

Serving Mount Prospect & Prospect Heights



Symmed

- Pool Opens on Friday, June 9 at Noon
 - Passes on sale now
 - Early Bird pool pass discount ends May 2
- Camps starts Monday, June 12 Registration ongoing
- Programs Run June 11-Aug 12
- Resident Registration begins Tuesday, April 25
- Open Registration begins Tuesday, May 9

Visit rtpd.org for the most updated information. 🚺 😏 🎯 RTPD.ORG

SUMMER 2023 JOD OPPORTUNITIES!

We are looking for tomorrow's creative community builders to get started in some great job opportunities for Summer 2023!

Starting at \$14 an hour (under 16 yrs old) and \$15 over 16 years.

GREAT JOBS

Ages 14+

- Deck Attendant
- Sports Instructors
- Swim Lesson Instructor
- Concession Stand Staff

Ages 16+

- Camp Counselors
- Youth Athletic Instructor
- Lifeguards

- Ages 18+
- Parks Team
- Pool Manager
- Aquatic Coordinator
- Swim Team Coach
- Swim Lesson
 Coordinator
- Camp Site Supervisors
- Athletic League SupervisorBuilding and

Visit www.rtpd.org and complete the online application. Interviews are being conducted during Spring Break. Don't Delay, Apply Today!



PERKS

- FREE Pool Pass
- FREE Fitness Center Passes
- FREE Mini Golf live music
- FREE Driving Range
- Golf: \$15 for nine holes/cart (M-Th, except holidays. Must reserve ahead of time)
- And more!



Parks Foundation Trustees

Mike Hertz, President Patti Mitchell, Vice President Tina Kozil, Secretary Bret Fahnstrom, Treasurer Mari Otto Christine Powles Bruce Barry

Our Mission

The mission of the River Trails Park and Recreation Foundation is to secure and provide financial resources for recreational programs, parks and facilities that enhance the quality of life and promote a healthy well-being for residents of the River Trails Park District, a 501(c)3 not-for-profit.

Our Goal

The River Trails Park District strives to provide our participants with safe, fun and economical recreational opportunities. Through a variety of programs, events, facilities and open spaces, individuals and families can enhance their lives through our offerings.

The River Trails Park and Recreation Foundation was developed solely to assist the River Trails Park District through grants for scholarships for those facing financial hardship, specific projects, equipment, infrastructure, development and programming.

Interested in helping? Contact Patti Mitchell at 847.463.3717.

 Building and Office Staff
application.



Marvin Weiss Community Center

1500 E. Euclid Ave, Mt Prospect, IL 60056 847.255.1200 • rtpd.org

Office Hours May 1- September 1

Day	Open	Close
Monday	9 am	8 pm
Tuesday	9 am	8 pm
Wednesday	9 am	8 pm
Thursday	9 am	8 pm
Friday	9 am	8 pm
Saturday	9 am	2 pm
Sunday	Closed	

Days Closed – Memorial Day, 4th of July and Labor Day

Registration Dates

Resident: Tuesday, April 25 **Open Registration:** Tuesday, May 9 Starting at 8:30 am online at RTPD.org For info on how to register, see page 68.

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Mission, Vision & Values

The Mission

of the River Trails Park District is to enrich the lives of our diverse community.

Our Vision

is to become the Recreational Choice in everything you do.

Values

SUSTAINABILITY: We dedicate ourselves to the stewardship of the district's physical, financial, personnel resources and the conservation of our environment.

SOCIAL EQUITY: We are committed to social justice, equity and creating a community of belonging.

ETHICAL: We ensure a high level of trust and respect within the community through integrity, reliability, honesty, accountability, and compassion.

INNOVATION: We develop new ideas for community health and wellness through fun, creative and critical thinking.

SERVICE ORIENTED: We provide a high level of service and safety in our parks, facilities, and programs

TEAMWORK: We strive to develop positive relationships and partnerships through collaboration with community stakeholders and organizations.

CONTINUED LEARNING: We recognize the importance for professional growth, continued learning, mentoring and empowerment for the agency's team.

River Trails Park District Board of Commissioners

We invite you to learn more about your park district by attending the Board meetings. Meetings are held at the Administrative Building 401 E. Camp McDonald Rd. Prospect Heights. The community can attend virtually via Zoom link upon request. For more information, please call 847-255-1200.

President	Jennifer Rezek
Commissioner	Edward W. Richner
Commissioner	Nancy Parra
Commissioner	Leah Lussem
Commissioner	Robert Hoban, III



Willow Trails Park

DIRECTOR'S LETTER

s 2023 is underway, and beautiful summer weather is just around the corner; the RTPD Team is looking forward to another outstanding summer with your family. Our amazing group has put together a vast program inventory for you to check out, including the return of a couple of new specialty summer camps. There is something for everyone!

The district continues to work to make your parks a beautiful resource for your communities. Willow Trails Park, an Illinois Department of Natural Resources (IDNR) \$4,000,000 Open Space Lands Acquisition and Development (OSLAD) recipient, will be under construction this summer. We are excited about the finished product. We are also in the middle of doing a Master Plan for Woodland Trails Park.

The Zone and Parkour programs continue to be extremely successful for classes, birthday parties, and events. The Woodland Trails Pool is set to open in early June after some additional repair work is completed this spring. The Aquatics management team is in place, and we are hiring additional summer lifeguards. If you or someone you know is interested, please apply via the rtpd.org website or see the ad with a QR code on the inside front cover.

The River Trails Park District serves both the Prospect Heights and Mount Prospect communities. These are exciting times for all of us! Be sure to stay up to date on all our offerings and future fun events by following us on **Instagram, TikTok,** and 'like us' on **Facebook.**

Pret Fahrstrom

Bret Fahnstrom, CPRE, Executive Director

Birthday Parties

We offer a variety of parties for your child's birthday!

- Birthday parties are two hours long. An hour and a half of party activities and a half hour of party room usage.
- Party staff will set up before and clean up after the party.
- Party includes 15 guests. Each additional child over 15 is \$5 per person. Max 20 guests.
- All parties must be booked at least two weeks in advance.
- Log onto your Community Pass to book your party or contact us at 847-255-1200.
- * If inclement weather occurs during outdoor parties, date can be changed depending on availability or sport party format will be held.

600

Turf Sports at The Zone 4 yrs & up-\$210

This party is all about sports and games on TURF! Choose from flag football, soccer, kickball, dodgeball, relay races, field hockey or wiffleball.

Parkour Party at The Zone

7 years and up-\$350 Up to 20 Guests / 30 Maximum

Similar to America Ninja Warrior, your child will swing into our giant foam pit, run up our warp wall, climb the rock wall —and don't forget about the obstacles to conquer!

Archery (Seasonal) at Woodland Trails Park^{*} 9 yrs and up-\$210

Looking for a unique party that not many get the opportunity to try? Our party team will teach you and your friends the safe, proper way to shoot a bow and arrow. Your friends won't stop talking about this party! Party takes place outside at Weiss Community Center; if there is inclement weather party will be rescheduled.



ArrowTag at The Zone 9 yrs and up-\$250

Come to the turf fields at The Zone to play our new sport, ArrowTag! Similar to laser tag, ArrowTag uses bows and our foam-tipped arrows to play games like free-for-all, dodgeball, and capture the flag. Getting hit with an ArrowTag arrow feels similar to getting hit with a dodgeball. Masks, bows, and arrows will be provided.

Mini Golf (Seasonal) 6 yrs & up-\$190

Challenge your family and friends for 18 holes of fun! See who can shoot the best score. Try shooting with the opposite swing or shoot the ball like you're playing pool! We will mix it up to make it more exciting. Inclement weather? Dates can be changed depending on availability or a sports party format can be held.

Splash Bash Birthday Party (Seasonal)

4–6 yrs old \$210

Sundays: 10:30 am-12:30 pm

Splash Bash pool parties are private parties in the splash pad and wading pool area held on Sundays from 10:30 am–12:30 pm.

Two Communifies. One Trail for Fun





Looking for Something your child to do Before Camp Begins?

We have some great day trips along with games and activities planned!



Be sure to bring a lunch, snack and drink. Be sure to wear a RTPD shirt; a camp t-shirt is acceptable.

These daily programs are contingent upon the School District #26 & #21 calendars and are subject to cancellation. Visit rtpd.org to see what we have planned and stay up to date on the current Hit the Trails schedule!

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Note: Registration deadline is 1 week prior for each event.

Grade: K-8

Location: Weiss Community Center

7 am-6 pm

Th	Jun 1	Nickel City	\$49
F	Jun 2	The Zone	\$49
Μ	Jun 5	Mountain View Mini Golf	\$49
Tu	Jun 6	Mystic Waters	\$49

* * *

Summer Camp Registration Guidelines

• Session 1 start date is June 12

Registration OPEN and Ongoing

- Please register your child by their grade as of Fall 2023.
- There are two payment options to register for Camps, Before and After Camps (once you choose an option, it CAN NOT be changed).

1. Pay in Full at the time of initial registration.

– You will pay the summer camp tuition in full upon registration

2. Enroll in AUTOMATIC BILLING:

- You must ENTER and SAVE a CREDIT CARD into the PAYMENT METHODS area of your online account. Automatic Billing is found under MY ACCOUNT\ PAYMENT METHODS.
- You will be charged a 25% deposit at the initial registration.
- Then, approximately 7–10 days prior to each camp session start date, your card will be charged automatically for the balance of the upcoming session.

• Tag On payment is due at the time of Registration.

- To register for Tag Ons log in to your account, click on the browse button, select the "RTPD Brochure Programs" box, then on left side under "program groups" select Camps it will expand and then pick Tag Ons. The course(s) will appear on your right.
- Late Registration is not guaranteed. Late Registration is defined as two weeks before each session starts (for Session 1, it is Tuesday, May 30). After the deadline, we will notify you within two business days if we can place your child. Sorry, no friendship requests will be granted with late Registration.
- **Withdrawals** must be made two business days before the Camp Session starting date, or credits/ refunds will be denied after Camp Session start date.
- **Transfers must be made by mid-week.** Request can only be accepted if there is room in the session you are requesting. The child must complete the full week of camp before transferring into the requested program.
- **Refunds.** Once a program starts, refunds will be prorated, and credits will be applied to your account. For questions, please call 847-255-1200.

Camper Hot Lunch

No time to prepare lunches for your camper?

Sign up for our "hot lunch" option. Lunches are prepared at the concession stand by our trained staff who deliver lunch to your camper at lunchtime! Choose the lunch option any amount of days each week you wish. Order weekly or per session. Sample lunch: chicken nuggets, mini carrots, chocolate chip cookie and juice. Order form for hot lunches will be available at Weiss Center or on our website by May 1.

SAVE by Buying Our Coupon Books See back cover for details.

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\$100

* in Value!

~ Before Camp ~ LAUNCH YOUR DAY

Before Camp Care

Available for those enrolled in Camp Pee Wee, Camp Fun, Camp Champs, Camp Adventure, Specialty Camps & Counselors-in-Training.

Grade: K-9

Location: Weiss Community Center (1500 E Euclid Ave, Mt Prospect, IL)

			1. State 1.	and the second se	_
Session 1					
Before Camp-3 day	M, W, F	7–8:30 am	Jun 12-Jun 30	\$64R/\$77N	
Before Camp–5 day	M-F	7–8:30 am	Jun 12-Jun 30	\$107R/\$127N	
Session 2 No camp	July 4				
Before Camp-3 day	M, W, F	7–8:30 am	Jul 3-Jul 21	\$64R/\$77N	
Before Camp–5 day	M-F	7–8:30 am	Jul 3–Jul <mark>2</mark> 1	\$100R/\$120N	
Session 3	est la		States and		
Before Camp-3 day	M, W, F	7-8:30 am	Jul 24–Aug 11	\$64R/\$77N	
Before Camp-5 day	M-F	7–8:30 am	Jul 24–Aug 11	\$107R/\$127N	

Camp Kiddie

What's summer without art, nature and new friends? We meet in our preschool room and playground area at Weiss Community Center. Activities are based on a different theme each week. This fun and exciting program will assist your child in transitioning to fall preschool. Pull-ups are okay for 3 yr. olds.

Location: Weiss Community Center

(1500 E Euclid Ave, Mt Prospect, IL)

Age: 3–4yrs

Tu, Th	9:15-11:15 am		
Session 1	Jun 13-Jun 29	\$91R/\$110N	
Session 2	Jul 6-Jul 20	\$76R/\$92N	No camp July 4
Session 3	Jul 25-Aug 10	\$91R/\$110N	

Age: 4yrs

M, W, F	9:15-11:15 am	
Session 1	Jun 12-Jun 30	\$171R/\$191N
Session 2	Jul 3–Jul 21	\$171R/\$191N
Session 3	July 24–Aug 11	\$171R/\$191N

CHECK OUT CAMP KIDDIE TAG ONS See page 10

Camp Mini

Campers will have a fun time playing games, sports, making arts and crafts, and more. All activities will be outside weather permitting. One field trip each session. Includes one t-shirt for the summer. Camp Mini drop-off, pick up and Tag Ons all take place at Indian Grove School.

Grade: K-5

Location: Indian Grove School (1340 Burning Bush Lane)

M, W, F	9 am-12 pm		
Session 1	Jun 12-Jun 30	\$132R/\$152N	
Session 2	Jul 3–Jul 21	\$132R/\$152N	
Session 3	Jul 24–Aug 11	\$132R/\$152N	
M-F	9 am-12 pm		
M-F Session 1	9 am-12 pm Jun 12-Jun 30	\$220R/\$240N	
	•	\$220R/\$240N \$206R/\$226N	No camp July 4



Register Online at RTPD.org

Camp Pee Wee

Camp Pee Wee is for children entering Kindergarten to 1st grade in Fall 2023. Each group stays together during the day to play games, arts and crafts and to take one field trip per session.

Grade:: Kindergarten-1st

Location: Grace Lutheran Church (1624 E Euclid Ave, Mt. Prospect, IL, 60056)

M, W, F	8:45 am-3:15 pi	m
Session 1	Jun 12- Jun 30	\$278R/\$298N
Session 2	Jul 3–Jul 21	\$278R/\$298N
Session 3	Jul 24–Aug 11	\$278R/\$298N

M-F 8:45 am-3:15 pm

Session 1Jun 12–Jun 30Session 2Jul 3–Jul 21Session 3Jul 24–Aug 11

un 30 \$462R/\$482N

\$432R/\$452N **No camp July 4** \$462R/\$482N

Camp Fun

Yep, this camp is all about FUN! Have a blast all summer with friends, playing games, sports, mini-golf, making arts and crafts, swimming, and enjoying cookouts, special events, theme days, and field trips. Children are divided into groups by grade/ age. Includes one t-shirt for the summer and one field trip per session. Bring a lunch and drink each day. Options include hot lunch and Tag On classes for an extra fee. Before Camp, After Camp, and Swim Lessons for Pee Wee campers will be walked over by RTPD staff to and from the Weiss Community Center & Pool.

Grade: 2-8

Location: Weiss Community Center (1500 E Euclid Ave, Mt Prospect, IL)

M, W, F	8:30 am-3 pm		
Session 1	Jun 12- Jun 30	\$278R/\$298N	
Session 2	Jul 3–Jul 21	\$278R/\$298N	
Session 3	Jul 24–Aug 11	\$278R/\$298N	
M-F	8:30 am-3 pm		
Session 1	Jun 12-Jun 30	\$462R/\$482N	
Session 2	Jul 3-Jul 21	\$432R/\$452N No camp Ju	ıly [.]
Session 3	Jul 24–Aug 11	\$462R/\$482N	
	5		

Camp Champs (Sports)

Camp Champs is a slam dunk choice for any young athlete who enjoys various sports and recreational games. Campers are taught fundamental sports skills and allowed to compete in various sports, such as soccer, basketball, wiffleball, volleyball, and more, while also enjoying other camp favorites like dodgeball, capture the flag, and kickball. Each session will conclude with a tournament challenge! Our counselors will teach teamwork and strategies, emphasizing sportsmanship and playing with character. We'll also swim, play miniature golf and games, have cookouts and enjoy a field trip each session. Bring lunch and a drink each day. The camp fee includes one camp t-shirt per summer. Options include hot lunch and various Tag On classes for an extra fee.

Grade: 4-8

Location: Weiss Community Center (1500 E Euclid Ave, Mt Prospect, IL)

M, W, F Session 1	8:30 am-3 pr Jun 12- Jun 30	n \$278R/\$298N	
Session 2	Jul 3–Jul 21	\$278R/\$298N	
Session 3	Jul 24-Aug 11	\$278R/\$298N	
M-F	8:30 am-3 pr	n	
Session 1	Jun 12-Jun 30	\$462R/\$482N	
Session 2	Jul 3–Jul 21	\$432R/\$452N	No camp July 4
Session 3	Jul 24–Aug 11	\$462R/\$482N	



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Counselors-In-Training (CIT)

Think your child has got what it takes to be a Camp Counselor? Check out our Counselor-In-Training program! On Monday, your child will spend most of the day learning the ins and outs of becoming a counselor and the responsibility it takes to lead a group of children. They will be assigned a group on Wednesday and Friday within one of our camps. They will be responsible for helping the lead counselor organize the group, lead activities, and guide the campers as necessary. The Counselor-In-Training Supervisor will evaluate the CIT at the end of every session and prepare them for a mock interview. Add Camp Adventure to your summer fun to make it a complete summer!

Grade: 7-9

Location: Woodland Trails

M, W, F 8:30 am-3 pm

Session 1	Jun 12-Jun 30	\$176R/\$196N
Session 2	Jul 3–Jul 21	\$176R/\$196N
Session 3	Jul 24–Aug 11	\$176R/\$196N

Camp Adventure

Campers are on the go all summer! We take day trips to water parks, amusement parks, arcades, and more! Bring a sack lunch, water bottle, swimsuit, and backpack. Includes one t-shirt per summer, transportation, and admissions.

Add the Counselor in Training program, for kids in 7th–9th grade, on Monday, Wednesday, and Friday to complete your summer!

Grade: 6-9

Location: Weiss Community Center (1500 E Euclid Ave, Mt Prospect, IL)

Tu, Th	8:30 am-3 pm		
Session 1	Jun 13-Jun 29	\$240R/\$260N	
Session 2	Jul 6–Jul 20	\$200R/\$220N	No camp July 4
Session 3	Jul 25-Aug 10	\$240R/\$260N	

Pathfinder Camp

Do you have a future trailblazer on your hands? Join us in our Pathfinder Camp as we hike, track, and explore the outdoors! We will take trips to local forest preserves, nature trails, botanic gardens, and more, all while learning foundational wilderness skills, such as nature awareness, wilderness and hazard safety, tracking basics, plant identification, and even wilderness survival fundamentals. Prepare to have fun, learn, and explore the natural world around us!

Campers can also participate in Before & After Camps, Swim Lessons, and Tag Ons for an additional fee. See pages 9–10.

Grade: 3-6

Location: Weiss Community Center (1500 E Euclid Ave, Mt Prospect, IL)

M, W, F 8:30 am-3 pm

Session 2 Jul 3–Jul 21 \$300R/\$320N

Thrive Girls Camp

Go, girls! Thrive Girls Camp brings young ladies together to discover new passions and learn valuable life skills in a supportive and encouraging environment. Girls are challenged to take healthy risks, respect one another, celebrate differences and form authentic friendships with peers! Whether taking field trips, playing games, swimming, or hearing from special guests, girls will learn and grow together to become healthy and confident individuals!

Campers can also participate in Before & After Camps, Swim Camp, and Tag Ons for an additional fee. *See pages 9–10.*

Grade: 3-6

Location:	Weiss Community Center
	(1500 E Euclid Ave, Mt Prospect, IL)

M, W, F 8:30 am-3 pm

Session 3	Jul 24–Aug 11	\$300R/\$320N
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8 SUMMER 2023

Camp Tag Ons

For campers of Camp Pee Wee, Camp Fun, Camp Champs, Specialty Camps & Camp Adventure!

The perfect addition to specializing your day camper's experience! "Tag On" any of these great programs to enhance your camper's day. Lessons will be separated into skill levels.

Transportation will be provided to and from our Tag On programs for all participants enrolled in After Camp. For campers not enrolled in our After Camp, transportation will be provided to the Tag On location, but campers must be picked up at the Tag On location after class.

CAMP	DAYS	TIME	DATES	FEE
Session 1 * June 12-June	30			
Swimming Lessons	M-F	8-8:45 am	Jun 12-Jun 30	\$106R/\$126N
Swimming Lessons	M, W, F	8-8:45 am	Jun 12-Jun 30	\$64R/\$77N
Golf Lessons	M, W	3–4 pm	Jun 12-Jun 28	\$84R/\$100N
Small Fries Cooking	M, W	3–4 pm	Jun 12-Jun 28	\$60R/\$72N
Basketball	Tu, Th	3–4:30 pm	Jun 13-Jun 29	\$65R/\$78N
Parkour	F	3–4:30 pm	Jun 16-Jun 30	\$70R/\$84N
Built Elite Fitness Program	Tu, Th	3–4 pm	Jun 13-June 29	\$65R/\$78N

Session 2 • July 2–21 • No camp July 4

Swim Lessons	M-F	8–8:45 am	Jul 3–Jul 21	\$99R/\$119N
Swim Lessons	M, W, F	8–8:45 am	Jul 3–Jul 21	\$64R/\$77N
Golf Lessons	M, W	3–4 pm	Jul 3-Jul 21	\$84R/\$100N
Slime Time!	M, W	3–4 pm	Jul 3-Jul 19	\$60R/\$72N
Flag Football	T, Th	3–4:30 pm	Jul 6–Jul 20	\$60R/\$72N
Archery	W	3–4 pm	Jul 5-Jul 19	\$40R/\$48N
Parkour	F	3–4:30 pm	Jul 7–Jul 21	\$70R/\$84N
Built Elite Fitness Program	Tu, Th	3–4 pm	Jul 6–Jul 20	\$60R/\$72N

Session 3 • July 24-Aug 11

Swim Lessons	M-F	8-8:45 am	Jul 24–Aug 11	\$106R/\$126N
Swim Lessons	M, W, F	8-8:45 am	Jul 24–Aug 11	\$64R/\$77N
Golf Lessons	M, W	3–4 pm	Jul 24–Aug 9	\$84R/\$100N
Wacky Science	M, W	3–4 pm	Jul 24-Aug 9	\$60R/\$72N
Net Sports	Tu, Th	3–4:30 pm	Jul 25–Aug 10	\$65R/\$78N
Parkour	F	3–4:30 pm	Jul 28-Aug 10	\$70R/\$84N
Built Elite Fitness Program	Tu, Th	3–4 pm	Jul 25-Aug 10	\$65R/\$78N

JOIN US!

You do not have to be in camp to participate in camp tag ons.

- Archery
- Basketball
- Built Elite Fitness
- Flag Football
- Golf Lessons
- Net Sports
- Parkour
- Slime Time
- Small Fries Cooking Class
- Swim Lessons Academy
- Wacky Science



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Swim Lesson Academy

Children will be tested on the first day and put into the appropriate skill level. Campers in swim lessons must wear their swimsuit under their camp clothes. Please bring undergarments to change into after the lesson. Campers that are in Before Camp will be brought over to Woodland Trails Pool by RTPD Staff. Campers starting their camp day at swim lessons should be dropped off at the pool. Campers will be walked over to their camp group.

Session 1 🗡 .	June 12-3	80		
Swim Lessons	M-F	8–8:45 am	\$106R/\$126N	
Swim Lessons	M, W, F	8–8:45 am	\$64R/\$77N	
Session 2 ¥ Jul 3-Jul 21 No camp July 4				
Swim Lessons	M-F	8–8:45 am	\$99R/\$119N	
Swim Lessons	M, W, F	8–8:45 am	\$64R/\$77N	
Session 3 ¥ Jul 24-Aug 11				
Swim Lessons	M-F	8–8:45 am	\$106R/\$126N	
Swim Lessons	M, W, F	8-8:45 am	\$64R/\$77N	

Available for those enrolled in Camp Pee Wee, Camp Fun, Camp Champs, Camp Adventure, Specialty Camps & Counselors-in-Training.

Rob Roy Junior Golf League

A fun and friendly recreational league where we stress learning and developing golf skills while playing with friends in a relaxed and fun atmosphere. The league's goal is to help in the development of golf skills that will last a lifetime. Pick who you would like to play with or let us pair you. Lunch and greens fees included. Campers will be bussed from the Weiss Center to Rob Roy Golf Course.

Location: Rob Roy Golf Course

(505 E Camp McDonald Rd, Prospect Heights, IL)

Grades: 3-9

M 10 am-1 pm

Jun 12–Jul 31 \$105R/\$125N

Camp Kiddie Tag Ons

Not ready to go home just yet? Spend a little more time with friends in our fun Camp Kiddie Tag Ons.

Kiddie Lunch

Does your camper love Camp Kiddie? This class will allow your little camper additional time to eat lunch and play with all of their new friends! Please pack your child with a lunch each day of class.

Location: Weiss Community Center (1500 E Euclid Ave, Mt Prospect, IL)

Age: 3–4yrs

Tu, Th 11:15 am–1:15 pm

Session 1	Jun 13-Jun 29	\$91R/\$110N	
Session 2	Jul 6–Jul 20	\$76R/\$91N	No camp July 4
Session 3	Jul 25-Aug 10	\$91R/\$110N	

Age: 4yrs

M, W	11:45 am-1:15 pm
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Session 1	Jun 12-Jun 28	\$70R/\$84N
Session 2	Jul 3–Jul 19	\$70R/\$84N
Session 3	Jul 24–Aug 9	\$70R/\$84N

Snack and Swim

Extend your camper's day with a swim lessons at Woodland Trails Pool! Snack will be provided prior to the lesson. Please send your camper to Camp Kiddie dressed in their swim attire undemeath their camp clothes. Teacher will walk camper to pool. Parents pick-up is at pool.

Location: Weiss Community Center Pool

Age: 3–4yrs

Tu, Th 11:15 am-12 pm

Session 1	Jun 13-Jun 29	\$61R/\$74N	
Session 2	Jul 6-Jul 20	\$51R/\$62N	No camp July 4
Session 3	Jul 25-Aug 10	\$61R/\$74N	

Age: 4yrs

M, W	11:45 am-12:30 pm		
Session 1	Jun 12-Jun 28	\$61R/\$74N	
Session 2	Jul 3–Jul 19	\$61R/\$74N	
Session 3	Jul 24–Aug 9	\$61R/\$74N	



Camp Mini Tag Ons

The perfect addition to create a day specializing in your child's camp experience! Tag On any of these great programs to enhance your camper's day.

Location: Indian Grove School

(1340 N Burning Bush Lane, Mt Prospect, IL)

Grade: K-5

SESSION 1: Small Fries Cooking Class

Let's get cooking! This Tag On is the perfect choice for campers looking to develop and sharpen their culinary talents. Budding chefs will learn fundamental kitchen skills, focusing on measuring, mixing, working cleanly and safely in the kitchen, and exploring new foods, while following recipes for their age group.

M, W 12:15–1:15 pm

Jun 12–Jun 28 \$60R/\$72N

SESSION 2: Slime Time!

Yep...it's time for slime. Come make a mess with us as we explore the gooey science of slime!

M, W 12:15-1:15 pm

Jul 3–July 19 \$60R/\$72N

SESSION 3: Wacky Science

Calling all Mad Scientists! Come have some fun in this Tag On as we experiment and get our hands dirty in the weird, wacky world of science!

M, W 12:15–1:15 pm Jul 24–Aug 9 \$60R/\$72N

After Camp Care

After camp available for those enrolled in Camp Pee Wee, Camp Fun, Camp Champs, Camp Adventure, Specialty Camps and Counselor-in-Training.

Location: Weiss Community Center (1500 E Euclid Ave, Mt Prospect, IL)

Grade: K-9

3 Day

M, W, F 3–6 pm

Session 1	Jun 12-Jun 30	\$128R/\$148N
Session 2	Jul 3–Jul 21	\$128R/\$148N
Session 3	Jul 24–Aug 11	\$128R/\$148N

5 Day

M-F	3–6 pm		
Session 1	Jun 12-Jun 30	\$214R/\$234N	
Session 2	Jul 3–Jul 21	\$199R/\$219N	No camp July 4
Session 3	Jul 24–Aug 11	\$214R/\$234N	



Woodland Trails Pool

Pool Season

Pool opens Friday, June 9 at noon Regular season June 9-August 11 Post season August 12-Auust 27 Times and days will vary. Please check RTPD.org or pool office for more information. 2023 pool season will end Sunday, August 27. Times and days will vary.

Amenities

- Drop slide
- Shaded deck area
 Family locker room
- Two splash pad areasZero-depth tot pool
 - Concession stand
- 50 Meter Leisure pool Stroller Parking
- Two lap swim lanes

NEW! Open Swim Hours

Monday-Friday Noon-5 pm & 6:30-9 pm Saturday & Sunday 11 am-7 pm

*Friday nights subject to change based on pool theme nights and private rentals.

Open Swim Daily Rates

Monday–Friday, Afternoon	\$7
Monday–Friday, Evening	\$5
Saturday & Sunday	\$8

Parent Child Open Swim

Children 3 yrs. & Under FREE	
Monday, Wednesday, Friday	10 am-12 pm
Zero–depth tot pool only	\$4 per person
	or pool pass

Lap Swim

Dates: June 10 – August 13

Monday-Friday	7–8 am	\$3 or pool pass
Saturday & Sunday	8–9 am	\$3 or pool pass

1500 E. Euclid Ave. | Mount Prospect | Pool Hotline, Call for Updates: 847.824.1851

Summer Pool Passes

- All pool passes holders must have a RTPD account set up. If you already had a pool pass, you may automatically renew it online
- You previously had a pool pass, but lost the card, you must have your picture re-taken and a new card printed.
- To create a new account please follow instructions on page 64. A NEW pool pass photo must be taken at the Weiss Center
- IF YOU ARE A RESIDENT with a newly created account, you MUST have your account verified at the Weiss Community Center **before registering** (see page 68 under "residents"). **If you fail to have your account verified, you will be charged a nonresident rates.**

Early Bird Season Rate (Now- Monday, May 2)

Resident/Partner Residents	\$61 per person
Non-Resident	\$76 per person
Children 3 years and under	Free

Regular Season Rate Starting May 3*

Resident/Partner Resider	ıts\$71	per	person
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Non-Resident\$86 per person

- Children 3 years and under*.....Free
- * Children 4 years and older as of June 9 must purchase a pool pass.

Pool Punch Card

For 2023, we offer a 10 Pool Punch Card for \$65. Pool punches can be purchased by anybody. A punch is per person per visit, (example a family of four=4 punches; your best friend and you=2 punches). Punch cards are non-refundable and non-replaceable. No re-entries on the same day for different timeslots with the punch. Punch cards can only be used in the season that they are purchased. RTPD is not responsible for lost or stolen Pool Passes or **Punch Cards.**

Early Closings

The pool will close early for home swim meets and some rentals. These hours will be posted at the pool throughout the season. The pool will close when the temperature is 70 degrees or lower and/or less than 20 people in attendance.

Interested in renting out the pool for your group outing? Check out our rental options on page 18.

AQUATICS SPECIAL EVENTS

Friday Theme Nights

June 16 - Country Night

June 23 - Pirate Party

6:30-9 pm

Free for pool pass holders, \$3 non-pass holders

Enjoy a themed evening at Woodland Trails Pool with special music, activities, and surprises!

Christmas in July

Friday, July 7

3

6:30-9 pm

Free for pool pass holders, \$3 non-pass holders.

Santa will be visiting the Woodland Trails Pool this July! Join us for decorations, reindeer games, holiday treats, and more! All ages welcome!

Pool Party with the Police

Friday, July 28,

6:30-9 pm

Free Event

Join the Mount Prospect Police Department and River Trails Park

- District for a night of music, pool games, food giveaways, and much more!
- All ages welcome!

POOL PASS APPRECIATION

Sunday, August 6 • 10-11 am

As big thank you to all of our pool pass holders, this morning early entry is just for you! From 10–11 am, the pool will only be open for pass holders. To show our appreciation, we'll bring out an inflatable and have a blast!

<image>



Swim Lesson Academy at Woodland Trails Pool

Our swim lesson program is designed around flexibility that allows each child to progress at their own pace. Lessons are taught by qualified instructors who love to teach! We provide students with a safe, interactive, and fun environment. The first day of lessons your child will be tested on their skill level.

No refunds or credits due to inclement weather. Pool Cool or land training will be offered on inclement days for all swim lesson levels.



Lions Learn to Swim Scholarship

Mount Prospect Lions Club has joined RTPD in an effort for everyone to learn the life skill of swimming. If you or your family would like to enroll in our Swim Lesson Academy (this does not include private or semi-private swim lessons) but need financial assistance, please contact the Weiss Community Center at 847-255-1200 or stop by the Weiss Center and pick up a scholarship application.

Parent Tot Swim Lessons

Age: 6 Months-3yrs

- Explore pool and water
- Basic swimming skills
- Water safety
- Become comfortable in water
- · Adult companion does not need to know how to swim

Tuesday & Thursday Classes

9:45-10:15 am	Jun 13-29	\$41R/\$50N
	Jul 6–Jul 20	\$35R/\$42N
	Jul 25-Aug 10	\$41R/\$50N
10:45-11:15 am	Jun 13-29	\$41R/\$50N
	Jul 6–Jul 20	\$35R/\$42N
	Jul 25-Aug 10	\$41R/\$50N

Saturday Classes

10-10:30 am	Jun 17-Jul 8	\$28R/\$34N
	Jul 15-Aug 5	\$28R/\$34N

Preschool

Age: 3-5yrs

- Water adjustment
- Blowing bubbles
- Bobbing
- Front/back float
- Explore leg movements

Monday-Friday Classes

9:15-10 am	Jun 12-30	\$149R/\$169N
*No class July 4	Jul 3–Jul 21	\$140R/\$160N
	Jul 24–Aug 11	\$149R/\$169N
10:15-11 am	Jun 12-30	\$149R/\$169N
*No class July 4	Jul 3–Jul 21	\$140R/\$160N
	Jul 24–Aug 11	\$149R/\$169N

Saturday Classes

9:10-9:55 am	Jun 17-Jul 8	\$40R/\$48N
	Jul 15-Aug 5	\$40R/\$48N
10:05-10:50 am	Jun 17–Jul 8	\$40R/\$48N
	Jul 15-Aug 5	\$40R/\$48N

Register Online at RTPD.org

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Swim Lesson Academy – Levels 1 – 6

Not sure which level to select? Don't worry, we will test each child the first day for proper skill level.

Level 1

- Submerge mouth, nose, & ears
- \cdot Front & back floats
- Front & back glides
- Arm motions for front/back crawl
- Kicking

Level 2

- Holding breath underwater
- Open eyes under water to retrieve objects
- Treading
- Sculling/finning
- Roll over front to back and reverse

Level 3

- Front crawl
- Elementary backstroke
- Jump into water
- Introductory dives
- Maintain position by treading/
 floating

Level 4

- Sidestroke
- Breaststroke
- Butterfly
- Open turns
- Feet first entry

Level 5

- Shallow diving to deep water
- Stroke refinement
- Tuck/Pike surface dive
- Flip turns

Level 6

- Increase endurance of all skills
- Retrieve object from bottom of diving well
- Refine dives, turns, and flip turns
- Swim within lane lines

Age: 5 yrs & older

Monday-Friday Classes

9-9:45 am	Jun 12-30	\$106R/\$126N
No class July 4	Jul 3-Jul 21	\$99R/\$119N
	Jul 24-Aug 11	\$106R/\$126N
10-10:45 am	Jun 12-30	\$106R/\$126N
No class July 4	Jul 3-Jul 21	\$99R/\$119N
	Jul 24–Aug 11	\$106R/\$126N
5:15–6 pm	Jul 31–Aug 11	\$70R/\$84N

Saturday Classes

9-9:45 am	Jun 17– Jul 8	\$28R/\$34N
	Jul 15-Aug 5	\$28R/\$34N
9:55-10:40 am	Jun 17–Jul 8	\$28R/\$34N
	Jul 15-Aug 5	\$28R/\$34N



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Private Swim Lessons

Have a hectic schedule but still want your child to learn everything from basic survival skills to proper stroke development and improvement? Arrange their 30 minute lessons around your schedule & have one-on-one instruction. You'll be contacted to schedule lessons. Please fill out the scheduling form available at the Weiss Center office. "5-Pack" includes five 30 minute, private lessons tailored to your schedule.

No class July 4.

Single Lesson: \$30R/\$36N

5-Pack: \$125R/\$145N

Age: All Ages Location: Woodland Trails Pool

Semi-Private Swim Lessons

Looking for a smaller group lesson? These lessons have a 1:3 ratio and are tailored to meet your personal needs. Students are split up according to skill level on the 1st day of class. Friend requests are honored as long as friends have comparable abilities. **No class July 4.**

Age: 3-12

Location: Woodland Trails Pool

M-F 11:00-11:30 am

Jun 12-Jun 16	\$66R/\$80N
Jun 19–Jun 23	\$66R/\$80N
Jun 26-Jun 30	\$66R/\$80N
Jul 3–Jul 7	\$53R/\$64N
Jul 10-Jul 14	\$66R/\$80N
Jul 17–Jul 21	\$66R/\$80N
Jul 24–Jul 28	, \$66R/\$80N
	•

Private Swim Lessons -Weekly

Learn everything from basic survival skills to proper stroke development and improvement with one-on-one instruction. This registration includes five 30-minute private swim lessons during the designated weekly session you have registered for. **No class July 4.**

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Age: All Ages

Location: Woodland Trails Pool

Weekly Lessons M-F 7:15-7:45 am or 11:00-11:30 am

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Jun 12-Jun 16	\$125R/\$145N	
Jun 19-Jun 23	\$125R/\$145N	
Jun 26-Jun 30	\$125R/\$145N	
Jul 3–Jul 7	\$100R/\$120N	
Jul 10-Jul 14	\$125R/\$145N	
Jul 17–Jul 21	\$125R/\$145N	
Jul 24–Jul 28	\$125R/\$145N	



Jr. Swim Lesson Instructor Program

Learn how to teach swim lessons now and be an excellent instructor. Learn age specific teaching skills and work with our instructors during lessons. **Times may vary depending on the number of students enrolled. Monday–Friday you could be scheduled between the hours of 8–11:15 am and on Saturdays 9–10:30 am.** You will be required to attend two training sessions, dates TBA. A season pool pass will be given once training is completed.

Age: 11–13

Location: Woodland Trails Pool Jun 12-Aug 11 \$40R/\$48N



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Gator Swim Team

It's Gator Time...RTPD Gator's Swim Team offers a wonderful recreation based experience for your children. Sign up accordingly to gender & age as of June 15, 2023. **Practices are Monday through Friday 5:15–6:15 pm.** Please check our website rtpd.org for required skills for each age group

A parent info meeting will be held the 1st night after practice June 12 at the pool.

Conference meet is July 26

Season: June 12–July 28

Registration Open \$154R/\$174N

Boys & Girls Age Groups Age: 5–8yrs

Age: 9–10yrs Age: 11–12yrs Age: 13–14yrs Age: 15–17yrs See website for required skills for each age group at www.rtpd.org

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Splash Bash Birthday Party Sundays: 10:30 am-12:30 pm

\$210

Splash Bash pool parties are private parties in the splash pad and wading pool area held on Sundays from 10:30 am–12:30 pm for children 4–6 years old.

See page 3 for details.

Pool Rentals

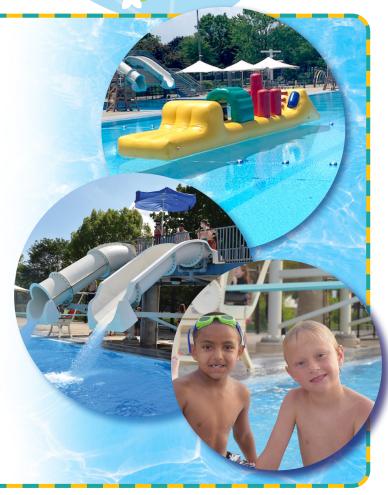
Make your next gathering a splash at the Woodland Trails Pool! Great for birthdays, schools, family parties, special occasions, corporate team building and customer outings. Water basketball and volleyball included per request. Make your occasion extra special by adding the water inflatable or concession stand for an additional cost.

- Additional fees apply for groups over 100 guests.
- Friday, Saturday & Sundays: 7:15–9:30 pm
- Friday rental dates include: June 30, July 14 & 21
- \$350R/\$370NR

Fill out a rental application online or call The Weiss Community Center for availability 847-255-1200.

Group Outings

During general pool hours, groups with 20 or more can receive a discount. Book your rental or group outing at the Weiss Community Center. Call 847.255.1200 for availability.



Register Online at RTPD.org

Great news! We have **combined both** Aqua and the Group Exercise Punch Card to offer you one Punch Card that has it all! See page 52.

Aqua dates: June 10-Aug 13 • Group Fitness dates: June 5-Aug 27

Punch Card	Drop In	6 Punches	12 Punches	24 Punches	Unlimited
Group X & Aqua Combo	\$7R/\$9N	\$45R/\$52N	\$84R/\$99N	\$156R/\$168N	\$200R/\$220N

Aqua Motion

A shallow water exercise class includes a mix of stretching, balance, cardio moves, and much more. Participants do not need to know how to swim.

Aqua Cardio Combo

Aqua Cardio Combo is a challenging low-impact class held in the shallow portion of the pool. The class consists of a warmup and moves on to intervals designed to elevate the heart rate and recover from cardiovascular conditioning. The class concludes by using water weights and pool noodles for muscle toning, strength, and flexibility. Equipment is provided.

Deep Water

Deep Water classes are no impact classes held in the dive well of the pool. (Note for participants uncomfortable in the well, shallow lanes can be used for the Friday deep/shallow 10:45 am classes.) Flotation devices are recommended, the choice of a water horse or a fat noodle is provided. Pool noodles and water weights are also utilized for muscle toning, strength, and flexibility. Improving core strength and balance are stressed as well as cardiovascular conditioning.

Aqua Yoga

Aqua Yoga is a gentle, low-impact class that utilizes modified movements and principles of yoga to accommodate people of all fitness levels. This class will focus on balance and strength using traditional yoga poses in the water. Depending on your comfort level, you can do it with or without equipment.

Paddle Board Yoga SUP

(Stand Up & Paddle Yoga)

Join us as we flow on our boards and learn what it really means to "salute the sun" at Woodland Trails Pool. This class takes place in the water using paddle boards for yoga. Take your practice to a different level as we learn more about our bodies, mind, and spirit by connecting more deeply to your practice. You'll feel your body change and your practice improve as we significantly play with our balance on the boards. While a little yoga experience would be helpful, everyone is welcome! (Equipment included). Please make sure to wear your bathing suits.

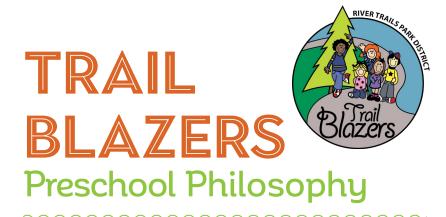
Age: 14 years and older

Location: Woodland Trails Pool

Times/Dates: 5:15–6:15 pm • August 3, August 10, August 17, August 24 \$35R/\$40N per date

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ur Trail Blazers program is a developmentally appropriate program designed to help **children grow** and **learn** in a stimulating and **nurturing environment.** We look at the 'whole child' including intellectual, social, emotional, physical and **creative growth**. Children develop differently in each space so the curriculum is carefully planned to include activities that help each child learn and grow in all areas. Children will be introduced to the basic academic and social skills of preschool and will be encouraged to **develop problem-solving skills**, self-confidence and creativity. Activities will include math, science, language skills, art, motor movement, music and dramatic play. All areas of each child's growth are important and we provide opportunities for intellectual, social, physical and creative growth. Activities are presented in individual, group, structured and unstructured settings and Jolly **Phonics** curriculum is used for kindergarten readiness. Our goal is for each child to develop a love of learning, tools to continue to learn and a **positive image** of himself or herself.

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Trail Blazers Preschool 2023–2024 School Year Registration is open.

Forms are available online and at the Weiss Community Center. A registration fee of \$25 is due at the time of registration. Monthly payments are available. Please call Katie Halverson at 847-255-1200 or email khalverson@rtpd.org for additional information.

Preschool Classes Age Requirements

- 1. Children must meet age listed for the program by the first day of classes.
- 2. Unless program states "with adult" the program is for the child only

Tiny Tykes

Age: 3yrs and up by Feb 1, 2024 Location: Burning Bush Community Center Instructor: Sally Duray M & F 9:30–11 am Sep 8–May 20 \$101R/\$104N per month

Junior Trail Blazers Preschool

Age: 3 yrs Instructor: Tina Kozil Tu & Th 9–11 am Sep 5–May 21 \$133R/\$136N per month \$1064R/\$1088N school year

\$808R/\$832N school year

Senior Trail Blazers Preschool

Age: 4 yrs Instructor: Tina Kozil M, W, F 9-11:30 am Sep 6-May 24 \$230R/\$233N per month \$1840R/\$1864 year

Junior & Senior Trail Blazers Combination

Age: 3–4 yrs Instructor: Tina Kozil M, W, Th 12:30–3 pm Sep 6–May 23 \$230R/\$233N per month \$1840R/\$1864 school year

PARENT / TOT CLASSES

Parent/Child classes (Tot Rock and Kid Rock) are designed for you to be an active participant with your child. **We do not allow siblings to attend classes with you.**

Tot Rock

This interactive class has everyone on their feet! We all learn together while engaging in active, creative, music-based activities, while using rhythm instruments and movement props. All class procedures are designed to keep staff and students safe. Activities are age appropriate by class and include songs and rhymes, rhythm and coordination, fine and gross motor, imagination and sensory, listening and following directions skills. Sing, dance, play, learn and imagine with us! www.rockitkids.com

Age: 1-2 with adult

Location: Weiss Community Center

F 9:30-10:10 am

Jun 9–Jun 30 \$49/\$59N July 14–Aug 4 \$49R/\$59N

Kid Rock

This interactive class has everyone on their feet! We all learn together while engaging in active, creative, music-based activities while using rhythm instruments and movement props. All class procedures are designed to keep staff and students safe. Activities are age-appropriate by class and include songs and rhymes, rhythm and coordination, fine and gross motor, imagination and sensory, listening, and following directions skills. Sing, dance, play, learn and imagine with us! www.rockitkids.com

Age: 2–3 with adult

Location: Weiss Community Center

F 10:15-	10:15-10:55 am			
Jun 9-Jun 30	\$49R/\$59N			
Jul 14–Aug 4	\$49R/\$59N			

Kid Rock II

This interactive class has everyone on their feet! We all learn together while engaging in active, creative, music-based activities while using rhythm instruments and movement props. All class procedures are designed to keep staff and students safe. Activities are age-appropriate by class and include songs and rhymes, rhythm and coordination, fine and gross motor, imagination and sensory, listening, and following directions skills. Sing, dance, play, learn and imagine with us! www.rockitkids.com

Age: 3-5 without a parent or caregiver

Location: Weiss Community Center

F 11-11:40 am

Jun 9–Jun 30	\$49R/\$59N
Jul 14–Aug 4	\$49R/\$59N

CHECK OUT

Camp Kiddie on page 6

Dance for Preschool Ages page 29

> Swim Lessons on page 14

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KID SQUAD

Before & After School Care 2023–2024

Registration

Kid Squad is a cooperative program between the River Trails Park District, School District #26, and Robert Frost Elementary. This program is available for parents who need Before and/ or After School Care for their children in kindergarten through 5th grades. The program currently meets at the Indian Grove, Euclid, and Frost Elementary Schools. Online registration and parent manual are available at Weiss Center or on line at rtpd.org. A River Trails Park District "Community Pass" Account is required for registration.

Never registered online?

Please **see page 68** on setting up an online account. After logging into online registration, click on "Browse Activities," then select the "l<id Squad" button. Continue to follow the onscreen prompts to finalize and confirm your registration.

Registrations Guidelines!

- Registration will be open on Tuesday, August 1.
- Registration is taken online at rtpd.org on a weekly basis during the school year on line.
- Please sign up for the upcoming week by Wednesday at 10:30 pm.
- To request a late registration, you must email our Kid Squad email at kslatereg@rtpd.org.
- There is a mandatory wait time of two business days for approval for late requests while we and staffing.
- Processing fee will incur a **\$15 late fee per child.**
- Registration less than 5 days prior to the start of the school week will be considered late registration.

Indian Grove/Euclid/Prairie Trails (District 26)

Frost Elementary (District 21)

Before School Care	7–8:45 am
After School Care	3:30–6 pm

Register Online at RTPD.org

ΥΟυτμ

Looking for something for your child to do before camp starts? We have some great day trips along with games and activities planned!

HIT THE TRAILS

Be sure to bring a lunch, snack and drink. Be sure to wear a RTPD shirt; a camp t-shirt is acceptable.

These daily programs are contingent upon the School District $#26 \ 8 \ #21$ calendars and are subject to cancellation. Visit rtpd.org to see what we have planned and stay up to date on the current Hit the Trails schedule!

Note: Registration deadline is 1 week prior for each event.

Grade: K-8

Location: Weiss Community Center

7 am-6 pm

Th	Jun 1	Nickel City	\$49
F	Jun 2	The Zone	\$49
М	Jun 5	Mountain View Mini Golf	\$49
Tu	Jun 6	Mystic Waters	\$49

SPECIAL INTEREST PROGRAMS

STEAM

This exciting program from Afterschool Enrichment Solutions brings together elements of science, art and math in a hands-on, action-packed environment! Students will conduct experiments, play educational games, and unlock their creativity through building challenges and projects. No experience necessary!

Grade: K-5

Location: Burning Bush Community Center

M-F 3:30-4:30 pm Jun 26-30 \$118R/\$138N

Smart Start Art

Explore your artistic side with the Smart Art Program from Afterschool Enrichment Solutions. Discover your creativity and imagination as an artist, develop fine-motor skills, style, and vision as we explore different artistic techniques through a variety of inspiring projects and play fun, exciting games. Sketch and draw, shade and color, cut, glue, fold..Create!

No experience necessary!

Grade: K-3

Location: Burning Bush Community Center

M–F 3:30–4:30 pm Jul 17–21 \$112R/\$132N

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YOUTH

Children's Theatre

Grade: K-6

Location: Burning Bush Community Center

M-F 3:30-5 pm

July 10–14 \$29R/\$35N per day

Monday, July 10

Improve Olympics: We will compete in a series of improv games that are sure to keep the campers on their toes! Everyone will work on an original skit that will be performed at the end of the day. Costumes will help to bring the skit and the campers imagination to life!

Tuesday, July 11

The Voice: Do you want to be a contender? Each camper will have the chance to be a contestant. They will choose from songs to perform, learn choreography, and create skits. The rest of the group will be judges. Watch out for top competition–all just for fun!

Wednesday, July 12

Starstruck: The camp group will get to choose a theme for the day (rockstar, princess, superhero, etc...). Create an original mini musical and explore the world of play by cultivating curiosity through theatre. Of course props and costumes will help make the show extra special!

Thursday, July 13

Hip Hop Party: Come learn new dance moves in a fun, high-energy setting to age appropriate music. There will be a chance to work on improv skills as the group creates and learns new moves. See you on the dance floor!

Friday, July 14

Lights, Camera, Action: The campers will learn audition techniques, character creation, and write their very own commercial. The commercial will be filmed to learn the different kinds of camera shots used for commercials. Come build your on-camera confidence!

Young Magicians

Join us for a fun night of magic and mystery! Magic tricks will be taught that include cards, coins, ropes, and much more! You will discover that the tricks are quick to learn and easy to perform. All materials are provided on site. Each child will receive a magic kit to take home at the end of class. Participants are grouped by age and learn ageappropriate tricks. New tricks are taught at each session, so sign up again and again. Contracted by the Magic of Gary Kantor.

Ages: 5-12

Location: Arlington Heights Park District

W 6:30-7:25 pm	

Jun 21 \$25R/\$30N

SafeSitter

Do you feel ready to stay home alone, watch your brothers and sisters while your parents are gone, or babysit for younger children? Then maybe it's time for Safe Sitter[®]. Safe Sitter[®] is for kids and young teens in grades 4–8 who are ready to learn the skills they need to care for themselves and younger children. In addition, Safe Sitter[®] teaches young teens life and business skills, so that they know how to be prepared, be responsible, and be considerate whether they are babysitting or doing odd jobs for family, friends, or neighbors. You'll have fun. You'll learn a lot. And at the end of the day, you can proudly say, "I am a Safe Sitter[®]!"

Safe@Home

Grade: 4-6

Location: Burning Bush Community Center

Sat 10-11:30 am

Jun 24 \$38R/\$46N

Intro to Babysitting

Grade: 6-8

Location: Burning Bush Community Center

Sat 10-11:30 am

Jul 15 \$38R/\$46N

ΥΟυτμ

Youth Yoga Vibe

Youth Yoga Vibe offers a unique possibility for every child to experience a joyful blossoming of their natural potential. This program is an introductory to yoga, led through an exploration of fun, love and joy, allowing each student to develop and live in optimal health and inner peace. Program is designed to enhance concentration and memory, and improve mind–body coordination.

Ages: 8–14 yrs

Location: Weiss Community Center

W 3-4 pm

June 14–July 12 \$65R/\$72N

Girl Power-Mother Daughter Yoga

This Mother Daughter yoga class brings special practices that integrate connection, joyful movement, and relaxation. Mothers have an opportunity to connect to their daughters in ways that feel natural and genuine outside of their busy daily routines. Girls feel empowered as they develop their inner and outer strength, confidence, and compassion. They gain important lifelong tools to find emotional balance, manage stress, and establish healthy relationships.

Ages: 7–14 yrs. with adult **Location:** Weiss Community Center

Su 10:15-11:15 am

\$44R/\$53N per person

STEM & COMPUTER EXPLORER CLASSES

Animation Workshop

Let's explore the world of animation. In this class, students will learn about different 2D techniques, such as stop-motion animation, creating a cartoon strip or software that will bring life to images. As animators, directors, and producers, the only limitation is your imagination.

Ages: 7–12

Location: Mount Prospect Park District

M-Th 6-7:30 pm

Jun 12–15 \$120R/\$140N

Reading with Robots

It's story time with a twist! Once upon a time... "Pete the Cat" meets our Robot Bee Bot, "Give a Mouse a Cookie" with Colby the Robot, and many more adventures. This fun, hands-on class will feature a different story and robot every week. Children will learn to program and code a robot to create their own exciting adventure!

Ages: 4-6

Location: Prospect Heights Park District

M-Th 6-7:15 pm

Jun 26–29 \$100R/\$120N

Beginning FUN-gineering

Young engineers will build working models of simple machines such as a seesaw, a rolling vehicle, and hockey player using Lego Educational Kits. Children will have a great time working on activities designed around creativity, exploring, investigating, and problem-solving in a fun group environment! While building these fun and interactive models, they will learn about levers, pulleys, gears, wheels, and axles.

Ages: 4–6

Location: Weiss Community Center

M-Th 6-7:15 pm Jul 17-20 \$100R/\$120N

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Register Online at RTPD.org

MISSION STATEMENT

Expressions Dance Studio

The River Trails Park District's Expressions Dance Studio is founded with the principles of providing participants with a safe and fun environment where your child's development is nurtured through both an expressive and structured-based curriculum with outcomes focused on skill development, self-confidence and an understanding of dance terminology.

Dance Class Descriptions

DANCE

Ballet: Ballet is the foundation of all dance styles. Barre exercises will be introduced and start each Ballet class. Each level will work on refining fundamental techniques, terminology, stretching ϑ strength continuing to build through the levels. Basics of jumps, leaps ϑ turns are introduced and continued being learned by center and across the floor exercises. Ballet etiquette will be enforced, and students are expected to be engaged and focused in class. Ballet shoes are required.

Tap: Tap your toes to our favorite tunes as you learn tap steps. Emphasis is placed on developing skills such as: clarity of sounds and shading, rhythm, timing and of course, fun! Tap shoes are required.

Hip Hop: Wear your sneakers ϑ join this high energy, upbeat hip hop class! Learn new, fun ϑ exciting moves to music you hear on the radio. We'll do strength work, stretching, isolations and foot work to inspire dancers to leave it all out on the dance floor! Learn exciting age appropriate choreography ϑ create your own moves. Clean sneakers must be worn.

Poms: Poms is a class designed to introduce dancers to the basics of proper jazz dance technique while including the sharp synchronized movements and visual effects of working with pom poms!

Dance Class Schedule

All classes held at Burning Bush Community Center

Class	Age	Day	Time	Dates	Fee	Instructor
Pre-Ballet/Tap	3–4	Μ	4:30–5:15 pm	6/26-7/31	\$52R/\$63N	Ms. Dani
Beginning Hip Hop	5–7	Μ	5:15–6 pm	6/26-7/31	\$52R/\$63N	Ms. Dani
Ballet/Tap I	8–10	Μ	6:00-6:45 pm	6/26-7/31	\$52R/\$63N	Ms. Dani
Pre-Hip Hop/Poms	3–4	W	4:30–5:15 pm	6/28-8/2	\$52R/\$63N	Ms. Dani
Beginning Ballet/Tap	5–7	W	5:15–6 pm	6/28-8/2	\$52R/\$63N	Ms. Dani
Hip Hop I	8–10	W	6:00-6:45 pm	6/28-8/2	\$52R/\$63N	Ms. Dani

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Preseason Soccer Camp

Work on dribbling, passing, shooting and small-sided tactical game situations. Players separated by age and ability ensuring the best learning and competitive environment. Great for beginners and players looking to improve skills and learn more. Bring a ball and wear soccer cleats, shin guards, long socks (must cover shin guards) and bring plenty of water. Instructed by BVB Soccer Club

Location: Woodland Trails Parks

Grades: 1st-2nd

M, W, F 5–6 pm Aug 7, 9, 11 \$60R/\$72N

Grade: 3rd-6th

M, W, F 6:05–7:05 pm Aug 7, 9, 11 \$60R/\$72N

Grip It & Rip It Archery

Learn about the sport by a certified Archery Instructor with bows and arrows provided. For safety, tight-fitting clothing or short-sleeved shirts recommended and participants must wear closedtoed shoes. Classes may be combined if necessary.

- Level 1: Have fun learning terms, equipment and techniques while letting arrows rip in a safe setting.
- Level 1 Continuer: For archers who have completed a level 1 class.

Ages: 7yrs-14yrs

Location: Weiss Center/Wood Land Trails Park

Session 1

June 14–July 12 \$60R/\$72N

W	5–6 pm	Level 1
W	6:15-7:30 pm	Level 1 Continuer

Session 2

July 19-August 16 \$60R/\$72N

W	5–6 pm	Level 1
w	6:15-7:30 pm	Level 1 Continuer

Volleyball Skills Clinic 1

This clinic includes instruction on all major volleyball skills; serving, passing, setting and attacking. Players receive a solid foundation of these fundamental skills through fun and active drills, building up to team play. This class is for the volleyball beginner looking to understand the game and learn new skills. Kneepads are recommended.

Location: Weiss Community Center

Ages: 7yrs-10yrs

M, W 5–6 pm June 12–June 28 \$50R/\$60N

Ages: 10yrs-14yrs

M, W 6:05-7:35 pm June 12-June 28 \$70R/\$84N

Figure Skating

River Trails Park District has joined with Mount Prospect Figure Skating Academy to offer our community figure skating lessons! Mount Prospect Figure Skating Academy's purpose is to teach individuals the fundamentals of ice skating in a safe, fun, and energetic manner while providing a curriculum that will advance skills in each and every lesson. The ratio is 6:1 student to coach.

Please arrive at the rink 10 minuets early so we can help with skates. Dress warm!

Location: Mount Prospect Ice Arena, 1501 Feehanville Dr., Mt. Prospect

Snowplow Sam

This class offers our younger skaters a chance to get out on the ice and learn in an age appropriate manner. No previous experience needed.

Ages: 3–6 yr. olds

The Basics

A fun and fast pace class to encourage skaters to grow and learn. This class is designed for children and adolescents that want to learn the fundamentals of ice skating. No previous experience needed.

Ages: 6 yrs. old and older

Please check our website for times and dates at www.rtpd.org.

LOOKING FOR SOMETHING NEW?

Check out Camp Tag Ons.

You do not need to be in Camp to register for Tag Ons. See page 9.

We offer Golf Lessons, Parkour Basketball, Flag Football, Archery, Net sports and **new this year** Built Elite Fitness Program.

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Heritage Tennis Club Lessons

Tennis Lessons are taught by Heritage Tennis Club

Registration Deadline for classes is one week prior to start date.

QuickStart Tennis is designed for children who are new to the game or who need additional instruction to rally using groundstrokes, volleys, and serve. QuickStart Tennis takes a new approach to introducing kids to the game by using fun sized courts, nets, racquets, and balls. The lighter low compression balls bounce lower which helps develops proper techniques. All students are advised to purchase a 21–25 inch tennis racquet (typically $4-6 = 21^{\circ}, 7-8=23^{\circ}, 9-10=25^{\circ}$).

Junior Tennis is designed for players 10 and older who want to learn and improve their tennis game. These classes will focus on improving all basic strokes including forehand, backhand, volleys, serve, lobs, and overheads. Match play will also be introduced including positioning and strategy.



River Trails Park District | 847.255.1200 | SUMMER TENNIS SCHEDULE

Burning Bush Trails Park | 1313 Burning Bush Lane, Mt. Prospect

Day	Time	Level	Ages	Location	Dates	Prices	# Classes
SESSION 1, No Class 7/4							
M/W	5:30-6:30 pm	QuickStart	4-6	Burning Bush	6/5-6/29	\$101R/\$121N	8
M/W	6:30-7:30 pm	QuickStart	7-10	Burning Bush	6/5-6/29	\$101R/\$121N	8
M/W	7:30-8:30 pm	Jr. Tennis	10+	Burning Bush	6/5-6/29	\$101R/\$121N	8
Sa	9-10 am	QuickStart	4-6	Burning Bush	6/10-8/5	\$101R/\$121N	8
Sa	10-11 am	QuickStart	7-10	Burning Bush	6/10-8/5	\$101R/\$121N	8
Sa	11 am-12 pm	Jr. Tennis	10+	Burning Bush	6/10-8/5	\$101R/\$121N	8
SESSION 2							
M/W	5:30-6:30 pm	QuickStart	4-6	Burning Bush	7/10-8/2	\$101R/\$121N	8
M/W	6:30-7:30 pm	QuickStart	7-10	Burning Bush	7/10-8/2	\$101R/\$121N	8
M/W	7:30-8:30 pm	Jr. Tennis	10+	Burning Bush	7/10-8/2	\$101R/\$121N	8

Rainout Line, Burning Bush 847-574-2233, EXT 20

Classes will be cancelled due to inclement weather (rain or excessive heat).

All classes have one rain day built in. If it rains a second time that class will have a makeup. No other make ups will be granted.

No classes 7/1-7/6

Josh Mulholland, Athletic Supervisor, RTPD, 847.463.3709.

YOUTH ATHLETICS



Parent Association for Youth Sports (PAYS)

Both parents/guardians of participants enrolled in any youth sports league must complete the PAYS program. Children whose parents/ guardians have not completed PAYS will not be allowed to participate in any youth sport programs requiring PAYS certification. The clinic consists of viewing a video from National Alliance of Youth Sports and going through the handbook. This process only needs be once and if you are new to the youth athletic programs. Upon completion, individuals will sign a Parents Code of Ethics and receive the PAYS membership card and handbook.

Easy as 1, 2, 3...

To register for PAYS please visit www.nays.org/paysonline. When taking the PAYS training, make sure to either type in code #1319 or click River Trails Park District in the drop box. You must associate yourself with our chapter to receive the \$5 per family fee.

Youth Volunteer Coaches

Teach sports skills and the values of teamwork, fair play, and how to win and lose with grace. Volunteers are instrumental to the success of these programs by acting as a team coach, or coach assistants. If interested, please contact Josh at 847.255.1200. You will be trained according to River Trails and the National Youth Sports Coaches Association. As a thank you for volunteering, a 50% discount on registration fees will be given to the coach's child (one head coach and one asst. coach per team). Coaches can also join the Fitness Center free of charge for three months and can receive one free pool pass.

National Youth Sports Coaches Association & Certification

National Youth Sports Coaches Association (NYSCA) is a clinical training that certifies you according to NYSCA standards. NYSCA training is required of all River Trails head coaches to assure their dedication and responsibility to youth sports. Coaches are asked to take the training online. Fee is \$30 + \$5 per each additional sport. The park district will reimburse for the initial \$30 and the initial \$5.

Friendship Request Policy (for 4-year-old-2nd grade levels)

The River Trails Park District allows only one friendship request per person. This request can be put on the child's registration form and must be matching. Siblings will automatically be placed on the same team unless otherwise requested. Requests made after the registration deadline may not be honored. River Trails Park District can only accept friendship request for 4 years old through 2nd grade levels of any athletic league. For 3rd grade and above, teams will be balanced by skill level, school, and gender or a draft will be held.

River Trails Park District Jersey-\$18.50 (Available only at Weiss Center)

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YOUTH LEAGUES

- All leagues need volunteer coaches.
- Team/player/coach requests are not guaranteed.
- Both parents/guardians are required to be PAYS certified.



Micro Baseball

(registration deadline May 25)

Be introduced the fundamentals of throwing, catching, batting, base running, sportsmanship, teamwork & fun. Must register for the age/grade level child will be entering in fall. All participants need a baseball glove. Participants will receive a River Trails Park District baseball cap. Both levels use 'soft-core' baseballs and tees, with coach pitch for the Rookie level. Tuesdays or Thursdays may be used for rain make-ups. Register for age/grade level child will be in for Fall 2023 school year.

Little Kickers Soccer

(registration deadline Aug 20)

Come out for Saturday soccer! Learn the fundamentals while having fun ϑ learning skills in a non-competitive environment. Age groups may be combined if needed. Exact game times may vary depending on number of teams. Each player brings their own appropriate size soccer ball for practice.

Youth Outdoor Soccer

(registration deadline Aug 20)

A volunteer coached program emphasizes the fundamentals of passing, shooting, offense, defense, sportsmanship & fun! Actual game times depend on number of teams in the league. Games may be played on weekday nights if needed. Each player brings their own appropriate size soccer ball for practice.

ATHLETICS



Youth Athletics Leagues

- All leagues need Volunteers Coaches.
 See Volunteer Coach Benefits on page 33.
 Contact Josh Mulholland at 847-463-3709 or jmulholland@rtpd.org.
- Team/player/coach requests not guaranteed.
- Both parents/guardians are required to be PAYS certified, see page 33 for info.
- River Trails District Uniform can be used for multiple leagues. Jersey–\$18.50 | available at Weiss Center.

League	Ages	Format	Practice Days & Times	Game Days & Times	Dates	R Fee	NR Fee	Reg. Deadline	RTPD Uniform Needed	Location	Со-ор
Lil Kickers Youth Soccer	4yrs-4th grade	4v4 to 8v8	1 weeknight, *Starts 8/28	Sa 9 am-1 pm	Sep 9- Oct 28	\$130	\$150	Aug 20	Yes	Indian Grove Soccer Fields	PHPD
Youth Outdoor Soccer	5th-8th grade	9v9 to 11v11	1 Weeknight, *Starts 8/28	Su 10-2 pm	Sep 10 - Oct 29	\$140	\$160	Aug 20	Yes	Co-op Facilities	MPPD, DPPD
Micro Baseball	4 yrs- 2nd grade	7v7 to 8v8	1st Three meetings	M, W 5:45-8 pm	Jun 5 - Jul 12	\$105	\$125	May 25	Yes	Burning Bush Fields	Х

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ATHLETICS

Locations

River Trails Middle School 1000 Wolf Rd., Mt. Prospect

Wheeling Park District, Community Recreation Center 100 Community Blvd, Wheeling

Mt. Prospect Park District, Central Community Center 1000 W. Central Rd, Mt. Prospect

Martial Arts • Karate

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion and President of the American Shotokan Karate Association.

- Our Adult classes release tension, develop total body fitness, and build stamina and overall productivity! In addition to self-defense skills, karate increases flexibility, cardiovascular endurance, and muscle tone while improving core strength.
- Parent/Child classes are a great way to spend quality time with your child while conditioning muscles, developing coordination and improving cardiovascular fitness.
- Uniforms and Belt-Testing are options available through the ISKC instructor. Please note that the Youth, Parent/Child, and Adult classes may train together. Beginner students will not be permitted to register for the current session after the second class has met.
- Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.

Please visit WWW.ISKC.COM for more information or call us at 847/359-0666. (Co-op Wheeling and Mt. Prospect Pk Districts).

2023 Summer Karate

Wednesday Pre-Karate | June 14-Aug 30 (12 Weeks)

Mt. Prospect Park District, Community Center, 1000 W. Central Road, Mt. Prospect

TIME	AGE	CLASS	RES	NR
4:00-4:45 pm	4-6	Beginner/Continuer	\$165	\$170
4:45–5:30 pm	4-6	Intermediate/Advanced (Instructor Permission)	\$165	\$170

Saturday Pre-Karate | June 10-Aug 26 (11 Weeks) No class July 15

Wheeling Park District, Community Recreation Center, 100 Community Blvd, Wheeling

TIME	AGE	CLASS	RES	NR
9:00-9:45 am	4-6	Beginner/Continuer (0–1 prior sessions)	\$151	\$171
9:55–10:40 am	4-6	Novice (2 sessions-White w/stripes)	\$151	\$171
10:50–11:50 am	4-6	Inter./Adv. (Red belt & Up)	\$171	\$191

Tuesday Karate June 13–Aug 29 (11 weeks) No class July 4 Wheeling Park District, Community Recreation Center, 100 Community Blvd, Wheeling

TIME	AGE	CLASS	RES	NR
6:00-6:55 pm	7–14	Beginner/Continuer (White Belts)	\$151	\$171
7:00–7:55 pm	7–14	Novice (Red-Blue Belts)	\$151	\$171
8:00-8:55 pm	7–14	Intermediate (Green-Purple Belts)	\$151	\$171
8:00-9:30 pm	7–14	Advanced (Brown–Black Belts)	\$190	\$210
6:00-6:55 pm	14+	Beginner/Continuer (White Belts)	\$151	\$171
7:00–7:55 pm	14+	Novice (Red-Blue Belts)	\$151	\$171
8:00-8:55 pm	14+	Intermediate (Green-Purple Belts)	\$151	\$171
8:00-9:30 pm	14+	Advanced (Brown–Black Belts)	\$190	\$210



Register Online at RTPD.org

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Wednesday Pre-Karate & Karate | June 14–August 30 (12 weeks) Mt. Prospect Park District, Community Center, 1000 W. Central Road, Mt. Prospect

TIME	AGE	CLASS	RES	NR
5:30–6:30 pm	7–14	Beginner/Continuer (White & Red Belts)	\$165	\$185
6:30–7:30 pm	7–14	Intermediate (Orange–Green Belts)	\$165	\$185
7:30–9 pm	7–14	Advanced (Purple-Black Belts)	\$207	\$227
5:30–6:30 pm	14+	Beginner/Continuer (White & Red Belts)	\$165	\$185
6:30–7:30 pm	14+	Intermediate (Orange–Green Belts)	\$165	\$185
7:30–9 pm	14+	Advanced (Purple-Black Belts)	\$207	\$227

Saturday Karate | June 10 - August 26 (11 weeks)

Wheeling Park District, Community Recreation Center, 100 Community Blvd, Wheeling

TIME	AGE	CLASS	RES	NR
9–9:55 am	7+ yrs	Beginner/Continuer (White Belts)	\$151	\$171
10–10:55 am	7+ yrs	Continuer (Red–Blue Belts)	\$151	\$171
11–12 pm	7+ yrs	Novice (Green–Purple Belts)	\$151	\$171
11–12:30 pm	7+ yrs	Intermediate/Advanced (Brown-Black Belts)	\$190	\$210



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ATHLETICS

ADULT ATHLETICS

Registration is taken on a team basis ONLY!

- All registration can be taken online or in person at the Weiss Center.
- \$150 deposit due at time of registration (except bags, pickleball and volleyball)
- All participants must be 18 years old and up
- Cash awards or trophies (depending upon the league) will be given out to 1st and 2nd place league and tournament champions.
- For more information on any of the adult leagues or individual participation please contact Josh at 847-255-1200 or jmulholland@rtpd.org.



League	Format /Level	Day(s)	Dates	Time	RES Fee	NR Fee	Reg. Deadline
16" Softball – Summer	Men's B/C Division	Mon	Begins May 1	6:30-10:30 pm	\$700	\$800	April 17
16" Softball – Summer	Men's B/C Division	Wed	Begins May 3	6:30-10:30 pm	\$700	\$800	April 17
14" Softball – Summer	Coed	Fri	Begins May 5	6:30–10:30 pm	\$700	\$800	April 17
Men's Outdoor Basketball – Summer	A Division	Sun	Begins May 21	8am–2 pm	\$700	\$770	May 8
Men's Outdoor Basketball – Summer	B Division	Sun	Begins May 21	8am–2 pm	\$700	\$770	May 8
Adult Sand Volleyball– Summer	4v4 Coed	Tues	Begins June 5	6:30-10:30 pm	\$175	\$215	May 22
16" Softball – Fall	Men's-open	Mon or Wed	Begins Aug 28	6:30-10:30 pm	\$575	\$675	Aug 10
14" Softball–Fall	Coed	Fri	Begins Aug 25	6:30–10:30 pm	\$575	\$675	Aug 10
Adult Flag Football–Fall	Men's 6v6	Thurs	Begins Sep 7	6:30–10:30 pm	\$675	\$775	Aug 21
Adult Volleyball–Fall	Coed 6v6	Mon	Begins Sep 18	6:30–10:30 pm	\$400	\$460	Sep 5

ATHLETICS



Summer Slam 16" Adult Tournament

16" tournaments are a minimum of two game guarantee and the exact format and payouts will depend on number of teams. Players must be 18+ years old and carry ID to prove age. The Summer Slam tournament is an open tournament and its rain date is Sunday, July 16.

Registration Deadline: July 9

S 9 am Start

July 15 – \$225 per team

Celebrate the lasts days of summer with us.

RIVER TRAILS PARK DISTRICT

LAST

NEW!

Woodland Trails Park Sunday, August 27 • 11 am–5 pm This family fun event replaces the Labor Day

BASH

PLASH

This family fun event replaces the Labor Day Old Fashion Picnic in the Park. FREE

Starting at 11 am– There will be huge inflatables, a petting zoo, and more games at Woodland Trails Park.

11:45 am– Pool Doors open! Find your spot on deck for the Kids Coin Splash.

12 pm- Kids coin splash.

12:30–4:30 pm– The pool is open free for your last dip in the pool this season! DJ keeps the Party going with hula hoop contests, a frozen t-shirt contest, limbo, and more.

4:30 pm- Last chance to purchase turtle.

5 pm- Trusty the turtle Race Top Prize \$300 and other prizes for top racers! Get your tickets in advance online or at the pool register.

Trusty the Turtle Race

Sponsored by the River Trails Park & Recreation Foundation!

This race has been a long time end of the pool season tradition. Sponsor a turtle and cheer them on as they race across the pool. Money raised help to our annual Send a Kid to Camp Campaign.

Get your tickets in advance on line at RTPD.org (online sales ends Saturday, August 26 at 11:59 pm) or the day of, Sunday, August 27, at the pool register until 4:30 pm.

Turtles are one for \$5, Trusty's cluster of 6 for \$25 and Trusty's 20 pack for \$75.

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Come Out and Unplug with Us!



Help send a Kid to Camp this Summer!

Closest to the Pin

Friday, July 14 • 5–7:30 pm Woodland Trails Driving Range 1500 E Euclid Ave, Mount Prospect

Your chance to win cash and other prizes as well as giving back to your community

- Early Bird Rate through June 1: 5 balls for \$15
- Regular Rate starting June 2: 5 balls for \$20 or \$5 a ball
- \bullet Beer ϑ snacks available for purchase
- We will also have a Longest Putt: \$3 a ball or 4 balls for \$10 (pay at the putting green)



SUMMER Yoga Gocial

Don't miss out on this one day social yoga event to conclude the summer session. One-hour Yoga Flow class taught by Janice Herbst to start the moming, followed by light breakfast items and mimosas to socialize with your fellow yoga peers and teaches. Cheers & Namaste!

Rob Roy Golf Course-Banquet Hall Saturday, August 19 • 9:45 am-Noon Early Bird until 8/8: \$22R/\$27NR After 8/8: \$30R/\$36NR

Movie in the Park

Woodland Trails Park, Thursday, August 3 Movie will begin at dusk.

River Trails Park District is excited to present a **free** movie in the park. The outdoor movie will be shown at Woodland Trails Park on a portable screen and begins at dusk. Admission is free; blankets and lawn chairs are encouraged.

Movie title will be announced June 1. In the event of inclement weather, the movie will be canceled.

Rob Roy's LIVE ON THE DECK

Come out to the 10th Hole Bar & Grill enjoy dinner, drinks and music.

Fridays from 6–8 pm

June 9 Steven Zane HOME

Steven Zane, the 'Acoustic Jukebox,' independent singer/ songwriter and musical entertainment extraordinaire!

Steven has released four albums of all original music and plays over 1,000 cover songs of a wide style and variety, from mellow dinner music to upbeat dance tunes.

stevenzane.com

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July 14 Steven Zane HOME

Steve is back by popular demand! See above for details! **stevenzane.com**

Aug 11 Mike Jansen

As an acoustic performer he specializes in current pop hits to familiar classics. He brings familiar tunes that a wide age group will enjoy.

mikejansenmusic.com

Rob Roy Golf Club 505 E Camp McDonald Rd, Prospect Heights, IL 60070

Glow in the Hole

Friday, August 11 • Rob Roy Golf Course

This tournament is all about having a great time and supporting a worthy cause. There are two different levels for all types of players, cash prizes for first place and a full-service bar. Proceeds help fund program scholarships, summer camp, and special projects. Teams can only consist of two people over the age of 21.

Registration deadline: Friday, August 4

Ages: 21yrs and up

Warm Up Start Up at 7 pm Tournament Begins at 7:30 pm

- · Event includes two well or domestic beer tickets!
- Guaranteed two games and cash prizes for top finishers.
- · Level 1 Corn hole intermediate
- · Level 2 Corny beginner

2 Youth 2k

• \$50 per team-2 people per team



SAVE THE DATE! SATURDAY, OCTOBER 7, 2023

9th Annual Trails Challenge Youth 2K Obstacle Course Race

The OCR is a 1.25 Mile (2K) Race. There will be between 10–14 natural and man-made obstacles throughout the course challenging your determination and physical prowess. The races are held completely within the Woodland Trails Park footprint so there are no street crossings. All participants will receive a t-shirt, medal, goodie bag and bragging rights they conquered the trail.

Two Communifies. One Trail for Fun

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Enjoy a themed evening at Woodland Trails Pool with special music, activities, and surprises!

FRIDAY THEME NIGHTS

EVENTS





Christmas in July

Friday, July 7 • 6:30-9 pm

Free for pool pass holders, \$3 non-pass holders.

Santa will be visiting the Woodland Trails Pool this July! Join us for decorations, reindeer games, holiday treats, and more! All ages welcome!

Pool Party with the Police

Friday, July 28 • 6:30–9 pm Free Event

Join the Mount Prospect Police Department and River Trails Park District for a night of music, pool games, food giveaways, and much more! All ages welcome!

Pool Pass Appreciation Party

Sunday, August 6 • 10-11 am

As big thank you to all of our pool pass holders, this morning early entry is just for you! From 10–11am, the pool will only be open for pass holders. To show our appreciation, we'll bring out an inflatable and have a blast!

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Parkour Registration

Have you setup your family account by visiting our website at rtpd.org? If so, log on and pick your classes. If you have not, please setup your account and go to the Weiss Community Center with your families verification information for resident rates. (Driver's License for 18+ years old and birth certificates for 17 year and younger). Once verified let your family enjoy all of what River Trails Park District can offer.

Instructors are certified by the World Parkour Free Runner Federation, along with USA Parkour.

Parkour is closed on:

- May 14, 28, 29
- June 18
- July 3, 4
- August 21-September 4

Parkour Open Gym

There will be a supervisor available to oversee activities (no formal instruction) and answer questions. We require parents to stay in the facility with children who are 9yrs and younger. Open gym times subject to change. Call 847-255-1200 before visiting

April-May 20

Pre-registration is recommended

Day	Dates	Time	Fee
Fri	April–May 19	6:45–8:45 pm	\$12
Sat	April-May 20	5:30–7 pm	\$10

June-August Pre-registration is recommended

Dates	Ages	Time	Fee
Tues, June 13, 27, July	9 & under	1–2:30 pm	\$10
25, Aug 15	All Ages	2:30–4 pm	\$10
Wed, June 7–August 16	All Ages	6-8 pm	\$12
Thur, June 15, 29, July 6,	9 & under	1–2:30 pm	\$10
27, Aug 17	All Ages	2:30–4 pm	\$10

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Pre-Kour

Age: 3–4 yrs

Bring your little ones in to explore a wide variety of movement concepts and skills. Each lesson is geared towards developing your child's self-esteem and confidence. Lessons build over the weeks as the children learn rolls, jumps, leaps, balancing, stretching and other motor activities.

Session 1 | No Class July 3 & 4

Day	Dates	Time	Fee
М	6/12-7/17	4:45–5:45 pm	\$67R/\$78N
М	6/12-7/17	5:50-6:50 pm	\$67R/\$78N
F	6/16-7/14	12:45–1:45 pm	\$67R/\$78N
Sa	6/17-7/15	8:55–9:55 am	\$67R/\$78N
Sa	6/17–7/15	10–11 am	\$67R/\$78N

Session 2

Day	Dates	Time	Fee
М	7/24-8/14	4:45–5:45 pm	\$55R/\$65N
М	7/24-8/14	5:50-6:50 pm	\$55R/\$65N
F	7/21-8/11	12:45–1:45 pm	\$55R/\$65N
Sa	7/22-8/12	8:55–9:55 am	\$55R/\$65N
Sa	7/22-8/12	10–11 am	\$55R/\$65N

Kinder-Kour

Age: 5-6 yrs

This is the perfect class to enhance your child's parkour abilities to the next level! Bodily awareness as well as situational awareness are learned here. Kinder–Kour students work on increasing their strength and endurance in a safe environment where they are encouraged to reach new heights!

Session 1 No Class July 3 & 4

Day	Dates	Time	Fee
М	6/12-7/17	4:45–5:45 pm	\$67R/\$78N
М	6/12-7/17	5:50–6:50 pm	\$67R/\$78N
Tu	6/13-7/18	5–6 pm	\$67R/\$78N
F	6/16-7/14	12:45–1:45 pm	\$67R/\$78N
Sa	6/17-7/15	8:55–9:55 am	\$67R/\$78N
Sa	6/17-7/15	11:05–12:05 pm	\$67R/\$78N

Session 2

Day	Dates	Time	Fee
М	7/24-8/14	4:45–5:45 pm	\$55R/\$65N
М	7/24-8/14	5:50-6:50 pm	\$55R/\$65N
Tu	7/25-8/15	5–6 pm	\$55R/\$65N
F	7/21-8/11	12:45–1:45 pm	\$55R/\$65N
Sa	7/22-8/12	8:55–9:55 am	\$55R/\$65N
Sa	7/22-8/12	11:05 am-12:05 pm	\$55R/\$65N



Parkour Junior

Age: 7–8 yrs

Your child will learn the basic techniques starting with running, jumping, climbing, swinging, rolling and vaulting so they can mimic the contestants on American Ninja Warrior.

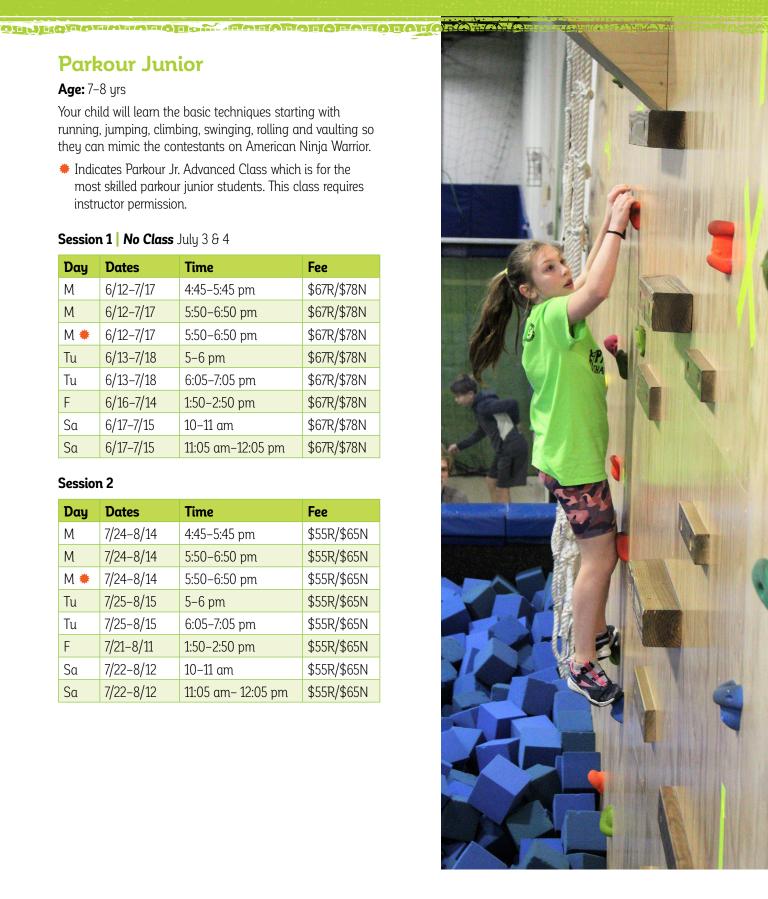
Indicates Parkour Jr. Advanced Class which is for the most skilled parkour junior students. This class requires instructor permission.

Session 1 No Class July 3 & 4

Day	Dates	Time	Fee
М	6/12-7/17	4:45–5:45 pm	\$67R/\$78N
М	6/12-7/17	5:50-6:50 pm	\$67R/\$78N
М 🗰	6/12-7/17	5:50-6:50 pm	\$67R/\$78N
Tu	6/13-7/18	5–6 pm	\$67R/\$78N
Tu	6/13-7/18	6:05–7:05 pm	\$67R/\$78N
F	6/16-7/14	1:50–2:50 pm	\$67R/\$78N
Sa	6/17-7/15	10–11 am	\$67R/\$78N
Sa	6/17–7/15	11:05 am-12:05 pm	\$67R/\$78N

Session 2

Day	Dates	Time	Fee
М	7/24-8/14	4:45–5:45 pm	\$55R/\$65N
М	7/24–8/14	5:50-6:50 pm	\$55R/\$65N
М 🗰	7/24-8/14	5:50-6:50 pm	\$55R/\$65N
Tu	7/25-8/15	5–6 pm	\$55R/\$65N
Tu	7/25-8/15	6:05–7:05 pm	\$55R/\$65N
F	7/21-8/11	1:50–2:50 pm	\$55R/\$65N
Sa	7/22-8/12	10–11 am	\$55R/\$65N
Sa	7/22-8/12	11:05 am- 12:05 pm	\$55R/\$65N



Parkour

Age: 9–13 yrs

Level 1 – Students will be challenged mentally and physically in this introductory class. Focusing on skills and obstacles, students will gain a lot of parkour and general fitness knowledge.

Level 2 – Class is a continuation of level 1 parkour and fitness education while students will be expanding their Parkour skills. Students will also start learning about free running, begin flip training, tumbling, and more advanced skills while testing their strength and willpower on more challenging obstacles.

Level 3 – Students of Level 3 show greater understanding of Parkour safety and technique while looking to continue growing their parkour skills. Students must have completed level 2 and have a teacher recommendation.

Level 4 – Students will learn the most advanced parkour and tricking skills. Everything from backflips to front flips to side flips and more. Class will focus on body control, strength, and stamina. Instructor approval in needed to register for this class.

Level 5 – This class is designated for students who have reached a point where high level parkour skills have become second nature. Students in level 5 will continue their training on body control, strength, stamina, speed & agility while mastering obstacle courses of all intensities. Students must have completed level 4 and instructor approval is necessary for this class.

Session 1 No Class July 3 & 4

Day	Dates	Time	Fee	Level
М	6/12-7/17	7:10–8:10 pm	\$67R/\$78N	1
Tu	6/13-7/18	6:05–7:20 pm	\$81R/\$95N	2
Tu	6/13-7/18	6:05–7:20 pm	\$81R/\$95N	3
Th	6/15-7/13	4:30–5:30 pm	\$67R/\$78N	1
Th	6/15-7/13	4:15–5:30 pm	\$81R/\$95N	2
Th	6/15-7/13	5:35–6:50 pm	\$81R/\$95N	3
Th	6/15-7/13	5:35–6:50 pm	\$81R/\$95N	4
Th	6/15-7/13	5:35–6:50 pm	\$81R/\$95N	5
F	6/16-7/14	1:50–2:50 pm	\$67R/\$78N	1
Sa	6/17-7/15	8:55–9:55 am	\$67R/\$78N	1
Sa	6/17-7/15	11:05 am-12:20 pm	\$81R/\$95N	2

Session 2

Day	Dates	Time	Fee	Level
М	7/24-8/14	7:10-8:10 pm	\$55R/\$65N	1
Tu	7/25-8/15	6:05–7:20 pm	\$67R/\$78N	2
Tu	7/25-8/15	6:05–7:20 pm	\$67R/\$78N	3
Th	7/20-8/10	4:30–5:30 pm	\$55R/\$65N	1
Th	7/20-8/10	4:15–5:30 pm	\$67R/\$78N	2
Th	7/20-8/10	5:35-6:50 pm	\$67R/\$78N	3
Th	7/20-8/10	5:35–6:50 pm	\$67R/\$78N	4
Th	7/20-8/10	5:35-6:50 pm	\$67R/\$78N	5
F	7/21-8/11	1:50–2:50 pm	\$55R/\$65N	1
Sa	7/22-8/12	8:55–9:55 am	\$55R/\$65N	1
Sa	7/22-8/13	11:05 am-12:20 pm	\$67R/\$78N	2

Parkour Camp

Age: 6–14 yrs

Join us for an exciting afternoon at the parkour gym. Parkour Camp is a mix of high endurance workout, games, and strengthening along with the FUN of camp. Camps are designed to cater children of all skill levels. Please bring a drink and snack.

Date	Days	Time	Fee
6/6-6/8	Tue-Thu	1–4 pm	\$110R/\$130N
6/19-6/22	Mon-Thu	1–4 pm	\$145R/\$165N
7/10-7/13	Mon-Thu	1–4 pm	\$145R/\$165N
7/17–7/20	Mon-Thu	1–4 pm	\$145R/\$165N
7/31-8/3	Mon-Thu	1–4 pm	\$145R/\$165N
8/7-8/10	Mon-Thu	1–4 pm	\$145R/\$165N







1

FITNESS

Trails Fitness Club Memberships

We are proud to offer some of the lowest rates in town without any initiation or hidden fees!

Membership (Individual): 1 month: \$20R/\$24N 3 months: \$49R/\$59N

OTIMITATION

1 Year Membership: \$144R/\$164N

Daily Admission: \$8

NEW! Continuous Member: \$12R/\$14N per month/credit card. This program has all the convenience you are looking for! Same great deal of the year in full membership with more ease! Simply sign up and the work is done. Instead of paying all upfront you enjoy small monthly payments and have a membership that never expires! No more remembering to renew! You may cancel at any time after the first year of the membership.

Membership Age Requirements: High school and older. Ages 13–14 must be accompanied by an adult 18 years or older at all times.

Fitness Club Members Open Gym: \$3 a visit

Personal Training

SilverSneakers

by UnitedHealthcare

enew

Provided by PureEliteFitness Trainers

We recommend training twice a week for any package. FREE One-hour trial session.

- 8 sessions (one month, \$60 per session)-\$480 total
- 16 sessions (two months, \$50 per session)-\$800 total
- 32 sessions (four months, \$45 per session)-\$1440 total

Trails Fitness Club

Fitness Center Hours

May 1-September 1

Day	Open	Close
Monday	5:30 am	8 pm
Tuesday	5:30 am	8 pm
Wednesday	5:30 am	8 pm
Thursday	5:30 am	8 pm
Friday	5:30 am	8 pm
Saturday (May/June)	7 am	2 pm
Saturday (July–Sep)	8 am	2 pm
Sunday	8 am	Noon

CLOSED: Memorial Day, 4th of July & Labor Day

Fitness Center Equipment

- AMT Machines
- Rower
- Dumbbells/ Kettlebells
- Televisions
- Dru Sauna
- Locker Rooms
- True Weight Stations
- Stationary Bikes
- Elliptical Machines
- Treadmills
- Stretch Trainer
- Nu Step
- TRX



Both programs now available for adults 65+.

Join the fitness center for FREE if your Medicare health plan, Medicare supplement carrier or group retiree plan includes Silver Sneakers OR Renew Active as part of your benefits package. You may qualify for a FREE fitness membership. Check with your provider, sign up, and start exercising with us tomorrow!





GROUP FITNESS/AQUA COMBO PUNCH CARD AND YOGA PUNCH CARD

A healthy mind and body starts with exercise! Whether your goal is to build strength, lose weight or improve overall health, our classes provide the environment you need to stay motivated and to continually enhance your physical and mental well-being.

To participate in River Trails Park District fitness or yoga classes, patrons can attend by either purchasing a punch pass or paying a drop-in fee. Summer punch cards are valid from June 5–August 27.

Note aqua classes are included with the summer group fitness punch card and run from June 10-August 13, weather permitting. The Pool Hotline can be contacted at 847-824-1851 for class cancelations due to weather.

Land classes take place at the Weiss Community Center. Aqua classes take place at the Woodland Trails Pool. See page 19 for Aqua class descriptions. For full class schedule & descriptions visit www.rtpd.org. Printed schedules also available at the Weiss Community Center front desk in May.

Age: 16 & up

Punch Cards

Group Exercise part of punch June 5–Aug 27 • Aqua part of Punch June 10–Aug 13 • Yoga Punch June 5–Aug 27 Weiss Community Center (unless noted)

Punch Card Type	Drop In	6 Punches	12 Punches	24 Punches	Unlimited
Group Fitness + Aqua	\$7R/\$9N	\$45R/\$52N	\$84R/\$99N	\$156R/\$168N	\$200R/\$220N
Combo					
Yoga	\$11R/\$13N	\$60R/\$72N	\$114R/\$132N	\$204R/\$224N	n/a

FITNESS

WEFITU

We Fit U is unlike any other fitness class because it is much more than a class! It is a lifestyle coaching team! Each workout of our class is custom-tailored to each participant. Workouts consist of:

- 50% functional exercise training using our exclusive superset circuit system.
- 20% core, arm and ab conditioning.
- 30% relaxation mindfulness and stretching.

We do not seek perfection; our goal is to empower you to reach your ambitions. You are joining an adult lifestyle community that supports eating health.

Class times:

- Monday & Wednesdays | 6–7 pm | The Zone
- Tuesday & Thursday | 6 am-7 pm & 10:30-11:30 am | Weiss Center
- Saturdays | 7:15-8:15 am | Weiss Center

WeFitU Punch Cards • June 5-August 27

Punch Card Type	Drop In	3 Classes	6 Classes	12 Classes	24 Classes
WeFitU	\$40R/\$48N	\$105R/\$125N	\$195R/\$215N	\$360R/\$380N	\$600R/\$620N
	Expires 1 Year	Expires 30 Days	Expires 45 Days	Expires 60 Days	Expires 120 Days

The updated schedule can be found on our website at rtpd.org or picked up from the Weiss Center.

WeFitU-Family Fit Club

FitClub is a custom fitness class for athletes age 8 and up. Parent or Guardian are welcome to join the class but is not mandatory to participate. Each athlete will start with basic training working their way to sport specific sessions as their skills improve. Each athlete will work at their own pace and modifications will be provided. Dumbbells, spri tubes, battle ropes, big tire are used during sessions. Athletes will be set up for success! Note: each member of the family needs to register separately.

Location: Weiss Community Center

Session 1 June 10-July 1

Session 2 July 8-29

Session 3 August 5-August 26

Saturdays Noon-1 pm \$92R/\$100NR



FITNESS

Youth Yoga Vibe

Youth Yoga Vibe offers a unique possibility for every child to experience a joyful blossoming of their natural potential. This program is an introductory to yoga, led through an exploration of fun, love and joy, allowing each student to develop and live in optimal health and inner peace. Program is designed to enhance concentration and memory, and improve mind-body coordination.

Location: Weiss Community Center

 Wednesdays
 3-4 pm

 June 14–July 12
 \$65/\$72

Girl Power – Mother Daughter Yoga

This Mother Daughter yoga class brings special practices that integrate connection, joyful movement, and relaxation. Mothers have an opportunity to connect to their daughters in ways that feel natural and genuine outside of their busy daily routines. Girls feel empowered as they develop their inner and outer strength, confidence, and compassion. They gain important lifelong tools to find emotional balance, manage stress, and establish healthy relationships.

Location: Weiss Community Center

Sundays 10:15-11:15 am

June 18–July 16 \$44/\$53 per person

Paddle Board Yoga (SUP- Stand Up & Paddle Yoga)

Join us as we flow on our boards and learn what it really means to "salute the sun" at Woodland Trails Pool. This class takes place in the water using paddle boards for yoga. Take your practice to a different level as we learn more about our bodies, mind, and spirit by connecting more deeply to your practice. You'll feel your body change and your practice improve as we significantly play with our balance on the boards. While a little yoga experience would be helpful, everyone is welcome! (Equipment included). Please make sure to wear your bathing suits.

Ages: 14 years and older

Location: Woodland Trails Pool

Th 5:15-6:15 pm

August 3, August 10, August 17, August 24 \$35/\$40 per class



YOGA EVENTS

Spring Fling Yoga & Mimosas

Fling into Spring with this one-day social yoga event to conclude the spring session. The moming starts with a Yoga Flow class taught by Janice Herbst accompanied by live acoustic music by Tom Herbst. Following the yoga class will be a mimosa tasting and light breakfast items. Bring your friends to enjoy this special Sunday yoga event.

You must be +21 to attend

Location: Rob Roy Golf Course-Banquet Hall

Sa May 6 9:30 am-Noon

Early Bird by April 24 \$22R/\$27N After April 24: \$30R/\$36N

Summer Yoga Social

Don't miss out on this one-day social yoga event to conclude the summer session. One-hour Yoga Flow class taught by Janice Herbst to start the morning, followed by light breakfast items and mimosas to socialize with your fellow yoga peers and teaches. Cheers & Namaste!

You must be +21 to attend

Location: Rob Roy Golf Course-Banquet Hall

 Sa
 Aug 19
 9:30 am-Noon

 Early Bird by Aug 8: \$22R/\$27NR

 After Aug 8: \$30R/\$36NR



FITNESS



ACTIVE ADULT

ACTIVE ADULT

Painting

Beginner through advanced students will learn how to paint landscapes, seascapes, flowers and more you choose! Learn new techniques through our professional instructor, Anthony Soskich skilled guidance.

Location: The Zone

M 10 am-1 pm

Jun 12–Jul 10 \$100R/\$120N

M 10 am-1 pm

Jul 17-Aug 14 \$100R/\$120N





Community Garden

Organic Garden Plots at Woodland Trails Park. RTPD Residents Only.

No room to garden? Join us at the Woodland Trails Park Garden!

You do the planting and maintaining and watch your crops grow; we'll have your plot tilled and ready to plant in early spring. A water tank will be placed near the plots. Once registered, you'll receive the garden rules and guidelines.

Age: 21 and up May 9–Oct 21 \$34R–RTPD residents only

Two Communifies. One Trail for Fun



Rob Roy Golf Course

Managed by River Trails Park District

505 E. Camp McDonald Road Prospect Heights, IL 60070 847.296.GOLF (4653) | www.robroygc.com

Winding through 51 acres, the beautiful Rob Roy Golf Course, (9 Hole, Par 36), will challenge your golfing skills. Our 3,022 yards are narrow and tree-lined requiring accuracy with water coming into play on 4 holes and sand traps throughout the course. Red, Yellow, White and Blue tees offer options for all skill levels. Rob Roy challenges the experienced golfer. Warm up on our lush putting green before your round and afterwards visit the 10th Hole Bar and Grill to enjoy a beverage, sandwich or snack. Prices subject to change.

- Tee time available from 7am sunset (April 1 – May 8) off peak.
- Tee times available 6 am 6 pm (May 9 - Sept 16) Peak.
- Please call for off-peak season times for Fall.

Managed by River Trails Park District

9 Holes	Residents	Partner Residents	Non Residents
Monday-Friday	\$17	\$18.50	\$20
Saturday & Sunday	\$19	N/A	\$22
Holidays	\$19	N/A	\$22

Cart Rental Pull cart \$3

Golf Cart Rental \$12 per person

Leagues Interested in joining? For more information call 847.463.3721 or E-mail leckenbrecht@rtpd.org.

Group Outings Email: leckenbrecht@rtpd.org or call 847.463.3721.

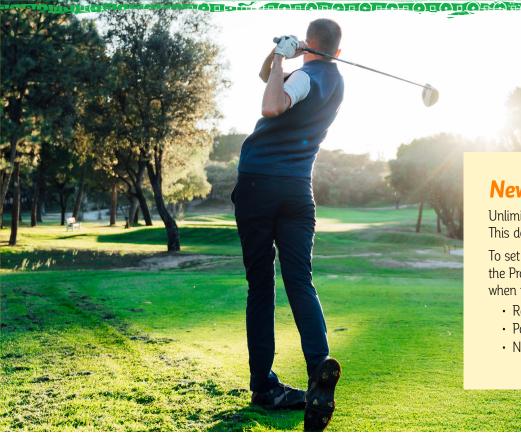
Club Rentals The Rob Roy Golf Course has clubs available for rent for \$10 in the Pro Shop.

Pro Shop Stop in for all your golf necessities: golf balls, gloves, hats, tees, towels and Rob Roy Merchandise!

Gift Certificates Available in any amount for golf course and proshop.

Use the QR code at right to purchase.

GOLF



New! Membership

Not Card (SV or Cabled)

Unlimited M–Th (excluding holiday) play. This does not include a cart.

To set up your membership please come to the Pro shop to set up your account. Expires: when the course is closed for the year

- Resident \$425
- Partner Residents \$463
- Non-resident \$500

10thHole BAR & GRILL

Join us at the 10th Hole Bar and Grill overlooking the gorgeous Rob Roy Golf Course. Choose from a variety of great snacks, sandwiches, burgers and more! Catering is available year round. Refer to the website for hours as the Golf Season winds down.

Monday: 10 am-8 pm

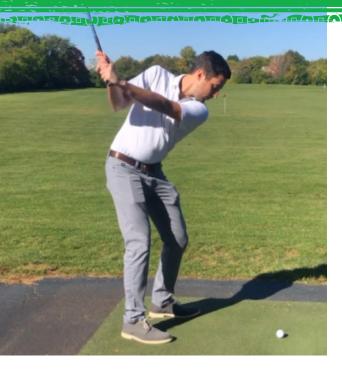
Tuesday-Friday: 11 am-9 pm

Sat & Sun: 8 am-5 pm

505 E. Camp McDonald Road Prospect Heights, IL 60070 847.296.GOLF (4653) • www.robroygc.com



GOLF



Woodland Trails Mini-Golf Course

OPENS: Sat & Sun starting April 29 Weekdays: Beginning Friday, June 2

1500 E. Euclid Ave. Mount Prospect IL 60056

For hours call 847.255.1200 or visit our website at www.robroygc.com/golf/driving-range.

Hours may be modified at beginning and end of season. Last round of mini golf is 30 minutes prior to closing time.

18 Challenging Holes

12 Years and Under.....\$5

13 Years and Older......\$6



for groups of 15+ Call 847.255.1200 to schedule

Woodland Trails Driving Range

1500 E. Euclid Ave. Mount Prospect, IL 60056 847.253.GOLF | www.robroygc.com

Hours:

• 6 am to sunset (except on Monday the range opens at 10 am)

- Hours may be modified at beginning and end of season.
- 35 Hitting Mats Putting Green
- Target Greens

Buckets

Small (32)	\$5
Medium (64 balls)	\$7
Large (96)	\$10

Rob Roy Junior Golf League

A fun and friendly recreational league where we stress learning and developing golf skills while playing with friends in a relaxed and fun atmosphere. The league's goal is to help in the development of golf skills that will last a lifetime. Pick who you would like to play with or let us pair you. Lunch and Golf included.

Age: 9yrs-16yrs Location: Rob Roy Golf Course

M 10 am-1 pm Jun 12-Jul 31 \$105R/\$125NR



ROB ROY BANQUETS

Perfect for all occasions!

Newly Renovat

Rob Roy Banquets offer guests a tranquil, delicious meal while providing exceptional style and class. Floor to ceiling windows overlook the lush fairways and a spacious deck offers beauty and functionality. Choose from a variety of room and food and beverage packages to meet your needs. Our highly experienced team is committed to excellence and will work with you to make your event a success! Full service bar available. Accommodates up to 150 guests for a banquet set up and 200 guests for a meeting set up.

505 E. Camp McDonald Road Prospect Heights, IL 60070

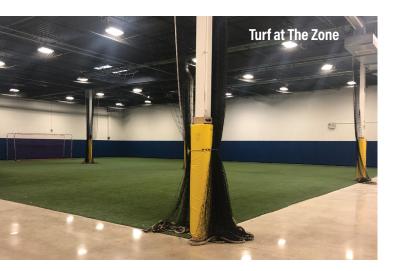
For inquiries and pricing, please call Jan at 847-812-7439 or email her at openkitchens1@gmail.com.

RENTAL

Room Rentals

Facilities may be rented for public or private gatherings. Please reserve at least 2 weeks prior to your rental date. No alcohol or smoking permitted. Kitchens are available at the Weiss Center Meeting Room, Burning Bush Center Large Room (A) and The Zone Glass Room. Use of kitchen included with rental. Tables and chairs available for use inside the building. **All room rentals are a two hour minimum unless approved.**

Internation internation





Weiss			
Location	R	NR	Capacity
Meeting Room	\$55	\$66	80
North Room	\$50	\$60	50
Dance Room	\$50	\$60	50
Full Gym	\$80	\$96	200
Half Gym	\$50	\$60	

Burning Bush Community Center

Location	R	NR	Capacity
Large (A) Room	\$55	\$66	90

The Zone Location	R	NR	Capacity
Glass Room	\$55	\$66	50
Blue Room	\$50	\$60	50
Turf (full field)	\$95	\$115	
Turf (half field)	\$55	\$66	
Parkour (full)	\$120	\$140	

For rentals 75+ patrons add \$20 per hour



RENTAL

Weiss Community Center

1500 E. Euclid Avenue Mount Prospect, IL 60056

Gymnasium-Perfect for any large sports event. Comfortably holds 100 up to 200. Contains six movable basketball hoops or two volleyball courts.

Meeting Room-A great room for a family party, baby shower or team party. Kitchen attached.

North Room-Also perfect for a family party, baby shower or team party. No kitchen available.

Burning Bush Community Center

1313 Burning Bush Lane Mount Prospect, IL 60056

The Large Room (A)–A cozy room ideal for a birthday party, meeting or bridal shower. Capacity 80–90 people depending on room set–up. Kitchen attached.

Woodland Trails Pool Rentals

Pool rentals were a hit last summer!

Summer 2023 rental bookings start Tuesday, January 4! Book your private rental soon for the perfect splash into summer! Great for birthdays, schools, family parties, special occasions, corporate team building, and customer outings. Water basketball and volleyball are included per request. Make your occasion extra special by adding the water inflatable or concession stand for an additional cost.

Rentals can be requested online using your community pass account. If you have any questions, contact the Weiss Community Center at 847.255.1200.



The Zone

550 Business Center Drive Mount Prospect, IL 60056

Turf– Our turf field covers approximately 7000 square feet that can be used for youth soccer team practices, small sided games (3v3–6v6) for youth or adults, and other sport activities such as training, practice and/or classes for lacrosse, baseball etc. The turf area can be split up differently based on activities.

- Full field (90 feet by 76 feet)
- Half Field (90 feet by 38 feet)
- Third of a field (76 feet by 30 feet)

Blue Room– This cozy room is ideal for parties, family gatherings or end of the season team parties and hold 40 people. This room is located near the turf and parkour area and is a great option if you are looking to be physically active between food and drinks during your party while enjoying family and friends. No kitchen access

The Glass Room– A unique glass block wall allows light and color making the Glass Room wonderful for a business luncheon, graduation party or family gathering. Comfortable for 50 people with ample space for food and/ or present tables. Kitchen attached.

Parkour

Looking for some fun in a non-traditional but exciting setting? You may rent the parkour gym for your party, school outing, and/or a team bonding experience. The west section includes a climbing wall, a spider wall, warp walls that are 9–14 feet in height, obstacles, and a giant foam pit with ropes and rings. The east section includes a foam pit, rope challenges, climbing nets, sliding pole, crash pads, and fun obstacles. General supervision of each area by staff is included in the rental fee.

Park Permits

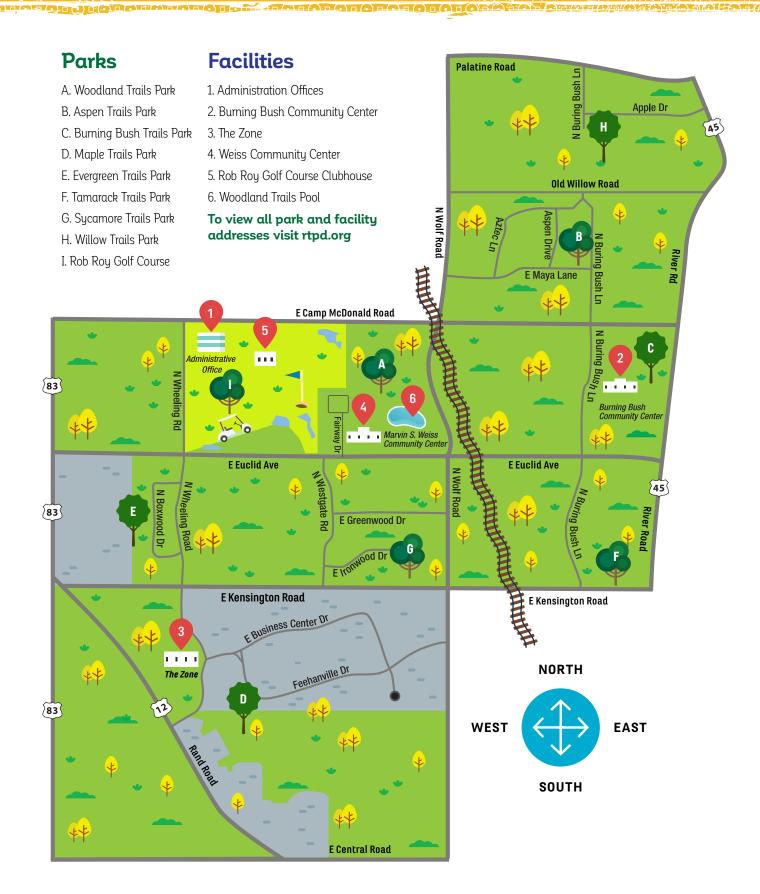
For residents only. Must be 21.

Permit Fees: M-Th	\$30
F-Su	\$50
Woodland Gazebo	\$75

Request must be submitted a minimum of two weeks before the date requesting.

Please call 847.255.1200 or stop by the Weiss Center for a registration form. Registration not available online.

FACILITIES



FACILITIES

Marvin Weiss Community Center

1500 E. Euclid Ave, Mt Prospect, IL 60056 847.255.1200 • rtpd.org

Office Hours May 1- September 1

Day	Open	Close
Monday	9 am	8 pm
Tuesday	9 am	8 pm
Wednesday	9 am	8 pm
Thursday	9 am	8 pm
Friday	9 am	8 pm
Saturday	9 am	2 pm
Sunday	Closed	

Days Closed – Memorial Day, 4th of July and Labor Day

For park permits see page 63.

Marvin S. Weiss Community Center

1500 E. Euclid Ave. | Mount Prospect 847.255.1200 | rtpd.org

Administration Offices

401 E. Camp McDonald Rd. Prospect Heights 847.788.0551

Burning Bush Community Center

1313 Burning Bush Lane. Mount Prospect 847.255.1200

The Zone

550 Business Center Drive Mount Prospect 847.255.1200

Rob Roy Golf Course and 10th Hole Bar & Grill

505 E. Camp McDonald Rd. Prospect Heights 847.296.GOLF

Woodland Trails Driving Range & Miniature Golf

1500 E. Euclid Ave. Mount Prospect 847.296.GOLF

Woodland Trails Park Maintenance Garage 1500 E. Euclid Ave Mount Prospect 847,394.0734

Woodland Trails Pool

1500 E. Euclid Ave Mount Prospect 847.255.1200

PARKS	Woodland Trails	Aspen Trails	Burning Bush Trails	Maple Trails	Evergreen Trails	Tamarack Trails	Sycamore Trails	Willow Trails	Rob Roy Golf Course
Youth Playground									
Tot Playground									
Tennis	Practice Walls	1	1				4 lighted		
Basketball									
Water Fountain									
Outdoor Volleyball									
Baseball/Softball	Lighted		2						
Shelter									
Walking/Cycling Paths									
Roller Hockey/Futsol									
Outdoor Pool									
Mini-Golf									
Golf Driving Range									
Soccer									
Community Center									Golf Clubhous
Skate Park									
Pickleball			2			6			
Acres	46.7	5	10	2.3	.4	4.75	6.4	12	51
Hours	Dawn- 10:30 pm	Dawn- dusk	Dawn- 10:30 pm	Dawn- 10:30 pm	Dawn- dusk	Dawn- 10:30 pm	Dawn- 10:30 pm	Dawn- dusk	Varies

Two Communifies. One Trail for Fun

Partner Resident Agreement

River Trails, Prospect Heights and Mt. Prospect Park Districts have an agreement to bring more recreational services to our residents. Your property taxes will continue to support only the River Trails Park District. Still, you are entitled to certain additional benefits at the "partner" park districts: Prospect Heights and Mt. Prospect.

Except for our partner districts' golf courses, all programs and facilities are available to you at resident rates. Residents are given first priority when registering for their favorite programs within their home park district.

To take advantage of this outstanding partnership, when registering for programs or purchasing a membership at our partner districts, present valid proof of your name and address with a valid driver's license or state ID.

To find out more about what our partner districts have to offer, please call, visit their website or stop by the Prospect Hts. Park District's Gary Morava Recreation Center or Mt. Prospect Park District's RecPlex or Central Community Center.

Volunteer Opportunities

The River Trails Park District utilizes volunteers in many areas and special events. All prospective volunteers must complete and submit a volunteer application, waiver, and release form. If you are selected to be a volunteer, you are required to complete a Criminal Background Check. For additional information on volunteering, please contact Patti Mitchell, Superintendent of Recreation, at 847.255.1200 or pmitchell@ rtpd.org. We appreciate your help!

Our Commitment to Safety

River Trails Park District recognizes the importance of safety for our employees and participants. Our goal is to develop and carry out an ongoing program where everyone's health and safety are the most important factors. All employees are directly involved in making safety a matter of continuing concern. With a cooperative spirit, we will be successful and benefit all members of our Park District Community. Adopted by the Board of Park Commissioners 2014.

Americans with Disabilities Act

River Trails Park District supports and complies with the Americans with Disabilities Act. If you require assistance to participate in our programs, use our facilities, or have any questions or concerns, please notify us upon registration to ensure a smooth inclusion. We are an equal opportunity organization and shall continue to adhere to the doctrine of equality of opportunity and non-discrimination in all of our programs, services, and employment.

Park & School Districts Work Together

River Trails Park District, School District 2 and Frost School have enjoyed a cooperative relationship for many years to provide quality services. We share facilities and programs to bring you the best. We'd like to express our appreciation for this continuing outstanding effort.

Equal Opportunity Employer

River Trails Park District is an equal opportunity employer. All qualified persons will be considered for employment without regard to race, creed, color, sex, national origin, sexual orientation, or age.

Hearing Impaired Assistance

Please contact us through the Illinois Relay Center Voice: 1.800.526.0857. TTY: 1.800.526.0844

Northwest Special Recreation Association



Providing Recreation Services to Individuals with Special Needs NWSRA exists to provide outstanding opportunities through recreation for people with disabilities. The agency's team of full-time Therapeutic Recreation professionals and trained part-time staff offers safe, fun and quality year-round opportunities to individuals with disabilities of all ages and ability levels. Participants benefit through increased self-esteem, physical and social skills development and improved fitness and health while experiencing challenges, making friends and having fun!

Inclusion assistance is provided by NWSRA to those individuals who wish to participate in their home park district programs. When registering, the parent of an individual with a disability should inform the park district (and , if desired) of any accommodation needed in order for the individual to successfully participate in the program. The park district staff will then contact NWSRA for assistance with the accommodation.

For more information on NWSRA, brochures may be picked up at the Weiss Center or at the NWSRA office at Park Central, 3000 W. Central Road in Rolling Meadows. NWSRA may be contacted at 847.392.2848 (voice), 847.392.2855 (TTY) or 847.392.2870 (fax). Check out NWSRA at nwsra.org.

GENERAL INFORMATION

Photo Policy

Please be aware that staff may take photos of participants enrolled in Park District activities or people on Park District properties. These photos are for Park District use only and may be used for publications and the park district's website.

Financial Assistance-Scholarship Program

Our goal is to provide recreational opportunities for all district residents. We provide services to our residents facing financial hardship through reasonably priced programs and financial assistance/scholarship programs. If you're a River Trails Park District resident facing financial hardship you can apply for assistance. Please fill out an application at the Weiss Community Center, 1500 E. Euclid Ave., Mt. Prospect. Scholarship assistance is made possible from funds raised through our RIVER TRAILS PARK and RECREATION FOUNDATION, a 501(c)3 organization.

Code of Conduct All participants are expected to exhibit appropriate behavior at all times while participating, spectating or attending any program or activity sponsored by River Trails Park District. This includes participation programs which may or may not require an admission fee, spectating at any athletic events, recitals, rental, facility usage and or attending special events. The following guidelines are designed to provide a safe and enjoyable activities for all participants.

Participants, spectators and or parent/guardian shall:

- Show respect to all participants, officials, program staff and supervisors.
- Take direction from program staff and supervisors.
- Refrain from using abusive, foul language or bullying of any kind.
- Refrain from any and all remarks against an individual's race, ethnic background, religion, physical appearance, or disabling conditions, this will not be tolerated.
- \bullet Refrain from causing bodily harm to self, other program participants, program staff ϑ supervisors.
- Not bring in any weapons or items that may be used as weapons to any programs, parks or facilities.

• Refrain from damaging equipment, supplies, facilities and parks. Additional codes of conduct may apply for particular programs such as: day camps, adult athletic leagues.

River Trails Park District reserves the right to dismiss a participant, spectator and or parent/guardian for any inappropriate conduct.

Staff Directory 847.255.1200

Administrative Staff

Bret Fahnstrom, CPRE	Executive Director
Dave Oswald	Superintendent of
	Finance and HR
Christine Powles	Superintendent of
	Communications and
	Marketing
Michael Posch	Information Technology
	Manager
Christa Altergott	Administrative Assistant & Risk Manager

Recreation Staff

Patti Mitchell, CPRP	Superintendent of
	Recreation
Katelynn Putkonen, AFO	Recreation Manager
Vance Violante, CPRP	Recreation Manager
Eileen Meyers	Customer Experience
	Manager
Katie Halverson, CPRP, AFO.	Recreation Supervisor
Josh Mulholland	Recreation Supervisor
Justin Slade	Zone Supervisor

Park Staff

Mike Hanley	Superintendent of Parks
Jeremy Hakala	Grounds Manager
Tom Kearns	Facility Manager
Erik Hosp	Tradesman
Ryan Geisler	Tradesman
Sean Waite	Grounds Foreman

Rob Roy Golf Course Staff

Louis Eckenbrecht	General Manager
Jeremy Rolf	Golf Superintendent

If you have an ADA Compliance concern, please contact: Patti Mitchell, 847.463.3717, pmitchell@rtpd.org or Mike Hanley, 847.394.0540, mhanley@rtpd.org.



An Illinois Distinguished Accredited Agency since 2000 The Illinois Assoc. of Park Districts and Illinois Park and Recreation Association Accreditation Program. The goal is to improve the delivery of recreation services through a voluntary comprehensive evaluation process. The desired result is to improve the quality of life for residents and to recognize the agencies which provide this quality service. This process makes sure we up to date with all legal and policy matters as well as increases operational efficiency and effectiveness.

Two Communifies. One Trail for Fun

REGISTRATION

Registration Dates

Resident: Tuesday, April 25 **Open Registration:** Tuesday, May 9 Starting at 8:30 am online at RTPD.org

5 Ways to Register at RTPD

1. Online is the Best!

24/7 Registration at www.rtpd.org

2. Walk-In

Please call for hours, 847.225.1200.

3. Drop Box

If the front desk is closed, the drop box is located at the Weiss Community Center in front of the registration desk. Deposit the completed registration form and payment.

4. Mail-In

Mail your completed form and payment directly to: River Trails Park District Weiss Community Center 1500 E. Euclid Ave., Mount Prospect, IL 60056

How to Register for a Program

- 1. Go to RTPD Website www.rtpd.org and click on "Registration Online" icon
- 2. Log in using your username and password
- 3. Click on the "Browse Activities" button
- 4. Verify your email then click "Continue"
- 5. Click on "Recreation Programs" button
- 6. Select the person that is registering for the program and click "Continue"
- 7. Select the program(s)
- 8. For programs with grades, register child for 2023 school year.
- 9. When finished with selection(s) click "Continue"
- 10. Complete payment information

HOW TO CREATE A FAMILY ACCOUNT

- 1. Go to https://register.capturepoint.com/RiverTrailsParkDistrict
- 2. From the River Trails Park District Community Pass login homepage click on the "Create a Family Account" tab.
- 3. On the next page complete the "Account Creation" fields and click on "Create" at the bottom of the page.
- 4. Your address must include North, South, East, West (if applicable) as well as Street, Lane, Court, Avenue etc., for the system to recognize it.
- 5. On the next page you will see the Community Pass Privacy Statement. After reading, click 'Accept.' Then click 'Finish.'
- 6. Please save your login and password for future use. When creating your account, add all family members now. Please note that only one account per family is permitted.

Residents:

- 7. Once you have entered in your household account online, you will need to stop by the Weiss Center, 1500 E. Euclid Ave., Mount Prospect, IL 60056 to verify your residency and family information. Please bring in:
 - a. For adults living in the home please bring in current Driver's license/State ID or utility bill.
 - b. For 17 years old and younger a birth certificate a current report card or an insurance card for each child in the home.
- 8. You will not be able to register until your address and child(ren)'s have been verified by the RTPD customer service staff.

General Registration Information

- 1. Registration is processed at the Weiss Community Center
- 2. We accept cash, check, Visa, MasterCard or Discover Card. (\$20 minimum for credit cards)
- 3. WAIT LISTS are held for programs that fill. We will open additional classes if possible. If you are placed on a wait–list you be notified by email. If there is an opening in the program you will be sent an email with link to pay for the class by credit card online.
- 4. NON–RESIDENT FEE: There is a non–resident charge of approximately 20%, (not to exceed \$20), per class, per person. Partner residents receive resident rates. Please refer to the map to check your residency or call 847.255.1200.
- 5. REFUNDS: Please contact us before the start of a program if you need to request a refund. If the park district must cancel a program, a full refund will be made and a credit will appear on your online account. Refunds and or credits will not be honored for any missed classes.
- 6. River Trails Park District reserves the right to cancel any program for any reason.

Register Online at RTPD.org

68 SUMMER 2023

Rob Roy's

Come out to the 10th Hole Bar & Grill enjoy dinner, drinks and music.

Fridays from 6-8 pm

June 9 Steven Zane HOME stevenzane.com Steven Zane, the 'Acoustic Jukebox,' independent singer/songwriter and musical entertainment extraordinaire!

- July 14 Steven Zane HOME | stevenzane.com Steve is back by popular demand! See above for details!
- Aug 11Mike Jansenmikejansenmusic.comAs an acoustic performer he specializes in current
pop hits to familiar classics. He brings familiar
tunes that a wide age group will enjoy.

Rob Roy Golf Club | 505 E Camp McDonald Rd, Prospect Heights, IL 60070

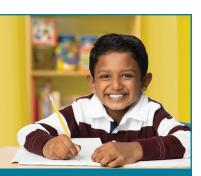


2023 Pool Pass Registration

Early Bird starting Tues., Jan. 17–Tues., May 2 Regular Rates start Wed., May 3

Pool Opens: June 9

Math Classes Now Enrolling!



The Russian School of Mathematics is an awardwinning, afterschool math enrichment program. We use the rigorous study of mathematics as a vehicle to develop our students' math fluency, intellect, and character, empowering them for life. Hybrid and in-person courses may be available; please inquire with our office for more information.

RSM is "among the top 10 schools in the world." -Johns Hopkins Center for Talented Youth



5 Locations in Illinois! ⊕ RussianSchool.com € 855.MATH.855



River Trails Park District

Weiss Community Center 1500 E. Euclid Avenue Mount Prospect, IL 60056 847.255.1200



Buy 2023 Coupon Books



Help Kids in Our Community Have a Great Experience this Summer!

Purchasing coupon books provides children ages 3-14 years old the opportunity to experience what summer is all about: learning new activities, meeting new friends, swimming, playing sports, crafts, field trips & more! You can make a difference for any child by offering them an experience that will forever change and enhance their life! SAVE on Programs

PER BOOK

A ^{\$}120 in Value!

The Park District subsidizes, on average of \$17K in scholarships per year The River Trails Park & Rec Foundation will match dollar for dollar for the 'Send a Kid to Camp' Campaign