https://register.capturepoint.com/RiverTrailsParkDistrict>
2. From the River Trails Park District Community Pass login homepage click on the "Create a Family Account" tab.
3. On the next page complete the "Account Creation" fields and click on "Create" at the bottom of the page.
4. Your address must include North, South, East, West (if applicable) as well as Street, Lane, Court, Avenue etc., in order for the system to recognize it.
5. On the next page you will see the Community Pass Privacy Statement. After reading, click 'Accept.' Then click 'Finish.'
6. Please save your login and password for future use. When creating your account, add all family members now. Please note that only one account per family is permitted.

Residents:

7. Once you have entered in your household account online, you will need to stop by the Weiss Center, 1500 E. Euclid Ave., Mount Prospect, IL 60056 to verify your residency and family information. Please bring in:
 - a. For adults living in the home please bring in current Driver's license/State ID or utility bill.
 - b. For 17 years old and younger a birth certificate a current report card or an insurance card for each child in the home.
8. You will not be able to register until your address and child(ren)'s have been verified by the RTPD customer service staff.

General Registration Information

1. Registration is processed at the Weiss Community Center
2. We accept cash, check, Visa, MasterCard or Discover Card. (\$20 minimum for credit cards)
3. WAIT LISTS are held for programs that fill. We will open additional classes if possible. If you are placed on a wait-list you be notified by email. If there is an opening in the program you will be sent an email with link to pay for the class by credit card online.
4. NON-RESIDENT FEE: There is a non-resident charge of approximately 20%, (not to exceed \$20), per class, per person. Partner residents receive resident rates. Please refer to the map to check your residency or call 847.255.1200.
5. REFUNDS: Please contact us before the start of a program if you need a refund. If the park district must cancel a program, a full refund will be made and a credit will appear on your online account.
6. River Trails Park District reserves the right to cancel any program for any reason.

VOLUNTEERS

Want to give back and be a positive role model for our youths?

We are looking for volunteer coaches for youth soccer, basketball & volleyball.

The River Trails Park District utilizes volunteers in many areas and special events. Each season, we post an updated listing of opportunities for volunteers to assist with our programs' success. All prospective volunteers must complete and submit a volunteer application, waiver, and release form. If you are selected to be a volunteer, you are required to complete a Criminal Background Check.

Special park district perks for volunteers.

Apply today at rtpd.org

For additional information on volunteering, please contact Patti Mitchell, Superintendent of Recreation, at 847.255.1200 or pmitchell@rtpd.org. We appreciate your help!



Help Make Our Vision A Reality

River Trails Park & Recreation Foundation is currently seeking new members! If you have a passion for your community and our parks, want to help put together fun events to help people in your backyard continue to have great programs and scholarship programs, we would love to have you a part of our volunteer team. Contact Kate Erickson at kerickson@rtpd.org or 847-255-1200.

**Math Classes
Now Enrolling!**





The Russian School of Mathematics is an award-winning, afterschool math enrichment program. We use the rigorous study of mathematics as a vehicle to develop our students' math fluency, intellect, and character, empowering them for life. Hybrid and in-person courses may be available; please inquire with our office for more information.

RSM is "among the top 10 schools in the world."

-Johns Hopkins Center for Talented Youth



5 Locations in Illinois!

 RussianSchool.com
 855.MATH.855



River Trails Park District

Weiss Community Center
1500 E. Euclid Avenue
Mount Prospect, IL 60056
847.255.1200



8TH ANNUAL TRAILS YOUTH CHALLENGE

2K Obstacle Course Race

SATURDAY, OCTOBER 1

The RTPD Trails Challenge Youth OCR is a 1.25 Mile (2K) Obstacle Course Race. The course will take adventurous youth throughout the Woodland Trails Park. There will be 10-14 natural and man-made obstacles throughout the course challenging their determination and physical prowess. The races are held completely within the Woodland Trails Park footprint so there are no street crossings. All participants will receive a t-shirt, medal, goodie bag and bragging rights they conquered the trail.

Register at rtpd.org.

See page 30 for complete details.

