

Athletics



The following classes are taught by Hot Shot Sports: Sports and More, Pee Wee Soccer, Lunch & Play and Lil Dribblers.

Sports and More

Children are introduced to the fundamentals of such sports as soccer, t-ball, football, hockey plus others as well as group games. We provide an opportunity for each child to develop motor skills and nurture his/her growth socially and emotionally through teamwork and good sportsmanship. Those attending pre-school at Weiss Community Center will be picked up for class. No class Nov. 21, 23, & 24.

Age: 3-5

Location: Weiss Community Center

Tu 12-12:45 pm

Sep 5-Oct 17 \$98R/\$118N

Oct 24-Dec 12 \$98R/\$118N

Th 10-11:30 am

Sep 7-Oct 19 \$140R/\$160N

Oct 26-Dec 14 \$140R/\$160N

F 12:45-1:30 pm

Sep 8-Oct 20 \$98R/\$118N

Oct 27-Dec 15 \$98R/\$118N

Pee Wee Soccer

This class is designed to increase balance, body awareness, motor skills, and make soccer fun. Players will work on ball touches and controlling the ball. Class will work on balance and movements through games and challenges. No class Nov. 24.

Age: 3-5

Location: Weiss Community Center

F 1:30-2:15 pm

Sep 8-Oct 20 \$98R/\$118N

Oct 27-Dec 15 \$98R/\$118N

Lunch & Play

Children are introduced to a variety of sports including soccer, t-ball, basketball, football, kickball plus others as well as group games. Our goal is to provide the opportunity for each child to develop motor skills and nurture his/her growth socially through teamwork and good sportsmanship. Those attending pre-school at Weiss Community Center will be picked up for class. Children should bring lunch and water. No class Nov. 23.

Age: 3-5

Location: Weiss Community Center

Th 11:30 am-1 pm

Sep 7-Oct 19 \$140R/\$160N

Oct 26-Dec 14 \$140R/\$160N

Lil Dribblers

The Rookie Dribblers program is designed to progress children through their early basketball experience. Simple skills acquired in the Junior Dribblers are reinforced and other aspects of the game are introduced in a fun and supportive environment. No class Nov. 24.

Age: 3-5

Location: Weiss Community Center

F 11:45 am-12:30 pm

Sep 8-Oct 20 \$98R/\$118N

Oct 27-Dec 15 \$98R/\$118N

Athletics

Basketball Fundamentals Camp

Get ready for the Winter RTPD Basketball season by spending time improving ball handling, shooting, passing, rebounding, offensive and defensive moves. Time will be devoted each class to rules for the upcoming basketball season. Participants will use their newly improved skills in game action towards the end of camp. There will be no class on November 25.

Location: Weiss Community Center

Grade: Kindergarten

Sa 9-9:50 am

Nov 4 - Dec 16 \$55R/\$66NR

Grade: 1st/2nd

Sa 9:55-10:55 am

Nov 4 - Dec 16 \$60R/\$72NR

Grade: 3rd-6th

Sa 11 am-12:15 pm

Nov 4 - Dec 16 \$65R/\$78NR

Volleyball Skills Clinic 1

This clinic includes instruction on all major volleyball skills; serving, passing, setting and attacking. Players receive a solid foundation of these fundamental skills through fun and active drills, building up to team play. This class is for the volleyball beginner looking to understand the game and learn new skills. Kneepads are recommended.

Age: 7-10

Location: Weiss Community Center

M 5-6 pm

Sept 11 - Oct 16 \$60R/\$72N

Volleyball Skills Clinic 2

This clinic focuses on progressing all skills including, transitioning from free ball, offense, defense, and developing specific positions. This is a great opportunity for players to advance their skill level and knowledge of the game. Kneepads are recommended.

Age: 10-14

Location: Weiss Community Center

M 6:05-7:35 pm

Sept 11 - Oct 16 \$75R/\$90N



Please check
our website
for times
and dates at
www.rtpd.org.

Figure Skating

River Trails Park District has joined with Mount Prospect Figure Skating Academy to offer our community figure skating lessons! Mount Prospect Figure Skating Academy's purpose is to teach individuals the fundamentals of ice skating in a safe, fun, and energetic manner while providing a curriculum that will advance skills in each and every lesson. The ratio is 6:1 student to coach.

Please arrive at the rink 10 minutes early so we can help with skates. Dress warm!

Location: Mount Prospect Ice Arena,
1501 Feehanville Dr., Mt. Prospect

Snowplow Sam

This class offers our younger skaters a chance to get out on the ice and learn in an age appropriate manner. No previous experience needed.

Age: 3-6

The Basics

A fun and fast pace class to encourage skaters to grow and learn. This class is designed for children and adolescents that want to learn the fundamentals of ice skating. No previous experience needed.

Age: 6+