



# Summer 2024

RTPD.ORG



## Registration

Resident Registration: Tuesday, April 23

Open Registration Begins: Tuesday, May 7

Pool Opens: June 7

# GREAT JOB OPPORTUNITIES!

We are looking for tomorrow's creative community builders to get started in some great job opportunities for 2024!

## Ages 14+

- Sports Instructors
- Birthday Party Helper

## Ages 16+ (\$15 an hour)

- Camp Counselors
- Youth Athletic Instructor
- Kid Squad Leader
- Birth Party Supervisor

## Ages 18+ (Starting at \$15 an hour)

- Parks Team
- Camp Site Supervisors
- Athletic League Supervisor
- Building and Office Staff
- Kid Squad Supervisors



Visit [www.rtpd.org](http://www.rtpd.org) and complete the online application.  
Don't Delay, Apply Today!

## PERKS

FREE Pool Pass • FREE Fitness Center Passes • FREE Mini Golf • FREE Driving Range • Golf: \$15 for nine holes/cart (M-Th, except holidays. Must reserve ahead of time) • And more!

# SAVE

 with RTPD  
Foundation  
Coupon Books

**\$100 Value. On Sale NOW!**

River Trails Park & Recreation Foundation Coupon Books can be purchased for only \$10 at the Weiss Community Center. The credit will be put on your household account.

### Included Coupons:

- \$15 off One Birthday Party
- \$15 off Summer Camp
- \$20 off One Room Rental
- \$5 off One Program
- Buy One Get One Mini Golf Free
- Free One Day Entry into Woodland Trails Pool



## Mission, Vision & Values

**THE MISSION** of the River Trails Park District is to responsibly enrich the lives of our diverse community.

**OUR VISION** is to become the Recreational Choice in everything you do.

### VALUES

**SUSTAINABILITY:** We dedicate ourselves to the stewardship of the district's physical, financial, personnel resources and the conservation of our environment.

**SOCIAL EQUITY:** We are committed to social justice, equity and creating a community of belonging.

**ETHICAL:** We ensure a high level of trust and respect within the community through integrity, reliability, honesty, accountability, and compassion.

**INNOVATION:** We develop new ideas for community health and wellness through fun, creative and critical thinking.

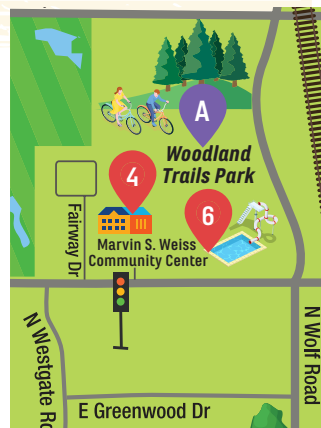
**SERVICE ORIENTED:** We provide a high level of service and safety in our parks, facilities, and programs

**TEAMWORK:** We strive to develop positive relationships and partnerships through collaboration with community stakeholders and organizations.

**CONTINUED LEARNING:** We recognize the importance for professional growth, continued learning, mentoring and empowerment for the agency's team.

## Who is a River Trails Park District Resident?

River Trails Park District serves the communities of Mount Prospect and Prospect Heights. You are considered a resident if you pay taxes to the River Trails Park District. [See the Park District map on page 52.](#)



**Marvin Weiss  
Community Center**  
1500 E. Euclid Ave, Mount  
Prospect, IL 60056  
847.255.1200 • rtpd.org

### Office Hours

	Day	Open	Close
May 1-September 1	Monday	8:30 am	8 pm
	Tuesday	8:30 am	8 pm
	Wednesday	8:30 am	8 pm
	Thursday	8:30 am	8 pm
	Friday	8:30 am	8 pm
	Saturday	9 am	2 pm
	Sunday	Closed	

### Registration Dates

**Resident Registration:** Tuesday, April 23

**Open Registration Begins:** Tuesday, May 7

Starting at 8:30 am online at RTPD.org

**Days Closed:** Lobby & Fitness Club Facility Update:  
August 26-September 6, Memorial Day, July 4th,  
Labor Day

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Brochures  
Available  
for pick up RTPD facilities.

**RTPD's MISSION**  
**To responsibly enrich**  
**the lives of our diverse**  
**community.**

## Director's Letter

**S**ummer 2024 is just around the corner and our brochure is filled with all things summer: Woodland Trails Pool, outdoor events, outdoor fitness and aqua classes, and the return of golf. The Rob Roy Golf Course had an exceptional year in 2023 with over twenty-four thousand rounds of golf played. The Golf Maintenance Crew take pride in making sure our fairways and greens are always up to par. New this year at Rob Roy are private golf lessons, youth golf lessons, and of course back by popular demand is Junior Golf League. Make sure to check out the Golf Pages 46 and get ready to sit back and relax at the 10th Hole Bar & Grill.

You may have seen the more recent clearing of the invasive trees at the east side of Woodland Trails Park. In late November, Buckthorn and other invasive species were removed from the park. Buckthorn prevents the growth of young oaks and other tree species. It damages soil and wildlife habitat. Because of threats from climate change, pests and disease, maintaining tree diversity is necessary for a sustainable forest. During this time our Parks Department began the process of ecological restoration and will continue to do so over the next several months. Locations where Buckthorn was removed will be replanted with native plants and tree species starting with wildflower seeding. River Trails Park District values the conservation of our environment and green space.

We hope to see many of you out enjoying the long days of warm weather at our camps, parks, pool, golf course, ballfields and creating as many summer memories as possible right here at RTPD!

The River Trails Park District serves both the Prospect Heights and Mount Prospect communities. Be sure to **Like Us on Facebook, follow us on Instagram and TikTok**, it's just that easy. These are exciting times.

Bret Fahnstrom, CPRP, Executive Director

### River Trails Park District | Board of Commissioners

We invite you to learn more about your park district by attending the Board meetings. Meetings are held at the Administrative Building, 401 E. Camp McDonald Rd. Prospect Heights. For more information, please call 847-255-1200.

PRESIDENT	JENNIFER REZEK	Appointed 2019	2021-2027
VICE PRESIDENT	LEAH LUSSEM	Appointed 2021	2023-2025
TREASURER	NANCY PARRA	Appointed 2018	2023-2029
COMMISSIONER	ROBERT HOBAN III	Elected 2021	2021-2027
COMMISSIONER	MELISSA ACKERMAN	Elected 2023	2023-2029



## Our Mission

The mission of the River Trails Park and Recreation Foundation is to secure and provide financial resources for recreational programs, parks and facilities that enhance the quality of life and promote a healthy well-being for residents of the River Trails Park District, a 501(c)3 not-for-profit.

## Our Goal

The River Trails Park District strives to provide our participants with safe, fun and economical recreational opportunities. Through a variety of programs, events, facilities and open spaces, individuals and families can enhance their lives through our offerings.

The River Trails Park and Recreation Foundation was developed solely to assist the River Trails Park District through grants for scholarships for those facing financial hardship, specific projects, equipment, infrastructure, development and programming.

**Interested in helping? Contact Patti Mitchell at 847.463.3717.**

### Parks Foundation Trustees

Mike Hertz, President

Patti Mitchell, Vice President

Tina Kozil, Secretary

Bret Fahnstrom, Treasurer

Mari Otto

Christine Powles

Bruce Barry

## SPONSORSHIP

### Partnering Your Business with the River Trails Park District – A Recipe for Success.

A partnership with River Trails Park District provides an effective and targeted way to reach greater visibility, generate brand awareness, and impact the community. We serve everyone from children to seniors. Talk to us! The right sponsorship opportunity is there for your business.

We are excited to welcome Steve Schapiro, our new Corporate Relations Manager. Steve comes to us with many years of experience and success in creating win-win partnerships between the business community and leading non-profit organizations and governmental agencies, including park districts. Steve would love to hear from you to discuss how your business can engage with the River Trails Park District. Contact him today at [sschapiro@rtpd.org](mailto:sschapiro@rtpd.org) or 847-463-3738.



# Woodland Trails Pool Events

## Theme Nights

Friday, June 14 - Country Night

Friday, June 21 - Red, White, & Blue

6:30-9 pm

Free for pool pass holders, \$3 non-pass holders

Enjoy a themed evening at Woodland Trails Pool with special music, activities, and surprises!

YEE-HAW

## Christmas in July

Friday, July 12 | 6:30-9 pm

Free for pool pass holders,  
\$3 non-pass holders.

Santa will be visiting the Woodland Trails Pool this July! Join us for decorations, reindeer games, holiday treats, and more! All ages welcome!

## Pool Party with the Police

Friday, July 19 | 6:30-9 pm

Free Event

Join the Mount Prospect Police Department and River Trails Park District for a night of music, pool games, food giveaways, and much more! All ages welcome!

## Pool Pass Appreciation Party

Sunday, August 4 | 10-11 am

As big thank you to all of our pool pass holders, this morning early entry is just for you! From 10-11 am, the pool will only be open for pass holders. To show our appreciation, we'll bring out an inflatable and have a blast!

Thank You



# Storytime in the Park

In Partnership with Mount  
Prospect Public Library

## We're celebrating summer,

enjoy Storytime at Sycamore Trails Park! Listen to stories and learn new songs in English and Spanish, with playful activities interwoven throughout our time in the great outdoors. Don't forget your favorite picnic blanket or lawn chair and sunglasses! No registration necessary, this is a free event. In case of rain, temperatures above 85 degrees, or other inclement weather, this program will be canceled.

**Wednesdays | July 10, 17, 24, 31 | 10-10:30 am**

**Location:** Sycamore Trails Park, 1500 E Kensington Rd,  
Mt. Prospect, IL 60056

**FREE**



## Blazing Trails Pop Up Event

River Trails Park District is coming to Sycamore Trails Park this summer. Look for our new RTPD Bus rolling in after storytime. Our wacky counselors will entertain kids with their backpack of summertime toys! WE create FUN just for you. We hope to see you there.

**Wednesdays | July 10 & 24 | 10:30-11:30 am**

**Location:** Sycamore Trails Park, 1500 E Kensington Park,  
Mt. Prospect, IL 60056

**FREE**



# Rob Roy's **LIVE** ON THE **DECK**

**Come out to the 10th Hole Bar & Grill and enjoy music, appetizers, and drinks.**

Take in the scenery, sit back with friends, and enjoy the summer evenings at Rob Roy Golf Course. There will be live music performed on Fridays from 7-10 pm.

- **May 31:** Steven Zane
- **June 21:** Johnny Burnett
- **July 12:** Johnny Burnett
- **August 2:** Acousticity
- **August 23:** Johnny Burnett
- **September 13:** TBA

**Rob Roy Golf Club**  
505 E Camp McDonald Rd,  
Prospect Heights, IL 60070





# LAST SPLASH BASH



## Woodland Trails Park

**Sunday, August 25 | 11 am – 3pm**

Join us at our end of the summer hoopla for a day of family fun! There will be huge inflatables to play on, kids craft area, games, all while a DJ keeps the party going! Pool opens for free, following the Kids Coin Splash at noon. Don't miss Trusty the Turtle Race at 3pm for a chance to win prizes!

Starting at 11 am there will be huge inflatables, and a petting zoo at Woodland Trails Park.

- 11:45 am**      **Pool Doors open!** The pool is open free for your last dip this season! Find your spot-on deck for the Kids Coin Splash.
- 12 pm**            **Kids coin splash.**
- 12:30-2:30 pm**    **DJ keeps the party going with 80s tunes, hula hoop contests, a frozen t-shirt contest, limbo and more. ALSO LAST CHANCE to buy your turtles!**
- 3 pm**              **Trusty the Turtle Race.** Top prize \$300 and other prizes for top racers. Get your tickets in advance online or at pool registration.

## Trusty the Turtle Race

*Sponsored by the River Trails Park & Recreation Foundation*

This race has been a long-time end of the pool season tradition. Sponsor a turtle and cheer them on as they race across the pool. Money raised goes to our "Send a Kid to Camp Campaign". Get your tickets in advance online starting July 1 (online sales end Friday, August 24 at 11:59 pm) or the day of the event at 2 pm.

Turtles are one for \$5, Trusty's cluster of 6 for \$25, and Trusty's 20 pack for \$75.

# SAVE THE DATE!

## SATURDAY, OCTOBER 5, 2024



## 10th Annual Trails Challenge Youth Obstacle Course Race

### Early-Bird Registration begins August 1

The Annual Trails Challenge Youth Obstacle Course Race is an exciting event featuring a dynamic course that combines man-made obstacles with natural challenges. Safety is a top priority, the course is carefully designed to eliminate street crossings, allowing participants to focus solely on conquering the obstacles ahead.

Participants should come prepared to get wet and dirty as they navigate through the course, which may include elements such as mud pits, rope climbs, wall traverses, cargo net crawls, balance beams, and more. Each obstacle is strategically placed to test participants' strength, agility, and problem-solving skills, providing a well-rounded physical and mental challenge.

**Registration received by September 15 will be guaranteed the correct size t-shirt, medal and goody bag. No refunds after this date.**



## SUMMER

# Yoga Social

Don't miss out on this one-day social yoga event to conclude the summer session. One-hour Yoga Flow class taught by Janice Herbst to start the morning, followed by light breakfast items and mimosas to socialize with your fellow yoga peers and teachers. **Cheers & Namaste!**

**Saturday, August 10 | 9:30 am-Noon**

**Location:** Rob Roy Golf Course-Banquet Hall

**Early Bird:** \$25R/\$30NR | **After 7/29:** \$32R/\$38NR



# Birthday Parties

We offer a variety of parties for your child's birthday!

- Birthday parties are two hours long. An hour and a half of party activities and a half hour of party room usage.
- Party Staff will set up before and cleanup after the party.
- All parties must be booked at least two weeks in advance.
- Log onto your Community Pass to book your party or contact us at 847-255-1200.

*- If inclement weather occurs during outdoor parties, date can be changed depending on availability or sport party format will be held.*

## Packages at The Zone

### PARKOUR PARTY

**Age:** 7yrs & up

**Fee:** \$350 (Up to 15 guests/35 guests maximum)

Similar to American Ninja Warrior kids will be able to swing into our giant foam pit, try running up warp wall, climb a rock wall and don't forget about the obstacles to conquer.

\$8 additional fee per child after 15 guests.

### TURF SPORTS

**Age:** 4yrs & up

**Fee:** \$250 (Up to 20 guests/30 guests maximum)

**Days Offered:** Sat, Sun

**Times Offered:** 12-2 pm or 2:30-4:30 pm

Does your child love sports? This party is all about sports & games on TURF. Choose from flag football, soccer, kickball, dodgeball, relay races, field hockey or wiffleball. Party will be held at the Turf Fields.

\$5 additional fee per child after 20 guests.

### ARROWTAG

**Age:** 9yrs & up

**Fee:** \$275 (Up to 20 guests/30 guests maximum)

**Days Offered:** Sat, Sun

**Times Offered:** 12-2 pm or 2:30-4:30 pm

Come to the Turf fields at The Zone to play our new sport, ArrowTag! Similar to laser tag, ArrowTag uses bows and foam tipped arrows to play games like free for all, dodgeball, and capture the flag. Getting hit with an ArrowTag arrow feels similar to getting hit with a dodgeball. Masks, bows and arrows will be provided.

\$5 additional fee per child after 20 guests.

## Seasonal Packages

### SPLASH BASH BIRTHDAY PARTY at WOODLAND TRAILS POOL (SUMMER SEASON)

**Age:** 4-6 yr old

**Fee:** \$275 (Up to 20 guests/30 guests maximum)

**Days Offered:** Sundays, 10:30 am-12:30 pm

Treat your child to a memorable birthday party at our preschool pool and play area. Splash Bash pool parties are in the splash pad and wading pool area, including private use of these amenities 10:30-11:30 am.

\$5 additional fee per child after 20 guests.

### MINI GOLF (SUMMER SEASON)

**Age:** 6 yrs & up

**Fee:** \$225 (Up to 15 guests/20 guests maximum)

Challenge your family and friends for 18 holes of fun! See who can shoot the best score. Try shooting with the opposite swing or shoot the ball like you're playing pool! We will mix it up to make it more exciting. Inclement weather? Dates can be changed depending on availability or a sports party format can be held.

\$5 additional fee per child after 15 guests.

# Aquatics



## Woodland Trails Pool

1500 E. Euclid Ave. | Mount Prospect  
Pool Hotline, Call for Updates: 847.824.1851

### Pool Season

- **Pool Opens:** Friday, June 7 at Noon
- **Regular Season:** June 7–Aug 9
- **Post-season:** Aug 10–Aug 24
- **Last Day of Pool:** Aug 25

### Regular Season Swim Hours

- **Monday–Friday\*** Noon–5 pm & 6:30–9 pm
- **Saturday & Sunday** 11 am–7 pm

\*Friday night hours are subject to change based on pool theme night events and private rentals. Interested in renting out the pool for your group outing? Check out our rental options on inside back cover.

### Daily Rates

- **Monday–Friday Afternoon** \$7
- **Monday–Friday Evening** \$5
- **Saturday & Sunday** \$10

### Parent Child Open Swim

- M,W,F 10am–11:45am
- Zero Depth (tot pool only) \$5 or pool pass holder
- Children 3yrs & Under FREE

### Lap Swim

**Dates:** June 8–August 24

- **Monday–Friday** 7–8 am \$4 or pool pass holder
- **Saturday & Sunday** 8–9 am \$4 or pool pass holder

### Early Closing

The pool will close early for home swim meets and some rentals. These hours will be posted at the pool throughout the season. The pool will close when the temperature is 70 degrees or lower and/or less than 20 people in attendance.

### Post-season

Modified hours start Saturday, August 10 thru Friday, August 24 and will be weather and staff dependent. Schedule will be released early August online and at Woodland Trails Pool.

# Aquatics



## Early Bird Season Rates (Until April 30)

- **Residents & Partner Residents** \$66R
- **Non-Resident** \$86NR
- **Children 3 Years & Under** FREE

## Regular Season Rate (Starts May 1)

- **Residents & Partner Residents** \$76R
- **Non-Resident** \$96NR
- **Children 3 Years & Under** FREE

## Pool Punch Card Pass

- **10 Pool Punch Card** \$70

Pool punches can be purchased by anybody. A punch is per person, per visit. No re-entries on the same day for different timeslots. Punch cards are non-refundable, non-replaceable, and can only be used for the 2024 pool season.

## 2024 Summer Pool Passes

Anyone wishing to purchase pool season passes may purchase them online [www.rtpd.org](http://www.rtpd.org) or at Weiss Community Center.

- Before purchasing a pass, please make sure you have set up your online registration account. All pool season pass holders must have an RTPD account.
- If you have already had a pool pass, you may renew it online. You may use your previously printed pass, OR if you need your card reprinted, come into the Weiss Center to receive a new one.
- New and replacement pool pass photos must be taken at the Weiss Center. Each pass holder must take a photo.
- Pool Pass Cards can be picked up two days after photos are taken.

Note: If you are a RESIDENT, you must have your account verified prior to purchasing your Pool Season Passes to receive RESIDENT RATES at the Weiss Community Center.

## Gator Swim Team

It's Gator Time...RTPD Gator's Swim Team offers a wonderful recreation based experience for your children. Sign up accordingly to gender & age as of June 15, 2024. Practices are Monday through Friday 5:15-6:15 pm.

A parent info meeting will be held the 1st night after practice June 10 at the pool.

Conference meet is July 24.

## Season: June 10- July 26

### Registration Open

\$162R/\$182N

### Boys & Girls Age Groups

- Age: 5-8yrs
- Age: 9-10yrs
- Age: 11-12yrs
- Age: 13-14yrs
- Age: 15-17yrs

See website for  
required skills  
for each group.  
[www.rtpd.org](http://www.rtpd.org)

## New Junior Gator: Swim Team Skills

This class is perfect for those looking to prepare to join swim team or wanting additional time to work on skills outside of swim team practice. Swimmers will be split by skill-base and coached according to their individual goals by Gator Swim Team coaches.

**Age:** 11-13

**Location:** Woodland Trails Pool

Jun 10-Jun 28 \$117R/\$137N 15 classes

July 1-19 \$110R/\$130N 14 classes

**No class July 4**

Jul 22-Aug 9 \$117R/\$137N 15 classes

# Aquatics

## Swim Lessons at Woodland Trails Pool

Our swim lesson program is designed around flexibility that allows each child to progress at their own pace. Lessons are taught by qualified instructors who love to teach! We provide students with a safe, interactive, and fun environment. The first day of lessons your child will be tested for skill level.

No refunds or credits due to inclement weather. Pool Cool or Land Training will be offered on inclement weather days.



## Parent Tot Swim Lessons

**Age:** 6 Months–3yrs

- Explore pool and water
- Basic swimming skills
- Water safety
- Become comfortable in water
- Adult companion does not need to know how to swim

### Tuesday & Thursday Classes

<b>9:45–10:15 am</b>	Jun 11–27	\$43R/\$52N
<i>No class July 4</i>	Jul 2–Jul 18	\$36R/\$43N
	Jul 23–Aug 8	\$43R/\$52N
<b>10:45–11:15 am</b>	Jun 11–27	\$43R/\$52N
	Jul 2–Jul 18	\$36R/\$43N
	Jul 23–Aug 8	\$43R/\$52N

### Saturday Classes

<b>10–10:30 am</b>	Jun 15– Jul 6	\$29R/\$35N
	Jul 13–Aug 3	\$29R/\$35N

## Preschool

**Age:** 3–5yrs

- Water adjustment
- Blowing bubbles
- Bobbing
- Front/back float
- Explore leg movements

### Monday–Friday Classes

<b>9:15–10 am</b>	Jun 10–28	\$164R/\$184N
<i>No class July 4</i>	Jul 1–Jul 19	\$154R/\$174N
	Jul 22–Aug 9	\$164R/\$184N
<b>10:15–11 am</b>	Jun 10–28	\$164R/\$184N
<i>No class July 4</i>	Jul 1–Jul 19	\$154R/\$174N
	Jul 22–Aug 9	\$164R/\$184N

### Saturday Classes

<b>9:10–9:55 am</b>	Jun 15– Jul 6	\$44R/\$53N
	Jul 13–Aug 3	\$44R/\$53N
<b>10:05–10:50 am</b>	Jun 15– Jul 6	\$44R/\$53N
	Jul 13–Aug 3	\$44R/\$53N

# Aquatics

## Swim Lesson Academy - Levels 1 - 6

**Not sure which level to select? Don't worry, we will test each child the first day for proper skill level.**

### Level 1

- Submerge mouth, nose, & ears
- Front & back floats
- Front & back glides
- Arm motions for front/back crawl
- Kicking

### Level 2

- Holding breath underwater
- Open eyes under water to retrieve objects
- Treading
- Sculling/finning
- Roll over front to back and reverse

### Level 3

- Front crawl
- Elementary backstroke
- Jump into water
- Introductory dives
- Maintain position by treading/floating

### Level 4

- Sidestroke
- Breaststroke
- Butterfly
- Open turns
- Feet first entry

### Level 5

- Shallow diving to deep water
- Stroke refinement
- Tuck/Pike surface dive
- Flip turns

### Level 6

- Increase endurance of all skills
- Retrieve object from bottom of diving well
- Refine dives, turns, and flip turns
- Swim within lane lines



**Age:** 5 yrs & older

### Monday-Friday Classes

<b>9-9:45 am</b>	Jun 10-28	\$117R/\$137N
<i>No class July 4</i>	Jul 1-Jul 19	\$110R/\$130N
	Jul 22-Aug 9	\$117R/\$137N
<b>10-10:45 am</b>	Jun 10-28	\$117R/\$137N
<i>No class July 4</i>	Jul 1-Jul 19	\$110R/\$130N
	Jul 22-Aug 9	\$117R/\$137N
<b>5:15-6 pm</b>	Jul 29-Aug 9	\$77R/\$93N

### Saturday Classes

<b>9-9:45 am</b>	Jun 15-Jul 6	\$31R/\$38N
	Jul 13-Aug 3	\$31R/\$38N
<b>9:55-10:40 am</b>	Jun 15- Jul 6	\$31R/\$38N
	Jul 13-Aug 3	\$31R/\$38N



### Lions Learn to Swim Scholarship

Mount Prospect Lions Club has joined RTPD in an effort for everyone to learn the life skill of swimming. If you or a family member would like to enroll in our Swim Lesson Academy (this does not include private or semi-private swim lessons) but need financial assistance, please contact the Weiss Community Center at 847-255-1200, [www.rtpd.org](http://www.rtpd.org) or stop by the Weiss Center to pick up a scholarship application.



# Aquatics

## Jr. Swim Lesson Instructor Program

Learn how to teach swim lessons now & be an excellent instructor. Learn age specific teaching skills & work with our instructors during lessons. Times may vary depending on the number of students enrolled. Monday–Friday you could be scheduled between the hours of 8–11:15 am and on Saturdays 9–10:30 am. You will be required to attend 2 training sessions, dates TBA. A season pool pass will be given once training is completed.

**Age:** 11–13

**Location:** Woodland Trails Pool

Jun 10–Aug 10

\$40R/\$48N

## Semi-Private Swim Lessons

Looking for a smaller group lesson? These lessons have a 1:3 ratio and are tailored to meet your personal swimming needs. Students are split up according to skill level on the first day of class. Friend requests are honored pending participants have comparable swimming abilities.

**Age:** 3–12

**Location:** Woodland Trails Park

**Day:** M–F

**Time:** 11–11:30am

<b>Week 1</b>	Jun 10–Jun 14	\$79R/\$95N
<b>Week 2</b>	Jun 17–Jun 21	\$79R/\$95N
<b>Week 3</b>	Jun 24–Jun 28	\$79R/\$95N
<b>Week 4</b>	Jul 1–Jul 5 <b>No class July 4</b>	\$64R/\$77N
<b>Week 5</b>	Jul 8–Jul 12	\$79R/\$95N
<b>Week 6</b>	Jul 15–Jul 19	\$79R/\$95N
<b>Week 7</b>	Jul 22–Jul 26	\$79R/\$95N

## Private Swim Lessons

Learn everything from basic survival skills to proper stroke development & improvement. Your swimmer will have one-on-one instruction. This registration includes five 30-minute private swim lessons during the designated weekly session you have registered for. No class July 4.

**Age:** All Ages

**Location:** Woodland Trails Pool

**Single Lesson:** \$34R/\$41N

**5 Pack:** \$139R/\$159N

### Weekly

**Day:** M–F

**Time:** 7:15–7:45 am or 11–11:30 am

<b>Week 1</b>	Jun 10–Jun 14	\$139R/\$159N
<b>Week 2</b>	Jun 17–Jun 21	\$139R/\$159N
<b>Week 3</b>	Jun 24–Jun 28	\$139R/\$159N
<b>Week 4</b>	Jul 1–Jul 5 <b>No class July 4</b>	\$112R/\$132N
<b>Week 5</b>	Jul 8–Jul 12	\$139R/\$159N
<b>Week 6</b>	Jul 15–Jul 19	\$139R/\$159N
<b>Week 7</b>	Jul 22–Jul 26	\$139R/\$159N





# Early Childhood



## Trail Blazers Preschool Philosophy



Our Trail Blazers program is a developmentally appropriate program designed to help **children grow** and **learn** in a stimulating and **nurturing environment**. We look at the 'whole child' including intellectual, social, emotional, physical and **creative growth**. Children develop differently in each space so the curriculum is carefully planned to include activities that help each child learn and grow in all areas. Children will be introduced to the basic **academic** and **social skills** of preschool and will be encouraged to **develop problem-solving skills**, self-confidence and **creativity**. Activities will include math, science, language skills, art, motor movement, music and dramatic play. All areas of each child's growth are important and we provide opportunities for intellectual, social, physical and creative growth. Activities are presented in individual, group, structured and unstructured settings and **Jolly Phonics** curriculum is used for kindergarten readiness. Our goal is for each child to develop a **love of learning**, tools to continue to learn and a **positive image** of himself or herself.

# Early Childhood



## All are Welcome! Trail Blazers Preschool Open House

Tuesday, August 6 | 6-7 pm

Location: Weiss Community Center

### Trail Blazers Preschool 2024-2025 School Year Registration Open

Forms are available online and at the Weiss Community Center. A registration fee of \$30 is due at the time of registration. Monthly payments are available. Please call Katie Halverson at 847-255-1200 or email [khalverson@rtpd.org](mailto:khalverson@rtpd.org) for additional information.

#### Preschool Classes Age Requirements

1. Children must meet age listed for the program by the first day of classes.
2. Unless program states "with adult" the program is for the child only

#### Tiny Tykes

**Age:** 3yrs and up by Feb, 1 2025

**Location:** Burning Bush Community Center

**Instructor:** Sally Duray

**M & F 9:30-11 am**

Sep 6-May 19

\$112R/\$115N per month

\$896R/\$920N school year

#### Junior Trail Blazers Preschool

**Age:** 3yrs

**Location:** Weiss Community Center

**Instructor:** Tina Kozil

**Tu & Th 9-11 am**

Sep 3-May 20

\$147R/\$150N per month

\$1,176R/\$1,200N school year

#### Senior Trail Blazers Preschool

**Age:** 4yrs

**Location:** Weiss Community Center

**Instructor:** Tina Kozil

**M, W, F 9-11:30 am**

Sep 4-May 23

\$253R/\$256N per month

\$2,024R/\$2,048N school year

#### Junior & Senior Trail Blazers Combination

**Age:** 3-4yrs

**Location:** Weiss Community Center

**Instructor:** Tina Kozil

**M, W, Th 12:30-3 pm**

Sep 4-May 22

\$253R/\$256N per month

\$2,024R/\$2,048N school year

# Early Childhood

## Stay \* Play \* Explore

### Extended Programs for Trails Blazers Students

Did you know after or before class there is still more to do, learn and have fun?! After general programming is over, extend your child's day by either adding an enrichment program before or after their daily class.

**Take a LOOK at what a daily schedule could look like for your student.**

### SAMPLE OF OUR EARLY CHILDHOOD EDUCATION SCHEDULE

#### Junior, Senior & Combo Class at Weiss Community Center

MONDAY	
9-11:30 am	<b>Senior Trail Blazers</b>
11:30 am -12:20 pm	Session 1 Enrichment Program: Road Trip U.S.A.
	Session 2 Enrichment Program: Bugs, Bugs, Bugs
	Session 3 Enrichment Program: 1, 2, 3 Count with Me
12:30-3 pm	<b>Combo Trail Blazers</b>
TUESDAY	
9-11 am	<b>Junior Trail Blazers</b>
11 am-12 pm	Enrichment Program: Let's Do Lunch
12-12:45 pm	Enrichment Program: Sports and More
WEDNESDAY	
9-11:30 am	<b>Senior Trail Blazers</b>
11:30 am-12:20 pm	Enrichment Program: Let's Do Lunch or Books and Buddies
12:30-3 pm	<b>Combo Trail Blazers</b>
THURSDAY	
9-11 am	<b>Junior Trail Blazers</b>
11-11:45 am	Session 1 Enrichment Program: Color Exploration
	Session 2 Enrichment Program: Story + Craft
	Session 3 Enrichment Program: All About Birds
11:45 am-12:30 pm	Enrichment Program: Let's Do Lunch
12:30-3 pm	<b>Combo Trail Blazers</b>

FRIDAY	
9-11:30 am	<b>Senior Trail Blazers</b>
11:30 am-12:15 pm	Session 1 Enrichment Program: Model & Design
	Session 2 Enrichment Program: Zoom Around the Planets
	Session 3 Enrichment Program: Sea Creature Adventure
12:15-12:45 pm	Enrichment Program: Let's Do Lunch
<b>or</b>	
11:45 am-12:30 pm	Enrichment Program: Lil Dribblers
12:45-1:30 pm	Enrichment Program: Sports & More
1:30-2:15 pm	Enrichment Program: Pee Wee Soccer

#### Tiny Tykes at Burning Bush Community Center

FRIDAY	
9:30-11 am	<b>Tiny Tykes</b>
11-11:45 am	Enrichment Program: Let's Do Lunch
<b>or</b>	
9:30-11 am	<b>Tiny Tykes</b>
11-11:45 pm	Enrichment Program: Creative Kids

# Early Childhood

## Parent / Tot Classes

We do not allow siblings to attend classes with you.

### Tot Rock and Kid Rock 1

This interactive class has everyone on their feet! We all learn together while engaging in active, creative, music-based activities, while using rhythm instruments and movement props. All class procedures are designed to keep staff and students safe. Activities are age appropriate by class and include songs and rhymes, rhythm and coordination, fine and gross motor, imagination and sensory, listening and following directions skills. Sing, dance, play, learn and imagine with us! [www.rockitkids.com](http://www.rockitkids.com)



### Tot Rock

**Age:** 1-2 with caregiver

**Location:** Mt. Prospect Park District Rec Plex.  
420 Dempster, Mt. Prospect IL 60056

**Th 9:15-9:55 am**

Jun 6-Jun 27

Jul 11-Aug 1

\$52R/\$63N per session

### Kid Rock 1

**Age:** 2-3 with caregiver

**Location:** Mt. Prospect Park District Rec Plex.  
420 Dempster, Mt. Prospect IL 60056

**Th 10-10:40 am**

Jun 6-Jun 27

Jul 11-Aug 1

\$52R/\$63N per session

### Kid Rock 2

This interactive class has everyone on their feet! We all learn together while engaging in active, creative, music-based activities, while using rhythm instruments and movement props. All class procedures are designed to keep staff and students safe. Activities are age appropriate by class and include songs and rhymes, rhythm and coordination, fine and gross motor, imagination and sensory, listening and following directions skills. Sing, dance, play, learn and imagine with us!

**Age:** 3-5 without caregiver

**Location:** Mt. Prospect Park District Rec Plex.  
420 Dempster, Mt. Prospect IL 60056

**Th 10:45-11:25 am**

Jun 6-Jun 27

Jul 11-Aug 1

\$52R/\$63N per session





Registration begins August 6.

## Kid Squad Before & After School Care 2024-2025

Kid Squad is a cooperative program between the River Trails Park District, School District #26, and Robert Frost Elementary School. This program is available for parents who need Before and/ or After School Care for their children in Kindergarten through 5th grades.

**Online registration and parent manual available at Weiss Center or online at [rtpd.org](http://rtpd.org).**

**Registration requires you to have a River Trails Park District “Community Pass” Account.**

Never registered online? Please see page 56 on setting up an online account. After logging into online registration, click on “Browse Activities”, then select the “Kid Squad” button. Continue to follow the onscreen prompts to finalize and confirm registration.

### Registration Guidelines—please read below!

- Registration is taken on a weekly basis during the school year online and is currently open!
- Please sign up for the upcoming week by Wednesday at 10:30 pm
- **To request a late registration, you must email our Kid Squad email at [kslatereg@rtpd.org](mailto:kslatereg@rtpd.org)**
- There is a **mandatory wait time of two business days for approval** while we ensure space, staffing and resources.
- Late registration will incur a **\$15 late fee per child.**
- Registration less than 5 days prior to the start of the school week will be considered late registration.

### Indian Grove/Euclid/Prairie Trails (District 26)

- Before School Care..... 7-8:30 am
- After School Care ..... 3:40-6 pm
- Thursday Before School Care: .... 7-9:20 am

### Frost Elementary (District 21)

- Before School Care..... 7-8:40 am
- After School Care ..... 3:30-6 pm

## Time for Fun

### Hit the Trails: School's Out!

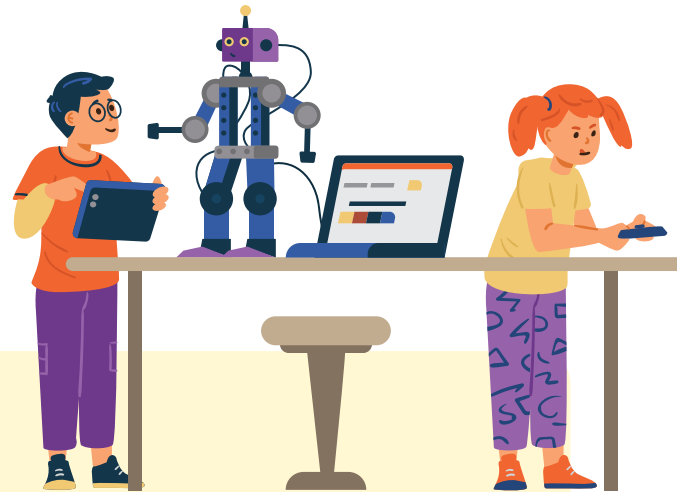
Enjoy a day off with friends and the River Trails Park District! Great field trips are planned along with games and activities. Be sure to bring a lunch, snack and drink. These daily programs are contingent upon the School District #26 and #21 calendars and are subject to cancellation. Visit [rtpd.org](http://rtpd.org) to see what we have planned and stay up to date on the current Hit the Trails schedule! Note: Registration deadline is 1-week prior for each date. *Field trips may change due to min/max of program.*

**Grade:** K-8

**Location:** Weiss Community Center

**Time:** 7 am-6 pm

<b>M</b>	Jun 3	Arlington Lanes	\$52
<b>T</b>	Jun 4	The Zone	\$52
<b>W</b>	Jun 5	Nickel City	\$52
<b>Th</b>	Jun 6	Par King	\$52
<b>F</b>	Jun 7	Mystic Waters	\$52



### Robotics Camp

Campers will use materials to design and build robots to conquer various tasks and challenges. Students will be using an Arduino and coding with MBlock, Python or Arduino C coding languages. Each camper will learn to use sensors for different tasks such as a light sensor, temperature sensor, sound sensor, ultrasonic distance sensor, line follower sensor and a gyroscope. Students will be allowed to progress at the pace most comfortable with them. If some campers move quickly, they will have the opportunity to graduate to more difficult challenges. The week will be filled with games and engineering challenges asking students to redesign their bot to fit the task. [www.wireduprobotics.com](http://www.wireduprobotics.com)

**Grade:** 5-8

**Location:** The Zone - Ivy Room

#### Session 1

**M-F 9 am-12 pm**

June 17-21 \$230R/\$250N

#### Session 2

**M-F 9 am-12 pm**

July 29-Aug 2 \$230R/\$250N

# Youth



## Young Magicians

Join us for a fun night of magic and mystery! Magic tricks will be taught that include cards, coins, ropes, and much more! You will discover that the tricks are quick to learn and easy to perform. All materials are provided on site. Each child will receive a magic kit to take home at the end of class. Participants are grouped by age and learn age-appropriate tricks. New tricks are taught at each session, so sign up again and again!

**Age:** 5-12

**Location:** Arlington Heights Park District

**Tu 5-5:55 pm Jun 18**

**Th 6:30-7:25 pm Aug 15**

\$25R/\$30N per class

## Robot Engineers

This course builds knowledge of simple machines, engineering, programming, and teamwork using the LEGO WeDo Robotics System, as students use an intuitive, icon-based programming environment to help bring their model to life!

**Grade:** 7-12

**Location:** Mount Prospect Park District

**M-Th 12:45-2:15pm**

Jul 15-Jul 18

\$120R/\$140NR

## Minecraft

Explore the world of Minecraft, one of the most popular video games in history, offers an amazing world of endless possibilities. Let your imagination transform your Minecraft experience into a unique world YOU create! Students will discover how to expand their worlds' possibilities using popular game-enhancing mods. Build traps, arrow launchers, faster rail systems and more & participate in building challenges! Learn fundamentals of computer networking through this unique Minecraft experience that also allows you and your friends to work in multiplayer mode as you mine, craft and build together to survive.

**Age:** 8-12

**Location:** Mount Prospect Park District

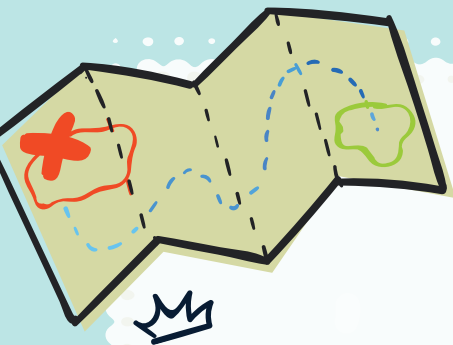
**M,Tu,W,Th 12:45-2:15 pm**

Jun 17-Jun 20

\$120R/\$140N



# Summer Camp Extras



## EXPLORE SOME MORE

We offer Golf Lessons, Basketball, Flag Football, Archery, Net Sports and Fitness.



**JOIN US!**  
You do not have to be in camp to participate in tag ons.

### Tag Ons

	DAYS	TIME	DATES	FEE
<b>Session 1 • June 10–June 28</b>				
Swim Lessons	M–F	8–8:45 am	Jun 10–Jun 28	\$117R/\$137N
Swim Lessons	M, W, F	8–8:45 am	Jun 10–Jun 28	\$71R/\$86N
Golf Lessons	M, W	3–4 pm	Jun 10–Jun 28	\$88R/\$105N
Ultimate Legos	Tu, Th	3–4 pm	Jun 10–Jun 28	\$32R/\$38N
Basketball	Tu, Th	3–4 pm	Jun 11–Jun 27	\$63R/\$76N
PE Fit Kids	Tu, Th	3–4 pm	Jun 11–Jun 27	\$70R/\$84N
<b>Session 2 • July 1–July 19 • No class July 4</b>				
Swim Lessons	M–F	8–8:45 am	Jul 1–Jul 19	\$110R/\$130N
Swim Lessons	M, W, F	8–8:45 am	Jul 1–Jul 19	\$71R/\$86N
Golf Lessons	M, W	3–4 pm	Jul 1–Jul 19	\$88R/\$105N
Ultimate Legos	Tu,Th	3–4pm	Jul 2–19	\$27R/\$32N
Flag Football	Tu, Th	3–4 pm	Jul 2–Jul 18	\$53R/\$63N
Archery	W	3–4 pm	Jul 3–Jul 17	\$42R/\$50N
PE Fit Kids	Tu, Th	3–4 pm	Jul 2–Jul 18	\$58R/\$70N
<b>Session 3 • July 22–August 9</b>				
Swim Lessons	M–F	8–8:45 am	Jul 22–Aug 9	\$117R/\$137N
Swim Lessons	M, W, F	8–8:45 am	Jul 22–Aug 9	\$71R/\$86N
Golf Lessons	M, W	3–4 pm	Jul 22–Aug 9	\$88R/\$105N
Ultimate Legos	Tu,Th	3–4 pm	Jul 23–Aug 8	\$32R/\$38N
Dodgeball	Tu, Th	3–4 pm	Jul 23–Aug 8	\$63R/\$76N
PE Fit Kids	Tu, Th	3–4 pm	Jul 23–Aug 8	\$70R/\$84N





# Dance

## Expressions Dance Studio

### Mission Statement

**The River Trails Park District's Expressions Dance Studio** is founded with the principles of providing participants with a safe and fun environment where your child's development is nurtured through both an expressive and structured-based curriculum with outcomes focused on skill development, self-confidence and an understanding of dance terminology.



### Private Dance Lessons:

Available by request. Perfect for audition preparation and professional one on one instruction. Please visit the Weiss Center or contact Katie at 847.255.1200 for more information.

### Dance Class Descriptions

**Ballet:** Ballet is the foundation of all dance styles. Barre exercises will be introduced and start each Ballet class. Each level will work on refining fundamental techniques, terminology, stretching & strength continuing to build through the levels. Basics of jumps, leaps & turns are introduced and continued being learned by center and across the floor exercises. Ballet etiquette will be enforced, and students are expected to be engaged and focused in class. Ballet shoes are required.

**Tap:** Tap your toes to our favorite tunes as you learn tap steps. Emphasis is placed on developing skills such as: clarity of sounds and shading, rhythm, timing and of course, fun! Tap shoes are required.

**Hip Hop:** Wear your sneakers & join this high energy, upbeat hip hop class! Learn new, fun & exciting moves to music you hear on the radio. We'll do strength work, stretching, isolations and foot work to inspire dancers to leave it all out on the dance floor! Learn exciting age appropriate choreography & create your own moves. Clean sneakers must be worn.

**Poms:** Poms is a class designed to introduce dancers to the basics of proper jazz dance technique while including the sharp synchronized movements and visual effects of working with pom poms!

### Dance Class Schedule

*All classes held at Burning Bush Community Center*

Class	Age	Day	Time	Dates	Fee	Instructor
Pre-Ballet/Tap	3-4	M	4:30-5:15 pm	6/24-7/29	\$55R/\$66N	Ms. Dani
Beginning Hip Hop	5-7	M	5:15-6 pm	6/24-7/29	\$55R/\$66N	Ms. Dani
Ballet/Tap I	8-10	M	6-6:45 pm	6/24-7/29	\$55R/\$66N	Ms. Dani
Pre-Hip Hop/Poms	3-4	W	4:30-5:15 pm	6/26-7/31	\$55R/\$66N	Ms. Dani
Beginning Ballet/Tap	5-7	W	5:15-6 pm	6/26-7/31	\$55R/\$66N	Ms. Dani
Hip Hop I	8-10	W	6-6:45 pm	6/26-7/31	\$55R/\$66N	Ms. Dani

# Athletics

## Volleyball Skills Clinic

**Age:** 7-10

This clinic includes instruction on all major volleyball skills; serving, passing, setting and attacking. Players receive a solid foundation of these fundamental skills through fun and active drills, building up to team play. This class is for the volleyball beginner looking to understand the game and learn new skills. Kneepads are recommended.

**Age:** 7-10

**Location:** Weiss Community Center

**M & W 5-6 pm**

June 10-June 26 \$63R/\$76N

**Age:** 10-14

**Location:** Weiss Community Center

**M & W 6-7:30 pm**

June 10-June 26 \$79R/\$95N

## Grip It & Rip It Archery

Learn the basics of form and technique in the fun and interactive class introduction to Archery. Equipment will be provided and each participant will learn in a safe, and well supervised environment. No class on July 3.

**Age:** 8-10

**Location:** Weiss Center/Woodland Trails Park

**W 5-6 pm**

June 12-July 31 \$105R/\$125N

**Age:** 11-14yrs

**W 6-7 pm**

June 12-July 31 \$105R/\$125N

## Girl's Flag Football Skills Clinic

Get ready for IHSA's newest Girls sport! Prepare for the upcoming high school season by learning to run routes, execute plays, and properly catch and throw a football while working in a team environment. Participants will also learn additional techniques in offensive/defensive play and footwork. Offensive formations and play calling will be learned. Each class will consist of skill work and live game play.

**Location:** Woodland Trails

**Grades:** 7-8

**Tu, Th 4-5 pm**

Jul 23-Aug 8 \$63R/\$76N

**Grades:** 9-12

**Tu, Th 5-6 pm**

Jul 23-Aug 8 \$63R/\$76N



# Athletics

## Tennis Lessons

**Registration Deadline for classes is one week prior to start date.**

**QuickStart Tennis** is designed for children who are new to the game or who need additional instruction to rally using groundstrokes, volleys, and serve. QuickStart Tennis takes a new approach to introducing kids to the game by using fun sized courts, nets, racquets, and balls. The lighter low compression balls bounce lower which helps develop proper techniques. All students are advised to purchase a 21-25 inch tennis racquet (typically 4-6 = 21", 7-8=23", 9-10=25").

**Junior Tennis** is designed for players 10 and older who want to learn and improve their tennis game. These classes will focus on improving all basic strokes including forehand, backhand, volleys, serve, lobs, and overheads. Match play will also be introduced including positioning and strategy.

## SUMMER TENNIS SCHEDULE

**River Trails Park District | Burning Bush**  
**1313 Burning Bush Lane, Mt Prospect | 847.255.1200**

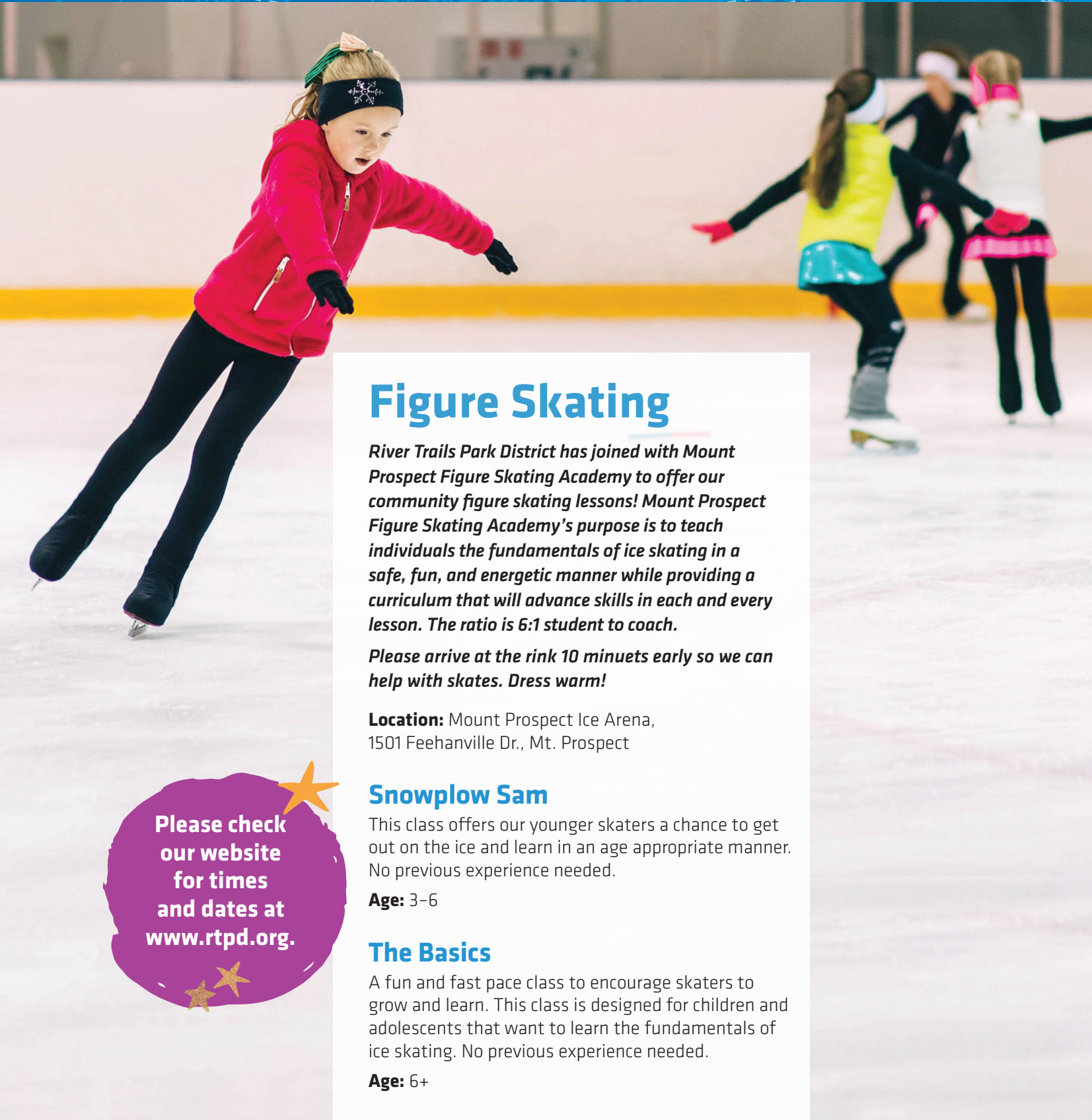
Class #	Day	Time	Level	Ages	Dates	Prices	# Classes
<b>SESSION 1 - No Class 7/16</b>							
	M/W	5:30-6:30 pm	QuickStart	4-6	6/3-6/26	\$115R/\$135N	8
	M/W	6:30-7:30 pm	QuickStart	7-10	6/3-6/26	\$115R/\$135N	8
	M/W	7:30-8:30pm	Jr. Tennis	10+	6/3-6/26	\$115R/\$135N	8
	Sa	9-10am	QuickStart	4-6	6/8-8/3	\$115R/\$135N	8
	Sa	10-11am	QuickStart	7-10	6/8-8/3	\$115R/\$135N	8
	Sa	11am-12pm	Jr. Tennis	10+	6/8-8/3	\$115R/\$135N	8
<b>Session 2</b>							
	M/W	5:30-6:30 pm	QuickStart	4-6	7/8-7/31	\$115R/\$135N	8
	M/W	6:30-7:30 pm	QuickStart	7-10	7/8-7/31	\$115R/\$135N	8
	M/W	7:30-8:30pm	Jr. Tennis	10+	7/8-7/31	\$115R/\$135N	8

Rainout Line | 847-574-2233

Classes will be cancelled due to inclement weather (rain or excessive heat).

All classes have one rain day built in. If it rains a second time that class will have a makeup. No other make ups will be granted.

# Athletics



## Figure Skating

*River Trails Park District has joined with Mount Prospect Figure Skating Academy to offer our community figure skating lessons! Mount Prospect Figure Skating Academy's purpose is to teach individuals the fundamentals of ice skating in a safe, fun, and energetic manner while providing a curriculum that will advance skills in each and every lesson. The ratio is 6:1 student to coach.*

*Please arrive at the rink 10 minutes early so we can help with skates. Dress warm!*

**Location:** Mount Prospect Ice Arena,  
1501 Feehanville Dr., Mt. Prospect

## Snowplow Sam

This class offers our younger skaters a chance to get out on the ice and learn in an age appropriate manner. No previous experience needed.

**Age:** 3-6

## The Basics

A fun and fast pace class to encourage skaters to grow and learn. This class is designed for children and adolescents that want to learn the fundamentals of ice skating. No previous experience needed.

**Age:** 6+

Please check  
our website  
for times  
and dates at  
[www.rtpd.org](http://www.rtpd.org).

# Athletics

## Youth Athletic Leagues

- All leagues need volunteer coaches.
- Team/player/coach requests not guaranteed.
- Both parents/guardians are required to be PAYS certified.

## Parent Association for Youth Sports

Both parents/guardians of participants enrolled in any youth sports league must complete the PAYS program. Children whose parents/guardians have not completed PAYS will not be allowed to participate in any youth sport programs requiring PAYS certification. The clinic consists of viewing a video from National Alliance of Youth Sports and going through the handbook. This process only needs to be done once and if you are new to the youth athletic programs. Upon completion, individuals will sign a Parents Code of Ethics and receive the PAYS membership card and handbook.

## Easy as 1, 2, 3...

To register for PAYS please visit <http://www.nays.org/paysonline/>. When taking the PAYS training, make sure to either type in code #1319 or click River Trails Park District in the drop box. You must associate yourself with our chapter to receive the \$5 per family fee.

## Youth Volunteer Coaches

Teach sport skills as well as the values of teamwork, fair play and how to win as well as lose with grace. Volunteers are instrumental to the success of these programs by acting as a team coach or coach's assistant. If interested, please contact Josh Mulholland at 847.255.1200. You will be trained according to River Trails and the National Youth Sports Coaches Association. A 50% discount in registration fees will be given to coach's child. (one head coach & one asst. coach per team)

## National Youth Sports Coaches Association & Certification

National Youth Sports Coaches Association (NYSCA) is a clinical training that certifies you according to NYSCA standards. NYSCA training is required of all River Trails head coaches to assure their dedication and responsibility to youth sports. Coaches are asked to take training online. Fee is \$20 + \$5 per each additional sport. The park district will reimburse for the initial \$20 and the initial \$5.

## Friendship Request Policy (for 4-year-old-2nd grade levels)

The River Trails Park District allows only one friendship request per person. This request can be put on the child's registration form and must be matching. Siblings will automatically be placed on the same team unless otherwise requested. Requests made after the registration deadline may not be honored. River Trails Park District can only accept friendship request for 4 years old through 2nd grade levels of any athletic league. For 3rd grade and above, teams will be balanced by skill level, school, and gender or a draft will be held.

## River Trails Park District Jersey (Available only at Weiss Center)

Jersey-\$18.50



# Athletics

## Youth Leagues

**All leagues need volunteer coaches.  
Team/player/coach requests not guaranteed.  
Both parents/guardians are required to be PAYS certified.**

### Micro Baseball

**Registration deadline May 24**

Be introduced to the fundamentals of throwing, catching, batting, base running, sportsmanship, teamwork & fun. Must register for the age/grade level child will be entering in fall. All participants need a baseball glove. Participants will receive a River Trails Park District baseball cap. Both levels use 'soft-core' baseballs and tees, with coach pitch for the Rookie level. Tuesdays or Thursdays may be used for rain make-ups. Register for age/grade level child will be in for Fall 2024 school year.

### Little Kickers Soccer

**Registration deadline Aug 18**

Come out for Saturday soccer! Learn the fundamentals while having fun & learning skills in a non-competitive environment. Age groups may be combined if needed. Exact game times may vary depending on number of teams. Each player brings their own appropriate size soccer ball for practice.

### Youth Outdoor Soccer

**Registration deadline Aug 18**

A volunteer coached program emphasizes the fundamentals of passing, shooting, offense, defense, sportsmanship & fun! Actual game times depend on number of teams in the league. Games may be played on weekday nights if needed. Each player brings their own appropriate size soccer ball for practice.



# Athletics



## Youth Athletics Leagues

- **All leagues need Volunteers Coaches. See Volunteer Coach Benefits on page 35 Contact Josh Mulholland at 847-463-3709 or [jmulholland@rtpd.org](mailto:jmulholland@rtpd.org).**
- Team/player/coach requests not guaranteed.
- Both parents/guardians are required to be PAYS certified. See page 27 for info.
- River Trails District Uniform can be used for multiple leagues.  
Jersey-\$18.50, available at Weiss Center.

League	Ages	Format	Practice Days & Times	Game Days & Times	Dates	RES Fee	NR Fee	Reg. Deadline	RTPD Uniform Needed	Location	Co-op
Lil Kickers Youth Soccer	4yrs-4th grade	4v4 to 8v8	1 weeknight	Sa 9 am-1 pm	Aug 26-Oct 26	\$140	\$160	Aug 18	Yes	Indian Grove Soccer Fields	PHPD
Youth Outdoor Soccer	5th-8th grade	9v9 to 11v11	1 weeknight	Su 10-2 pm	Aug 26-Oct 27	\$150	\$170	Aug 18	Yes	Co-op Facilities	MPPD, DPPD
Micro Baseball	4 yrs-2nd grade	7v7 to 9v9	1st 3 Meetings	M/W 5:30-8 pm	Jun 3-Jul 10	\$110	\$130	May 24	Yes	Burning Bush Fields	X

# Athletics

## Martial Arts • Karate

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion and President of the American Shotokan Karate Association.

- In our Pre-Karate safety classes, young children develop flexibility, strength, and coordination in fun, yet disciplined activities. This program is specifically designed for growing minds and bodies to enhance memory and agility. Watch your child's confidence blossom and their skills improve.
- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth and Adult classes will train together.
- Beginner students will not be permitted to register into the current session after the second class has met. Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit [WWW.ISKC.COM](http://WWW.ISKC.COM) for more information or call us at 847-359-0666.

### Locations

**Wheeling Park District,  
Community Recreation Center**  
100 Community Blvd, Wheeling

**Mt. Prospect Park District, Central  
Community Center**  
1000 W. Central Rd, Mt. Prospect

## Summer Karate

**Wednesday Pre-Karate** | June 12 – August 28, 2024 (12 weeks)  
**Central Community Center, 1000 W. Central Road, Mt. Prospect**

TIME	AGE	CLASS	FEE
4-4:45 pm	4-6 yrs	Beginner/Continuer	\$183R/\$203N
4:45-5:30 pm	4-6 yrs	Intermediate /Advanced (Instructor Permission)	\$183R/\$203N

**Saturday Pre-Karate** | June 15 – August 24, 2024, No class July 13  
(10 weeks)

**Community Recreation Center, 100 Community Blvd, Wheeling**

TIME	AGE	CLASS	FEE
9-9:45 am	4-6 yrs	Beginner/Continuer	\$153R/\$173N
9:55-10:40 am	4-6 yrs	Novice (2+ prior sessions – white w/stripes)	\$153R/\$173N
10:50-11:50 am	4-6 yrs	Inter./Adv. (Red Belt & Up)	\$173R/\$19N

**Tuesday Karate** | June 11 – August 20, 2024 (11 weeks)

**Community Recreation Center, 100 Community Blvd, Wheeling**

TIME	AGE	CLASS	FEE
5-5:55 pm	7+ yrs	Beginner (White Belts)	\$168R/\$188N
6-6:55 pm	7+ yrs	Continuer (Red-Orange Belts)	\$168R/\$188N
7-7:55 pm	7+ yrs	Novice (Yellow-Blue Belts)	\$168R/\$188N
8-8:55 pm	7+ yrs	Intermediate (Green-Purple Belts)	\$168R/\$188N
8-9:30 pm	7+ yrs	Advanced (Brown-Black Belts)	\$201R/\$221N

**Wednesday Karate** | June 12 – August 28, 2024 (12 weeks)

**Central Community Center, 1000 W. Central Road, Mt. Prospect**

TIME	AGE	CLASS	FEE
5:30-6:30 pm	7+ yrs	Beginner/Continuer (White & Red Belts)	\$183/\$203N
6:30-7:30 pm	7+ yrs	Intermediate (Orange-Green Belts)	\$183R/\$203N
7:30-9 pm	7+ yrs	Advanced (Purple-Black Belts)	\$219R/\$239N

**Saturday Karate** | June 15 – August 24, 2024, No class July 13 (10 weeks)

**Community Recreation Center, 100 Community Blvd, Wheeling**

TIME	AGE	CLASS	FEE
9-9:55 am	7+ yrs	Beginner/Continuer (White Belts)	\$153R/\$173N
10-10:55 am	7+ yrs	Continuer (Red-Blue Belts)	\$153R/\$173
11-12 pm	7+ yrs	Novice (Green-Purple Belts)	\$153R/\$173N
11-12:30pm	7+ yrs	Intermediate/Advanced (Brown-Black Belts)	\$183R/\$203N



# Athletics



## Adult Athletics

- Registration is taken on a team basis ONLY!
- All registration can be taken online or in person at the Weiss Center.
- \$150 deposit due at time of registration (except pickleball and volleyball)
- All participants must be 18 years old and up
- Cash, other awards, or trophies (depending upon the league) will be given out to 1st & 2nd place league and tournament champions.
- For more information on any of the adult leagues or individual participation, please contact Josh Mulholland at 847.463.3709

### We want to hear from you!

What would you like to see offered through the RTPD?

Possible adult programs might include:

- Adult Kickball/Cup in Hand Kickball
- Adult Soccer League
- Adult Summer Sand Volleyball
- Adult Ultimate Frisbee
- Over 40 Leagues
- CoEd Leagues

Contact Josh at [jmulholland@rtpd.org](mailto:jmulholland@rtpd.org) if you would like to see a new program!

League	Format / Level	Day(s)	Dates	Time	RES Fee	NR Fee	Reg. Deadline
16" Softball - Summer	Men's C Division	Mon	Begins May 6	6:30-10:30pm	\$750	\$850	April 17
16" Softball - Summer	Men's C Division	Wed	Begins May 8	6:30-10:30pm	\$750	\$850	April 17
14" Softball - Summer	Coed	Fri	Begins May 10	6:30-10:30pm	\$750	\$850	April 17
Men's Outdoor Basketball - Summer	A Division	Sun	Begins May 12	8am-2pm	\$750	\$820	May 1
Men's Outdoor Basketball - Summer	B Division	Sun	Begins May 12	8am-2pm	\$750	\$820	May 1
16" Softball - Fall	Men's (Open)	Mon or Wed	Begins Aug 28	6:30-10:30pm	\$650	\$750	Aug 14
14" Softball-Fall	Coed	Fri	Begins Aug 30	6:30-10:30pm	\$650	\$750	Aug 14
Adult Flag Football-Fall	Men's 6v6	Thurs	Begins Sep 5	6:30-10:30pm	\$700	\$800	Aug 22

# Parkour



## RIVER TRAILS PARK DISTRICT

550 Business Center Drive  
Mount Prospect, IL 60056

### Parkour Registration

Have you setup your family account by visiting our website at [www.rtpd.org](http://www.rtpd.org) ? If so, log on and pick your classes. If you have not, please setup your account and go to the Weiss Community Center with your families verification information. (Driver's License for 18+ years old and birth certificates for 17 year and younger). Once verified let your family enjoy all of what River Trails Park District can offer.

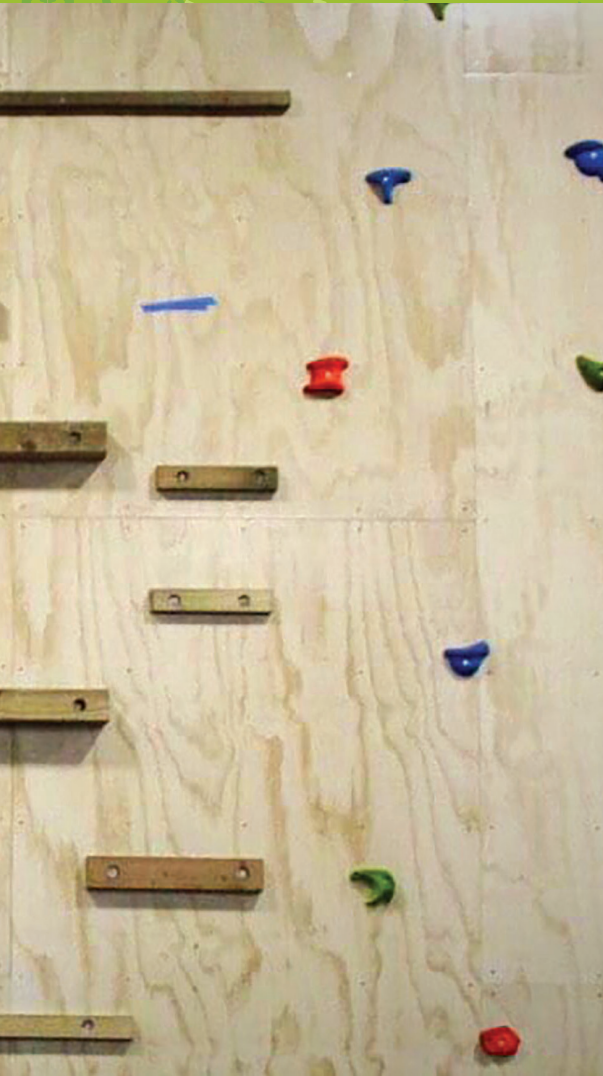
Instructors are certified by the World Parkour Free Runner Federation, along with USA Parkour.

Parkour is closed on:

- May 12, 25-27
- June 16
- July 3,4
- August 26-Sep 6

**Parkour Party  
at The Zone**  
**7 and up | \$350**  
Similar to American Ninja Warrior, kids will be able to swing into the foam pit, run up the warped wall, climb the rock wall and don't forget about the obstacles. See page 9 page details.

# Parkour



## Parkour Open Gym

There will be a supervisor available to oversee activities (no formal instruction) and answer questions. We require parents to stay in the facility with children who are 9 years old and younger. Open gym times subject to change. Call 847-255-1200 before visiting.

### Regular Dates & Hours | ccc

Day	Dates	Time	Fee
<b>April - May 20</b>   Pre-registration is recommended			
Fri	April-May 24	6:45-8:45 pm	\$12
Sat	April -May 18	5:30-7 pm	\$10
<b>June 3-7</b>			
	All Ages	12:30-1:30 pm	\$8
	12 & Under	1:45-2:45 pm	\$8
	8 & Under	3-4 pm	\$8
<b>June - August</b>   Pre-registration is recommended			
Tues	June 11, 25, July 2, 23, Aug 13		
	9 & under	1-2:30 pm	\$10
	All Ages	2:30-4 pm	\$10
Wed	June 5-August 16	6-8 pm	\$12
Thur	June 13,27, July 25, Aug 15		
	9 & under	1-2:30 pm	\$10
	All Ages	2:30-4pm	\$10
Fri	June 7-August 21	7:30-9 pm	\$10
<b>August 19 - 23</b>   Pre-registration is recommended			
	All Ages	12:30-1:30 pm	\$8
	12 & Under	1:45-2:45 pm	\$8
	8 & Under	3-4 pm	\$8

# Parkour



## Pre-Kour

**Age:** 3-4

Bring your little ones in to explore a wide variety of movement concepts and skills. Each lesson is geared towards developing your child's self-esteem and confidence. Lessons build over the weeks as the children learn rolls, jumps, leaps, balancing, stretching and other motor activities.

**Session 1 | No Class** July 3 & 4

Day	Dates	Time	Fee
M	6/10-7/8	4:45-5:45 pm	\$75R/\$90N
M	6/10-7/8	5:50-6:50 pm	\$75R/\$90N
Th	6/13-7/11	5-6 pm	\$62R/\$73N
F	6/14-7/12	12:45-1:45 pm	\$75R/\$90N
Sa	6/15-7/13	8:55-9:55 am	\$75R/\$90N
Sa	6/15-7/13	10-11 am	\$75R/\$90N

**Session 2**

Day	Dates	Time	Fee
M	7/15-8/12	4:45-5:45 pm	\$75R/\$90N
M	7/15-8/12	5:50-6:50 pm	\$75R/\$90N
Th	7/18-8/15	5-6 pm	\$75R/\$90N
F	7/19-8/16	12:45-1:45 pm	\$75R/\$90N
Sa	7/20-8/17	8:55-9:55 am	\$75R/\$90N
Sa	7/20-8/17	10-11 am	\$75R/\$90N

## Kinder-Kour

**Ages:** 5-6

This is the perfect class to enhance your child's parkour abilities to the next level! Bodily awareness as well as situational awareness are learned here. Kinder-Kour students work on increasing their strength and endurance in a safe environment where they are encouraged to reach new heights!

**Session 1 | No Class** July 3 & 4

Day	Dates	Time	Fee
M	6/10-7/8	4:45-5:45 pm	\$75R/\$90N
M	6/10-7/8	5:50-6:50 pm	\$75R/\$90N
Tu	6/11-7/9	5-6 pm	\$75R/\$90N
Th	6/13-7/11	5-6 pm	\$62R/\$73N
F	6/14-7/12	12:45-1:45 pm	\$75R/\$90N
Sa	6/15-7/13	8:55-9:55 am	\$75R/\$90N
Sa	6/15-7/13	11:05-12:05 pm	\$75R/\$90N

**Session 2**

Day	Dates	Time	Fee
M	7/15-8/12	4:45-5:45 pm	\$75R/\$90N
M	7/15-8/12	5:50-6:50 pm	\$75R/\$90N
Tu	7/15-8/13	5-6 pm	\$75R/\$90N
Th	7/18-8/15	5-6 pm	\$75R/\$90N
F	7/19-8/16	12:45-1:45 pm	\$75R/\$90N
Sa	7/20-8/17	8:55-9:55 am	\$75R/\$90N
Sa	7/20-8/17	11:05-12:05 pm	\$75R/\$90N

# Parkour

## Parkour Junior

**Age:** 7-8

Your child will learn the basic techniques starting with running, jumping, climbing, swinging, rolling and vaulting so they can mimic the contestants on American Ninja Warrior.

### Session 1 | **No Class** July 3 & 4

Day	Dates	Time	Fee
M	6/10-7/8	4:45-5:45 pm	\$75R/\$90N
M	6/10-7/8	5:50-6:50 pm	\$75R/\$90N
Tu	6/11-7/9	5-6 pm	\$75R/\$90N
Tu	6/11-7/9	6:05-7:05 pm	\$75R/\$90N
F	6/14-7/12	1:50-2:50 pm	\$75R/\$90N
Sa	6/15-7/13	10-11 am	\$75R/\$90N
Sa	6/15-7/13	11:05 am-12:05 pm	\$75R/\$90N

### Session 2

Day	Dates	Time	Fee
M	7/15-8/12	4:45-5:45 pm	\$75R/\$90N
M	7/15-8/12	5:50-6:50 pm	\$75R/\$90N
Tu	7/16-8/13	5-6 pm	\$75R/\$90N
Tu	7/16-8/13	6:05-7:05 pm	\$75R/\$90N
F	7/19-8/16	1:50-2:50 pm	\$75R/\$90N
Sa	7/20-8/17	10 am-11 am	\$75R/\$90N
Sa	7/20-8/17	11:05 am-12:05 pm	\$75R/\$90N



# Parkour

## Parkour

**Age:** 9-14

**Level 1** – Students will be challenged mentally and physically in this introductory class. Focusing on skills and obstacles, students will gain a lot of parkour and general fitness knowledge.

**Level 2** – Class is a continuation of level 1 parkour and fitness education while students will be expanding their Parkour skills. Students will also start learning about free running, begin flip training, tumbling, and more advanced skills while testing their strength and willpower on more challenging obstacles.

**Level 3** – Students of Level 3 show greater understanding of Parkour safety and technique while looking to continue growing their parkour skills. Students must have completed Level 2 and have a teacher recommendation.

**Level 4** – Students will learn the most advanced parkour and tricking skills. Everything from backflips to front flips to side flips and more. Class will focus on body control, strength, and stamina. Instructor approval is needed to register for this class.

**Level 5** – This class is designated for students who have reached a point where high level parkour skills have become second nature. Students in level 5 will continue their training on body control, strength, stamina, speed and agility while mastering obstacle courses of all intensities. Students must have completed level 4 and instructor approval is necessary for this class.

### Session 1 | *No Class* July 3 & 4

Day	Dates	Time	Fee	Level
M	6/10-7/8	5:50-6:50 pm	\$75R/\$90N	1
Tu	6/11-7/9	6:05-7:20 pm	\$92R/\$108N	2
Tu	6/11-7/9	6:05-7:20 pm	\$92R/\$108N	3
Th	6/13-7/11	5-6 pm	\$62R/\$73N	1
Th	6/13-7/11	6:05-7:20 pm	\$75R/\$90N	2
Th	6/13-7/11	6:05-7:20 pm	\$75R/\$90N	3
Th	6/13-7/11	6:05-7:20 pm	\$75R/\$90N	4
Th	6/13-7/11	6:05-7:20 pm	\$75R/\$90N	5
F	6/14-7/12	1:50-2:50 pm	\$75R/\$90N	1
Sa	6/15-7/13	8:55-9:55 am	\$75R/\$90N	1
Sa	6/15-7/13	11:05 am-12:20 pm	\$92R/\$108N	2

### Session 2

Day	Dates	Time	Fee	Level
M	7/15-8/12	5:50-6:50 pm	\$75R/\$90N	1
Tu	7/16-8/13	6:05-7:20 pm	\$92R/\$108N	2
Tu	7/16-8/13	6:05-7:20 pm	\$92R/\$108N	3
Th	7/18-8/15	5-6 pm	\$75R/\$90N	1
Th	7/18-8/15	6:05-7:20 pm	\$92R/\$108N	2
Th	7/18-8/15	6:05-7:20 pm	\$92R/\$108N	3
Th	7/18-8/15	6:05-7:20 pm	\$92R/\$108N	4
Th	7/18-8/15	6:05-7:20 pm	\$92R/\$108N	5
F	7/19-8/16	1:50-2:50 pm	\$75R/\$90N	1
Sa	7/20-8/17	8:55-9:55 am	\$75R/\$90N	1
Sa	7/20-8/17	11:05 am-12:20 pm	\$92R/\$108N	2

# Parkour



## Parkour Camp

**Age:** 6-14

Join us for an exciting afternoon at the parkour gym. Parkour Camp is a mix of high endurance workout, games, and strengthening along with the FUN of camp. Camps are designed to cater children of all skill levels. Please bring a drink and snack.

Day	Dates	Time	Fee
M-W	6/17-6/20	1-4 pm	\$160R/\$180N
M-W	7/8-7/11	1-4 pm	\$160R/\$180N
M-W	7/15-7/18	1-4 pm	\$160R/\$180N
M-W	7/29-8/1	1-4 pm	\$160R/\$180N
M-W	8/5-8/8	1-4 pm	\$160R/\$180N

# Fitness



## Trails Fitness Club Memberships

We are proud to offer some of the lowest rates in town without any initiation or hidden fees!

**Membership (Individual):** 1 month: \$20R/\$24N  
3 months: \$49R/\$59N

**1 Year Membership:** \$144R/\$164N

**Daily Admission:** \$8

**Continuous Member:** \$12R/\$14N per month/credit card. This program has all the convenience you are looking for! Same great deal of the year in full membership with more ease! Simply sign up and the work is done. Instead of paying all upfront you enjoy small monthly payments and have a membership that never expires! No more remembering to renew! You may cancel at any time after the first year of the membership.

**Membership Age Requirements:** High school and older. Ages 13-14 must be accompanied by an adult 18 years or older at all times.

**Fitness Club Members Open Gym:** \$3 a visit

## Trails Fitness Club

### Fitness Center Hours

May 1-September 1

Day	Open	Close
Monday	5:30 am	8 pm
Tuesday	5:30 am	8 pm
Wednesday	5:30 am	8 pm
Thursday	5:30 am	8 pm
Friday	5:30 am	8 pm
Saturdays	7 am	2 pm
Sunday	8 am	Noon

**CLOSED:** July 4, Labor Day, Memorial Day, August 26

### Fitness Center Equipment

- AMT Machines
- Rower
- Dumbbells/ Kettlebells
- Televisions
- Dry Sauna
- Locker Rooms
- True Weight Stations
- Stationary Bikes
- Elliptical Machines
- Treadmills
- Stretch Trainer
- Nu Step
- TRX





# Fitness



## Personal Training

**Provided by PureEliteFitness Trainers**

We recommend training twice a week for any package. FREE One-hour trial session.

- **8 sessions**  
(one month, \$60 per session)-\$480 total
- **16 sessions**  
(two months, \$50 per session)-\$800 total
- **32 sessions**  
(four months, \$45 per session)-\$1440 total

SilverSneakers  
and Renew Active  
is ONLY available  
at the Trails  
Fitness Center.

**Be Active • Be Healthy • Be Happy**

## Join SilverSneakers or Renew Active

**Both programs now available  
for adults 65+.**

Join the fitness center for FREE if your Medicare health plan, Medicare supplement carrier or group retiree plan includes Silver Sneakers OR Renew Active as part of your benefits package. You may qualify for a FREE fitness membership. Check with your provider, sign up, and start exercising with us tomorrow!

**SilverSneakers**  
by Tivity Health

**Renew  
Active**  
by UnitedHealthcare

# Fitness

## WeFitU

We Fit U is unlike any other fitness class because it is much more than a class! It is a lifestyle coaching team! Each workout of our class is custom-tailored to each participant.

Workouts consist of:

- 50% functional exercise training using our exclusive superset circuit system.
- 20% core, arm and ab conditioning.
- 30% relaxation mindfulness and stretching.

We do not seek perfection; our goal is to empower you to reach your ambitions. You are joining an adult lifestyle community that supports eating health.

### Class times:

- Monday & Wednesdays | 6-7 pm | The Zone
- Tuesday & Thursday | 6-7 am & 10:30-11:30 am | Weiss Center
- Saturdays | 7:15-8:15 am & 10:45-11:45 | Weiss Center



## WeFitU Punch Cards |

Punch Card Type	Drop In	3 Classes	6 Classes	12 Classes	24 Classes
<b>WeFitU</b>	\$40R/\$48N Expires 1 Year	\$105R/\$125N Expires 30 Days	\$195R/\$215N Expires 45 Days	\$360R/\$380N Expires 60 Days	\$600R/\$620N Expires 120 Days

*The updated schedule can be found on our website at [rtpd.org](http://rtpd.org) or picked up from the Weiss Center.*



# Fitness



## Fitness & Yoga

River Trails Park District offers a variety of workout classes appropriate for all fitness levels. Whether you're just getting started or have been exercising a long time, you will have the opportunity to improve your strength, balance, endurance, agility, and flexibility. The Group Fitness+ Aqua and Yoga Punch Cards are valid from June 8–August 24 and offer you the flexibility of participating in any of the classes offered during the session. Ages 16 & up.

**Please note Aqua dates and classes modify in August due to the pool modified hours.** Land classes take place at the Weiss Community Center. Aqua classes take place at the Woodland Trails Pool, unless there is lightning and thunder.

### Summer Punch Cards

1x a week= 11 classes | 2x a week=22 classes | 3x a week=33 classes

- **Summer Group Fitness & Yoga:** June 8–August 24
- **Summer Aqua:** June 8–August 11
- **Post Season Aqua Schedule:** August 12–24 (included with Group X and Aqua Combo Punch Card)

Group Exercise and Yoga are held at Weiss Community Center (unless noted)

Punch Card Type	Drop In	11 Punches	22 Punches	33 Punches	Unlimited
<b>Group X &amp; Aqua Combo</b>	\$10R/\$12N	\$88R/\$106N	\$165R/\$185N	\$231R/\$251N	\$210R/\$230N
<b>Yoga</b>	\$13R/\$15N	\$132R/\$152N	\$242R/\$262N	\$330R/\$350N	n/a

**Punch cards can be purchased online or at the Weiss Community Center.**

# Fitness

## Aqua Classes, Group Fitness. Yoga. WeFitU.

For class descriptions and more information visit [www.rtpd.org](http://www.rtpd.org) or call 847.255.1200 or use QR code.



### Mondays

6-7 am: Deep Water, Instructor: Karen

8-9 am: Pilates, Instructor: Darleen

9:15-10:15 am: Drums & Tones, Instructor: Lida

10:45-11:45 am: Aqua Motion, Instructor: Joyce

5:30-6:30 pm: Cardio Plus, Instructor: Lida

6-7 pm: WeFitU

6-7 pm: Yoga, Instructor: Janice

### Tuesdays

6-7 am: WeFitU

8-9 am: Barre Fusion, Instructor: Sylvia

9:10-10:10 am: Gentle X, Instructor: Lida

9:15-10:15 am: Aqua Yoga, Instructor: Penny

10:30-11:30 am: WeFitU

10:45-11:45 am: Aqua Cardio Combo,  
Instructor: Karen

4:45-5:45 pm Roll & Release Instructor: Elle

6-7 pm: Work IT, Instructor: Karen/Lida

### Wednesdays

6-7 am: Deep Water, Instructor: Karen

8-9 am: Fab Fit Fun, Instructor: Sylvia

9:15-10:15 am: Power Hour, Instructor: Mike

10:45-11:45 am: Yoga for Dynamic Aging,  
Instructor: Ellen

10:45-11:45 am: Aqua Motion, Instructor: Joyce

6-7 pm: WeFitU

6-7 pm: Yoga, Instructor: Janice

### Thursdays

6-7 am: WeFitU

8-8:50 am: Yoga Express, Instructor: Ellen

9:10-10:10 am: Gentle X, Instructor: Lida

10:30-11:30 am: WeFitU

10:45-11:45 am: Aqua Cardio Combo,  
Instructor: Karen

6-7 pm: KB Cardio & Strength, Instructor: Karen

### Fridays

6-7 am: Deep Water, Instructor: Karen

8-9 am: Core Conditioning, Instructor: Yolanda

9:15-10:15 am: Pilates, Instructor: Sylvia

10:45-11:45 am: Deep/Shallow,  
Instructor: Joyce/Karen

### Saturdays

7:15-8:15 am: WeFitU

8:15-9:15 am: Step Interval, Instructor: Lida

8:30-9:30 am: Deep Water, Instructor: Karen

9:30-10:30 am: Yoga Flow, Instructor: Janice

9:45-10:45 am: Aqua Cardio Combo,  
Instructor: Karen

10:45-11:45 am: WeFitU

### Sundays

8:30-9:30 am: Deep Water, Instructor: Karen

9:45-10:45 am: Aqua Cardio Combo,  
Instructor: Karen

# Fitness



## Special Aqua Night Classes

July 29–August 7

**Mondays: 5:15–6:15 pm: Cardio Fit, Instructor: Karen**

**Tuesdays: 5:15–6:15 pm: Aqua Motion, Instructor: Joyce**

**Wednesdays: 5:15–6:15 pm: Deep Water, Instructor: Karen**

## Post Season Aqua Schedule

August 12–24

### Mondays

**6–7 am: Deep Water, Instructor: Karen**

**10:45–11:45 am: Aqua Motion, Instructor: Joyce**

**5:15–6:15 am: Cardio Combo, Instructor: Karen**

### Wednesdays

**6–7 am: Deep Water, Instructor: Karen**

**10:45–11:45 am: Aqua Motion, Instructor: Joyce**

### Fridays

**6–7 am: Deep Water, Instructor: Karen**

**10:45–11:45 am: Deep/Shallow, Instructor: Joyce/Karen**

### Saturdays

**9:45–10:45 am: Aqua Cardio Combo, Instructor: Karen**

### Sundays

**9:45–10:45 am: Deep Water, Instructor: Karen**

*Special Aqua Night Classes and Post Season Classes are included with Group X and Aqua Comb Punch Cards.*

## Fitness Classes

### Girl Power Mother Daughter Yoga

This Mother Daughter yoga class brings special practices that integrate connection, joyful movement, and relaxation. Mothers have an opportunity to connect to their daughters in ways that feel natural and genuine outside of their busy daily routines. Girls feel empowered as they develop their inner and outer strength, confidence, and compassion. They gain important lifelong tools to find emotional balance, manage stress, and establish healthy relationships.

Both mother and daughter(s) must register.

**Ages:** 8–14 w/ Adult

**Location:** Weiss Community Center

**Su 10:15–11:15 am**

June 16–July 21 \$44/\$53 per person

### Paddle Board Yoga

#### Stand Up & Paddle Yoga (SUP)

Join us as we flow on our boards and learn what it really means to “salute the sun” at Woodland Trails Pool. This class takes place in the water using paddle boards for yoga. Take your practice to a different level as we learn more about our bodies, mind, and spirit by connecting more deeply to your practice. You’ll feel your body change and your practice improve as we significantly play with our balance on the boards. While a little yoga experience would be helpful, everyone is welcome! (Equipment included). Please make sure to wear your bathing suits.

**Ages:** 14+

**Location:** Woodland Trails Pool

**W 5:15–6:15 pm**

July 24

July 31

August 7

August 14

August 21

\$35R/\$40N per class

# Active Adult

## Painting

Beginner through advanced students will learn how to paint landscapes, seascapes, flowers and more, you choose! Learn new techniques through our professional instructor, Anthony Soskich's skilled guidance.

**Age:** 18+

**Location:** The Zone

**M 10 am-1 pm**

Jun 10-Jul 8 \$100R/\$120N

Jul 22-Aug 19 \$100R/\$120N



## Trips

### Olivia Newton John-Tribute

From her early mellow hits to her "Sandy" tunes from Grease and beyond, you'll blissfully remember why we were all so "Hopelessly Devoted" to Olivia! Includes show, transportation and lunch.

**Age:** 21+

**Location:** White Fence Farm,  
Leaves from Weiss Community Center

**F 10 am-5 pm**

May 3 \$75

### Neil Diamond Story

Denny Diamond's talent, beautiful singing, and ability to share diverse and interesting stories all add up to BIG WOW MOMENTS. Denny does a powerful tribute show to Neil Diamond, and he does hit after hit as only Denny can do! What is even better is he makes time to engage the audience and talk to people after the show! Includes show, transportation, and lunch.

**Age:** 21+

**Location:** White Fence Farm,  
Leaves from Weiss Community Center

**Th 10 am-5 pm**

May 23 \$69

### Beautiful: The Carole King Musical

Before she was the Carole King we know today, she was a young songwriter from Brooklyn trying to make a name for herself. *Beautiful - The Carole King Musical* tells the inspiring true story of King's remarkable rise to stardom as part of the hit songwriting team with her husband Gerry Goffin and going on to become one of the most successful singer, songwriter and musicians in popular music history. Includes show, transportation and lunch.

**Age:** 21+

**Location:** Paramount Theatre,  
Leaves from Weiss Community Center

**W 9 am- 5 pm**

June 5 \$98



# Active Adult



## Garden Tour at Wandering Tree Estate

There isn't a better way to spend your afternoon than at one of our Garden Tours at Wandering Tree Estate. Listen to Elaine Silets (a.k.a. "The Train Lady"), creator of Wandering Tree Estate, give great insider gardening tips and talk about her famous gardens, model railroads, and indoor Harvey Silets Chicago Model Railroad Museum. The tour includes a show, transportation, and lunch at Chessie's.

**Age:** 21+

**Location:** North Barrington-Leaves from Weiss Community Center

**W 9 am-5 pm**

June 26 \$76

*This trip consists of a lot of walking.*

## 60s/70s Flashback

Dust off your bell bottoms and put on your tie-dye T-shirts as we sing our musical salute to 2 of the greatest decades in music - the 60s & 70s! Join us for a celebration of some of the best classic vinyl vibes delivered in Sweet Reminder's signature playful style! *Happy Together, Venus, Downtown, R-E-S-P-E-C-T, At Last, I Will Survive, Dancing Queen, Tie a Yellow Ribbon Round the Old Oak Tree, I'm On The Top of the World*, and so many more! Includes show, transportation and lunch.

**Age:** 21+

**Location:** Chandler, Leaves from Weiss Community Center

**Th 10 am-5 pm**

July 25 \$75



## Community Garden

**New Location! Easier Access & More Plots**  
(by sled hill)

**Organic Garden Plots at Woodland Trails Park**

**RTPD Residents Only**

**You do the planting, maintaining and watch your crops grow.** We'll have your plot tilled and ready to plant in early spring. A water tank will be placed near the plots. Once registered, you'll receive the garden rules & guidelines.

**Age:** 21 and up

May 9-Oct 21

\$35- Per Plot, Residents Only



# Golf



## ROB ROY RIVER TRAILS PARK DISTRICT

### Rob Roy Golf Course

Managed by River Trails Park District

505 E. Camp McDonald Road

Prospect Heights, IL 60070

847.296.GOLF (4653) | [www.robroygc.com](http://www.robroygc.com)

Winding through 51 acres, the beautiful Rob Roy Golf Course, (9 Hole, Par 36), will challenge your golfing skills. Our 3,022 yards are narrow and tree-lined requiring accuracy with water coming into play on 4 holes and sand traps throughout the course. Red, Yellow, White and Blue tees offer options for all skill levels. Rob Roy challenges the experienced golfer. Warm up on our lush putting green before your round and afterwards visit the 10th Hole Bar and Grill to enjoy a beverage, sandwich or snack. Prices subject to change.

- Tee times available 6 am – 6 pm (Begins May 6).

9 Holes	Residents	Partner Residents	Non Residents
Monday-Friday	\$18	\$19.50	\$21
Saturday & Sunday	\$20	N/A	\$23
Holidays	\$20	N/A	\$23

**Cart Rental** Pull cart \$3

**Golf Cart Rental** \$12 per person

**Leagues** Interested in joining? For more information call 847.463.3721 or E-mail [leckenbrecht@rtpd.org](mailto:leckenbrecht@rtpd.org).

**Group Outings** Email: [leckenbrecht@rtpd.org](mailto:leckenbrecht@rtpd.org) or call 847.463.3721.

**Club Rentals** The Rob Roy Golf Course has clubs available for rent for \$10 in the Pro Shop.

**Pro Shop** Stop in for all your golf necessities: golf balls, gloves, hats, tees, towels and Rob Roy Merchandise!

**Gift Certificates** Available in any amount for golf course and proshop.

**Use the QR code at right to purchase.**



### Rob Roy Membership

Unlimited M-Th (excluding holiday) play. This does not include a cart.

To set up your membership please come to the Pro shop to set up your account. Expires: when the course is closed for the year. 2024 memberships begin March 1.

- Resident \$540
- Partner Residents \$585
- Non-resident \$690



# Golf

**New**

## Junior Golf Lessons – Beginners and Intermediates

Welcome to our Junior Golf Development Program, where young aspiring golfers embark on an exciting journey of skill development, sportsmanship, and personal growth. Our program is designed to provide a comprehensive and enriching experience for juniors aged 5 to 18. Through a combination of expert coaching, structured practice sessions, and character-building activities, we aim to nurture the next generation of champions on and off the golf course.

**Ages:** 5-18

**Location:** Woodland Trails Driving Range

**Tu** June 25-July 23 9-10 am

**F** July 30-Aug 27 10-11 am

**Fee:** \$140 per session

**Instructor:** Katarina Ott-Durkin, PGA Junior Professional, Junior Professional for Illinois Junior Golf Association and for Mid-American Junior Golf Tour. Katarina has played National Collegiate Club Golf Association and participated in the Ladies Professional Golf Association Amateur Golf Tour.

**For private lessons, contact Katarina at [kott-durkin@rtpd.org](mailto:kott-durkin@rtpd.org) or 847.954.4496**

## Junior Golf Summer Camp League

A fun and friendly recreational league where we stress learning and developing golf skills while playing with friends in a relaxed and fun atmosphere. The league's goal is to help in the development of golf skills that will last a lifetime. Pick who you would like to play with or let us pair you. Lunch and greens fees included. Campers in full day camp will be provided transportation to and from Rob Roy Golf Course.

**Location:** Rob Roy Golf Course

**Ages:** 3-9

**M** 10 am-1 pm

**Jun 10-Jul 29**

**Fee:** \$128R/\$148N



## Youth on Course

Become a member of this awesome program for young adults and teens for ages 18 years and younger. This membership allows for \$5 play Monday through Friday at Rob Roy Golf Course. This program is about encouraging youth to get out and learn the sport of golf! Membership is limited to players 18 and under.

**Join today! <https://youthoncourse.org>.**



Come out to the 10th Hole Bar & Grill and enjoy music, appetizers, and drinks. Take in the scenery, sit back with friends, and enjoy the summer evenings at Rob Roy Golf Course. There will be live music performed on Fridays from 7-10 pm.

- May 31: Steven Zane
- June 21: Johnny Burnett
- July 12: Johnny Burnett
- August 2: Acousticity
- August 23: Johnny Burnett
- September 13: TBA



# Golf

**NOW OPEN!**



## Woodland Trails Driving Range

1500 E. Euclid Ave. Mount Prospect, IL 60056  
847.253.GOLF | www.robroygc.com

**Hours:** Sunrise to sunset (except on Monday the range opens at 10:30 am)  
*Hours may be modified at beginning and end of season.*

- 35 Hitting Mats
- Putting Green
- Target Greens

### Buckets

Small (32).....\$5  
 Medium (64 balls) .....\$7  
 Large (96).....\$10

## Woodland Trails Mini-Golf Course

**Spring Hours: April 26–May 31**  
**Friday, 3 pm to sunset**  
**Saturday & Sunday, 12 pm to sunset**

**Summer Hours: May 31 through August 18,**  
**12–8 pm daily**

1500 E. Euclid Ave.  
Mount Prospect IL 60056

For information call 847.255.1200 or visit our website at [www.robroygc.com/golf/driving-range](http://www.robroygc.com/golf/driving-range).

Hours may be modified at beginning and end of season. Last round of mini golf is 30 minutes prior to closing time.

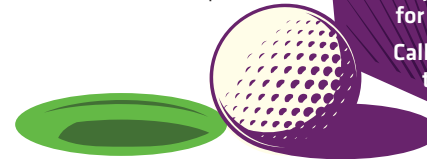
18 Challenging Holes

12 Years & Under.....\$5

13 Years & Older.....\$6

**FUN**  
**for All Ages**

Group rates available  
for groups of 15+  
Call 847.255.1200  
to schedule



## 10<sup>th</sup> Hole BAR & GRILL

**Opens for the Season May 7th**  
**(Closed on Mondays)**

Join us at the 10th Hole Bar and Grill overlooking the gorgeous Rob Roy Golf Course. Choose from a variety of great snacks, sandwiches, burgers and more! Catering is available year round. Refer to the website for hours as the Golf Season winds down.

**505 E. Camp McDonald Road**  
**Prospect Heights, IL 60070**  
**847.296.GOLF (4653) • [www.robroygc.com](http://www.robroygc.com)**



# ROB ROY

## *Weddings & Banquets*



### **Rob Roy Weddings & Banquets**

offer guests a tranquil, delicious meal while providing exceptional style and class. Floor to ceiling windows overlook the lush fairways and a spacious deck offers beauty and functionality. Choose from a variety of room and food and beverage packages to meet your needs. Our highly experienced team is committed to excellence and will work with you to make your event a success! Full service bar available. Accommodates up to 160 guests for a banquet set up and 260 guests for a meeting set up.

**For all your inquiries and pricing, contact:**  
[robroyevents@rtpd.org](mailto:robroyevents@rtpd.org)  
or call (847) 812-7439.

**Rob Roy**  
505 E. Camp McDonald Road  
Prospect Heights, IL 60070



### **Perfect for all occasions!**

- |                 |                             |
|-----------------|-----------------------------|
| Weddings        | Showers                     |
| Banquets        | Birthdays                   |
| Holiday parties | Anniversaries               |
| Fundraisers     | Tributes                    |
| Mitzvahs        | Memorials/Life Celebrations |
| Awards Dinners  | Communions                  |
| Conferences     | Outdoor events              |
| Meetings        | Quinceañeras                |
| Team-building   |                             |



# Rental

## Room Rentals

Facilities may be rented for public or private gatherings. Please reserve at least 2 weeks prior to your rental date. No alcohol or smoking permitted. Kitchens are available at the Weiss Center Meeting Room, Burning Bush Center Large Room (A) and The Zone Glass Room. Use of kitchen included with rental. Tables and chairs available for use inside the building. **All room rentals are a two hour minimum unless approved.**



### Weiss

Location	R	NR	Capacity
Meeting Room	\$55	\$66	80
North Room	\$50	\$60	50
Dance Room	\$50	\$60	50
Full Gym	\$80	\$96	200
Half Gym	\$50	\$60	

### Burning Bush Community Center

Location	R	NR	Capacity
Large (A) Room	\$55	\$66	90

### The Zone

Location	R	NR	Capacity
Glass Room	\$55	\$66	50
Blue Room	\$50	\$60	50
Turf (full field)	\$95	\$115	
Turf (half field)	\$55	\$66	
Parkour (full)	\$120	\$140	



Turf at The Zone



Glass Room at The Zone

# Rental

## Weiss Community Center

1500 E. Euclid Avenue  
Mount Prospect, IL 60056

**Gymnasium**—Perfect for any large sports event. Comfortably holds 100 up to 200. Contains six moveable basketball hoops or two volleyball courts.

**Meeting Room**—A great room for a family party, baby shower or team party. Kitchen attached.

**North Room**—Also perfect for a family party, baby shower or team party. No kitchen available.

## Burning Bush Community Center

1313 Burning Bush Lane  
Mount Prospect, IL 60056

**The Large Room (A)**—A cozy room ideal for a birthday party, meeting or bridal shower. Capacity 80–90 people depending on room set-up. Kitchen attached.

## Woodland Trails Pool Rentals

**Pool rentals were a hit last summer!**

Book your private rental soon for the perfect splash into summer! Great for birthdays, schools, family parties, special occasions, corporate team building, and customer outings. Water basketball and volleyball are included per request. Make your occasion extra special by adding the water inflatable or concession stand for an additional cost.

Rentals can be requested online using your community pass account. If you have any questions, contact the Weiss Community Center at 847.255.1200.

## Park Permits

For residents only. Must be 21.

<b>Permit Fees:</b> M–Th	\$30	All RTPD Parks
F–Su	\$50	All RTPD Parks
Su–Sa	\$75	Woodland Gazebo

Request must be submitted a minimum of two weeks before the date requesting.

Please call 847.255.1200 or stop by the Weiss Center for a registration form. Registration not available online.

## The Zone

550 Business Center Drive  
Mount Prospect, IL 60056

**Turf**—Our turf field covers approximately 7000 square feet that can be used for youth soccer team practices, small sided games (3v3–6v6) for youth or adults, and other sport activities such as training, practice and/or classes for lacrosse, baseball etc. The turf area can be split up differently based on activities.

- Full field (90 feet by 76 feet)
- Half Field (90 feet by 38 feet)
- Third of a field (76 feet by 30 feet)

**Blue Room**—This cozy room is ideal for parties, family gatherings or end of the season team parties and hold 40 people. This room is located near the turf and parkour area and is a great option if you are looking to be physically active between food and drinks during your party while enjoying family and friends. No kitchen access

**The Glass Room**—A unique glass block wall allows light and color making the Glass Room wonderful for a business luncheon, graduation party or family gathering. Comfortable for 50 people with ample space for food and/or present tables. Kitchen attached.

## Parkour

Looking for some fun in a non-traditional but exciting setting? You may rent the parkour gym for your party, school outing, and/or a team bonding experience. The west section includes a climbing wall, a spider wall, warp walls that are 9–14 feet in height, obstacles, and a giant foam pit with ropes and rings. The east section includes a foam pit, rope challenges, climbing nets, sliding pole, crash pads, and fun obstacles. General supervision of each area by staff is included in the rental fee.



# Facilities

## Parks

- A. Woodland Trails Park
- B. Aspen Trails Park
- C. Burning Bush Trails Park
- D. Maple Trails Park
- E. Evergreen Trails Park
- F. Tamarack Trails Park
- G. Sycamore Trails Park
- H. Willow Trails Park
- I. Rob Roy Golf Course

## Facilities

- 1. Administration Offices
- 2. Burning Bush Community Center
- 3. The Zone
- 4. Weiss Community Center
- 5. Rob Roy Golf Course Clubhouse
- 6. Woodland Trails Pool

To view all park and facility addresses visit [rtpd.org](http://rtpd.org)



# Facilities

**Marvin Weiss Community Center**  
 1500 E. Euclid Ave, Mount Prospect, IL 60056  
 847.255.1200 • rtpd.org

**Office Hours** | May 1 to September 1

Day	Open	Close
Monday	8:30 am	8 pm
Tuesday	8:30 am	8 pm
Wednesday	8:30 am	8 pm
Thursday	8:30 am	8 pm
Friday	8:30 am	8 pm
Saturday	9 am	2 pm
Sunday	Closed	

**Days Closed:** Lobby & Fitness Club Facility Update:  
 August 26–September 6, Memorial Day, July 4th,  
 Labor Day

For info on how to register, see page 56.

For park permits see page 51.

**Marvin Weiss Community Center**

1500 E. Euclid Ave.  
 Mount Prospect  
 847.255.1200 | rtpd.org

**Administration Offices**

401 E. Camp McDonald Rd.  
 Prospect Heights  
 847.788.0551

**Burning Bush Community Center**

1313 Burning Bush Lane.  
 Mount Prospect  
 847.255.1200

**The Zone**

550 Business Center Drive  
 Mount Prospect  
 847.255.1200

**Rob Roy Golf Course and 10th Hole Bar & Grill**

505 E. Camp McDonald Rd.  
 Prospect Heights  
 847.296.GOLF

**Woodland Trails Driving Range & Miniature Golf**

1500 E. Euclid Ave.  
 Mount Prospect  
 847.296.GOLF

**Woodland Trails Park Maintenance Garage**

1500 E. Euclid Ave  
 Mount Prospect  
 847.394.0734

**Woodland Trails Pool**

1500 E. Euclid Ave  
 Mount Prospect  
 847.255.1200

PARKS	Woodland Trails	Aspen Trails	Burning Bush Trails	Maple Trails	Evergreen Trails	Tamarack Trails	Sycamore Trails	Willow Trails	Rob Roy Golf Course
Youth Playground	▲	▲	▲	▲	▲	▲	▲	▲	
Tot Playground	▲	▲	▲		▲	▲	▲	▲	
Tennis	Practice Walls	1	1				4 lighted		
Basketball	▲	▲	▲	▲				▲	
Water Fountain	▲	▲	▲	▲	▲	▲	▲	▲	▲
Outdoor Volleyball	▲			▲			▲	▲	
Baseball/Softball	Lighted	▲	2				▲		
Shelter	▲	▲	▲	▲	▲		▲	▲	
Walking/Cycling Paths	▲	▲	▲	▲			▲	▲	
Roller Hockey/Futsal			▲	▲				▲	
Outdoor Pool	▲								
Mini-Golf	▲								
Golf Driving Range	▲								
Soccer	▲	▲	▲			▲	▲	▲	
Community Center	▲		▲						Golf Clubhouse
Skate Park	▲								
Pickleball			2						
Acres	46.7	5	10	2.3	.4	4.75	6.4	12	51
Hours	Dawn–10:30 pm	Dawn–dusk	Dawn–10:30 pm	Dawn–10:30 pm	Dawn–dusk	Dawn–10:30 pm	Dawn–10:30 pm	Dawn–dusk	Varies

# General Information

## Partner Resident Agreement

River Trails, Prospect Heights and Mt. Prospect Park Districts, through our cooperative “three-for-one” agreement, all programs and most facilities offered by the park districts are available to anyone living within each of the three park district boundaries. A resident of any of the three districts is also considered a Partner Resident of the other two park districts and is therefore able to enroll in classes or programs at resident rates. Golf Courses will have a Partner Rate Mon-Fri only payment tier. Although the agreement may result in an increase in the number of potential users, each park district will continue to maintain its individual identity and utilize monies available to it at present tax rates. Residents always receive priority registration within their “home district” while enjoying the added benefit of enrolling in a “partner district’s” class or program at resident rates.

## Volunteer Opportunities

The River Trails Park District utilizes volunteers in many areas and special events. All prospective volunteers must complete and submit a volunteer application, waiver, and release form. If you are selected to be a volunteer, you are required to complete a Criminal Background Check. For additional information on volunteering, please contact Patti Mitchell, Superintendent of Recreation, at 847.255.1200 or pmitchell@rtpd.org. We appreciate your help!

## Our Commitment to Safety

River Trails Park District recognizes the importance of safety for our employees and participants. Our goal is to develop and carry out an ongoing program where everyone’s health and safety are the most important factors. All employees are directly involved in making safety a matter of continuing concern. With a cooperative spirit, we will be successful and benefit all members of our Park District Community. Adopted by the Board of Park Commissioners 2014.

## Americans with Disabilities Act

River Trails Park District supports and complies with the Americans with Disabilities Act. If you require assistance to participate in our programs, use our facilities, or have any questions or concerns, please notify us upon registration to ensure a smooth inclusion. We are an equal opportunity organization and shall continue to adhere to the doctrine of equality of opportunity and non-discrimination in all of our programs, services, and employment.

## Park & School Districts Work Together

River Trails Park District, School District 26 and Frost School have enjoyed a cooperative relationship for many years to provide quality services. We share facilities and programs to bring you the best. We’d like to express our appreciation for this continuing outstanding effort.

## Equal Opportunity Employer

River Trails Park District is an equal opportunity employer. All qualified persons will be considered for employment without regard to race, creed, color, sex, national origin, sexual orientation, or age.

## Hearing Impaired Assistance

Please contact us through the Illinois Relay Center Voice: 1.800.526.0857. TTY: 1.800.526.0844

## Northwest Special Recreation Association



Recreation Services to Individuals with Special Needs NWSRA exists to provide outstanding opportunities through recreation for people with disabilities. The agency’s team of full-time Therapeutic Recreation professionals and trained part-time staff offers safe, fun and quality year-round opportunities to individuals with disabilities of all ages and ability levels. Participants benefit through increased self-esteem, physical and social skills development and improved fitness and health while experiencing challenges, making friends and having fun!

Inclusion assistance is provided by NWSRA to those individuals who wish to participate in their home park district programs. When registering, the parent of an individual with a disability should inform the park district (and , if desired) of any accommodation needed in order for the individual to successfully participate in the program. The park district staff will then contact NWSRA for assistance with the accommodation.

For more information on NWSRA, brochures may be picked up at the Weiss Center or at the NWSRA office at Park Central, 3000 W. Central Road in Rolling Meadows. NWSRA may be contacted at 847.392.2848 (voice), 847.392.2855 (TTY) or 847.392.2870 (fax). Check out NWSRA at nwsra.org.



# General Information

## Photo Policy

Please be aware that staff may take photos of participants enrolled in Park District activities or people on Park District properties. These photos are for Park District use only and may be used for publications and the park district's website.

## Financial Assistance-Scholarship Program

Our goal is to provide recreational opportunities for all district residents. We provide services to our residents facing financial hardship through reasonably priced programs and financial assistance/scholarship programs. If you're a River Trails Park District resident facing financial hardship you can apply for assistance. Please fill out an application at the Weiss Community Center, 1500 E. Euclid Ave., Mt. Prospect. Scholarship assistance is made possible from funds raised through our RIVER TRAILS PARK and RECREATION FOUNDATION, a 501(c)3 organization.

**Code of Conduct** | All participants are expected to exhibit appropriate behavior at all times while participating, spectating or attending any program or activity sponsored by River Trails Park District. This includes participation programs which may or may not require an admission fee, spectating at any athletic events, recitals, rental, facility usage and or attending special events. The following guidelines are designed to provide a safe and enjoyable activities for all participants.

Participants, spectators and or parent/guardian shall:

- Show respect to all participants, officials, program staff and supervisors.
- Take direction from program staff and supervisors.
- Refrain from using abusive, foul language or bullying of any kind.
- Refrain from any and all remarks against an individual's race, ethnic background, religion, physical appearance, or disabling conditions, this will not be tolerated.
- Refrain from causing bodily harm to self, other program participants, program staff & supervisors.
- Not bring in any weapons or items that may be used as weapons to any programs, parks or facilities.
- Refrain from damaging equipment, supplies, facilities and parks.

Additional codes of conduct may apply for particular programs such as: day camps, adult athletic leagues.

River Trails Park District reserves the right to dismiss a participant, spectator and or parent/guardian for any inappropriate conduct.

## Staff Directory | 847.255.1200

### Administrative Staff

Bret Fahnstrom, CPRE	.....	Executive Director
Dave Oswald	.....	Superintendent of Finance and HR
Christine Powles	.....	Superintendent of Communications and Marketing
Michael Posch	.....	Information Technology Manager
Crista Altergott	.....	Administrative Assistant & Risk Manager
Steve Shapiro	.....	Corporate Relations Manager

### Recreation Staff

Patti Mitchell, CPRP	.....	Superintendent of Recreation
Justin Slade	.....	Recreation Manager
Vance Violante, CPRP	.....	Recreation Manager
Eileen Meyers	.....	Customer Experience Manager
Josh Mulholland	.....	Recreation Supervisor
TBA	.....	Zone Supervisor
Andy Sirakides	.....	Recreation Supervisor
Jeff Brunke	.....	Facility & Rental Specialist
Sylvia Durkin	.....	Fitness Supervisor

### Park Staff

Mike Hanley	.....	Superintendent of Parks
Jeremy Hakala	.....	Grounds Manager
Tom Kearns	.....	Facility Manager
Erik Hosp	.....	Tradesman
Ryan Geisler	.....	Tradesman
Sean Waite	.....	Grounds Foreman

### Rob Roy Golf Course Staff

Louis Eckenbrecht	.....	General Manager
Jeremy Rolf	.....	Golf Superintendent

If you have an ADA Compliance concern, please contact: Patti Mitchell, 847.463.3717, pmitchell@rtpd.org or Mike Hanley, 847.394.0540, mhanley@rtpd.org.



**An Illinois Distinguished Accredited Agency since 2000** The Illinois Assoc. of Park Districts and Illinois Park and Recreation Association Accreditation Program. The goal is to improve the delivery of recreation services through a voluntary comprehensive evaluation process. The desired result is to improve the quality of life for residents and to recognize the agencies which provide this quality service. This process makes sure we up to date with all legal and policy matters as well as increases operational efficiency and effectiveness.

# Registration

## REGISTRATION DATES

### Resident Registration:

Tuesday, April 23

### Open Registration Begins:

Tuesday, May 7

## WAYS TO REGISTER AT RTPD

### • Online is the Best!

24/7 Registration at [www.rtpd.org](http://www.rtpd.org)

### • Walk-In

Please call for hours, 847.225.1200.

### • Mail-In

Mail your completed form and payment directly to:  
River Trails Park District,  
Weiss Community Center  
1500 E. Euclid Ave.,  
Mount Prospect, IL 60056

## HOW TO REGISTER FOR A PROGRAM

1. Go to RTPD Website [www.rtpd.org](http://www.rtpd.org) and click on "Registration Online" icon
2. Log in using your username and password
3. Click on the "Browse Activities" button
4. Verify your email then click "Continue"
5. Click on "Recreation Programs" button
6. Select the person that is registering for the program and click "Continue"
7. Select the program(s)
8. For programs with grades, register child for 2024 school year.
9. When finished with selection(s) click "Continue"
10. Complete payment information

## HOW TO CREATE A FAMILY ACCOUNT

1. Go to <https://register.capturepoint.com/RiverTrailsParkDistrict>
2. From the River Trails Park District Community Pass login homepage click on the "Create a Family Account" tab.
3. On the next page complete the "Account Creation" fields and click on "Create" at the bottom of the page.
4. Your address must include North, South, East, West (if applicable) as well as Street, Lane, Court, Avenue etc., for the system to recognize it.
5. On the next page you will see the Community Pass Privacy Statement. After reading, click 'Accept.' Then click 'Finish.'
6. Please save your login and password for future use. When creating your account, add all family members now. Please note that only one account per family is permitted.

### Residents:

7. Once you have entered in your household account online, you will need to stop by the Weiss Center, 1500 E. Euclid Ave., Mount Prospect, IL 60056 to verify your residency and family information. Please bring in:
  - a. For adults living in the home please bring in current Driver's license/State ID or utility bill.
  - b. For 17 years old and younger a birth certificate a current report card or an insurance card for each child in the home.
8. You will not be able to register until your address and child(ren)'s have been verified by the RTPD customer service staff.

### General Registration Information

1. Registration is processed at the Weiss Community Center
2. We accept cash, check, Visa, MasterCard or Discover Card. (\$20 minimum for credit cards)
3. WAIT LISTS are held for programs that fill. We will open additional classes if possible. If you are placed on a wait-list you be notified by email. If there is an opening in the program you will be sent an email with link to pay for the class by credit card online.
4. NON-RESIDENT FEE: There is a non-resident charge of approximately 20%, (not to exceed \$20), per class, per person. Partner residents receive resident rates. Please refer to the map to check your residency or call 847.255.1200.
5. **REFUNDS:** To request a full refund, you must email [refundrequest@rtpd.org](mailto:refundrequest@rtpd.org) five business days before the session starts. **Request less than 5 business days will be charged a \$5 processing fee.** Once a program starts, the request will be reviewed, to determine the prorated refund. If the park district must cancel a program, a full refund will be made.
6. River Trails Park District reserves the right to cancel any program for any reason.



# Book Your Summer Gathering with Us!

## Pool Rentals

Book your private rental soon for the perfect splash into summer! Great for birthdays, schools, family parties, special occasions, corporate team building, and customer outings. Water basketball and volleyball are included per request. Make your occasion extra special by adding the water inflatable or concession stand for an additional cost.

Additional fees apply for groups over 100 guests.

- **Fridays:** June 28, July 5 & 26, August 2 & 9
- **Saturday & Sundays:** 7:15-9:30 pm
- Rentals can be requested online using your community pass account. If you have any questions, contact the Weiss Community Center at 847-255-1200.

## Group Outings

During general pool hours, groups with 20 or more can receive a discount. To book your group outing calling 847-255-1200.



## Splash Bash Birthday Party at Woodland Trails Pool

**Age:** 4-6 yr old

**Fee:** \$275

(Up to 20 guests/30 guests maximum)

**Days Offered:** Sundays, 10:30 am-12:30 pm

Treat your child to a memorable birthday party at our preschool pool and play area. Splash Bash pool parties are in the splash pad and wading pool area, including private use of these amenities 10:30-11:30 am.

\$5 additional fee per child after 20 guests.



## SUMMER 2024 WOODLAND TRAILS POOL PASS

Early Bird Rate January 16 through April 30  
Regular Rate starts May 1

Pool Opens June 7 for Summer 2024





# Special Events

## Storytime in the Park

Wednesdays, July 10,17,24,31

10-10:30 am

Sycamore Trails Park,  
1500 E Kensington Rd, Mt Prospect, IL

## Rob Roy's Live on Deck

Live music performed on Fridays

6-8 pm

May 31

August 2

June 21

August 23

July 12

September 13

Rob Roy Golf Course



## Summer Yoga Social

Saturday, August 10

9:45 am-Noon

Rob Roy Golf Course,  
Banquet Hall



## Last Splash Bash

Saturday, August 25

11 am-3 pm

Woodland Trails Park

\*Rain Date: Sunday, August 26



## Woodland Trails Pool Events

### Theme Nights

#### Country Night

Friday, June 14

#### Red, White, & Blue

Friday, June 21

6:30-9 pm

### Christmas in July

Friday, July 12

6:30-9 pm

### Pool Party with the Police

Friday, July 19

6:30-9 pm

### Pool Pass Appreciation Party

Sunday, August 4

10-11 am



## Save The Date-Oct. 5 10th Annual Trails Challenge Youth Race

Early-Bird Registration  
begins August 1

